

£4.50 | SEPTEMBER 2025

# Psychic News

EST. 1932

*Developing your mind, body and spirit*

## THE SACRED SPIRAL OF WHIRLING DERVISHES

**FANS IGNORE JAMES BOND  
STAR TO GET MEDIUMS'  
AUTOGRAPHS**

**THE POTENT POWER OF  
ANCIENT PYRAMIDS**

**ANIMAL PSYCHIC OFFERS  
INTUITIVE INSIGHTS INTO  
DOGS' INNER WORLD**

**BBC QUIZMASTER GOES ON  
SPIRITUAL PILGRIMAGE**

**HOBBIT STAR CONTACTED  
GIRL WHO DROWNED  
IN LAKE**

**CHALK UP A WALK TO  
SOOTHE YOUR SOUL**

**NEAR-DEATH EXPERIENCE  
MADE HOLLYWOOD ACTOR  
A 'NICER PERSON'**

**HOW TO MAKE HAPPINESS  
THE GREATEST GIFT  
YOU POSSESS**

**SPIRIT GATEKEEPER KEEPS AN  
EYE ON GUESTS AT HOTEL**

**AIR INDIA VICTIM'S  
GRIEVING FAMILY SENT  
WRONG REMAINS**

**CHER SEEKS GUIDANCE FROM  
HER 'DEAD' MOTHER**

ISSUE NO 4252





# Enchanted Earth

## ORACLE

RRP  
£20.99



**ROCKPOOL**  
rockpoolpublishing.com

Enchanted Earth Oracle ISBN: 9781922786456

IN HONOURING THE LAND, WE RECLAIM OUR POWER.  
WHEN WE RECLAIM THAT POWER, THINGS BEGIN TO SHIFT,  
FOR US AND OUR WORLD

# PROJECT

# EARTHWORK

Join our free monthly meditation and energy activation  
[projectearthwork.org](http://projectearthwork.org)



# Contents

- 04 Two worlds are one**  
Topics range from this month's International Day of Peace to new badges for Girl Guides, which include several with a mind, body, spirit and environmental theme

- 08 Air India victim's grieving family sent wrong remains**  
The family of a wellness practitioner killed in the recent Air India crash suffer further anguish on discovering that the wrong remains were returned

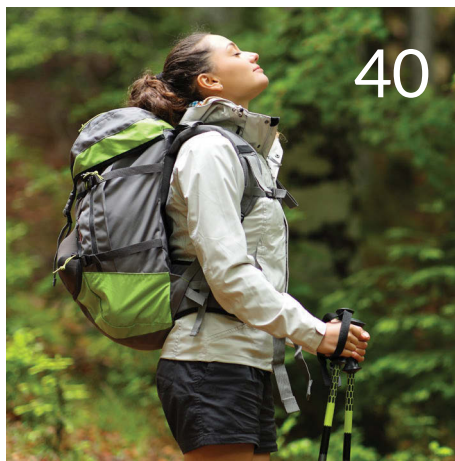
- 09 Pop icon seeks guidance from her 'dead' mother**  
Singer, actor and worried mother Cher has reportedly turned to clairvoyants to gain advice about her son's drug issues

- 10 Filmmaker is bitten by supernormal investigation bug**  
A filmmaker bitten by something unseen in the night has created a new series for YouTube entitled *The Supernatural UK*

- 11 BBC quizmaster goes on spiritual pilgrimage**  
Journalist and broadcaster Amol Rajan, host of BBC Two's long-running quiz show *University Challenge*, undergoes his own gruelling test

- 12 Animal psychic offers intuitive insights into dogs' inner world**  
The aptly-named Walker Hotels has come up with a tail-waggingly good idea for dog lovers visiting two venues

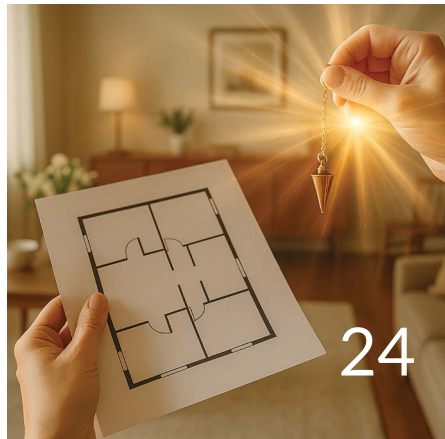
- 13 Hobbit star contacted girl who drowned in lake**  
Actor Elijah Wood describes contacting the spirit of a young girl in a Colorado hotel



- 14 Medium rushed to hospital for emergency surgery**  
A top medium is recovering after suffering a heart attack while preparing for a programme in Auckland

- 15 Artist denies predicting tsunami after powerful earthquake**  
A comic-book artist refutes that she can predict disasters after her prophetic warnings of a tsunami appeared to come true

- 16 Paranormal presenter pens new novel on comedy legend's desk**  
Yvette Fielding reveals that she regularly talks to her desk's previous owner, the comedy legend Eric Morecambe



- 17 TV star says judgemental beings made him clean up his act**  
An Emmy award-winning TV star explains how spirit beings in his apartment caused a dramatic change of lifestyle

- 18 Demand soars for psychic services in former Soviet country**  
Reporters discover that Kazakhstan's fortune tellers, psychics, astrologers and numerologists officially declared millions of pounds in earnings

- 20 Near-death experience made actor a 'nicer person'**  
Hollywood's Jeremy Renner looks back at a horrific accident which left him fighting for his life

- 21 Multi-national team plans gadget-free documentary**  
A team of filmmakers and investigators plans to explore York's haunted history

28



- 22 Fans ignore James Bond star to get mediums' autographs**  
An in-depth, getting to know you interview with medium Jane Hamilton-Parker

- 24 Spirit gatekeeper keeps an eye on guests at hotel**  
Former estate agent Sam Ritchie tells how she clears properties of negative energies in person and from afar

- 28 How to make happiness the greatest gift you possess**  
Samantha Brook gives a range of effective ideas to bring happiness leaping into your life

- 31 COVER STORY**  
**The sacred spiral of whirling dervishes**  
A fascinating look at the whirling dervishes, including their spiritual beliefs and the history behind this ancient and intriguing practice

- 36 The potent power of ancient pyramids**  
Fotoula Adrimi takes a peek at the pyramids from a new angle and explores other aspects of life in Ancient Egypt

- 40 Chalk up a walk to soothe your soul**  
In a fascinating new book, Rowan Bailey guides readers through the physical, spiritual and sensory benefits of walking

- 43 Sudoku competition**  
We have copies of Rebecca Campbell and illustrator Katie-Louise's deck *The Inner Temple Oracle* as prizes for five lucky winners

- 44 Breathlessness brings state of bliss**  
Graham Jennings answers readers' questions on the suspension of breath and delves into two mediums' very different lives

- 48 Talking mongoose case causes controversy**  
In a highly unusual account, John West investigates the case of a talking mongoose on the Isle of Man

- 52 A good read**  
Details of six new books on mind, body, spirit matters and two oracle decks

- 54 Classified advertising**

- 57 What's on at Spiritualist churches and centres**

EDITOR  
Tony Ortzen

CHIEF REPORTER  
Ann Green

ASSISTANT EDITOR,  
ADVERTISING,  
CIRCULATION & MARKETING  
Paul Brett  
pnadverts@gmail.com

CIRCULATION MANAGER  
& EDITORIAL SECRETARY  
pneditorials@gmail.com

TECHNICAL ASSISTANT  
Magnus Smith

DESIGN AND LAYOUT  
Louise Lynch

ACCOUNTS  
Bryan Golland

**NEW ADDRESS**  
**PSYCHIC PRESS LTD**  
**124 CITY ROAD,**  
**LONDON,**  
**EC1V 2NX**

Tel: 01376 563091

EDITORIAL EMAIL  
pneditorials@gmail.com

WEBSITE &  
ONLINE SUBSCRIPTIONS  
[www.psychicnews.org.uk](http://www.psychicnews.org.uk)

ISSN 0033-2801

*The Psychic News logos are UK and Community  
registered trade marks of Psychic Press Limited*

#### FRONT COVER

*Photo: Louise Lynch, ChatGPT, Leonardo.ai*

*Psychic News*. Published by Psychic Press Limited. Pre-press and printing by Warners (Midland), Lincolnshire. We regret that we are unable to recommend particular mediums and healers. Whilst we endeavour to ensure those given editorial coverage on our pages and those who advertise their services are bona fide exponents, the abilities of exponents are often subjective. Advertisements appearing in *Psychic News* do not necessarily reflect editorial policy and no responsibility can be accepted for dissatisfaction with any service or product. Readers are asked to exercise due care when responding to advertisements. Whilst we welcome them, PN cannot take responsibility for unsolicited manuscripts, articles, photographs etc. © Psychic Press Ltd



**MIX**  
**Paper | Supporting**  
**responsible forestry**  
**FSC® C017177**



# TWO WORLDS ARE ONE

NEWS AND VIEWS FROM  
THE EDITOR'S DESK

BY TONY ORTZEN

## Diary date to promote peace

CHANGE, it's said, is as good as a rest. Usually, I finish my column with some spirit-lifting quotes from deep thinkers across the centuries to end on a positive, reflective note.

This month, we'll start with some thoughtful words about peace, as September 21 is recognised by the United Nations and global partners as the International Day of Peace. The event for 2025 centres on sustainable development goals and their direct link to global peace.

At a time when there is war, conflict and hell-like destruction in various parts of our much-troubled plundered planet, the day will highlight how addressing poverty, inequality, environmental threats and injustice creates a stronger foundation for peace everywhere. Ready? Let's leap in.

- Peace is an environment where conflicts are resolved without violence, where people are free, not exploited, and living so they can grow to their full potential – Gerard A. Vanderhaar.
- If there is to be peace in the world, there must be peace in the nations. If there is to be peace in the nations, there must be peace in the cities. If there is to be peace in the cities, there must be peace between neighbours.

If there is to be peace between

neighbours, there must be peace in the home. If there is to be peace in the home, there must be peace in the heart  
– Lao Tzu.

- Peace does not mean an absence of conflicts; differences will always be there. Peace means solving these differences through peaceful means: through dialogue, education, knowledge and humane ways – The Dalai Lama.
- If we are serious about peace, then we must work for it as ardently, seriously, continuously, carefully and bravely as we have ever prepared for war  
– Wendell Berry.
- Peace is not a relationship of nations. It is a condition of mind brought about by a serenity of soul. Peace is not merely the absence of war. It is also a state of mind. Lasting peace can come only to peaceful people – Jawaharlal Nehru.
- First keep peace with yourself, then you can also bring peace to others  
– Thomas à Kempis.
- We live now in a global village and are in one single family. It's our responsibility to bring friendship and love from all different places around the world and to live together in peace – Jackie Chan.
- Peace cannot be kept by force; it can only be achieved by understanding. You cannot subjugate a nation forcibly unless you

### *Psychic News (incorporating Two Worlds)*

*Psychic News* was founded in 1932 and *Two Worlds* in 1887. Both were established by famous mediums and joined forces in July 2018 to form a single publication promoting Spiritualism from an independent viewpoint and mind-body-spirit issues.

© We are always thrilled when readers and subscribers tell their social media friends about *Psychic News* and the stories or features that they particularly enjoy. By publicising our existence in this way you are giving us valuable support.

But please remember that like all other publications, our contents are copyright, which means you must not publish screen captures or copies of our pages on Facebook, Instagram, websites or other online media platforms without our permission.

Instead, when you write a comment or a few paragraphs about something you have read in our columns, please add [psychicnews.org.uk](http://psychicnews.org.uk) as a link so that your followers can visit us and buy their own copy of the magazine or take out a subscription and read the story in full.





A DOVE carrying an olive branch is an internationally recognised symbol of peace. (Image: stockcake.com)

wipe out every man, woman and child.

Unless you wish to use such drastic measures, you must find a way of settling your disputes without resort to arms – Albert Einstein.

- We look forward to the time when the power to love will replace the love of power. Then will our world know the blessings of peace  
– William Ellery Channing.

## Research reveals invisible ecosystem

NOW to an unusual newsy nugget, for new research suggests that animals react to sounds being made by plants, opening up the possibility that an invisible ecosystem might exist between them.

Pallab Ghosh, the BBC's Science Correspondent, said that a team at Tel Aviv University has "found that female moths avoided laying their eggs on tomato plants if they made noises they associated with distress, indicating that they may be unhealthy."

"The team was the first to show two years ago that plants scream when they are distressed or unhealthy. The sounds are outside the range of human hearing, but can be perceived by many insects, bats and some mammals."

Prof Yossi Yovel of Tel Aviv University commented: "This is the first demonstration ever of an animal responding to sounds produced by a plant."

"This is speculation at this stage, but it could be that all sorts of animals will make

decisions based on the sounds they hear from plants, such as whether to pollinate or hide inside them or eat the plant."

Pallab said that researchers "did a series of carefully controlled experiments to ensure that the moths were responding to the sound and not the appearance of the plants. They will now investigate the sounds different plants make and whether other species make decisions based on them."

According to Prof Lilach Hadany of Tel Aviv University, another area of investigation is whether plants can pass information to each other through sound and act in response, such as conserving their water in drought conditions.

"This is an exciting question," she told

BBC News. "If a plant is stressed, the organism most concerned about it is other plants and they can respond in many ways."

Pallab wrote that researchers stress that "plants are not sentient. The sounds are produced through physical effects caused by a change in their local conditions."

"What today's discovery shows is that these sounds can be useful to other animals, and possibly plants, able to perceive these sounds"

Prof Hadany said that if this is the case, plants and animals have coevolved the ability to produce and listen to the sounds for their mutual benefit.

"Plants could evolve to make more sounds or louder ones if they were of benefit to it and the hearing of animals may evolve accordingly so they can take in this huge amount of information," she added.

"This is a vast, unexplored field – an entire world waiting to be discovered."

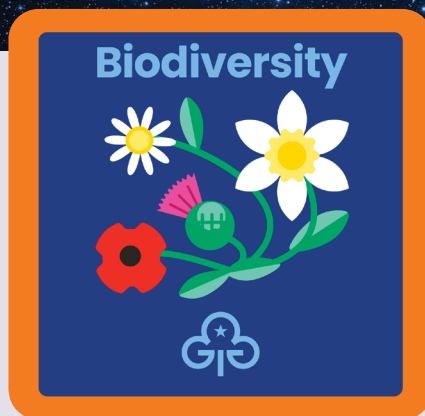
Pallab ended by explaining that the researchers "focused on female moths, which typically lay their eggs on tomato plants, so that the larvae can feed on them once hatched."

"The assumption was that the moths seek the best possible site to lay their eggs – a healthy plant that can properly nourish the larvae."



NEW research finds that female moths avoid laying eggs on tomato plants if they make noises associated with distress. (Photo: Kathas\_Fotos)





SEVERAL of the new badges announced by the Girl Guides have a mind, body, spirit or environmental theme. (Photos: Girlguiding UK)

"When the plant signals that it is dehydrated and under stress, the question was whether the moths would heed the warning and avoid laying eggs on it. The answer was that they didn't lay eggs because of the sound the plants were producing."

In His wisdom, the Great Spirit devised natural laws, which to its foolishness humanity so often ignores, but if adhered to could bring heaven-like harmony to Earth.

It seems highly likely that one natural law is that all forms of life communicate in ways which were once unfathomable to us, but are now being revealed through research, so look and listen out.

## Badge denotes busy bees

NOW known as Girlguiding, the Girl Guides was officially established in 1910. As part of the World Association of Girl Guides and Girl Scouts, there are now ten million Girl Guides representing a diverse movement spanning 150 countries.

Today, they are divided into four sections: Rainbows (aged four to seven), Brownies (seven to ten), Guides (ten to fourteen) and Rangers (fourteen to eighteen).

The organisation has just announced 72 new badges, with some aimed at boosting one in mind, body and spirit as well as caring for the environment. With wording taken from [girlguiding.org.uk](http://girlguiding.org.uk) here are a few of them.

- **Bee rescuer. Rainbows.** Time to get busy and save some bees! All sorts of insects need our help sometimes, especially our friends the bees. Take action to support wildlife and discover how to be a bee helping hero.
- **Folklore. Brownies.** Magical myths, long lost legends and epic tales. Folklore is all about storytelling and discovering the mythical history of different places. What folklore stories will you discover?
- **Kindness. Brownies.** Kindness makes the

world go round! Use your Brownie skills to spread joy in your home, community and afar with thoughtful actions and crafts.

- **Journalling. Guides.** Big thoughts, little pages. Embark on your own journalling journey where your thoughts, dreams and daily adventures come to life on the page! Journalling lets you be creative and explore your feelings whenever you feel like it.
- **Clean planet. Guides.** Love your earth. Become a clean planet champion one action at a time! Discover how to protect our world and make a real difference.
- **Biodiversity. Guides.** No matter where you are, there's a biodiverse world out there! Biodiversity describes the variety of animal and plant life in a particular

area or habitat – get surveying and making the biodiversity in your area grow and thrive!

- **Calm spaces. Rangers.** Find your calm. Prepare to find some inner peace and unwind. Discover what makes you relaxed and create your own calm space.

Whilst the badges are aimed at girls of various ages, I reckon that we could all learn a thing or three from the aims behind the new awards.

## Having a whale of a time

WHALES are surely amongst the most majestic mammals on Earth, but live in grossly polluted oceans, which is a total disgrace as humans are responsible for



SCIENTISTS have discovered that humpback whales can apparently communicate with humans. (Image: crocerossina)





befouling our seas and continue to do so.

It is likewise an utter disgrace that according to the World Wildlife Fund, approximately 1,000 whales are killed annually due to whaling.

Despite a global ban on commercial whaling, Iceland, Japan and Norway continue to hunt whales, primarily for commercial purposes. Japan conducts whaling for so-called scientific research while Norway objects to the moratorium and conducts commercial whaling.

This is now all the more reprehensible, as scientists have discovered that humpback whales can apparently communicate with humans.

A headline above a feature by freelance writer Sheena Harvey stated *Scientists stunned to see humpback whales trying to send messages to humans*.

Arising from earlier studies, Sheena wrote that a new study by the scientists from the SETI Institute and the University of California "documented humpbacks producing large bubble rings during friendly encounters with humans that seem to be an attempt at sending messages."

The SETI Institute explores the origins of life, the search for extraterrestrial intelligence and the mysteries of the cosmos. A non-profit research organisation, it is located in America's Silicon Valley.

Sheena said that as the institute's overall purpose is to understand the origins and prevalence of life and intelligence in the universe, the interactions between humans and whales "aroused great interest."

"Non-verbal communications, as well as attempts at speech, wherever they occur, are seen as key to furthering our understanding of all life forms."

"This applies to non-human species currently on Earth as well as to any sentient beings that might be encountered in the future, if space exploration brings us in communication contact with life forms on other planets."

Dr Fred Sharpe, the co-lead author of a report detailing new findings,

commented: "Humpback whales live in complex societies, are acoustically diverse, use bubble tools and assist other species being harassed by predators."

"Now, akin to a candidate signal, we show they are blowing bubble rings in our direction in an apparent attempt to playfully interact, observe our response and/or engage in some form of communication."

Sheena explained that a candidate signal "is the name given to interesting radio waves which can be detected from the depths of space that have been the subject of much analysis as to their origin and meaning."

"The team likened what they see as these attempts at communication on the part of the whales, and the efforts researchers are making to understand their bubble messages, as akin to the work being done to interpret interplanetary radio signals."

The study analysed twelve bubble ring-production episodes involving 39 rings made by eleven individual whales.

Co-lead author Jodi Frediani, a marine wildlife photographer, said "We've now located a dozen whales from populations around the world, the majority of which have voluntarily approached boats and swimmers blowing bubble rings during these episodes of curious behaviour."

Sheena commented: "The Whale-SETI team aims to use the results of their research to develop filters that aid in parsing cosmic signals for signs of extraterrestrial life."

"They hope that with continued observation and the help of AI they may in the future be able to accurately interpret the communications, verbal and non-verbal, of whales and other animals."

"These learnings and techniques could then be applied to communications coming from outside our world."

## Guide gives guidance on God

LAST month, I featured some trance teachings from Magnus, the spirit guide of medium Colin Fry, who, via TV and in person, was seen by millions of people. As we started with quotes, let's end with some more from Magnus, who lived in Victorian times.

At one gathering, a sitter told him: "I need the country desperately. I cannot survive without greenery and yet I need to be in the middle of a town."

Magnus responded: "You need to be in greenery; you need to be in nature. Look to the window. What do you see?" Told "Trees and houses," Magnus replied:

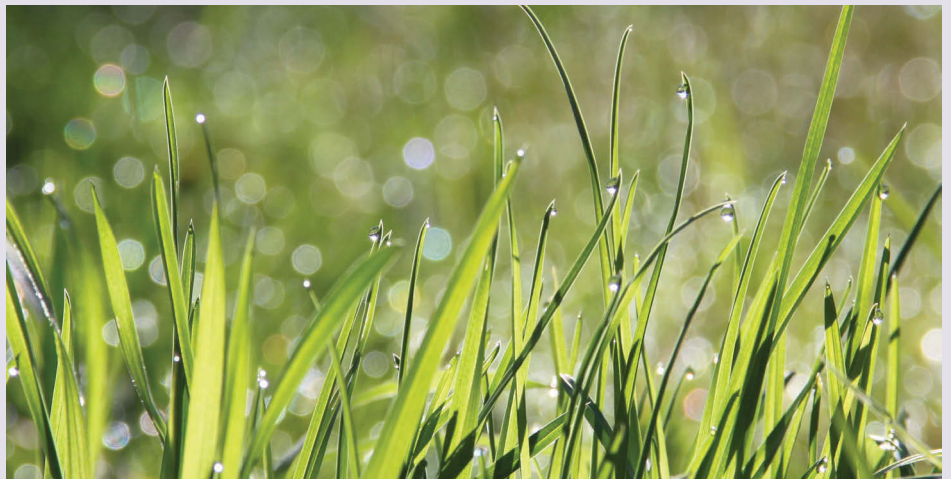
"How much more of God's creation do you wish to see? Look at the ground beneath you when you leave this place and you shall see blades of grass, the wonder of God's creation."

"If you need to be surrounded by God's creation, then see it in all things. The wonder of God's creation is as wondrous in a blade of grass as it is in the tallest of oak trees."

"God's creation is not impressive by its magnitude, but by its intricacy, its perfection. What is a town built on? It is built on God's creation."

"Therefore, is not a town the countryside that has been contaminated by your habitation? If you accept that your habitation is surrounded by God's creation, you must and should be able to see God in all that surrounds you."

Wise words indeed. The problem is that it is all too easy to overlook God's handiwork, especially in the natural world. Let's all resolve here and now to see Him everywhere on a daily basis within and without.



*SPIRIT guide says that "the wonder of God's creation is as wondrous in a blade of grass as it is in the tallest of oak trees." (Photo: Salyasin)*



# Air India victim's grieving family sent wrong remains

THE family of a wellness practitioner who was killed in the Air India crash have told of their anguish at discovering that the wrong remains were returned to them.

Fiongal Greenlaw-Meek, 39, and his husband Jamie, 45, were returning from a ten-day spiritual retreat when they boarded the fatal flight in June. The Boeing 787-8 Dreamliner fell soon after taking off for London Gatwick from Ahmedabad.

There were 230 passengers and twelve crew on the plane, including 169 Indian nationals, 53 Britons, seven Portuguese nationals and one Canadian.

Many residents in the area around Ahmedabad's Sardar Vallabhbhai Patel International Airport were also killed, taking the number of confirmed casualties to at least 270.

As reported in July's *Psychic News*, Fiongal and Jamie were closely associated with London's College of Psychic Studies, having trained there to professional level. Fiongal joined the college in 2018 and Jamie a year later.

Fiongal established his own Wellness Foundry in 2018, offering reiki, tarot readings and spiritual teachings. The couple's venues in Ramsgate, Kent and London's Vauxhall are renowned for their nurturing approach and positive impact on many people's lives.

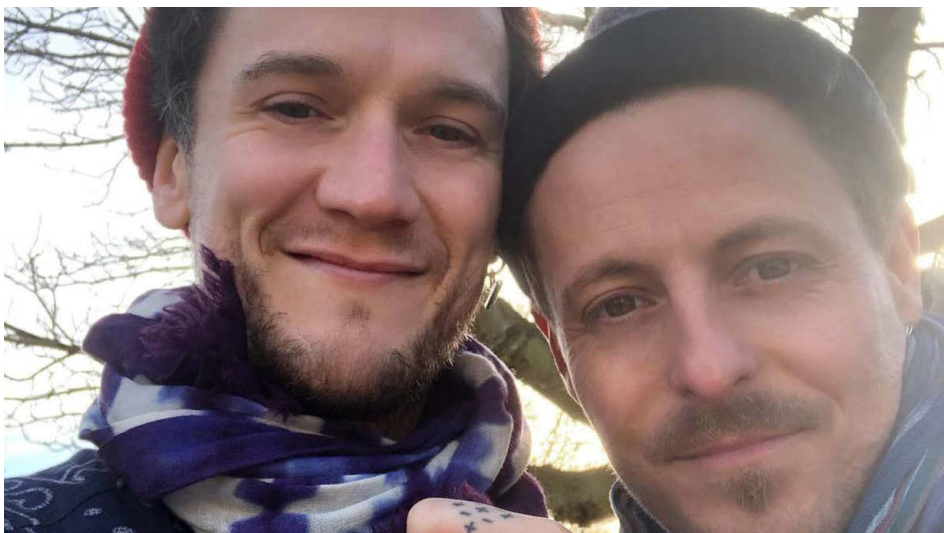
Fiongal's sister Arwen Greenlaw told *BBC Newsnight* last month that after the fatal crash, their mother flew out to India as part of the formal identification process.

The parent found "a chaotic scene," said Arwen, adding "She went straight to the hospital to give a blood sample."

After 72 hours, she was told there had been a positive identification of Fiongal and returned from India with "what she thought were her son's remains."

Arwen added: "Mum had seen the situation there, smelt the smells, seen the sights and seen the crash site. I think for her that made it more real to be able to see that."

Arwen explained that when the remains were tested in the UK they were found to be from "two different people." Further



SEEN left, Fiongal Greenlaw-Meek and his husband Jamie are described as "two halves of one." (Photo: Instagram)

DNA tests proved the remains were not those of Fiongal.

"It has been the equivalent of losing him twice," his sister said. "We are not naïve. We understand it must have been a horrendous situation, and my heart goes out to those who did the clear up, but we know Finn's remains were found."

"At that point you would expect the remains to come home. If he had not been matched, we could get our heads around that."

Aside from their enormous grief, the Greenlaw family want dignity and closure as well as accountability for those who mislabelled Fiongal's remains.

"If that is not possible because the worst-case scenario is that he has been cremated as somebody else then we need to know that in order to move on," said Arwen. She claimed there appeared to have been a "lack of forensic protocols" at the crash site, which was "not closed for 48 hours."

"It just can't happen again," Arwen insisted. "I think the whole family were and still are in complete disbelief because it is things that happen on the news and to other people. It was shocking and is confusing."

The Foreign Office is supporting families of those lost in the Air India crash with "dedicated caseworkers," although it explained that the "formal identification of bodies is a matter for the Indian authorities."

"We understand that this is an extremely distressing time for the families," a spokesperson said. "Our thoughts remain with them."

A fifteen-page preliminary investigative report into the accident said fuel to the plane's engines cut off just seconds after take-off. How or why this happened is unclear.

The report said in cockpit voice recordings, one of the pilots is heard asking "Why did you cut off?" to which the other pilot replied he "did not do so." A final report about the disaster is expected in the next year.

Moments before boarding the Air India flight, Fiongal posted a video to social media on their last night in the country, describing their ten days in India as a "magical experience."

After news of the accident broke, tributes poured in for Fiongal and Jamie, with the College of Psychic Studies expressing "profound sadness" at their passings.

Senior tutor Gary Wright said the couple "both fulfilled their dreams in turning professional, inspiring and supporting many others to do the same... Their legacy will continue to be deeply felt in our community."

Arwen said the couple were "amazing. Two parts of the one soul. They lived together, they married and they died together. They were two halves of one."



CHER is seen performing during her "Here We Go Again Tour" in London. (Photo: Raph\_PH on Flickr)

# Pop icon seeks guidance from her 'dead' mother

ACTOR, pop icon and worried mother Cher has reportedly turned to clairvoyants to gain advice about her son's drug issues.

American newspaper the *National Enquirer* wrote that the superstar has "always believed in Spiritualism and speaking with loved ones from beyond the grave."

"Now insiders tell us that she has reached out to her dead mother, Georgia Holt, in a desperate bid to keep her son Elijah Blue Allman from plummeting into a final abyss."

The paper added that since her mother's passing in 2022, "sources reveal that not a day goes by that the diva doesn't reach out to Georgia for help and guidance."

Originally called Cheryl Sarkisian, an unnamed source told journalists that Cher "misses her mum more than anything now that her relationship with Elijah's in such a horrible state. She's climbing the walls with worry, barely eating and hardly sleeping a wink."

On what would have been Georgia's 99th birthday, Cher posted on social media: "Sometimes I talk to you, need to ask you a question, or I forget and think, 'Oh, gotta call Mum.'"

"We both know you could be a little off the wall sometimes, but mum, I am who I am... because of you."

The paper reported that the singer has been "beside herself fretting" over Elijah's recent overdose and hospitalisation amid his continuing battle with addiction.

"If her mum were alive, Cher knows she'd make it better," the insider said,

adding that in the years since Georgia passed, "connecting to her through mediums is the best Cher can do, and it's giving her some measure of comfort."

According to the friend: "Cher feels Georgia's presence and knows her mum is there with her. Cher doesn't care if people think she's crazy."

"She talks to her mum every day and can feel her empathy and understanding from the world beyond."

Cher was just sixteen in 1962 when she met Sonny Bono, then 27. They married and were both backing singers for record producer Phil Spector.

As the singing duo Sonny and Cher, they first achieved fame with two hit songs in 1965, *Baby Don't Go* and *I Got You Babe*.

In the 1970s, they became TV personalities with their own shows, but an acrimonious split followed. Cher filed for divorce in 1974, citing "involuntary servitude" as the reason for the separation.

She accused Sonny of withholding her fair share of earnings. He took her to court for custody of their child, Chastity, who now uses the name Chaz.

The following year, Cher married American singer-songwriter Greg Allman, who was Elijah's father. She was the third of his seven wives; the couple divorced after four years.

Elijah Sky Blue Allman, now 49, is the lead vocalist, guitarist and lyricist of the rock band Dadsy. At the age of

thirteen, he went on tour with his mother; he appears as a guitarist in the music video for her hit song *If I Could Turn Back Time*.

Elijah has admitted that he began taking drugs at the age of eleven and has battled addiction for years. In 2023, his wife, Marieangela King, alleged in court that his mother had arranged to have him kidnapped from an hotel room.

In that year, Cher filed for a conservatorship or guardianship over Elijah due to his ongoing substance abuse issues. He successfully defeated the move.

In June this year, Elijah was taken to a hospital in Joshua Tree, California after suffering a drug overdose and acting "erratically." He was released a few days later.

Cher has turned to mediums for answers and guidance before. She engaged one to contact Sonny Bono following his fatal ski accident in 1998 at Heavenly Ski Resort near South Lake, Tahoe. "He told me things only Sonny could have known," said Cher.

More recently, on the question-and-answer forum Reddit, the singer was asked if she is "scared of spirits." She told fans, "I prefer ghosts to some people."

In the past, Cher has said she thinks Sonny occasionally visits her from the Beyond and plays tricks on her.

"I actually think that Sonny makes a light go on," she revealed. "I have a beautiful chandelier that he makes the light go on when it is impossible, as there is no power on."



# Filmmaker is bitten by supernormal investigation bug

A FILMMAKER who was bitten by something unseen in the night has created a new series for YouTube entitled *The Supernatural UK*.

John Shackleton recalled his first taste of unexplained phenomena whilst working on location for Channel 4's renovation series *Château DIY*.

Staying one night in a French gîte, he said something "bit my finger. I jolted awake and saw my bedside table physically rocking.

"The next morning, my researcher in the room opposite told me she'd been woken by the sensation her bed was off the ground."

Back in the UK John discovered that his accountant is a paranormal investigator. John began filming investigations with various teams, which led to a 50-minute TV pilot, *Somerset Supernatural*.

He and long-time collaborator Andy Bourne, "who handles everything from cinematography and editing to VFX (visual effects) and post," went on to create *The Supernatural UK*, which John called "a year-long passion project."

The pair's approach is to weave "real people and real places into the fabric of a region" in a blend of "fly-on-the-wall documentary with local character."

Defining what the supernormal means to him, John said it "starts where science and logic stop. If it defies physics or falls outside the norm, then it is, by definition, para-normal."

The deep history, layered folklore and shifting belief systems make the UK an especially rich ground for this genre, John added, saying it "covers the unexplained – spiritual, scientific or otherwise. Everything's on the table."

Although there is a team of researchers on board, John prefers not to know much in advance about the locations he visits, explaining: "I go with my gut. It's proven to be a pretty reliable barometer."

The attraction may be a specific location – Warwick Castle features in episodes nine and ten of the series – or John might be drawn to unusual phenomena such as remote viewing when a psychic can "see" a location at a distance.

"That's the joy of working independently," John commented. "No one's dictating the agenda. I can follow my



JOHN SHACKLETON says the paranormal "starts where science and logic stop."

instincts."

The paranormal series required late-night filming which John described as "gruelling." He found that crew were not always available at such unsocial hours.

For the opening episode, shot in Nottingham, John "had to run everything solo – organisation, production, camera, sound, the lot."

During editing, he was shocked to find that unexplained voices known as electronic voice phenomena (EVP) only emerged when the audio recordings were reviewed.

John's experiences have led him to conclude that "science doesn't yet have all the answers. We need to keep enquiring. Keep our minds open. That's how we unlock whatever it is that's really going on out there." Nevertheless, he still maintains a healthy scepticism.

John said that if "something strange happens, I always try to debunk it first. But I've had moments where I know what I saw, I know what I heard, and no rational explanation holds water.

"That tension between belief and doubt is part of what makes the series so engaging and timeless."

Asked for a stand-out moment during filming of *The Supernatural UK*, John replied: "One night I brought a trained security dog to what's considered the most haunted prison in the UK – just for insurance!

"Not only did the dog react to multiple unseen presences, but we started getting what felt like intelligent responses from assumed inmates.

"Lights triggered on command. Motion sensors responded to verbal prompts. Suddenly, 'coincidence' didn't seem the most logical explanation anymore."

The series includes an episode featuring poltergeist activity "that even our biggest sceptic deemed 94 per cent likely," and a museum investigation which "escalated from the movement of a simple doll in a cabinet to full-blown activity – footsteps, voices, EVP and vibration sensor activation."

John's accountant Craig Jones makes an appearance in episode two when the team journeys to the Savoy Theatre in Monmouth, Wales.

So, does the sceptical filmmaker now accept that ghosts exist? "No," said John. "They still don't make sense to me – and I felt that way before I started.

"But when I find EVP recordings of disembodied voices replying to questions... when radio signals give us information the team couldn't have known... when I hear footsteps in an empty building, or a voice that everyone on the team hears... it's hard to dismiss.

"Do I believe something is out there? Yes. Without a doubt." The ten-part series *The Supernatural UK* is available on YouTube.



# BBC quizmaster goes on spiritual pilgrimage

JOURNALIST and broadcaster Amol Rajan, host of BBC Two's long-running student quiz show *University Challenge*, has undergone his own gruelling test.

Facing unresolved grief, reconnecting with his Indian heritage Amol undertook a spiritual journey to the biggest gathering on Earth.

In a one-hour documentary titled *Amol Rajan goes to the Ganges*, the presenter joined 500 million pilgrims from all over the globe for the world's largest religious gathering, the Kumbh Mela festival in Northern India.

The Hindu event takes place every twelve years, but this year's Kumbh Mela was special due to an alignment of the planets in the solar system.

Amol, who has admitted struggling with grief since the sudden passing of his father three years ago, "went to bathe in the river Ganges and the Yamuna, which are these two very holy rivers, on the most auspicious day for 144 years."

The presenter acknowledged he had been avoiding memories of his father, but decided "if I went to the biggest pilgrimage in the history of the world and tried, along with tens of millions of other people, to jump in the holy water, that'd be quite a good way of forcing myself to think about my dad and also to release his spirit from the eternal cycle of death and rebirth."

In an interview released by the BBC media centre, Amol addressed his currently non-religious, sceptical viewpoint, saying:

"I think it's perfectly possible to be both an atheist and spiritual. I think when people talk about being spiritual or the spirit or the soul, they're talking about the immaterial part of ourselves.

"I think I'm quite spiritual in that I do kind of think about that immaterial part of life all the time; I basically call it love. I grew up Hindu, and think it's



AMOL RAJAN: "It's perfectly possible to be both an atheist and spiritual." (Photo: BBC)

very possible to retain a fascination with a culture and a civilisation even if you discard or reject some of its fundamental beliefs."

Wondering what makes people attend such an enormous gathering, Amol commented: "I think they come because religion and ancient civilisations have these grand narratives, these massive stories, which help us understand what it is to be human.

"Even though I'm an atheist, I kind of believe that religions answer enduring human needs in a way that atheistic thought doesn't, but that atheists can learn from."

The journey is a gruelling one. Amol heard that 30 people lost their lives in the crush of people. "Trying to wade through these rivers of people is the most physically terrifying thing I've ever done," he reflected.

The other trial was dealing with the grief over his father. Amol "thought about him all the time. I did undertake a very special ceremony, which is about

trying to release his spirit.

"That felt like a really profound final act of service for a son to do for his dear dad. I think you can believe in the power of that act of duty and believe in the value of that act of service even if you're not religious.

"If you're someone who's grown up atheist, seeing people who are so deeply animated by the fervent belief that supernatural forces are among us, that they will get their reward in heaven and that God exists, it's quite hard to understand. It gets easier to understand when you see tens of millions of people doing it."

The TV host saw pilgrims "with no material possessions, very old ladies and very young people, literally carrying all that they own.

"They walk tens or hundreds of miles from an impoverished part of India to this sacred Sangam, this confluence of these rivers."

Amol concluded that he hoped viewers would take away three things after watching his documentary: the importance of family, of faith and of grieving.

He commented that although every grief is different, there is value in talking about it and connecting with others who are bereaved.

About faith, Amol said that although he adheres to a scientific belief, "I do think that religion answers enduring human needs in a way that secular thought sometimes struggles with.

"There was just this sense, as I looked up at Jupiter, of being part of these mighty, magnificent forces, this kind of cosmic energy, which made you feel small, pious and humble, even though I'm an atheist. I think I learned a lot about the power of faith in doing that."

*Amol Rajan Goes to the Ganges* is available on BBC iPlayer.



GUESTS at the Walker Hotels two venues can have their pooches pampered in several ways. (Photo: Google)

# Animal psychic offers intuitive insights into dogs' inner world

APTLY-NAMED Walker Hotels has come up with a tail-waggingly good idea for dog lovers visiting their two New York venues.

Guests can have an overnight stay while their pets get pampered, with an animal psychic on hand to offer "intuitive insights into your dog's inner world."

The company's Tribeca (Lower Manhattan) and Greenwich Village locations have both added a bundle of new services to lure four-legged guests and their human companions to stay there.

At the top of the list is a Pup Psychic in Residence, who will share their doggy communications covering everything from temperament to secret quirks and preferences.

The deluxe price tag of up to \$500 (around £376) per night includes a day pass to Happy Tails pet crèche, giving pups access to luxury daycare, a social club and outdoor spaces.

An in-room menu from top-range pet food brand Ollie features a selection of its fresh, vet-formulated, human-grade recipes alongside premium beef jerky treats and pet-appropriate ice cream. Meals can be tailored to each dog's psychic reading.

The International Luxury Hotel Association commented: "Walker Hotels in New York City are embracing the growing movement of holistic pet wellness by introducing a Pup Psychic in Residence – a charming and unexpected addition that promises to elevate the travel experience for their four-legged guests."

"By blending intuitive care, stylish experiences and gourmet pet cuisine, Walker Hotels are once again redefining what it means to travel in luxury for humans and pups alike."

Also known as animal communicators, pet psychics have become increasingly popular among devoted carers. The UK's Jackie Weaver is one of the nation's leading

practitioners, appearing on a wide variety of TV and radio shows, and in numerous magazines and newspapers.

She has published eight books about her work as well as the 2018 guide titled *Pet Grief – How to Cope Before and After*.

On her website Jackie says: "I do think I have one of the best jobs in the world. It comes with a lot of responsibility, but



JACKIE WEAVER: "Animals can talk... and I can hear them!" (Photo: Facebook)

when you can help an animal or give them a voice, it is the best form of communication to me."

The former veterinary nurse lives near Wrexham, Wales, with two dogs and a cat. Jackie believes that she survived a bout of cancer in 2005 because she had a purpose. "Animals can talk... and I can hear them!" she said.

Jackie recently made her latest return to ITV's chat show *This Morning*. The medium told host Ben Shephard that as a child, her parents ran a boarding kennel. Her father told her to keep away from a particular dog that was dangerous.

Jackie replied, "It's just scared, Daddy" and walked straight up to it. She picked up the dog, knowing it would be fine.

"I didn't know at the time I had the ability," she explained. "It was another animal communicator who told me through my own dog that I could do this." Jackie then learned how to obtain information "mind to mind" with animals.

On *This Morning*, which is broadcast live, Jackie "tuned in" to two different dogs and gave information which was verified by the owners.

Zoe rang in about her small twelve-year-old dog Charlie, who is mourning the loss of his companion Archie, who passed aged fourteen in December.

Jackie heard from Charlie that he misses the games he played with his friend. She added that pets understand that their friends go to the Higher Life.

Helpful suggestions included keeping a cuddly toy near Charlie, giving him treats and saying they are "from Archie."

Julie phoned to ask what her thirteen-year-old dog is trying to tell her with noises that almost sound like words. Jackie detected that the little dog is in charge of the household, but could also feel the sensations of the canine's ongoing tummy troubles.

As their allotted time came to an end, co-host Cat Deeley said the TV station had received "loads more calls this morning," so Jackie promised to talk to some of the concerned owners off-air.

On social media, Jackie commented about the popularity of the segment, saying it made "a change from my early days on television, when animal communication was relatively unknown."

Jackie's website is at [animalpsychic.co.uk/](http://animalpsychic.co.uk/) Her books are available on Amazon and in bookshops.



# Hobbit star contacted girl who drowned in lake

AMERICAN actor Elijah Wood, best known for portraying the hobbit Frodo Baggins in the blockbuster *Lord of the Rings* film trilogy, has told of contacting the spirit of a young girl in a Colorado hotel.

He and his business partner Daniel Noah co-founded SpectreVision, the production company behind horror films such as *Mandy* (2015) and *A Girl Walks Home Alone at Night* (2018). They were talking recently on the *Otherworldly* podcast about their paranormal beliefs and experiences.

Elijah recalled that the pair were at a film festival in Colorado about ten years ago, staying at the infamously haunted Stanley Hotel in Estes Park. One night, a group of them used a ouija board, at first with no reaction until Daniel, who was then a sceptic, took a turn.

"Looking back, I think the response was because I was on it," he said. "Since then whenever I use one, I get an extreme response. The planchette was moving with a speed and force that it defied physics how forcefully it was moving around."

"We had this interaction with someone referred to as a girl named Eva, who described drowning in a lake and her mother allowing her to drown."

"For me it was the first of what became many times I experienced this on a really deep and cellular level. My whole body was like a tuning fork." Elijah agreed that he too felt a "buzz of energy" when the spirit being was in the room.

The friends asked if there was anything they could do for the girl. They received the message "Follow" and "324," and set off for the appropriate floor of the hotel.

"As we ascended, there was a couple there in hysterics," said Daniel. "They'd just seen the ghostly figure of a child that appeared to them in the hall in front of room 324."



ELIJAH WOOD gets "feelings that aren't mine." (Photo: Gage Skidmore)

Pressed to describe the figure, the man told them: "I didn't see it with my eyes. I saw it with my mind." This made Daniel consider what process was going on.

"I think these things can circumvent your ocular nerve," he said. "They just go straight into the mind, which is where you process information coming in from your eyes."

Elijah added that for him, "this was the first time that I had felt we genuinely had a conversation with a spirit." Later a friend found a historical news article about a little girl named Evelyn who drowned in a nearby lake.

Since the event, Daniel has developed psychic abilities and gets "feelings that aren't mine. They can be so strong, sometimes turning into an image of a person."

Previously, the film writer and director had been a "hardcore, extremely rigid sceptic." He was "hostile" to believers, assuming they were "weak, seeking wish-fulfilment when dealing with death and loss."

Since experiencing many unexplained events "I now realise this has been happening my whole life."

Elijah explained that he has been interested in the supernatural since he was a small child when he started watching rented horror films with his brother.

"The older I got, the more the paranormal aspect became interesting to me through fictional books, and then seeking out real stories," the actor added.

He became fascinated with hearing what people have experienced and seen. Whilst keeping "a healthy fear of it," he is "just open to it."

Elijah considers that some entities may be inter-dimensional beings. The actor turned screenwriter is also convinced that creative inspiration comes to him fully formed from an external consciousness "out of nowhere."

"It's fun to think about that coming from outside because it feels like that sometimes."

The Stanley Hotel is considered to be haunted due to numerous reports of paranormal activity including apparitions, unexplained noises and strange occurrences. Many believe the hotel's grand staircase acts as a paranormal portal.

The hotel's connection to Stephen King's horror story *The Shining* also adds to its allure. During an off-season visit by the author in 1974 he had a vivid nightmare, inspiring him to write the novel which features a family staying in a similarly quiet hotel.

In the book, a struggling writer and recovering alcoholic falls prey to the property's supernatural presences and activity. Starring Jack Nicholson in the lead role, the 1980 film adaptation directed by Stanley Kubrick was a box-office hit.

A COUPLE told of seeing the ghostly figure of a child at the Stanley Hotel in Estes Park, Colorado, outside a room number which tallied with a communication. (Photo: © 2024 Larry D. Moore. Licensed under CC BY 4.)



KELVIN CRUICKSHANK: "I see dead people – standing on the side of the road, on planes, in every aisle of the supermarket." (Photo: Facebook)

# Medium rushed to hospital for emergency surgery

A TOP New Zealand medium is recovering after suffering a heart attack while preparing for a programme in Auckland. Kelvin Cruickshank was rushed to hospital for emergency surgery, later apologising to followers on social media.

"At ten past five I was ironing my shirt for the show when I had a heart attack," said Kelvin. "It wasn't very good."

He praised marketing assistant Gemma Cappel, who quickly called an ambulance. "I think if Gem wasn't there, I wouldn't have made it to the telephone and would not be talking to you now," he added.

Kelvin revealed that he had another heart attack "and was rushed to Auckland for surgery. I just made it." In a subsequent message to followers, Kelvin explained he would have to take time out to recover "as this was quite a big one."

"It's very hard for me to hold a conversation for too long." He thanked everybody for their care, patience and "amazing" get well wishes, love and support.

Born and raised in the Waikato region of New Zealand, Kelvin found at an early age that he could hear and feel spirit beings around him, but had no idea what it all meant.

He once commented that wherever he goes "I see dead people – standing on the side of the road, on planes, in every aisle of the supermarket... They're everywhere, hanging out around their loved ones who are still in this life. I really do talk to dead people."

The medium has appeared on numerous TV shows including *Sensing Murder*, a true-life psychic detective series. The programme's producers tested up to 75 mediums in New Zealand and Australia with a case which had already been solved. The most accurate were then shortlisted.

Kelvin was one of the three main

mediums chosen to attempt to contact murder victims, to describe them and the circumstances around the crime.

He has written seven books about his gift. In *Surrounded by Spirit*, Kelvin described how he had a packed audience in tears after being contacted by rugby All Blacks legend Jonah Lomu.

The Auckland show took place in 2016; the rugby union giant passed due to a heart attack a year earlier at the age of 40.

"I had no idea his brother John was in the hall," Kelvin recalled. "There wasn't a dry eye in the house when Jonah came through."

"They were sitting at the back of the theatre. I could barely see them, but their family members started coming through."

"After a while a man in Spirit, who was clearly there for John, got my attention. I was given the name Joe, and John said that it was his brother."

Kelvin realised "the guy in Spirit had a problem with his heart. I was also aware of his father being there with him."

"Out of nowhere I heard Joe, the guy in Spirit, saying: 'Jonah Lomu and the All Blacks. Say it! Say Jonah Lomu and the All Blacks!'"

The stunned brother told the audience that he never called his brother Jonah, but Joe. After the show, Kelvin gave John one of his books and wrote a message in it which he believed was guided by Jonah. It read, "I love you my brother, until we meet again."

Kelvin added: "Only what I actually wrote was 'untill' we meet again. That was Jonah's doing, not mine. 'Hey, your brother

can't spell,' I told John."

The rugby star's brother replied: "That would be right. He sucked at schoolwork." When John realised what Kelvin had written he was overcome with emotion.

"The words I used were exactly what Jonah had written on a giant key John was given when he turned 21," Kelvin explained.

"The two letter Ls at the end of the word were meant to look like the number 11, which was the number on Jonah's All Blacks shirt, and his lucky number." Formerly a sceptic John, who attended the event at his wife's request, was dumbfounded.

"I didn't believe that Kelvin or anyone else could talk to people who have passed over," he said. "When he started saying Jonah Lomu, I couldn't believe it. I was in a daze actually... That was pretty amazing."

"The only thing I can think of that explains why Kelvin wrote what he did is that he had to be getting the information from my brother. There is no logical explanation otherwise."

On its website, Penguin Books New Zealand says that in addition to his role on the popular investigative television series *Sensing Murder*, Kelvin "has appeared twice on Colin Fry's UK series *6ixth Sense*."

He is the bestselling author of seven books *Walking in Light*, *Bridging the Gap*, *Finding the Path*, *Inside the Medium*, *Taking the Journey*, *Surrounded by Spirit* and *Soul Secrets*.

"Kelvin runs sell-out workshops and events. His work has helped and inspired thousands of ordinary people over the years, many having their lives changed and hearts healed by his contact with the departed. In his spare time he loves fishing, diving and listening to Pink Floyd."

# Artist denies predicting tsunami after powerful earthquake

A JAPANESE comic-book artist is denying that she can predict disasters after her prophetic warnings of a tsunami appeared to have come true.

At the end of July, a massive earthquake near Russia's Kamchatka Peninsula sent tsunami waves towards Japan, Hawaii and the US west coast.

Over two million people across the Pacific were ordered to evacuate. Warnings were later downgraded as the expected disaster fizzled out.

At the height of the panic, media sources quoted from Ryo Tatsuki's best-known work, claiming that she had foretold the event years earlier.

The artist, now aged 70, first created the manga – a form of graphic novel or comic – in 1999. Her book *Watashi ga Mita Mira*, which translates as *The Future I Saw*, is a rendering of Ms Tatsuki's dreams, which she started noting down in 1985.

Deciding to quit literature during a period of writer's block, she put all her previous works together in a single volume. In a last-minute dream just before the publisher's deadline she wrote, "Great disaster, year 2011 month three, that is, March."

Nothing was said when the book came out. It first gained attention after the 2011 Tohoku earthquake and tsunami, sometimes known as the Great East Japan earthquake.

It was the fourth most powerful earthquake recorded in the world since modern seismography began in 1900. Up to 20,000 were reported killed.

People insisted that the cover of Ms Tatsuki's book had predicted the tragedy. They began to scour the pages and point to predictions which may have hinted at events which subsequently took place.

In November 1976, the artist dreamt about the sudden death of Freddie

Mercury, iconic singer of the band Queen. She dreamed about him again in 1986, seeing the other band members and a statue.

Freddie Mercury passed on November 24, 1991, exactly fifteen years after Ms Tatsuki had the vision about his passing.

In 1992, Ms Tatsuki dreamed of a portrait of a woman; she also heard a voice belonging to a female named Diana. On August 31, 1997, Diana, Princess of Wales, lost her earthly life in a traffic accident.

Fans became sure the artist had the gift of foresight. Ryo Tatsuki stated that in her dream, she did not sense that the woman would die, and that readers had later imposed that interpretation.

There was also a claim that the writer had predicted the coronavirus outbreak ahead of the 2019 pandemic.

*The Future I Saw* was reprinted in 2021 and 2022 with additional notes. Ms Tatsuki had written that she dreamed of a "crack opening up under the seabed between Japan and the Philippines, sending ashore waves three times as tall as those from the Tohoku earthquake."

The Foreword from the publisher stated, "The disaster will occur in July 2025." In the Afterword, Ms Tatsuki added, "If the day you have a dream is the day it becomes reality, then the next great disaster will be July 5, 2025."

Overlooking the late arrival of July's 8.8 magnitude Russian earthquake, the media lit up with assertions that Ryo Tatsuki is the new Baba Vanga – a Bulgarian healer and mystic who was said to have the gift of predicting the future.

Ms Tatsuki has produced a new autobiography titled *The Testament of an*

*Angel*, in which she distanced herself from the claims she is a prophet. She insists that the tsunami prediction was an off-the-cuff remark.

"I vaguely remember mentioning it, but it appears to have been hurriedly written during a rush of work," she explained. "I was unhappy that it was published primarily based on the publisher's wishes."

News sources say that the predicted tsunami caused mass hysteria this year when summer trips to Japan from East Asia decreased markedly and several airlines cancelled flights.

Despite Ms Tatsuki's clarification and denial, the discussion and resulting panic impacted tourism in Japan. Authorities issued statements reminding people that earthquakes are not predictable and they should rely on scientific data rather than speculative manga.

A report in *Science News* explained why the feared gigantic tsunami did not materialise after the large-scale Kamchatka earthquake.

"Essentially, the powerful temblor occurred in a region that's known for being 'an earthquake factory,'" said geologist Rich Briggs. "It's a place where a lot of things come together to host earthquakes."

Kamchatka experienced a magnitude 7.4 quake less than two weeks earlier. Notably, the major earthquake's point of origin was located at a relatively shallow depth in the Earth's crust, about 21 kilometres deep.

*Science News* noted that various factors meant the quake was "less effective at displacing water for a tsunami, and the resulting waves were less capable of devastating far-off regions."

THE devastation caused to Kadonowaki Elementary School in Ishinomaki, Japan after a tsunami in 2011. (Photo: ChiefHira)





# Paranormal presenter pens new novel on comedy legend's desk

**MOST HAUNTED TV** presenter Yvette Fielding publishes a new children's novel this month and has revealed that she regularly talks to her desk's previous owner – comedy legend Eric Morecambe.

On a recent podcast, Yvette said, "Every time I sit down to write and do my paranormal activity podcast I'll go, 'Hello Eric, help me out now' and hope that he is listening."

Yvette's latest book for young adults is titled *The Vampire of Whitby*. It is due for release on September 25.

Inspired by Bram Stoker's 1897 horror story of Dracula arriving in the North Yorkshire town, she has dedicated it to her favourite comedian, who passed following a third heart attack in 1984 aged 58.

Yvette's *The Vampire of Whitby* novel is the latest in her *Ghost Hunter Chronicles* series. Previous titles include *The Witches of Pendle*, *The Ripper of Whitechapel* and *Most Haunted Theatres*, all of which blend historical settings with ghostly encounters – always with humour added to relieve the suspense.

The author has also written books related to her *Most Haunted* investigations, highlighting locations she's investigated with her team.

Last year Yvette released her autobiography, *Scream Queen*, which she wrote with help from a "ghost writer."

Meanwhile, the BBC has just commissioned a new sitcom based on Eric Morecambe's children's book *The Reluctant Vampire* and its sequel *The Vampire's Revenge* about a vampire prince who doesn't like blood, but prefers "chips and a glass of red wine."

Yvette paid £2,800 for Eric's desk at



**YVETTE FIELDING** asks famous "dead" comic for help. (Photo: Facebook)

an auction earlier this year; singing star Robbie Williams snapped up Eric's iconic spectacles for £20,000 in the same sale. The belongings were sold following the passing of Eric's wife Joan. The couple had three children.

Yvette also paid £660 for one of Eric's first props – a wooden lollipop with a bite out of it. The self-confessed fan went on to successfully bid on a typewriter he used, some of his paintings and a hat. As a bonus, she found a spare pair of his glasses in the desk drawer.

Speaking on her *Anytime* podcast, Yvette said that her husband Karl Beattie bid online, having to sit at his computer for two days to secure the lots.

"As soon as the auctioneer's hammer went down and we realised we'd got the

desk, we both jumped up like England had scored in the World Cup and screamed with joy," Yvette said. "Then I burst into tears because I was just so thrilled to have something so magnificent and wonderful."

In 2023, the paranormal presenter appeared on the BBC quiz show *Celebrity Mastermind* with the iconic double act Morecambe and Wise as her specialist subject.

Speaking about her affinity with Eric Morecambe, Yvette told the BBC: "I sit at that desk and have a picture of him sat at the desk, and then his hat to the right and some of his pipes.

"I just sit there and say out loud, 'Go on Eric, give me some inspiration' when I'm writing my books. I am just so honoured to have his stuff in our house."

Yvette praised the much-loved comedy duo Morecambe and Wise, describing them as "these two amazing human beings that just made us laugh throughout our childhoods into our teens and beyond.

"Especially Eric, there was something very, very special about that man. Even now every Christmas without fail we have to have the *Morecambe and Wise Show* on."

Born John Eric Bartholomew, Eric said he owed his success to his mother Sadie's determination that he should make something of his life. When he was growing up in Morecambe, Lancs, she took work as a waitress to raise funds for his dancing lessons.

In 1940 when aged thirteen, Eric met Ernie Wise (born Wiseman), who was a year older. Despite a wartime separation they formed an enduring double-act.

They had many lean years touring theatres before breaking into TV. Their 1977 Christmas BBC special was watched by 28 million viewers at a time when there were only three channels in the UK.

Morecambe and Wise's last programme together was the 1983 Christmas special for ITV. Five months later, Eric took part in a show at the Roses Theatre in Tewkesbury, Gloucestershire.

After his sixth curtain call, he walked into the wings and joked "Thank goodness that's over." He then collapsed, suffering a third and final heart attack. A statue of Eric by sculptor Graham Ibbeson was unveiled by the Queen on the seafront at Morecambe in July 1999.



**HERE** is Eric Morecambe's desk, which Yvette Fielding bought at auction for £2,800. (Photo: Hansons Auctioneers)



# TV star says judgemental beings made him clean up his act

AN Emmy award-winning TV star insists that the thought of judgemental spirit beings living in his apartment caused him to eat better, stop having casual relationships and tidy up the place.

Actor Bryan Safi, who has appeared on American shows including sitcoms *The Big Bang Theory* and *Modern Family*, won a Daytime Emmy for his writing on *The Ellen DeGeneres Show*.

After breaking up with his partner, he moved into a new apartment in Los Angeles in 2019 and the place became "such a mess," he told *The Guardian*.

The following year, Bryan began to be woken in the night by three loud knocks on his bedroom door. He "thought there might be an intruder, but I got up, opened the door and there was nobody there."

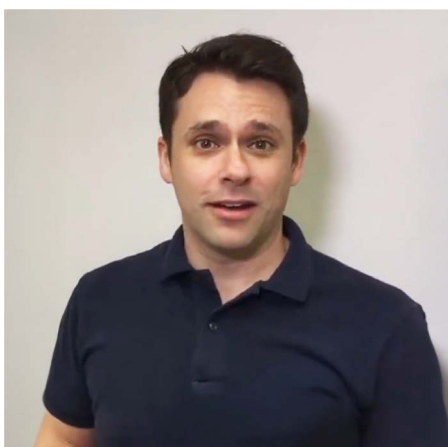
"I went to the front door, thinking I had misheard it, but there was nobody there either. I thought I had imagined it. Then it kept happening about once a week."

Bryan checked with neighbours if they had been making the noises, but they replied "No." The maintenance person responsible for the 1970s-built apartment block assured him there was nothing wrong with any of the pipes.

"At one point, I started putting my dresser in front of the door because I was so scared," said Bryan. He was afraid of potential intruders, but at first didn't dare tell anyone in case they ridiculed him.

When the actor finally mentioned it to a close friend, she became very serious, telling him it could be a demon, and he should not acknowledge its presence.

To be on the safe side, Bryan commissioned a paranormal expert to help. He "thought the ghost hunter would come to my apartment, or at least arrange a phone or video call, but she just sent me



**BRYAN SAFI** heard paranormal knockings at his home. (Photo: Facebook)

an e-mail saying she'd done whatever she needed to do remotely.

"She had encouraged some spirits to leave, she said, but there were others – five, she thought – who wouldn't go until they'd held what she called a 'court of atonement.' They would be on trial in my home."

Hearing that the event would happen in his living room, Bryan added that although he "still didn't genuinely believe five ghosts would be holding a trial in my apartment, I started to feel uncomfortable about them being there and judging me."

"They were, I assumed, old or from a different era, and it felt almost disrespectful to keep living as I was."

He started keeping his flat cleaner and tidier, clearing away drinks cans instead of leaving them lying around. The actor

changed his habit of inviting women to his apartment on a casual basis.

Bryan also "stopped ordering fast food in the middle of the night and started eating better. I took up meditation, making my bed and not hitting the snooze button."

"I wasn't dressing for the formality of a courtroom, but did start to take more care of my appearance. I didn't believe that the ghosts were real, but if they were, I didn't want to live badly in front of them."

Bryan found himself feeling happier and more confident, with fewer bouts of anxiety and guilt.

The actor grew "up in a religious family, and embraced science and reason as an adult, but the experience made me more open-minded about things that couldn't be explained."

Although he wasn't aware of the predicted spirit trial taking place, Bryan noticed that the atmosphere changed, leading him to believe the beings had "left for good." He kept up the changes in his lifestyle and habits, and now feels more content than ever.

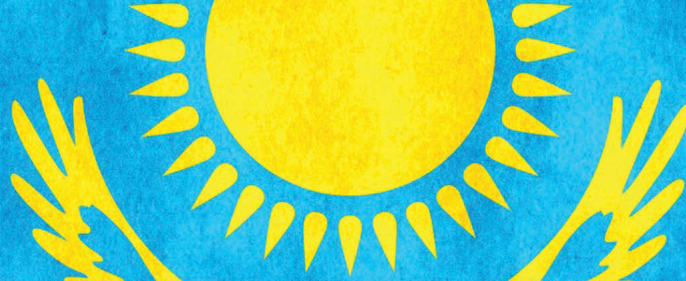
Bryan reflected that buying his apartment had felt like an achievement, as he saved towards it for over a decade. However, he also felt that it was "something I didn't really deserve."

"I'm a catastrophiser and it always seemed as if everything could just be taken away at any moment."

Since his experience with the unexplained phenomena, Bryan feels "weirdly bonded to my home, like we went through this together"

"Slowly, I've become more optimistic; I've realised it's not a sin to enjoy something. Thankfully, the knocking has stopped."





HERE is section of Kazakhstan's national flag. (Photo: Arhimed2050)

# Demand soars for psychic services in former Soviet country

KAZAKHSTAN, a country of rich cultural heritage including a variety of ethnicities, is increasingly turning to psychic services for guidance on decision-making. According to business news organisation Kursiv Media, almost half of the clients are corporations.

Reporters Svyatoslav Antonov and Yerlan Iskakov wrote that Kazakhstan's fortune tellers, psychics, astrologers and numerologists officially declared more than 2.9 billion tenge (over £4 million) in earnings for 2024.

They were citing a study by the country's Finprom analytical portal, which showed that over the previous year the volume of services provided by such specialists had increased 75 times.

Notably, almost half of the declared revenue "came from legal entities, suggesting that corporate clients play a significant role in the esoteric services market," they said, adding that the figures represent "only those practitioners who chose to report their earnings and pay taxes."

The Bureau of National Statistics divided its figures into two categories: services of psychics, and those offered by astrologers, Spiritualists and fortune tellers.

"It was in the second category that a noticeable jump in the volume of services rendered was observed," said Finprom. "They accounted for 92.3 per cent of the total volume."

Kazakhstan, the largest country in Central Asia, is bounded on the east by China and on the northwest and north by Russia.

The Kazakhs are a nominally Muslim people. Soviet authorities took over in the early 1920s, suppressing or discouraging religious life there. The country finally declared independence from the USSR in 1991.

Now free to follow their own beliefs, about a quarter of the population describe themselves as Eastern Orthodox. There has been a marked increase in public interest in mystical practices. Data from Google particularly shows a spike in searches for astrological charts and forecasts.

Prices on advertisements for psychic services vary from simple fortune-telling for a few pounds to many thousands for advice on an investment.

The journalists noted that "well-known psychics with personal websites or TV appearances charge far more. For



VARIOUS psychic services are flourishing in Kazakhstan.

example, lifting a curse can cost from £48.00, reuniting a spouse starts at £750 and 'magical assistance' in selling a property may run up to ten per cent of its price."

The news platform conducted its own survey to ascertain why the services were becoming so popular. They found that esotericism in Kazakhstan "is no longer as stigmatised or inaccessible as it once was. Public attitudes have shifted. Today, anyone can learn and practise in the field."

It was discovered that higher levels of personal anxiety also tend to make people more likely to seek supernatural solutions. Top-level politicians were among those who seemed to need reassurance.

Earlier in the year, media reports "surfaced alleging that Karim Massimov – the former head of Kazakhstan's National Security Committee and a two-time prime minister (2007-2012 and 2014-2016) – spent £150,000 on consultations with a

Russian astrologer," the reporters said.

The Finprom analysis pointed out that the figures only include those who have declared their earnings. It added, "Despite the fact that the activities of healers, magicians and fortune tellers in Kazakhstan are not regulated and not licensed, they can work legally and pay taxes."

The highest proportion of local adverts were found in directories and social media sites in and around the former capital city, Almaty, which has over two million residents.

There, messages from all kinds of healers, tarot readers, astrologers and numerologists are published, often anonymously. Offers include rituals and spells to combat addiction or to bring good luck. In Kazakh tradition, talismans are believed to fend off evil and attract fortune and other benefits.

According to Gulzada Shokasheva, a scholar in Asian studies, Kazakh ancestors used geometric shapes like lines, crosses and circles to represent everything from the sublime to the mysterious.

"They referred to the souls of ancestors as 'aruakhs,' considering them benevolent, whereas demons were known as 'jinns,' which led to the tradition of creating various protective amulets," she said.

Nomads believed that owl feathers could guard against evil spirits, while silver earrings and hair ornaments were worn by women for protection.

A story in *The Astana Times*, covering the present-day capital city, quoted a doctor named Malika Muratkenova, who acknowledged that the human mind can balance the body by activating certain areas, focusing on a positive outcome.

"Some believe that we need a specific amulet that directs our thoughts towards healing to trigger the recovery processes within our bodies," she said.

However, it is crucial not to rely solely on it. "Only a qualified doctor can provide an accurate diagnosis and determine the appropriate treatment," Dr Muratkenova warned.

# SPIRITUALIST ASSOCIATION OF GREAT BRITAIN

Est 10<sup>th</sup> June 1872 ~ Celebrating 152 Years

341, Queenstown Road, Battersea, London SW8 4LH

Telephone: 020 7931 6488 Email: [info@sagb.org.uk](mailto:info@sagb.org.uk)

**PHONE LINES  
NOW OPERATE  
EVERY DAY  
FROM 11.45am  
TO 5.30pm**



**NOW  
Open to  
the public  
7 DAYS A WEEK  
11.45am to  
5.30pm**

**DEMONSTRATIONS:** Thursdays, Fridays and Saturdays from 3.30pm to 4.30pm & Sundays 5pm to 6pm

**SUNDAY SERVICE** at the SAGB at 3.30pm to 4.30pm

You can also join the service online with ZOOM (Meeting ID: 830 6071 9053 ~ Passcode: sagb2024)

## HEALING CLINICS:

Monday to Friday and Sundays from 3pm to 5pm plus

Saturdays 1<sup>st</sup> Clinic from 1pm to 3pm, 2<sup>nd</sup> Clinic 3.30pm to 5.30pm

**ZOOM CLINICS:** Mondays 7pm to 8pm • Wednesdays 4pm to 5pm • Fridays 4pm to 5pm

For all other activities at the SAGB and online including PRIVATE APPOINTMENTS, OPEN CIRCLES, OPEN PLATFORM, CLASSES, LECTURES, HEALING COURSES and EVENTS

please visit our website: **[www.sagb.org.uk](http://www.sagb.org.uk)**  
and Facebook at: **[www.facebook.com/SAGBORGUK](https://www.facebook.com/SAGBORGUK)**



INTERNATIONAL  
SPIRITUALIST  
FEDERATION

Supporting Spiritualists Worldwide  
for 100 years

### ◆ Annual Teaching weeks

Bringing together Spiritualists worldwide to learn and share

### ◆ Online Events and Training

Services, workshops and online gatherings

### ◆ Science Forum—

Keeping you up to date with scientific developments

### ◆ Worldwide Members Representatives

Support network for Spiritualists



I.S.F. Inaugural Meeting Liège, Belgium  
1923

For more details, membership  
& to book events, visit our website

**[www.theisf.com](http://www.theisf.com)**





# Near-death experience made actor a 'nicer person'

HOLLYWOOD actor Jeremy Renner, who plays *Avengers* superhero Hawkeye, has been looking back at a horrific accident that left him fighting for his life.

In his new book *My Next Breath: A Memoir*, he reflects on a near-death experience which made him re-evaluate the human capacity for inner strength, endurance and hope.

In a 2023 New Year's Day incident near his Nevada home in the Western United States, the star was crushed by his own seven-ton snow plough as he tried to clear the driveway, so his family could go out skiing.

Having got out of the vehicle, Jeremy saw it sliding towards his nephew and tried to jump on board. He slipped and was thrown into the path of the snow plough.

"There came terrible crunching sounds as 14,000 lbs of galvanised steel machinery slowly, inexorably, monotonously, ground over my body," Jeremy wrote.

The very many fractures he sustained damaged his entire body. The actor added: "More sounds: a ringing in the ears, as if a large-calibre gun had unloaded next to my head.

"A sting of bright white in my eyes – I am blinded by a coruscating lightning, a lightning that signals the break of my orbital bone." Then came the relief of being "removed" from his body, he told journalists.

"It is the most exhilarating peace you could ever feel," Jeremy continued. "You don't see anything but what's in your mind's eye. You're the atoms of who you are. The DNA.

"Your spirit is... it's the highest adrenaline rush. But the peace that comes with it is magnificent. It's so magical. And I didn't want to come back."

It took 45 minutes for emergency services to reach Jeremy. The twice Oscar-nominated star had to focus on simply breathing to stay alive.

In an interview with *The Guardian's* Simon Hattenstone, Jeremy said: "I was bullying my body into thinking it wasn't that bad, and my mind was overcoming the greatest odds it's ever come up against. It was part stubbornness."

He also felt responsible for his family who had wanted to go skiing. The divorced celebrity has a daughter, Ava, aged eleven.



JEREMY RENNER says the peace he experienced on leaving his body was so magnificent and magical he "didn't want to come back." (Photo: Gage Skidmore)

The actor wrote candidly in *My Next Breath* that before the accident, he was a man who was hard to love. Fame and success made him work too hard, missing birthdays with family because he was in such demand on screen.

Jeremy told the paper that the accident has led him into a different way of thinking, resulting in the frank revelations in his book.

"It forced me to get out of my own way of being private and a recluse to share something," he said. "I've never been more connected and more open and more vulnerable and loving. And I've never received more goodwill.

"That connection was buried deep, deep, deep in my soul beforehand, but now it's at the forefront. It's all that matters to me. It's an honour to be alive."

The actor commented: "I'm going to live life on my own terms. And for nobody else. I invest into love and my shared relationships that I experience love with 'cause that is the only thing that you take with you."

*My Next Breath: A Memoir* is published by Simon & Schuster. The promotional notes say the book is "not merely a gruesome account of what happened to him; it's a call to action and a forged companionship between reader and

author as Jeremy recounts his recovery journey and reflects on the impact of his suffering.

"Ultimately, Jeremy's memoir is a testament to the human spirit and its capacity to endure, evolve and find purpose in the face of unimaginable adversity."

The publisher adds that his writing "captures the essence of profound transformation, exploring the delicate interplay between vulnerability and strength, despair and hope, redemption and renewal."

Jeremy gained Academy Award nominations for Best Actor for his performance as a soldier in *The Hurt Locker* (2009) and for Best Supporting Actor for playing a hot-headed robber in *The Town* (2010).

He has played Clint Barton, also known as Hawkeye, the bow-and-arrow wielding hero in the Marvel Cinematic Universe franchise, including the film *The Avengers* (2012) and the Disney+ miniseries *Hawkeye* (2021).

The actor has also appeared in the *Mission: Impossible* (2011-2015) and *Bourne* (2012) action film series. Since 2021, Jeremy has starred in the Paramount+ crime thriller series *Mayor of Kingstown*.

YORK is "often regarded as the most haunted city in the UK with 140 recorded ghosts."

# Multi-national team plans gadget-free documentary

A MULTI-NATIONAL team of filmmakers and investigators will be exploring the darkest corners of York in search of haunting tales. Their findings are to be featured in a 90-minute documentary called *The Ghost Chronicles*.

The project is the brainchild of Australian paranormal investigator Angela Arcadi, who runs Spirit Crew investigation. She will be joined by her partner Pete Cazzolato and his best friend Dan Rickard, co-creators and hosts of *Nightwatchers Paranormal* YouTube channel.

In a recent radio interview, Angela said that in York there is "a lot of horror and a lot of sadness. The amount of activity that has been spotted there makes it one of the best locations to go."

The team will take a serious look at the history behind the stories and intend to get "back to basics" without the use of gadgets or gimmickry.

Angela called on acclaimed Irish filmmaker Jason Figgis to take on the directing and editing. Jason is well-known for his penchant for horror films. He commented:

"It is a great pleasure to come aboard *The Ghost Chronicles*. I have been hugely interested in the world of the paranormal since I was a young boy living at the foothills of the Dublin Mountains.

"I have devoured countless books of ghost stories and haunted investigations. Having had experiences of my own, this subject continues to capture my imagination."

The team's historian and paranormal expert is John West, an actor, author and regular contributor to *Psychic News*. He told us, "I picked York for our first

investigation because its often regarded as the most haunted city in the UK with 140 recorded ghosts."

As the team ventures into York's haunted locations, they may encounter signs of the city's layered and turbulent past. In shadowy cellars there have been repeated sightings of Roman soldiers marching silently through stone walls.

Elsewhere, the figures of English Civil War soldiers have been reported lingering in historic inns and battlegrounds. In one former monastic site, the mournful figure of a ghostly nun has appeared.

The team may also pick up unexplained footsteps, disembodied voices and cold spots, which are classic hallmarks of paranormal activity, in one of the most haunted cities in Europe.

John said that York's "rich, layered history and haunted heritage make it the perfect place to start. I've visited the city since childhood and written extensively on its haunted locations, so this is a very personal journey.

"Teaming up with such talented professionals is a real honour. I can't wait for audiences around the world to join us on this chilling adventure."

The team will be investigating several of York's most haunted locations including the Roman baths – long rumoured to be the site of paranormal happenings – the nearby English Civil War battlefield at Marston Moor and the famously haunted

Golden Fleece pub. The latter is thought to be one of the country's hotspots for unexplained activity.

Completing the multi-national line-up, the new documentary will be aired by GHOSTflix.tv, a German-based streaming platform known for its dark and mysterious programming. The film will be available to audiences worldwide via the platform and also be screened in select German cinemas.

Whilst Germany does not promote haunted buildings to the same extent as in the UK, a recent survey suggested that almost three-quarters of Germans believe in supernatural occurrences in one form or another.


German parapsychology can be traced back to the eighteenth century, first with an interest in mesmerism or magnetism as a form of healing, to experiments with Spiritualism and the paranormal right up to the present day.

The team hopes that if successful, "this atmospheric documentary could mark the beginning of what may become a globe-spanning series investigating the world's most haunted places."

Future episodes would explore other supernatural hotspots across Britain and beyond. Meanwhile, the filmmakers are appealing to local residents who have had ghostly experiences in York to come forward and share their stories.

These real-life encounters could be featured in the documentary, adding vital first-hand perspectives to the city's haunted history. To submit a story about a York haunting, visit [johnwestmedia.com](http://johnwestmedia.com)





LOVE blossomed after mediums Craig and Jane Hamilton-Parker met at a Spiritualist church in 1987.

# Fans ignore James Bond star to get mediums' autographs

**Jane Hamilton-Parker and her husband Craig are both practising mediums based in Eastleigh, Hampshire. While Craig is especially well known for his predictions, Jane offers one-to-one sittings which have attracted accolades for her warmth and compassion as well as her accuracy.**

**The couple have appeared frequently in the pages of "Psychic News." In 1994, Jane told us that famous medium Doris Stokes contacted her from the Beyond to warn the couple they were about to be duped on a TV show. She was right, but the pair emerged with their reputation unscathed.**

**Sceptics have tried and failed to trip them up on various occasions. In 2004, another programme was edited carefully, taking out all the evidential material to make the couple look insincere. Editor Tony Ortzen put the record straight in the pages of "PN."**

**Last month, Jane gave an interview to our chief reporter Ann Green, revealing all about her life, work and what it's like to be married to a fellow medium.**

**The first question put to her was: "Before becoming a practising medium, you were a psychiatric nurse, a children's nurse and worked with people at the end of their earthly lives. Have these jobs enriched your work with those grieving the loss of loved ones?"**

ABSOLUTELY. From a very young age, I felt a deep compassion in my heart and a calling to help others. Nursing was a natural path for me, particularly working with children, those suffering with mental health and people nearing the end of their lives.

These experiences taught me so much about human fragility and strength. They helped me develop a genuine empathy, especially for those who've experienced the unimaginable, like the loss of a child.

It was through this work that a deeper spiritual awareness began to awaken within me. It wasn't just about tending to the body: it became a recognition of the soul's journey too.

**Your psychic grandmother helped to unlock your potential. Can you describe her and the relationship you had?**

My grandmother was a truly remarkable woman. She came from the Wallis family in Scotland and lived through many hardships – widowed at 23 with two children and later left to raise six more on her own.

Life was very different then, but she carried herself with quiet dignity and had an aura that drew people to her. My grandmother would often help the local midwife deliver babies and somehow knew instinctively when one was about to arrive.

From the moment I can remember,

there was a special bond between us. She recognised I had a gift and used to gently test me, asking me what I could see or feel.

She warned me not to speak too openly about it at the time, as people might think it was religious hysteria or hallucinations. But in our hearts, we both knew it was something sacred.

**What are your main mediumistic gifts?**

I work through clairvoyance, clairsentience and clairaudience. Sometimes the feelings come first, sometimes the words and sometimes clear images, but each brings through the presence and personality of a spirit communicator in a way which feels profoundly natural to me.

**Craig is famous for his predictions. How does your work differ from his?**

While Craig is well-known for his global predictions, I too have made accurate forecasts, often shown on national television.

I was on *The Big Breakfast* with Paula Yates and also did predictions on a show with Phillip Schofield. We even had our own series *Our Psychic Family* on The Bio Channel, as well as a documentary series on BBC Two.

My work tends to be more personal and heart-centred, connecting people with their loved ones in Spirit, although I do sometimes receive glimpses of the future.

**Do you give one-to-one sittings at home or mostly online?**

I prefer to offer private, in-person sittings from my home. I feel it creates a sacred, comforting space where people can relax and truly connect.

I don't offer Zoom or telephone readings, as it's important to me that each session feels exclusive and deeply personal. My clients appreciate the confidentiality and the peaceful setting.

**Can you name some of the countries from which people have contacted you?**

Oh, we've had visitors from all over the world! People often travel great distances to see us, sometimes flying into Heathrow and coming straight here.

I've welcomed guests from Kuwait, South Africa, the Seychelles, Norway, France, Ireland, America – you name it. It's always humbling to see how far people will come for a genuine connection with Spirit.

**In the 1980s, you travelled on cruise liners and gave sittings to many A-list celebrities. Can you reveal any insights you supplied?**

I always respect confidentiality, no matter who the client is. Whether someone is a celebrity or not, their reading is private and sacred.

I met some truly lovely people on those cruises – kind, open-hearted souls seeking understanding just like everyone else.

**You've travelled the world demonstrating mediumship. Have you had any difficulties with spirit contacts in other countries? If communicators are "local," in what language do they speak to you?**

Spirit has a beautiful way of transcending language. Even if the communicator spoke a different language in life, I'll often hear their words in English.

Now and then, I find myself saying a phrase or greeting in a language I don't speak. It's quite wonderful when that happens! It's Spirit's way of showing their personality and bringing comfort in the most natural way.

**How and when did you and Craig meet?**

We met in 1987 at a Spiritualist church in Hampshire. It was one of those fated moments – two paths meant to intertwine. And the rest, as they say, is history!

**Both you and Craig are mediums. What are the benefits of being married to a fellow psychic?**

It's a real blessing. We completely understand and respect one another's work and how emotionally and spiritually intense it can be.

After giving so much of ourselves to help others, it's comforting to have a

partner who knows exactly what that feels like. We also live a very spiritual life together, which deepens our bond.

**Are there any drawbacks?**

Not at all. We support one another, and I think that's what matters most.

**How many children do you have? Are any of them psychic?**

We have four wonderful children. While they don't openly claim to be psychic, I believe everyone has intuition – some just choose different ways to express it.

**What's a typical day in the Hamilton-Parker household?**

We're very organised, so check our diaries the night before. I conduct my appointments in a peaceful spiritual room at home while Craig works from his office



ROGER MOORE was upstaged when fans asked for mediums' autographs. (Photo: Frantogian)

doing Zoom readings.

I always make sure my space is welcoming – clean, calm and filled with flowers. At the end of the day, we unwind together over dinner or by listening to classical music. It's a busy life, but a fulfilling one.

**How else do you unwind away from mediumistic work?**

We love to travel and explore new places. I have a real passion for gardening, as it grounds me. Craig enjoys long walks, and we both love the cinema.

We also adore spending time with our grandchildren. They bring so much joy and laughter into our lives.

**You're based in Hampshire. What is it about the area that made you settle there?**

It's such a peaceful place. We're right by the woods, and I love hearing the owls at night and feeding the many birds which visit our garden in the morning. There's something very healing about being close to nature.

It's still close enough to London, but far enough to feel like a retreat. Many visitors say our home has a special energy. One

medium even said it felt like a temple.

**In 2003 you and Craig hosted séances at which Princess Diana communicated live on American TV. The show was broadcast as "The Spirit of Diana." It was a controversial event. What are your memories of it now?**

I have no regrets. We worked with sincere, honest people on that show, and everything we did was with truth and integrity.

Craig and I approach all our work – whether it's for royalty or everyday people – with the same respect and sincerity. We gave all our fees to charity.

We were later approached for many similar shows in America, but declined most of them. For us, it was always about proving the reality of Spirit, not sensationalism.

**Please tell us about the charitable works you support through your mediumship.**

We set up the Hamilton-Parker Foundation, which has donated substantial amounts to help those in need, especially in India.

We've provided cows to families in rural villages to help them become self-sufficient, funded heart surgeries and supported cancer charities in the UK.

Beyond direct expenses, most of our media earnings have gone to these causes. Giving back has always been a central part of our spiritual path.

**You and Craig are well-known online. Are you often recognised when out and about?**

Yes, quite often. I remember being in Accident and Emergency at hospital with my mother, and the receptionist immediately recognised me from YouTube.

In Harrods, we once saw actor Roger Moore, who played James Bond in seven films, dining near us. When fans approached, he stood up thinking they were coming to him, but they came straight to Craig and me for autographs! His expression was priceless.

We're also often recognised in airports, especially in Italy, where people approach us so warmly. We see it as a lovely way to connect with people like meeting old friends.

**What's your philosophy of life and death?**

Live life fully, with kindness in your heart and never fear death. We're all on a spiritual journey, and death is simply a return home. It's a reunion with the loved ones we've missed and a continuation of the soul's beautiful path.

**The website for Jane and Craig Hamilton-Parker is [www.psychics.co.uk](http://www.psychics.co.uk)**





# Spirit gatekeeper keeps an eye on guests at hotel

By Sam Ritchie

***Whilst working as an estate agent, natural medium Sam Ritchie discovered an ability to clear properties of any lingering energy affecting their tranquillity, thereby enabling them to sell more easily. She developed these skills into a full-time profession.***

***In her book "Echoes Within Walls," Sam, who lives in Spain with her family, describes clearing such unsettling energies from homes and business properties. In this feature, she describes some of her favourite experiences.***

MANY of us experience spiritual activity in our homes, perhaps the favourite perfume of a loved one reminding us that they are still close by bringing us their love and watching over us.

We may have a particular song pop into our head which makes us think of them or find that a personal object that belonged to them has moved.

There is always a lot going on in my home! Loved ones and angels often show signs to reassure me that all is well and I'm on the right track when I have to make important decisions.

There could be significant number sequences appearing every time I look at a digital clock or a small white feather in the middle of the floor in an inside room.

One time when I was putting laundry into the washing machine, I walked up the few steps to it and there by my foot was the boot token from our Monopoly game.

This was astonishing and immediately brought back happy memories of family gatherings; it could only have been a spiritual sign because the game had

not been used for months and was kept in a locked cupboard two floors higher up in my house.

Family spirit visitors pop in and out regularly. Mum gives me the scent of her perfume when I open her jewellery box, not every time but quite often.

I know it's her message because after nearly twenty years, there is no way the scent could still be present in the fabric. Dad comes too, teasing one of my dogs for fun which he did regularly in life.

His mother, my granny, sometimes moves the plates on my Welsh dresser as a way to remind me to wind up the clock I inherited from her.

It has never kept the right time anyway. When it's wound up, it then chimes on and off for hours, never at the times it should, which always makes me



**SAM RITCHIE:** "Loved ones and angels often show signs."

laugh.

When I go out to my car and turn the radio on, more often than not there's a song about angels playing. I am always very grateful for these signs of love and reminders I receive. Apart from their comfort and reassurance, it often feels like Spirit is telling me to



**THE El Palacete hotel in the Almeria region of Spain, which has featured on UK television, is one of Sam Ritchie's "favoured places to work."** (Photo: Google)

pay attention to ideas which drop into my mind.

Our loved ones in the spirit world have the most wonderful ways of letting us know that they are still close by and sending us a spiritual hug.

How do your loved ones show up? Do they send you a song on the radio, a social media post with a personal meaning, a special object or a feather?

They are still loving and supporting us from a realm we cannot see, yet if we keep an open mind and trust our intuition, we will know that these things are messages.

I'm sure we can all remember a time when we've walked into someone's home or business premises, and found it untidy and even perhaps a bit dirty.

However, despite all the outward appearances, we've just felt at ease, comfortable and peaceful. Every property has its own individual energy created by events that have happened, the people who lived there and their spiritual visitors. Yes, walls do talk.

We all want to be able to feel like this in our homes and workplaces, but what if we can sense energies that are not helpful, "something in the air" which disturbs us and holds us back from enjoying our home?

This may be due to upsetting events in the past or even geological factors which we have no way of knowing about, such as ley lines or underground streams near or beneath the building.

Spiritual people especially can be more sensitive to this. Even if it's an unconscious feeling, it can be enough to unsettle us or prevent an otherwise lovely home in a desirable location from selling.

This is where I come in. In my early years as an estate agent, I discovered I

had a natural ability to clear properties of disturbing energies by spiritual intention, along with the help of my guides.

Later, I researched others' techniques in this area and developed my own methods for "space clearing," a wonderful practice which enhances the positive feeling of a building. Time and time again, it also helped properties that had been stuck on the market for ages to sell within days.



**A FEATHER can indicate a "dead" loved one's presence.**

In this work, I've had the pleasure of witnessing the complete transformation of many buildings from being uncomfortable to happy, safe, thriving places.

This, of course, has a real impact on the people who occupy them, improving their health, happiness and abundance in all its forms.

In turn, this raises the vibration for the whole area and everyone connected to it, which is much needed at this time when there is so much anxiety and negativity in society.

As a bonus, many happy memories have been revealed to me while doing

this work. One of my favourite cases was when I space cleared a property remotely using just a floor plan rather than visiting in person.

As soon as I set about drawing a plan of the house, information started to come to me. This included the names of the owner's grandparents, clearly lovely souls who had left a lasting positive imprint on the property, and other personal details.

In particular, the front room presented a wonderful scene of a family Christmas gathering with a beautiful tree, a child playing and laughing, and everyone joining in with parlour games.

It made me feel happy, warm and safe, which was the energy I wanted to infuse the whole home with.

I set the intention for anything which had been holding the property back to be removed, and that everyone entering or living there would feel secure and happy, healthy and abundant.

One of my favoured places to work is the El Palacete hotel in the Almeria region of Spain, which has featured on UK television. I have been invited to go there regularly because of the number of different people who stay there.

We all leave traces of our energy wherever we go, so for an hotel this could be detrimental if they didn't take care of its energetic health.

The owners are amazing people, whom I am fortunate now to call my friends. They had a wonderful vision of taking a derelict old building and turning it into a calm, peaceful haven of positivity.

Of course, they have no control over the character and behaviour of their guests, a few of whom may not be, shall we say, particularly spiritual. It is my privilege to





*THE form of an elderly spirit being who sits in a rocking chair at the hotel is pleased when guests acknowledge her presence.*

remove any less than positive energy and enhance the beautiful atmosphere of this hotel.

The place even has its very own gatekeeper, a friendly spirit woman named Rosa, who sits in the foyer in a rocking chair, which was the only piece of furniture that had been in the property before its renovation.

Rosa's story is an unusual one as she actually has no direct connection to the building and only a tenuous relationship with one of the present owners.

She is a powerhouse of a woman who works tirelessly every day to help others while ensuring the hotel is immaculately clean and all her guests happy.

In life, Rosa used to pass one of the owners in the street and they would exchange a few words. This was the only contact they ever had yet Rosa respected and admired this Englishwoman who had embraced Spain, its language and culture, and made it her home.

After passing on, Rosa appointed herself the hotel's gatekeeper. Her aim

is to prevent anything undesirable from entering the building and seems to do a very good job.

Rosa likes nothing more than for guests to acknowledge her presence when they enter. Many now do so, especially on the evenings when I hold a spiritual circle there. Several sitters are clearly aware of Rosa in her rocking chair watching the proceedings curiously.

Every time I clear the hotel's energy I ask for all the guests to have their best night's sleep ever.

The owner tells me that she always smiles to herself when people check out and report that they have indeed, finding it hard to resist saying: "Of course you did. The hotel's been programmed so you would!"

I believe that anyone can learn to space clear their own home. This work is all about transforming properties into havens of happiness and peace. The results of enhancing a building's positive energies can bring the most wonderful results.

I've seen clients who had felt

uncomfortable in certain areas of their home now being perfectly happy in those spaces. People often report that their homes now feel somehow physically lighter and that they are calmer and more positive there.

Properties which have been stuck on the market for a very long time, for no obvious reason whatsoever, suddenly attract multiple viewings and receive offers within days.

I have worked in business premises where despite the genuinely best efforts of the owners, staff have seemed unhappy, and trade has been poor. Within weeks, sometimes less, there's been a complete turnaround with orders coming in and, in a few cases, expansion of the business.

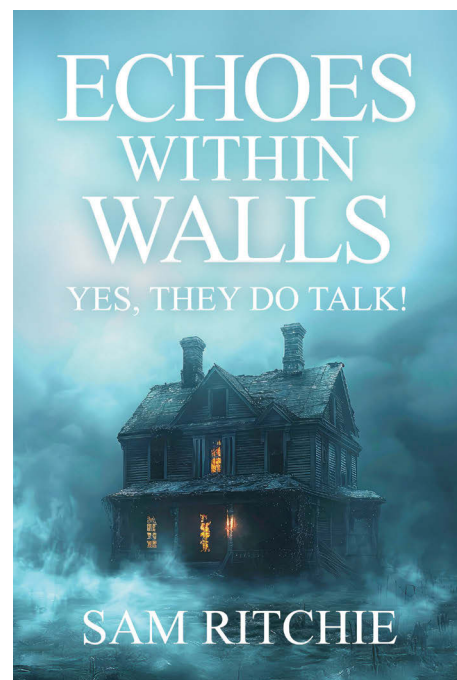
Problems with tenants or maintenance companies, neighbours and insurance companies, and even family disputes over wills, all have been resolved.

Especially in these times, I believe we all need to take responsibility for our own energy and that of the properties we occupy, be they our homes or workplaces. We are having an effect on them every day.

We can do this by daily practices such as journaling or meditation, which helps us to keep our energy clear and positive. The regular practice of gratitude also helps to attract more for us to be grateful for.

Space clearing is giving a similar gift of positivity to our properties, helping all the people there to live happy and peaceful lives.

*"Echoes Within Walls" is published worldwide by Local Legend for £10.00. See <https://local-legend.co.uk> Sam's website is at [www.samangelguide.com](http://www.samangelguide.com)*



# CAN YOU HELP?

AS YOU may know, we have been running an appeal for funds to secure the future of *Psychic News*. It is the very last Spiritualist publication in print and available to the general public.

Like all publications, following the Covid pandemic and the current cost of living crisis, times are difficult, as they are for everyone these days.

The appeal is going well, thanks to kind and generous donations from individuals and a Spiritualist charity, but we still do need your help.

Each and every reader and subscriber is vital to us achieving our goal. Here are just a few ways you can help to preserve this historic Spiritualist publication.

## INDIVIDUALS

As well as buying or subscribing to the magazine or making a donation, if your local church or centre does not stock *Psychic News* please ask them to consider doing so. They receive a package that includes free advertising and support, and it helps raise funds for them.



If you prefer not to ask them direct, please let us know how we can contact them.

It would also be appreciated if you could share our Facebook posts to your social media pages or let your followers know you read *Psychic News* and what you enjoy about it.

Why not consider giving a subscription as a gift for birthdays, Christmas, celebrations, etc? It's the gift that keeps arriving month after month.

We have been posting the names of the generous people donating to the appeal on our social media pages, but now we will also

be printing the names (only) of donors in the magazine (see bottom of page). Hopefully, friends and relatives will see your name in the list and also be inspired to donate.

Of course, you can also donate anonymously, and your name will not appear. Just mark your donation "Anonymous."

## CHURCHES AND CENTRES

If you do not stock *Psychic News*, would you please consider it? As already mentioned, we have a full support offer for you when you take out a supply.

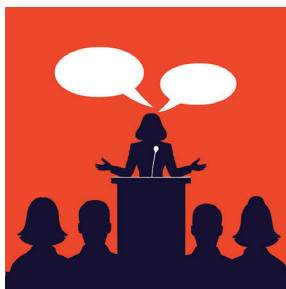
If you already stock the magazine, would you be kind enough to mention it at the end of services and events and remind visitors that it is for sale at £1 off the cover price and raises funds for you? Please mention that we really do need the support.

Are you able to organise an event to raise funds for our appeal? If you are, we will provide free advertising in the magazine and on social media for the event.



## MEDIUMS

Are you able to offer your services to your local church or centre for a fundraising event for the appeal? Again, we will provide free advertising in the magazine and on social media for the



event.

Would you be prepared to let your followers on social media and your website know about *Psychic News*? We would be truly grateful if you could. We would share any posts etc to our own pages – just e-mail us when you have posted.



**By Post:** You can send a donation by cheque to our office address – see page 4. Please make cheques payable to **Psychic Press Ltd**. Please mark anonymous if you don't want your name to feature in the magazine.

**By Telephone:** You can make a donation over the phone using a credit or debit card. Please call **01376 563091**.

**Online:** You can make donations by card or PayPal from our **GoFundMe** appeal page. Go to **www.gofundme.com** and search 'Save *Psychic News*.'

**By Bank Transfer:** You can send donations directly into our bank account.

Sort Code: **20 36 98**

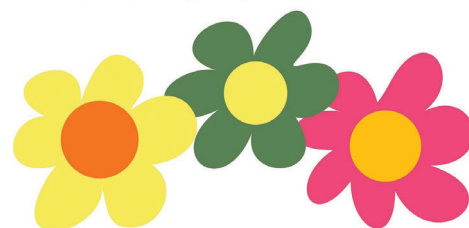
Account No: **63272923**

Account Name: **Psychic Press Limited**

Please mark payments as a 'Donation'

*Our contact details can be found on page 4.*

Thank You



for your Kindness

***We sincerely thank the people below who have made donations through our GoFundMe page***

Shari Dworkin-Smith  
Nigel Peace  
Lois H. Silverman  
Julia Montelione  
Mary Varilly  
Ceryn Rowntree  
Christopher Green  
Marty Reynolds  
Bret Robinson  
Michael Stoten  
Christine Stewart  
Nadine Baldwin  
Carolyn Smith  
Susan Lovell  
Angela Welsh

Ian Drever  
Louise Hutson  
E. Linehan  
Sheila Sealey  
Amelia Bradshaw  
Robert Keenan  
Mr D. L. Coutinho  
Margaret Michell  
Rachel Arnold  
Kirk Martin  
Leanna Hieber  
Caroline Spillane  
Lindsay Loveridge  
Gary Knight  
Donatella Sacchetti

Kris Meredith  
Alison Stead  
Michelle Gibson  
Ingrid Collins  
Kay Jackson  
Delfina Dancer  
Emily Major  
Julie Sullivan  
Nicole Beyer  
Reginald Evans  
Marlene Woolgar  
Darren Brittain  
Adam Berry  
Paul Newman  
Barry Oates

Nick Richbell  
Plus the many  
anonymous donors  
**More names will appear in  
next month's issue**

If you have previously  
donated by cheque,  
PayPal, bank transfer  
or bank standing order,  
please do let us know if  
you wish your name to be  
printed in the magazine by  
phone on: **01376 563091**  
or by email to:  
**pnadverts@gmail.com**



# How to make happiness the greatest gift you possess

By Samantha Brook

*Comedian and singer Ken Dodd once had a hit single with "Happiness." Its opening lyrics are, "Happiness, happiness, the greatest gift that I possess, I thank the Lord that I've been blessed, With more than my share of happiness."*

*Ken used to subscribe to "Psychic News" when it was a weekly newspaper and occasionally visited our Central London bookshop, but declined an invitation to be interviewed. It is thought that he sat with famous medium Ena Twigg.*

*Happiness can be an elusive emotion, but is one that affects us in many ways. For those seeking to improve their happiness quota, help is at hand from happiness coach Samantha Brook.*

*The owner and founder of the Happiness Club, Samantha has lots of easy, positive ways to bring more happiness into our lives. Drawing from her website, this feature describes some of her methods... and we're sure Ken will agree from the Beyond!*

At my Happiness Club, I believe joy isn't a luxury. It's a right. I'm here to make happiness feel possible, practical and personal. There are no guru or gimmicks, but just real people discovering how to feel better one simple step at a time.

It's not about toxic positivity. Life gets messy. Pretending everything is fine doesn't help, but I do believe in hope, the kind that comes from

gentle shifts, honest conversations and learning to see yourself with kindness.

Happiness Club exists to help people feel lighter, freer and more themselves. I teach tools that actually work in language which makes sense. There's no jargon or pressure, but just warmth, laughter and community.

I am proud to be informal. I talk like a friend,





**KEN DODD** with his trademark tickling sticks.  
(Photo: David A Ellis)

not an expert. I say what I mean and mean what I say. I take happiness seriously, but try not to take myself too seriously.

To be kind isn't just a motto. It's a way of showing up for myself and for others. My mission is to help a million people learn to be happy... and I'm just getting started.

### **Grounding, clearing and protection prayer**

A key part of my happiness practice is grounding, clearing and protection. If your work involves helping others or you're sensitive to other people's energy, I strongly suggest you add grounding, clearing and protection into your routine. There are a few ways you can ground yourself.

A typical grounding ritual will ask you to imagine roots growing from the bottom of your feet deep into Mother Earth, or to bang your heels on the ground, rub the soles of your feet or to place your bare feet directly on the earth.

To clear and protect myself I say the following prayer to Archangel Michael:

"Please help me to ground and clear myself. Help me to clean, clear, heal and neutralise toxins. Help me to remove any negative energy and send any missing energy back to myself if it's for my highest good.

"Help me to clear my auric field and remove any attachments. Please help me to cut any toxic or psychic cords."

At this point, I imagine my higher self waving a lightsabre or sword above my head, under my feet and down each side of my body.

Archangel Michael then takes a giant pair of golden scissors, and I visualise love, light and golden sparkles coming to me and being sent to anyone whom I've been attached to energetically as we disconnect.

The prayer continues, "Please help me to surround myself with your golden

globe of protection and keep myself safe." While I'm saying this, I draw a globe around myself with my hands, from front to back and side to side.

I surround myself with a pink orb of love and light. It's my intention to send love to everyone I come into contact with today and to remember to send love before and during every interaction. While I'm saying this, I draw a pink circle of love around myself.

### **Morning affirmations**

These are a great way to start your day on a positive note. I sometimes suffer with anxiety when I first wake up and find that affirmations are a great way to combat this. Here are some of my favourites:

1. **I am happy.** This does what it says on the tin. It's a brilliant way to switch from anxiety to a happy, peaceful state of mind.
2. **I had a fantastic night's sleep and I've got plenty of time.** Waking up worrying that you didn't get enough sleep and that you haven't got enough time is not a good start to the day.

These affirmations turn that on its head. Remember that it's important to focus on what you want as what you focus on is what you get.

3. **I love and approve of myself.** In her book *You Heal Your Life*, motivational author Louise Hay says that loving ourselves is the "magic wand that dissolves problems."
4. I also use the following affirmations from the post "5 Morning Affirmations to Make Your Day a Success" from Priya Jain on the TUT blog:

**Today is a good day.** This is another

fabulous affirmation for focusing on the positive. The original reads "Today is going to be a good day," but I have changed this so it's in the present tense.

**I am doing good.** This affirmation is a good reminder to be of service. Every day I set the intention to do so and get my ego out of the way.

The original affirmation "I will do good today" was in the past tense, so I changed it to the present tense.

**Everything is happening perfectly.** I add to this, "Everything is working out for my highest good."

I find this is another good reminder that "Every adversity, every failure, every heartache carries with it the seed of an equal or greater benefit," as the saying from American self-help author Napoleon Hill goes.

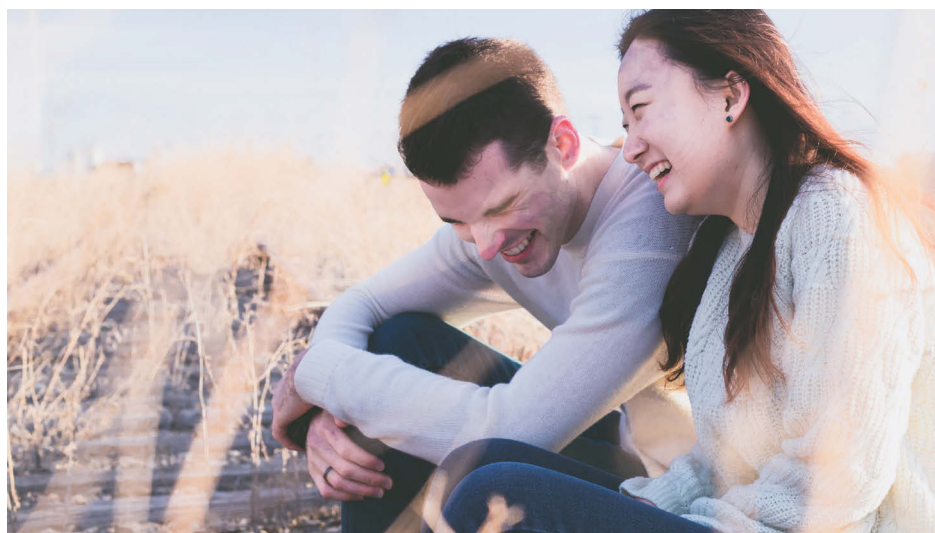
**I act with courage and love.** This helps me to remember to look for the spark of divinity that is present within all of us, even if sometimes it is really well hidden. It prompts me to be slow to react when provoked.

**I am enough.** If there's a second "magic wand" affirmation this is it. Therapist Marisa Peer, famous for the "I am enough" philosophy, says that so many of our problems stem from not feeling enough.

Marisa says, "The repetition of that simple phrase over and over (both out loud and in your head) will eventually make it difficult for your mind to object to it."

### **The power of Ho'oponopono**

Ho'oponopono is a powerful prayer that heals and transmutes karma from this



**LAUGHTER** not only helps to soothe stress and anxiety, but also boosts our immune system and can relieve pain.





**SAMANTHA BROOK:** "Self-care and some time alone are two of the biggest keys to happiness." (Photo: Chris Grover)

lifetime and previous existences. As a result, it helps us to solve our problems and achieve our goals. It is an ancient Hawaiian healing technique.

Dr Hew Len was responsible for bringing Ho'oponopono into mainstream awareness in modern times and used it to heal mentally ill patients.

He was asked to work at a psychiatric hospital. The patients had such severe mental health problems that many of them were considered dangerous. The staff hated going to work and were even scared of it.

Dr Len never met the patients. Instead, he looked at their files and performed the Ho'oponopono prayer. In time, the patients healed and staff started to enjoy going to work. In the end, the patients were all discharged. Eventually, the hospital closed.

Before you say the Ho'oponopono prayer, ask your unconscious mind: "What is it in me that's causing this situation?"

"Bearing in mind there's a positive intention behind every behaviour, please help me to find another way to achieve the intention behind this behaviour. Thank you unconscious mind."

Then, say the Ho'oponopono prayer, which reads: "I'm sorry. Please forgive me. Thank you. I love you."

Everything that happens to us is a result of cause and effect. This means a situation may arise as a consequence of a past mistake either in this life or a previous existence or might be something we need to experience to learn a lesson.

We apologise to ourselves and everyone involved, forgive ourselves and those involved, say "Thank you for the learning experience" and send love to the situation and the people concerned.

Even when it's someone else's problem or illness, it is still something in us that has caused it. We create our reality. As such this is a great prayer for healers to use to aid patients' recovery.



## Creating a bliss menu

I first heard about the bliss menu technique from entrepreneur and best-selling author Kate Northrup a few years ago. A bliss menu is a list of things we love to do. It can be an excellent tool to use to change our mood when we're having a bad day.

Is there something on a bliss menu we can do to lift our spirits? If not, can we plan something? Sometimes even just thinking about those things can have a positive impact, especially when it evokes uplifting memories.

Some of the things on my list can easily be achieved by taking just five minutes out of your day. While you might feel overwhelmed and that you don't even have five minutes, I bet you'll feel better for taking the time and probably be more productive.

I would like to offer a note of caution here. While using the bliss menu technique can be a quick and easy way to feel better, it's often only a temporary fix and will usually not address any underlying issues. It's important to allow ourselves to feel the pain and look at the root cause.

Here are favourite bliss menu items. You can add or subtract from them as you wish to bring you a feeling of inner happiness and joy.

### Music

Singing and dancing is a great way to change our mood. I may not be very good at singing, but I enjoy it and that's all that matters!

According to healthline.com "music can boost happiness and reduce anxiety." Even listening to it can help, but if you can sing and dance then so much the better.

I have *Music for Manifesting* and DJ *Samy* playlists on Spotify with all my favourite feel good tunes, which I play to boost my mood. I sing and dance to one of these playlists in the morning while I'm getting ready.

If I'm having a bad day at work, I find even just going outside in the fresh air for a few minutes can help me to feel significantly better.

### Go out for lunch or brunch

I love going out for lunch or brunch, either with my partner Andy, with friends or on my own. I'm a Taurus and love my food and drink.

In Suffolk we are blessed to have cafes and restaurants in beautiful surroundings such as Ipswich Waterfront, Felixstowe Sea Front and the nearby town of Woodbridge.

### Self-care and alone time

Self-care and some time alone are two of the biggest keys to happiness. Aim to spend time alone in silence every day if you can. Read a book, have a bath, go for a walk alone, meditate, draw or paint. The options are endless.

### Listen to something uplifting

As well as listening to music, I also like listening to audiobooks and podcasts. I find this is a great way to learn and develop.

I believe it's important to give our brains a rest, so also listen to fiction books, which provide some light relief.

To conclude, changing our mood can be a wonderful way to deal with difficult situations and a temporary way to cope with painful emotions until happiness returns.

### Laughter

Laughter not only helps to soothe stress and anxiety, as according to the Mayo Clinic it also boosts your immune system and can relieve pain. Books, TV and the radio are all great sources of entertainment. YouTube has lots of funny, entertaining videos.

### Getting out in nature

This is one of my favourite pastimes. A combination of fresh air, exercise and nature is one of the best ways to soothe my soul.

It's particularly helpful to go out for a walk at lunchtime. As well as helping to change my mood, it helps me clear my head, and I often find I'm more productive in the afternoon as a result.

To read lots more advice and tips or to join Samantha Brook's Happiness Club, please visit [www.happiness-club.co.uk](http://www.happiness-club.co.uk)



# The sacred spiral of whirling dervishes

By staff writer

IN a candlelit hall, the first haunting notes of a ney flute, a Middle Eastern end-blown reed instrument known for its long history and distinctive sound, rise like a prayer, spiralling upward through still air.

Slowly, figures in flowing white robes begin to turn. One by one, they unfurl their arms, the right hand open to the sky, the left to the earth. They spin, and spin and spin, but this is no mere performance. It is a sacred ritual: the sema ceremony of the whirling dervishes.

## *A sacred history*

The whirling dervishes trace their origins to the 13th-century Sufi mystic and poet Jalal al-Din Mohammad-e Balkhi, known simply as Rumi. Born in present-day Afghanistan and later based in Konya, Turkey, Rumi founded the Mevlevi Order of Sufism.

One day, Rumi reportedly heard the rhythmic hammering of goldsmiths in a marketplace and caught in the cadence began to spin. His ecstatic

whirl evolved into the sema, a sacred dance embodying divine love.

Sufi whirling is a moving meditation, a physical expression of spiritual ascent. Each rotation represents a symbolic journey turning away from the ego and toward unity with the Divine.

The dervish begins by bowing in respect, then spins in rhythmic surrender, shedding layers of self until only spirit remains.

“While turning, the dervish empties himself



of worldly distractions,” says scholar Fatima Korkmaz of Istanbul University. “He becomes the pivot between heaven and Earth.”

The sema is not just symbolic; it is also an initiatory path. Those who undertake it undergo rigorous training physically, spiritually and emotionally.

The dervish must memorise passages of sacred poetry, learn the musical cadences of the ritual and sit for hours in silent contemplation. For many, it is a way of life more than a performance.

Rumi described this turning as a form of Divine intoxication, an ecstatic loss of self in the presence of God.

He wrote, “Whosoever enters this whirling circle must shed their name, identity and history, and become only breath, only rhythm, only devotion.”

### Ritual in motion

A typical sema ceremony lasts around an hour and consists of seven distinct parts, including Qur’anic recitations, musical improvisations and finally the whirling itself.

The journey through the ceremony mirrors the soul’s progression from seeking to annihilation of the ego and reunion with the Divine.

During the whirling, a dervish may enter a trance-like state not due to exhaustion, but from deep concentration. It is not uncommon for practitioners to lose sense of time, space and self. Despite their spinning, they do not stumble.

Years of training and disciplined breathwork are key. Dervishes fix their gaze on the left hand and pivot on the left foot, allowing the right foot to gently push them into motion.

This creates a dynamic equilibrium. Just as a ballerina uses spotting – a crucial skill for being able to execute swift turns on stage – to maintain balance, dervishes employ inner stillness to centre themselves amid the storm of motion.

The ceremony also includes specific foot movements that symbolise walking the path of Divine truth. The turn is not random but measured and deliberate, matching the rhythm of sacred chants.

Each dervish must learn not only to turn, but do so in harmony with the music, the cosmos and the Divine.

### Symbols in cloth

Their traditional costume is rich in symbolism. The tall felt hat (sikke) represents the tombstone of the ego whilst the white robe (tennure) signifies the shroud of the ego. A black cloak worn at the beginning is the worldly attachment they cast off.

While white is standard, some orders incorporate soft blues, browns or creams, but the core aesthetic remains subdued, illustrating purity over pageantry.

Every garment worn has a function. The way the robe billows is part of the

The centre of the room acts as an axis mundi, a spiritual pole linking heaven and Earth. When a dervish spins, it’s as though he or she is revolving around the heart of existence itself.

### Modern practice and inclusion

Traditionally, the Mevlevi Order was male only, but today, especially in the West and in secular Sufi circles, women are increasingly participating.

Becoming a whirling dervish is no casual undertaking. The training can take months to years, involving memorising ritual chants, mastering the steps and internalising the spiritual teachings of Sufism.

Some women practitioners have founded their own dervish circles or joined co-educational spiritual gatherings that honour the Sufi tradition while moving beyond gender exclusivity.

Although not universally accepted in conservative branches, this shift has brought renewed vitality to the practice and deepened its relevance for a modern audience seeking authentic spiritual experiences.

Many teachers emphasise that the essence of the path lies not in gender, costume or geography, but in sincerity of heart. The whirling, they say, welcomes anyone willing to dissolve the ego and become the breath of the Divine.

There’s also a growing online presence for Sufi teachings and dervish instruction. Social media, video platforms and digital lectures have opened access for young people and those far from Mevlevi centres to learn and participate from afar. Though

controversial for some traditionalists, others see this as a necessary evolution in a digitised world.

### A global phenomenon

While Turkey remains the heartland of the Mevlevi Order, whirling dervish communities can now be found in Iran, Syria and Egypt, and even in parts of Europe and North America. Like Rumi’s poetry, the practice has transcended borders and languages.

In places like California, London and Berlin, dervish circles gather to practise the sema in both traditional and adapted forms.

Some groups use translations of Rumi’s



**A PORTRAIT** by Iranian artist Hossein Behzad of mystic and poet Rumi, who founded the Mevlevi Order of Sufism.

aesthetic grace of the spin; the weight and cut are tailored to enhance the flow and rhythm of the dance.

The sikke is said to align with the crown chakra, serving as both a symbolic and energetic channel to the Divine.

Some modern dervishes choose lighter, breathable fabrics to accommodate longer sessions, but the symbolism remains intact. In some Mevlevi lodges, elders hand down garments to initiates, imbuing the clothing with both lineage and spiritual charge.

In addition to costume, the environment in which sema is held carries spiritual weight. The circular semahane, a ritual hall which is often simply adorned, represents the cosmos.



*THIS thrilling photo shows whirling dervishes demonstrating their skills in Konya, a major city in central Turkey. (Photo: Kyle Lamothe)*

poetry while others experiment with world music fusions that retain the soul of the practice but adapt its container. Despite the differences, the core remains intact: surrender, remembrance and love.

Sufi festivals in countries like Morocco and Pakistan often feature whirling dervish performances alongside devotional music, poetry readings and spiritual discourses. These gatherings bring diverse communities together in celebration of love, unity and Divine beauty.

Some spiritual retreat centres, particularly in Europe and South America, offer immersive programmes in Sufi philosophy and the whirling tradition. These retreats often blend meditation, silence, dance and poetry, offering modern seekers a doorway into the mystical.

### **Politics, tourism and Spirit**

Despite Turkey's image as a modern democracy, it has a complicated relationship with religious expressions like Sufism.

Following the secular reforms of Mustafa Kemal Atatürk, the founding father of the Republic of Turkey, in 1925, all Sufi orders were officially banned. The Mevlevi Order went underground.

Only in recent decades has the government allowed controlled performances mostly for cultural and touristic display.

The paradox persists: in places like Konya, a major city in central Turkey, dervishes whirl under the watchful gaze of both tourists and state authorities.

It's true that many sema ceremonies are now staged for visitors. The danger, say critics, is that the sema risks becoming entertainment rather than a spiritual discipline.

Others argue that even performances

can plant seeds of curiosity and reverence. "Even when staged," says dervish trainer Haluk Demir, "if done with intention, the spirit can still enter."

Performers often speak of the fine line they walk – on one hand offering a sacred tradition to the world and on the other guarding it against commercialism.

In an attempt to keep the inner flame of the practice alive, many groups now conduct private semas for spiritual seekers away from public performances.

In 2022, a short film by a Turkish filmmaker exploring the tension between sacred devotion and commercial tourism won several international awards.

The film highlighted a young dervish's internal struggle as he prepared to whirl before a distracted audience glued to smartphones – a poignant metaphor for the spiritual hunger of our time.

### **Mysticism and myth**

Do dervishes commune with spirit beings? While not Spiritualists in the traditional sense, many dervishes believe the dance opens portals of insight and Divine connection.

It is not uncommon for advanced practitioners to report visionary experiences, dream visitations or intuitive insights. Some lesser-known Sufi branches incorporate extreme practices like piercing the body, eating fire or glass, or walking on hot coals.

These are not part of the Mevlevi tradition and often serve as demonstrations of faith or mystical stamina in other sects. Clairvoyance and levitation are regarded more as metaphorical than literal within orthodox circles.

Sufism often leans on metaphors to express the inexpressible. The soul's

longing, the annihilation of the ego and intoxication with the Divine are all common themes, expressed poetically through Rumi and enacted in embodied form by the dervish.

Some whirling dervishes describe moments of clarity during the sema when problems dissolve, insights arise or emotions resolve in silence.

Others experience a sense of being "lifted" beyond the body being neither asleep nor fully awake. For these mystics, the sema is not performance, but a profound inner journey.

### **Preservation and legacy**

In 2008, UNESCO recognised the Mevlevi Sema Ceremony as an Intangible Heritage of Humanity. This accolade not only preserved the art form, but protected its deeper meaning from dilution. It helped secure its legacy in a rapidly changing world.

Eight years later, Turkish dervish Cemal Nur reportedly spun for more than four hours continuously during a devotional sema. Though unofficial, such feats are whispered among the community not as ego-boasts, but as testaments to spiritual endurance.

In some regions, the tradition is passed from father to son, generation to generation, but as with many spiritual callings, true initiation arises from the heart, not the bloodline.

As urbanisation and modern distractions rise, attracting younger practitioners can be a challenge. Some Mevlevi lodges now run youth outreach programmes and host spiritual retreats to attract new seekers.

Some dervishes teach in schools or offer workshops on mindfulness, using the principles of the sema to help young





IN "cities across the world, in temples and converted warehouses, in candlelit domes and sunlit gardens, the sacred spiral continues." (Image: Hans)

people find balance, focus and emotional grounding.

The image of a young person discovering the sacred spiral for the first time, perhaps looking clumsy, but awestruck and sincere, is perhaps the most powerful sign that the tradition is alive.

### Sound and silence

At the centre of every sema is music often led by the ney flute, a reed instrument symbolising the soul's longing for Divine reunion.

Accompanying are frame drums, lutes and the chanting of sacred poetry. Rumi's verses often form the lyrical backbone of these ceremonies.

Instruments are carefully chosen not just for melody but for vibration. The ney's breathy tone is said to echo the sigh of separation from the source. The rhythmic heartbeat of the drum mirrors the pulse of Divine love.

However, silence, too, plays a role – the sacred pause between phrases becomes a doorway through which the Divine may enter.

As Rumi once wrote: "Come, come, whoever you are, Wanderer, worshipper, lover of leaving, It doesn't matter. Ours is not a caravan of despair." That invitation still stands today.

### Spinning into stillness

In an age of fragmentation and distraction,

the whirling dervish offers a quiet rebellion: a return to centre and a remembrance of soul.

The spin is not escapism. It is a homecoming. With each rotation, the dervish becomes the still point in a turning world. Some say that in this stillness you can hear the music of the spheres.

### Living legacy and future pathways

Looking to the future of Sufi whirling, questions emerge about how ancient traditions adapt to modern life without losing their essence.

Some contemporary dervishes are merging traditional sema with other contemplative practices such as yoga, tai chi or even therapeutic dance. This fusion allows seekers from diverse backgrounds to access the spiritual core of the ritual without needing to convert or enter formal Sufi orders.

Meanwhile, Mevlevi centres in Turkey and beyond continue to uphold rigorous standards of training and spiritual discipline. Often tucked away from public view, such centres maintain a quiet, dedicated path for those who feel a calling not to perform, but to become.

The digital age, for all its distractions, has also allowed a quiet revival. Online communities, video seminars and shared poetry readings are reconnecting a new generation with the heart of Rumi's teachings.

Short films and documentaries on the dervishes are winning awards and kindling fresh interest in spiritual disciplines once thought esoteric or fading. For all the talk of adaptations, some things remain timeless – the breath, the spin and the silent centre.

In cities across the world, in temples and converted warehouses, in candlelit domes and sunlit gardens, the sacred spiral continues.

Somewhere tonight, someone steps into the circle, not knowing fully why, but compelled by longing. They raise their arms and begin to turn.

What they will find, if they're ready, is not dizziness but stillness. Not confusion but clarity. Not performance but presence.

### Final reflections

The whirling dervish stands as both a symbol and an invitation to remember, return and revolve around something deeper than self.

It is at once discipline and ecstasy, silence and sound, movement and stillness. In an age where meaning is often outsourced to screens and systems, the dervish reminds us that the sacred is not out there, but within.

Perhaps that is why the dance endures – not because it entertains, but because it enlivens. It pulls us inward, then outward, then back again, like breath, the tide and the very pulse of the universe.

# The Greater World Christian Spiritualist Association

Founded in 1931 as a result of the two-world partnership between medium Winifred Moyes and her guide Zodiac, The Greater World Association is still flourishing

## DISTANCE HEALING

Please send your loved ones' details by email so we can add their names to our long distance healing list

**Friendship fee £12.50 p.a.**

A free Newsletter is issued to all members quarterly

**CONTACT US: Tel: 020 3011 0893**

**[www.greaterworld.net](http://www.greaterworld.net)**

*Have a look at our bookshop*

**email: [greaterworld@btconnect.com](mailto:greaterworld@btconnect.com)**

**3-5 Conway Street, London W1T 6BJ**

## THE GREATER WORLD OWNED CHURCHES

### LEEDS GREATER WORLD SANCTUARY

14 Clarendon Road,  
Leeds,  
West Yorkshire  
LS2 9NN

*President:*

*Margaret Bellamy  
See Facebook page for  
service days and times*

### TEMPLE OF LIGHT

221 New Road  
(Luton Arches),  
Chatham,  
Kent

ME4 4QA

*President:*

*Rita Davidson*

*Visit:*

*[www.greaterworld.net](http://www.greaterworld.net)  
for details*

## SPIRITUAL BOOKS

to entertain and intrigue you!



Is something in your home disturbing your family's peace? Do you want to move but your lovely house just will not sell?

Sam Ritchie can help! A natural medium always fascinated by property, Sam learned to remove negative energies (and unwanted spirits!) with life-changing results.

In her beautifully written and down-to-earth debut book, she gives fascinating accounts of her work and proves that, yes, walls do talk! Yet this is not just 'a good read', it is a huge contribution to our understanding of energy, with ground-breaking discoveries about the human spirit.



**Exciting paperbacks & eBooks**  
**<https://local-legend.co.uk>**



**Reliable  
Informative  
No-nonsense**

**Psychic phone &  
written readings**

**PSYCHIC • MEDIUM • TAROT**



**Elizabeth  
Francis**

**Call +44 117 969 9945**

Phone readings from £27.99 for 20 minutes  
A variety of written readings available

**[www.elizabethfrancis.co.uk](http://www.elizabethfrancis.co.uk)**





A SCENIC shot of the world-famous pyramids of Giza, which are a "remarkable example of sacred engineering involving mathematics, geo-astronomy and spiritual energy."



# The potent power of ancient pyramids

By Fotoula Adrimi

*Fotoula Adrimi, BA (Hons), MSc, is a partner in the ISIS School of Holistic Health, a school of healing arts, spiritual development and inner transformation.*

*Stepping onto Egyptian soil in 2006, Fotoula's soul knew that this was home on Earth. Last month saw the publication of her book "Sacred Mysticism of Egypt," which examines the subject from a variety of angles.*

*What, for instance, is the source of power emanating from the temples, the statues of the gods and goddesses, and strange images on the walls? What happens when we consciously enter the vortex of etheric energy placed deliberately by the ancients?*

*Fotoula's book takes readers on a journey through time and space, and various dimensions and different realities, to lead us back into our infinite spirit.*

*Of Greek heritage, Fotoula has lived and worked in Glasgow since 1999. She has also taught in Greece, Germany and the Netherlands, and led spiritual pilgrimages to Egypt and sacred sites in the UK.*

*Fotoula's other passion is shamanism, which runs in her blood from her paternal side. In these extracts from her book, we take a peek at the pyramids from a new angle and other aspects of life in ancient Egypt.*

DURING the Golden Times of ancient Egypt, people held different perspectives about themselves and their lives:

- They saw themselves as a Divine being, what they called a Neter, that walked the Earth. Life on Earth was finite, but they were not. They lived life with the awareness of the eternity of the soul.
- The soul was regarded as the Living Light that was placed in the body. At death, the soul, called Ka, reunited with the infinite spirit, and the luminosity of the soul was revealed. This was why it was important for each person to die well and not get stuck, like ghosts, in the earthly realm.
- Each person who incarnated had an etheric

counterpart, also called the Ka. This etheric self was multi-dimensional. It could access the alternative realities beyond physical life.

- They adhered to the principle of oneness. The whole of the cosmos was seen as one being, whose cells are the different cosmic bodies. Everything that existed was viewed as part of this cosmic body of creation. This was called the body of Ausir (Osiris).
- Life on Earth was an opportunity for spiritual expansion. The aim was to become “the ocean,” infinity.
- While studying the spiritual path of truth (called Ma’at), they may discover they already are the shining spirit, known as Sahu. They could shine the Light of their soul while living rather than wait for death.

Unlike the physical body, this luminous awakened state was not ephemeral. The person who ascended in their spiritual Light conquered death and became one with the cosmos for all eternity.

The teachings of the Living Light mapped the relationship between the human being and the cosmos, and between the physical and spirit self. They provided a framework for a deeper understanding of human life and eternal spiritual life.

These teachings are ancient, but they meet us beyond space and time. Their medium of transference is an etheric energy of high vibration, which we may describe today as a form of spiritual Light.

### Sacred construction

Every aspect of the construction of the temples and pyramids followed the Rule of Ma’at and respected all life. This included deference to the unseen world and the spirits of the land where the quarries were situated.

Before construction, the priesthood would make offerings and ask for help from the land spirits. They explained that the stone would be used in a sacred temple.

Stone was used mainly in the temples; palaces and homes were built of mudbrick or other materials that did not need to last.

Because the temple stones had to be flawless to allow the energy to flow through the monuments evenly and unimpeded, the spirits would tell the priest exactly where the stone should be extracted.

Sound technology verified the spirits’ suggestion and the stone’s integrity. The pharaoh, as the ruler of the land, or his representative priest, would make a commitment to respect the land and



**FOTOULA ADRIMI:** During ancient Egyptian times, “Life on Earth was an opportunity for spiritual expansion.”

honour its gift.

When I visited the ancient stone quarry at Gebel el Silsila, on the west bank of the Nile, I was struck by the feeling of peace and harmony that emanated from the site. Despite the continuous extraction of stone over hundreds of years, the land was serene.

An Egyptologist showed me the chambers of people who had been buried there, as this was a place of high vibration. In contrast, when I once visited a modern quarry, I found the energy to be discordant, and the spirits of the land were sad and angry.

### Energy technology

In constructing these magnificent structures, the engineers of Zep Tepi (a mythical period in ancient Egyptian cosmology) used advanced technology that worked harmoniously with the etheric energy of the cosmos, the prana or chi flowing to Earth.

Prana can be transformed into electrical power, and laser technology was used to cut the stones with precision accuracy. This Light and mind technology was combined with sacred sounds that raised the huge stones into the air and positioned them in exactly the right place.

Modern engineers such as Robert Bauval demonstrate that the pyramids and temples of Egypt could not have been constructed by unskilled slave labour.

These monuments, especially the pyramids, have been built with such refinement that defies current standards of engineering. Modern attempts to recreate the Great Pyramid using ancient and modern tools have failed.

In the excavation of a later workmen’s village located near the pyramids, detailed

records were found outlining the payments to workers, their days of work and accidents akin to the records of a modern construction site. These workmen were not unskilled slaves in fear for their life, pulling stones along trestles.

### The miracle of Giza

The pyramid complex of Giza is a remarkable example of sacred engineering involving mathematics, geo-astronomy and spiritual energy. It is an expression of the sacred science that was known and practised in those times.

The chief engineer had the title of Im-Hot-Tep, meaning “He who comes in peace.” This was not someone’s name, but our equivalent of a job title.

He who comes in peace is one who carries a high vibration of peace and brings peace on Earth. Thus, Im-Hot-Tep is a high adept.

Everyone who worked in the construction of the sacred sites was an initiate. They engaged in daily spiritual practices to harness and develop the enlightened qualities of harmony, peace and unconditional love that the sacred sites emanated.

Spirituality was a way of life and came before learning a trade. Each person’s work was viewed as sacred and an expression of their inner Light in the material world.

In subsequent centuries, such as the New Kingdom, and especially when the Greek Macedonians took over Egypt during the period of the Ptolemies, Im-Hot-Tep was identified as a person and elevated to a deity.

It is important to realise that the Greek conquerors had a different culture and understanding of the Divine. They saw God as a being outside of themselves.





*THE Precinct of Amun-Re as seen from the Sacred Lake at the Karnak Temple Complex. (Photo: Taranis-iuppiter)*

It was easy to imagine that an engineer who built the pyramids could be a semi-god, like the plethora of semi-gods in their own religion, whereas the ancient Egyptian adepts sought the Divine within themselves.

### *The sanctuary of absolute peace*

I have facilitated ceremonies and initiations in sacred sites in Egypt and in prehistoric sites around the world. During the ceremonial work, some people who are psychic see the Living Light emanating in different colours, as well as the beings of Light who are working with us.

Even people who are not clairvoyant experience an overwhelming sense of peace when they meditate there. For some, there is a feeling of coming home, of lightness, of being surrounded by love.

This is what the ancient Light engineers wished to achieve: places on Earth where the high vibrational energies could quieten the conditioned mind and allow the sacred heart to open and share its inner wisdom.

The sacred heart is not the heart we understand in our everyday life, a seat of passion and romance. The sacred heart is our heart chakra, the seat of the Divine and of inner wisdom in the body.

This sacred heart is all-knowing, recognises right from wrong, and has the power to keep us centred within the body and aligned with the cosmos at the same time. Consequently, when we engage in spiritual practice in sacred sites, we may receive insights about our personal life and life in general, and experience deep

healing.

In ancient Egypt, the teachings were taught on two levels:

- For those uninterested in pursuing spiritual learning in depth, the teachings provided a foundation, spiritual principles that formed part of the culture and way of life.

These principles were summarised in the Rule of Divine justice – treat everyone and everything with respect, honesty, humility and truth.

No matter a person's profession or place in society, all were encouraged to adhere to the rule and respect the sacred. A harmonious society and way of life could be maintained, and chaos averted.

- For those who wished to pursue spiritual teachings, numerous temples and temple complexes were created as part of the esoteric school. Initiations into the Living Light and teachings of the path of ascension were shared over many years.

People could live in the temples as priests or priestesses, known as "The Servants of the Place of Truth," or could live in their community and attend the temple several times per week for spiritual instruction.

For those who progressed on this path, the main initiations were held inside the Great Pyramid. This path was long and arduous. In taking spiritual initiation, initiates came face to face with all that needed to be healed within them.

The path of the Living Light spans lifetimes; it is not an instant fix. It will meet us repeatedly in different lives. We may have begun the path in ancient Egypt and find it again in this or another life. We may walk away from it and return to it in a different incarnation.

In the bigger picture, there is no time; we incarnate in different eras, in what we call the past or future, to evolve spiritually.

Based on our vibration at the time of death and our karma and spiritual understanding, a lifetime in a place where the path of the Living Light exists may open for us.

### *Three key themes*

- The Living Light is unconditional love. Awakening, we gradually become a being of unconditional love. This transformation takes place through a feeling of grace that is self-generated by the continual opening and activation of our heart-centre: the sacred heart that brings deep healing and inner transformation over time.

To describe this state, the ancient Egyptians used the analogy of a mother feeding her newborn baby. This feeling is not exclusive to nursing women; everyone has the potential to experience unconditional love.

When we awaken from the conditioning, we embody this state and become a being that expresses unconditional love for all.

- The Living Light is wisdom knowledge that is born from within. It is through

the awakening of the heart-centre that enlightenment and ascension are possible.

The sacred heart-centre is defined as the centre of our inner wisdom rather than of passion and romance. We experience these awakenings as “Aha” moments – instances of deep realisation that emerge from within.

Gradually, we reach a place where we truly know an aspect of spiritual truth, not through hearing it from a teacher or reading it in a book, but through self-discovery.

This is not a one-off experience. These awakening moments continue to be generated the more we walk the path.

- The Living Light is etheric cosmic energy transmitted to Earth from celestial portals of Light. Different constellations support the transference of the energy to Earth.

Aware of this, the ancient people orientated their monuments to particular stars and built the structures on sites that were conducive to the channelling of the high frequency of etheric Light.

Even though most cannot see these Light frequencies with the naked eye, our spiritual work helps us perceive and feel them in our body.

These harmonic vibrations instigate an inner awakening process. They create a sense of calmness and peace and aim to restore homeostasis in our body and mind. Increasingly, we stay

more centred and aligned with our Divine Self.

### *The creation of peace on Earth*

In the necropolises, the ancient Egyptians created places where people could experience the peace and Light that is potentially available during death.

To achieve this, they used sacred architecture and high vibrational etheric energy and opened portals of Light that may still be active today.

As already explained, Im-Hot-Tep was the job title given to the chief architect and engineer of these sites. These high initiates of Djehuti were master builders and adepts of spiritual knowledge; in order to create places of silence and peace, they had to be able to self-generate these states.

In many of the older pyramids there are empty sarcophagi. These pyramids are not tombs, as Egyptologists suggest; they are chambers of initiation and spiritual connection.

The sarcophagi are placed inside etheric

portals, each of which has a different purpose. The initiate would lie inside for a while with the lid slightly closed in order to expand their awareness, travel to alternate realities and enter higher states of consciousness.

One of these sarcophagi lies in the Necropolis of Sakkara, inside a pyramid built by the pharaoh Unas, who lived during the fifth dynasty.

A soul is able to experience the awakened consciousness when it exits the body during the death process, and the sarcophagus in the pyramid of Unas facilitates this experience for the living.

Like the ancient initiates, by lying down and meditating inside it, even distantly, we can open to the higher states of

consciousness we normally experience at physical death.

Sakkara was a place for the living to practise the spiritual arts and overcome the conditioning. It was a healing sanctuary where people stayed when they experienced illness.

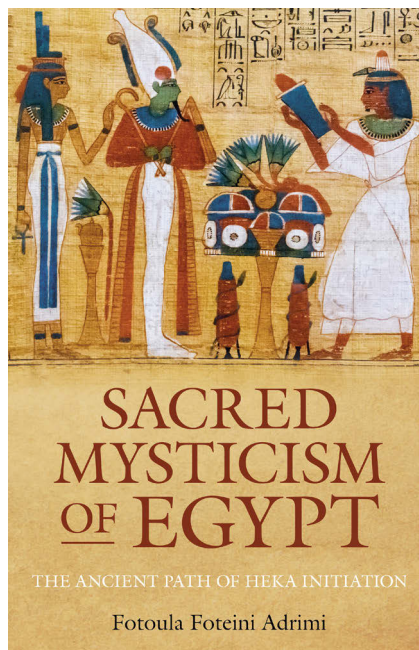
All types of physical, emotional and mental illnesses were successfully treated there through the holistic medicine of the healers, priesthood and physicians.

Most of the time, the energy was so high that people could not stay awake and fell into a deep sleep or trance. No hallucinogenic substances were used; the main medicine was the etheric energy.

Sakkara was also a cemetery. People wanted to be buried in this area of high vibrational Light to access the spirit realms more easily and capitalise on the potential that the death process offered them to awaken.

Unlike the foreboding atmosphere of some of our current cemeteries, the ancient Egyptian necropolis in Sakkara still emanates the energy of peace it was designed to convey.

*Published by O-Books, “Sacred Mysticism of Egypt” costs £17.99 and can be ordered online or from bookshops. An e-mail version is available at £8.99.*



THESE stone temples are next to the quarry at Gebel el Silsila near Aswan.  
(Photo: Einsamer Schütze)



# Chalk up a walk to soothe your soul

By Rowan Bailey



*For years, health experts have suggested that those able to do so should take 10,000 steps a day, though a recent study found that 7,000 will suffice.*

*If you need a helping hand – or rather foot – walk to the shops and buy Rowan Bailey's super new book "Walking for Mind, Body and Soul," which is subtitled, "How to Walk Your Way to Wellness."*

*Guiding readers through the physical, spiritual and sensory benefits of walking, Rowan's book is bursting with practical tips, insightful information and inspirational ideas. It includes charming photos and illustrations throughout, making it a beautiful gift for yourself or others.*

*In these carefully selected extracts, Rowan writes that on a spiritual level, "walking can be a meditative practice that grounds us and brings a sense of peace."*

WALKING is a humble yet profound activity that we often take for granted. We walk from here to there, without having to think about how we move around and usually without making the most of the journey, however short.

Taking a walk isn't just about putting one foot in front of the other; it opens the door to a magical world that exists in plain sight. A world that shows us what it means to be truly alive. One where time slows and our innerness

glows.

In the midst of our busy lives, walking is a precious gift. It offers us the chance to slow down, to breathe, to be present, and to reconnect with ourselves and our surroundings, helping us to understand that it truly is the journey that matters.

No two walks are ever the same. For not only do we find a new piece of ourselves in each step, but nature also unveils a piece of herself too. Through walking, we become attuned to the subtle nuances of the world around us, finding beauty in the simplest of moments.

Walking is not just exercise for the body – it's nourishment for the soul and the senses. Recognising the intrinsic connection between physical health and mental health underscores the significance of taking care of our bodies. When we do, we're investing in our future selves and the benefits are huge.

Not only are we likely to live longer, but it'll also be a healthier and happier life, where we feel strong, supple and resilient. Taking care of our body means our body can take care of us.

Walking provides a great general workout, exercising muscles all round the body. The steady act of putting one foot in front of the other, transferring our weight and swinging our arms as we propel our body forward can improve heart health, strengthen our bones, lower blood pressure, burn calories and boost immunity.

Walking regularly helps us to achieve all of that and gives so much more. So step outside and let the world be your gym, your sanctuary and your playground.

### Walking for the senses

Quite often, we walk to get to a destination. We walk with purpose, our mind on what's needed of us on arrival or cluttered by a time outside of the present – reflecting or ruminating on the past or planning and plotting the future. Yet, parallel to all that worrying, wondering and pondering, there's a riot of natural activity taking place all around us.

Stepping into the present and engaging all of our senses makes for a completely different walk. As we tune in, everything around us seems louder, brighter, tastier, more fragrant, more tactile somehow. The colours in feathers and flora, instead

of blended into the background, are unbelievably vibrant and bright.

Sounds which were muffled become clear for us to hear – the crunch of dried leaves underfoot reminding us of a time when we'd have rambunctiously kicked and played in them.

When we intentionally use our sense of smell, we're treated to freshly cut grass and heady floral scents.

If we know what to look for, we'll usually find snacks aplenty in hedgerows – from the sometimes sour taste of picked-too-early blackberries to juicy wild cherries.

As for touch, it's not something we

parts of the brain which regulate our emotions, known as the olfactory system. More than any of our other senses, smell evokes emotions and is most closely linked to our memories.

We once relied on it for survival – it played a key role in things like foraging and hunting, connection and communication.

Nowadays, it plays a crucial part in helping us to enjoy our food and is an amazing tool which can help us relieve stress, regulate our behaviour, promote healing, relaxation and comfort, and enrich our experiences.

### Walking for mental and spiritual well-being

Life can sometimes wear us out and weigh us down, taking a toll on how we feel about ourselves. When the mental, emotional and physical burdens become too heavy to carry, we can find ourselves struggling to keep on keeping on.

Everyone feels this way from time to time, but sometimes it's for a prolonged period, and we start to experience prevalent low mood and symptoms of depression and anxiety, which can feel scary and unsettling.

We all deserve a life that lights us up: one where we look ahead and feel excited about what's to come; a life that's not just full of trouble and strife, but that has lots of moments of reprieve and many jots of joy.

Day-to-day, it's all too easy to get caught up in the hullabaloo. We think that by giving more and doing more, we'll get more and be more. On the contrary, it's in the moments we step away from it all that the magic occurs: the healing, emoting, solution-finding and self-care.

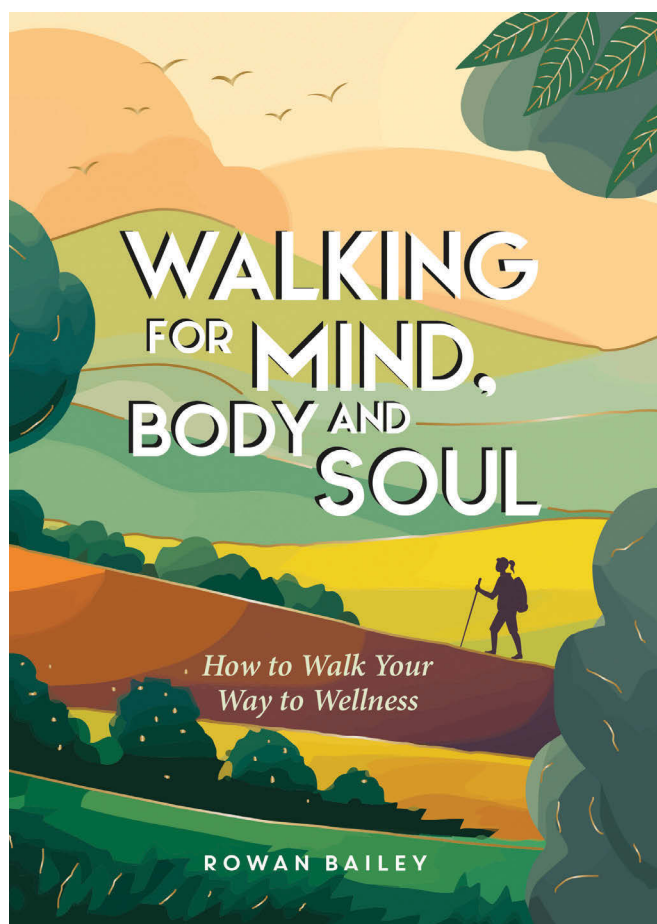
That's what walking gives us, and so much more. Whether it's a brisk

or gentle walk, for ten minutes or three hours, in the wilderness or through city streets, we get the chance to tune out of the humdrum and tune inward.

Walking allows us to connect deeply with our thoughts and feelings. Each step provides an opportunity to reflect, process emotions and gain new perspectives, which can alleviate anxiety and lift our mood.

On a spiritual level, walking can be a meditative practice that grounds us and brings a sense of peace. As we move through our surroundings, we become more mindful of our interconnectedness to the world around us and its beauty.

This mindfulness enhances our overall sense of spiritual well-being. A seemingly



necessarily consider when we're on a walk but it's undoubtedly there, such as the gentle tickle of a gust of wind or the cold sting of hail.

It is by tapping into our senses – smell, sound, touch, sight and even taste – that we can enjoy our surroundings in a new and wondrous way. In taking note, we become better connected with nature and ourselves. By bringing our focus to the moment, we're treated to an exquisite tapestry we could very easily have missed.

### Walking and your senses: smell

Our sense of smell is rather special because it is directly connected with the





OUR sense of smell is “an amazing tool which can help us relieve stress, regulate our behaviour, promote healing, relaxation and comfort, and enrich our experiences.”

ordinary walk can lead us to extraordinary places within ourselves.

### The steps of self-care

Walking is a gentle yet powerfully holistic act of self-care which nurtures our well-being on every level: physically, emotionally, mentally and spiritually. It really is as simple as putting one foot in front of the other as we follow a beaten or unbeaten track.

When life gets on top of us and we find our mental health spiralling downward, taking a walk is an accessible act of self-care which can foster a sense of accomplishment, as well as cultivating a sense of balance and strength. The interconnectedness with nature helps us to feel rooted and grounded within ourselves and the world at large.

As we walk, we get the chance to press pause on the world around us and take a respite from the chaos, expectations and burdens of daily life. The movement of our body helps to dissipate tension, stress and worry. The rhythm of those movements helps to still the chatter in our mind, affording us much-needed quietude.

### Meditate on the move

Life can be all hustle and bustle. Finding moments when our mind can “rest” is more important now than ever before. A mindful walk is meditation in motion – it’s a way

to feel grounded and calm. Since the focus is on walking itself, this is a mindfulness practice that can be done anywhere.

You can start with a walk as short as ten minutes and build up. During any meditation, it’s normal for the mind to wander.

When we keep bringing our mind back to the present moment, we strengthen our meditation muscles; much of the work is in the “noticing.” The more we practise mindfulness, the more easily we can access it throughout the day.

### How to do a meditative walk

1. Begin your walk, taking care to remove any distractions. As you take each step, focus your attention on the sensations you feel – the movement of your feet, the roll of your hips, the way your body shifts and moves, and the contact with the ground beneath you.
2. Settle into a confident yet steady pace, tuning into the rhythm of your body moving.
3. When your mind wanders, gently bring it back to the present moment – to your senses and sensations.
4. Be kind and gentle with yourself as you keep returning to the awareness of how it feels to be walking.
5. Notice how much calmer you feel once you have finished your walk.

### Rub those worries away

For centuries, people have been using smooth oval-shaped stones with a dipped curve “thumb indent” (think ever-so-slight bowl shape) to help ease their worries.

They do so by rubbing the stone between their finger and thumb or by fidgeting with it when they feel overwhelmed. Much in the same way we’d use a fidget toy, these worry stones offer a simple yet effective way to soothe us and are a great stimming tool.

Often made from crystals or gemstones, anything that’s of a similar shape or size counts, as long as it has a smooth and tactile surface.

Traditionally, these stones have been worn smooth by bodies of water, so look for them as you walk along the shoreline of a beach or scattered along a riverbank. Choose a stone which fits comfortably in the palm of your hand, and that feels pleasing to touch and toy with.

Having a worry stone can improve focus, aid feelings of security, and ease anxiety and worry, as well as bringing a sense of comfort and calm. Next time you’re out walking, keep an eye out for the perfect stone. Carry it with you to augment the calming effect of your walk.

**A 160-page hardcover published by Vie Books, “Walking for Mind, Body and Soul” costs £12.99. A Kindle edition is available at £5.99.**

# SUDOKU COMPETITION

This month we have copies of Rebecca Campbell and illustrator Katie-Louise's deck titled *The Inner Temple Oracle* as prizes for five lucky winners.

The publisher writes: "Too often in our busy modern lives we look outside ourselves for guidance, but there's a portal of peace and wisdom that has always been waiting deep within you – your Inner Temple.

"It's a place of rest, of healing, of creativity and somewhere you can always go to receive answers to your questions.

"*The Inner Temple Oracle* will support you to reconnect with this portal and develop a deep relationship with the wisdom of your soul. As you work with its four unique suits, you will become clear on what is true for you and receive guidance on the next grounded action you should take.

- Chambers cards open doorways to healing and inspiration
- Activation cards activate energetic imprints and new possibilities
- Soul Inquiry cards help you hear the whispers of your soul
- Polarities or 'Flipped' cards empower you to tune in to your own truth

"With its unique box design featuring a fold-out stand to display your chosen card, and stunning artwork, this beautiful deck will help you attune to your inner guidance and trust that your soul knows the way."

For your chance to win one of the decks, complete the sudoku puzzle and email the numbers which appear in the shaded centre row, from left to right, along with your name and address to:

[pntemp12@gmail.com](mailto:pntemp12@gmail.com)

Or post your entry to:

Psychic Press Ltd, (Competition), 124 City Road, London, EC1V 2NX



The closing date for entries is 8<sup>th</sup> November 2025

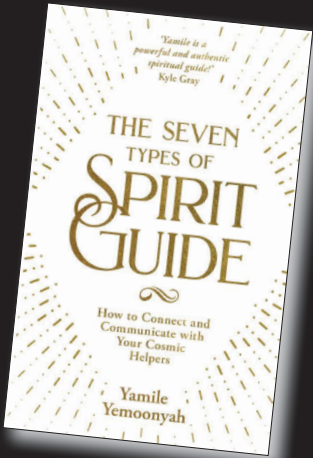
9				7	6	4		
	4		2	9	5			
6	5			1			3	
	2		7			3		6
		6				1		
1		3			2		8	
	3			6			9	4
			9	2	7		1	
		1	4	5				8

How to solve sudoku: Place a number from 1-9 in each empty cell so that each row, each column and each 3x3 block contains all the numbers from 1-9.

## WINNERS

The winners of the JUNE 2025 sudoku competition are:

- Liz Capuano, Surrey  
Carole Pepperell, Norfolk  
Maria Hainey, Scotland  
Kathryn Edmonds, West Yorkshire  
Mrs Sylvia Ashman, Herefordshire



The winning numbers are: 581 294 376

Each winner receives a copy of Yamile Yemoonyah's book *The Seven Types of Spirit Guide*

For further details of Yamile's work, visit:  
[www.yemoonyah.com](http://www.yemoonyah.com)





# Your paranormal and spiritual questions answered

BY GRAHAM JENNINGS

## Breathlessness brings state of bliss

*Is there a spiritual phenomenon that the saints of the various religions have in common? – Ray Martins.*

Yes, it is breathlessness, or the suspension of breath, which brings about a state of bliss, heightened awareness and expanded consciousness.

It occurs naturally in deep meditation when the mind is calm and still for a prolonged period of time. In this state the body does not require oxygen.

The Hindu scriptures describe specific techniques for achieving this breathlessness state. They describe it as the necessary way to become enlightened, but individuals in other religions have attained this by other means.

The term “enlightenment” means the realisation that the individual soul and God are one and the same, and that consequently, there is no separation. All is One.

In *Autobiography of a Yogi* (1946) Paramahansa Yogananda writes: “The Hindu scriptures extol the yogic science (of breath) because it is employable by mankind in general.

“The mystery of breath, it is true, has occasionally been solved without the use of formal yoga techniques, as in the case of non-Hindu mystics who possessed transcendent powers of devotion to the Lord.”

For Hindus the aim of life has always been to achieve enlightenment, known as moksha, which also means liberation from the cycle of birth and death.

Yogananda adds that it is the necessary first step known as “savikalpa samadhi” without which no man has entered the first stages of God-perception.

According to the Hindu *Bhagavad Gita* (*The Song of God*), some “offer as a sacrifice the outgoing breath into the incoming, and the incoming into the outgoing, thus restraining the flow of the outgoing and incoming breaths, and being solely absorbed in the restraint of the breath.”

The Hebrew prophets of biblical times realised that breath is the subtle link between body and soul. Genesis, 2:7



*HINDU scriptures describe specific techniques for achieving the state of breathlessness.*

states, “The Lord God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being.”

They realised that achieving the suspension of breath frees the soul from the body to seek union with the universal soul, which is God.

A glance at different religions shows that there is remarkable similarity in their aims and ultimate goal. Among Christians who attained enlightenment are Roman Catholic German mystic Therese Neumann (whom Yogananda met in person) and Teresa of Avila, a Carmelite nun and prominent Spanish mystic and religious reformer.

In Buddhism there are numerous Buddhas or Bodhisattvas who achieved nirvana or satori, the ultimate state of awakening. Like the Hindus, it means liberation from the cycle of birth, death

and rebirth, also known as samsara.

In Taoism, enlightenment is called wuwei. It means effortless action and being in harmony with the Tao, the universal force that embodies all creation.

In Sikhism, it is termed jivan mukti, the highest spiritual state of being. The mukti is a particle of the Supreme Soul. The aim of Sikhism is to transcend the ego and experience the ultimate reality of oneness with God.

In Sufism, or Islamic mysticism, unity with Allah is called tawhid. Allah is the only reality and all else is illusion. The Sufi therefore seeks to overcome the ego and merge with Allah.

For those who have achieved enlightenment by whatever means, there are no longer any exclusives or sense of separation: there is only the ultimate reality which is God.

# Medium Michaela was mauled on safari by gorilla

*As a boy I remember watching a TV series called "Armand and Michaela Denis on Safari." How did Michaela become a well-known Spiritualist? – Gareth Simpson.*

Michaela Denis and her husband Armand were pioneers of wildlife films and television. Their only rivals at that time were Walt Disney with *True Life Adventures* and David Attenborough's *Zoo Quest*.

When their television series in the 1950s and early 60s made them household names, viewers had no idea that Michaela was a trance medium and healer.

Interviewed in 1982, well after her wildlife days had ended, Lady Michaela Denis Lindsay, better known simply as Michaela Denis, told *Psychic News*:

"I don't remember actually becoming psychic. I always saw spirit beings as a child and thought other children did too. I used to wonder why my friends ignored them, but of course they could not see them. I was the only one who could.

"Animals were also part of my psychic world. Lots of cats and birds would come into my garden... If I sit quietly, I can get birds to come and eat out of my hand."

She was born Michaela Holdsworth in London on August 28, 1914. Three months later, her Yorkshire father was killed in the First World War. Michaela was brought up by her Russian mother and grandmother.

She trained as a fashion designer and worked in New York before meeting Armand Denis, an Anglo-Belgian seventeen years her senior.

"I found that what he was doing (making films) was far more interesting, so joined his expedition instead," said Michaela. "We were married in 1948 during a film-making trip to La Paz, Bolivia."

Two years later, Michaela doubled for Deborah Kerr in *King Solomon's Mines* before appearing in *Below the Sahara* (1954) while Denis worked the camera. Then they made *Filming Wild Animals* (1955) for BBC television.

More TV series followed with *Michaela and Armand Denis on Safari* (1957-59) and *Safari to Asia* (1959-61). The couple also filmed in South America, Australia and New Guinea. Michaela wrote books, including *Leopard in My Lap* (1957) and *Ride on a Rhino* (1960).

On TV, Michaela always maintained a camera-friendly appearance with neatly combed blonde hair, eye-pencilled eyebrows, khaki shirts and men's trousers.



**WITH their pioneering wildlife work, Michaela and Armand Denis brought jungles and other far away areas into people's homes via TV. (Photo: Jack de Nijs/Anefo)**

However, animals they filmed weren't always friendly. Michaela was charged by a hippopotamus, mauled by a gorilla, bitten by a baboon and half-strangled by a python.

Armand retired to Nairobi, Kenya and passed from Parkinson's disease on April 15, 1971, aged 74. He entered the spirit world at 3.40 in the morning. Exactly one week later, at 3.40 am all the clocks stopped in their Kenyan home.

Six days after his passing, Armand communicated through direct voice medium Leslie Flint, giving messages for Michaela and two friends.

Devoted to each other as they were, Michaela refused to hold a funeral service for Armand, saying that such ceremonies were "dreary instead of being hopeful."

Four years later, she married Sir William O'Brian Lindsay, the former Chief Justice of Sudan. Sadly, he passed three months later. Sir William also made spirit returns.

Michaela made Nairobi her home and held a healing clinic where people from all ethnicities were welcome. She also kept a home in Ealing, West London, where she returned once a year and enjoyed attending *Psychic News'* annual dinner-dances immensely during her trips to the UK.

Of her Monday healing clinic, Michaela said: "I charge no fees and accept no donations. It is not that I mind people taking money, especially if they have given up a full-time job to become a healer, but if I can manage without charging, I would rather do that."

Clairvoyant and clairaudient, Michaela's

spirit guide was Chamga. "If I know I have something of vital importance to say, I must pass it on," she said. "This can happen even if I do not know the other person well. I hear an insistent voice in my ear.

"With healing, there has been a 90 per cent success rate. I can relieve pain and sometimes work in the intensive care unit at our local hospital. I have treated slipped discs and arthritic conditions successfully, among other illnesses.

"It is more difficult to work with patients who are mentally distressed. You have to spend a lot of time with them in order to find out what it is which is causing the disturbance.

"People deal with stress in different ways. We live in a stressful society and have not evolved quickly enough to keep pace with our environment. I find it very sad that people are now beginning to become half-brothers to computers!"

Michaela added: "Some things in life are unbearable, but I do not either believe in or encourage self-pity. There are people who think of unhappiness as a commodity..."

"Worries become an addictive drug: the more you worry, the more you want to. When there is nothing to worry about, you think it's too good to last. So that is not satisfactory either.

"I believe people should not be too analytical about their situation. The spiritual side of life is the only thing which will carry us safely through this century."

Michaela made what she said would be her last safari after passing to the Higher Life on May 4, 2003. She was 88 years old.



# Soldiers' passings are seen in dreams

**Which medium was once hailed as the greatest leader of the American Spiritualist movement? – Peter O'Brien.**

This was Arthur Ford, who was born into a Southern Baptist family on January 8, 1896, in Titusville, Florida, the second eldest of four children.

He was unaware of his psychic gifts until being commissioned in the army in the First World War. Towards the end of 1918, the influenza epidemic swept across America, eventually claiming the earthly lives of half a million people.

Ford began to dream the names of those about to die and their names appeared on the next day's death lists. Then he dreamt of those about to fall in combat and sure enough, their names appeared in the newspaper casualty lists.

He discovered that an aunt in the family had been a medium. Mere mention of his psychic ability was enough to have him expelled from the Baptists for heresy!

Later, Ford became an ordained minister of a sect called the Disciples of Christ. He also joined a home circle, but was overwhelmed by spirit voices.

Then an Indian swami taught him how to go into trance and remain in control. In 1924 a spirit guide named Fletcher appeared and remained with him for life.

Fletcher was a French-Canadian boyhood friend of Ford's and had been killed in action during the war. Ford checked the details Fletcher gave and found them correct.

Ford communicated with him by tying a black silk handkerchief over his eyes and going into trance. He was unaware of his vocal cords being used and could never remember what was said.

For a while Ford remained an ordained minister while giving demonstrations of mediumship. He came to England in 1927 and was heard by Sir Arthur Conan Doyle, who said the next day, "One of the most amazing things I have ever seen in 41 years' psychic experience was Arthur Ford's demonstration."

Doyle urged him to become a professional medium. Soon Ford was demonstrating all over the world.

The press called him the "international ambassador of Spiritualism."

In 1929, Ford gave several sittings to Beatrice Houdini, the widow of magician and escapologist Harry Houdini. He gave her the prearranged survival-proving code the Houdinis had agreed upon.

Beatrice signed a sworn statement that it was correct. She later prevaricated, but never denied it altogether.

A year later, Ford was in a car accident and suffered serious internal injuries, a broken jaw and crushed ribs. His doctor discovered Ford had out-of-body experiences while being treated with morphine. Curious, he gave him more and more until he became addicted.

Ford also drank to overcome sleeplessness and in time became an alcoholic, an addiction he never completely overcame.

In 1936, he left the National Spiritualist Association because it could not accept reincarnation. He founded the International General Assembly of Spiritualists of which he became President.

In 1949, Ford suffered recurring illnesses and physical breakdown, and was hospitalised. In a year or two he resumed his mediumistic work and began demonstrating to the congregations of mainstream churches.

As Arthur saw it, "My main goal in life is to bring psychic phenomena back to the Church where it started in the first place." He described himself as "Still a preacher, preaching to preachers."

In 1956, he was one of the founders of America's Spiritual Frontiers Fellowship. This organisation, which brings psychic knowledge to orthodox religious people, has thrived ever since mainly because Arthur's mediumship and oratory were at its disposal.

Ford was aged 71 when he conducted his most famous séance with Bishop James Pike. It was held in Toronto, Canada, in

September 1967 and televised.

It rightly caused a sensation, both for the content of his messages and because the bishop bravely testified that his "dead" son Jim and others gave outstanding survival evidence.

No sooner was Ford entranced than Fletcher began a stream of evidence. He described the spirit presence of two people who had come because the bishop was there. One was Jim, whose suicide the previous year started Pike's psychic quest.

The result of this séance brought Ford over 12,000 letters in a month. He had to engage typists to answer them. Three years later he was still receiving about 200 letters a week.

Singer William Luce, a close friend of Ford during the later years of his life, was probably the last person to receive communication from his famous guide Fletcher.

Luce was with Ford at his Miami home. It was on December 11, 1970. Ford had been ill and was resting when Fletcher took control. Fortunately, Luce had his small tape



**MEDIUM** Arthur Ford dreamt the names of those about to die on battlefields.

recorder on hand.

Fletcher foretold Ford's imminent passing. Then he began to speak of a successor to Ford, one who would take over his work and present it in a different way.

He promised that in the new manifestations "my mind, my spirit, my dream would be intertwined and intermingled in such a way that new material would be brought through."

Fletcher, he said, as the guiding personality, would cease to function by that name. Rather, there would be a group effort in which Fletcher would have a part.

Arthur Ford passed in hospital from cardiac arrest on January 4, 1971. His last words were, "God help me."

*Writing as Graham Adrian, Graham Jennings is the author of the historical novel "Two Sisters," a spiritual romance set in this world and the next. Graham is also co-author of the non-fiction "Ghosts of War." Both are published by Local Legend and available worldwide. See <https://local-legend.co.uk>*

# NEVER MISS AN ISSUE OF PSYCHIC NEWS MAGAZINE

Subscribe direct and enjoy the luxury of having the magazine delivered to your home every month

Subscribe direct by phone: 01376 563091

Or at our new website address: [www.psychicnews.uk](http://www.psychicnews.uk)

By post: Please send your details or the form below with payment to our new address:  
Psychic Press Ltd, 124 City Road, London EC1V 2NX

Please send me a Postal Subscription  
to *Psychic News* for (please tick box):

## UNITED KINGDOM

6 months = £32 ☐

1 year = £59 ☐

## EUROPE

6 months = £49 ☐

1 year = £89 ☐

## OVERSEAS OUTSIDE EUROPE

6 months = £55 ☐

1 year = £99 ☐

## YOUR DETAILS

Name .....

Address .....

.....

.....

..... Postcode .....

Telephone No .....

Email address.....

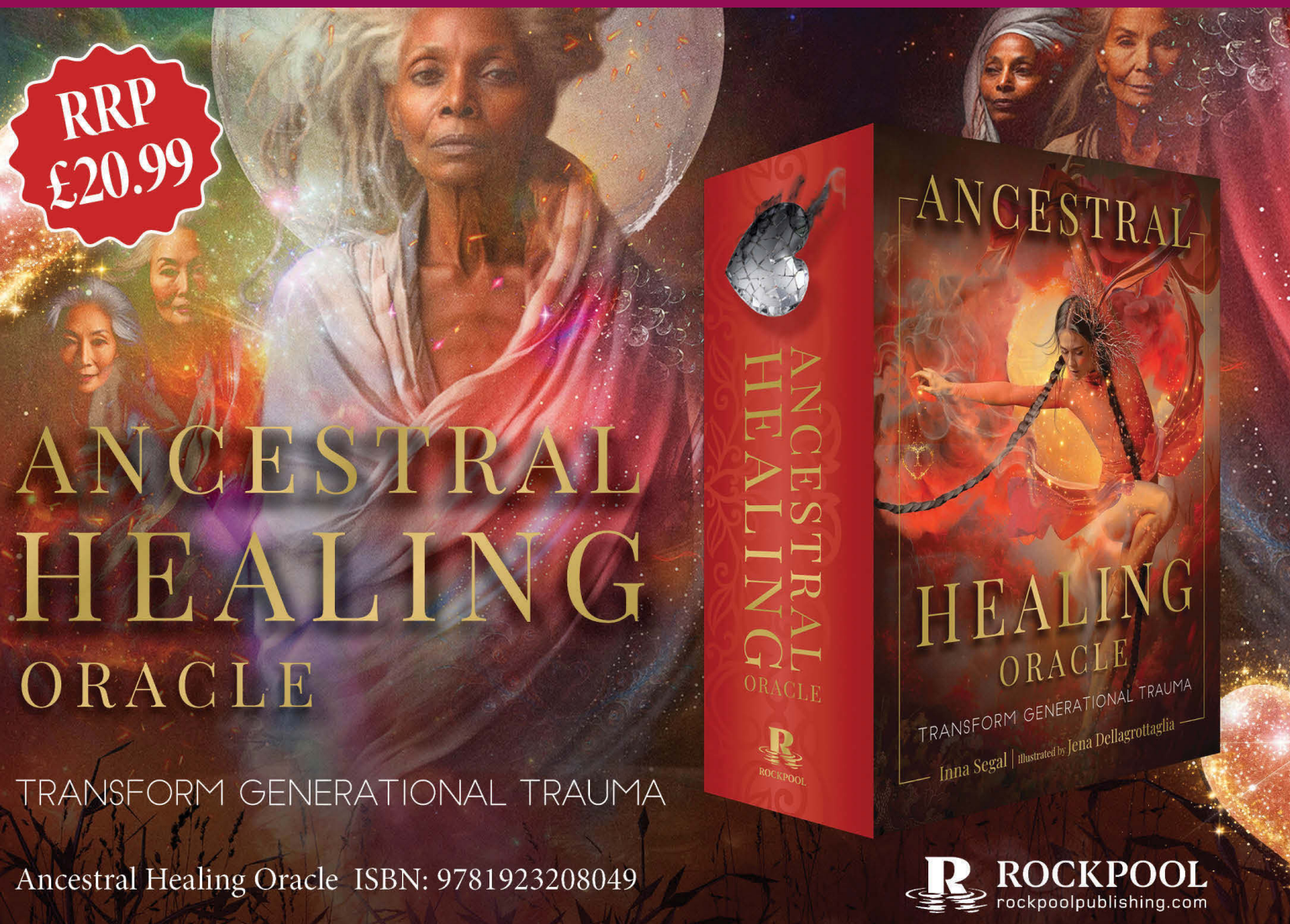
I enclose a cheque for £ ..... payable to Psychic Press Ltd

Or please charge my card: £ .....

Card No .....

Expiry Date .....

Sec. No (last 3 numbers on reverse) .....



RRP  
£20.99

# ANCESTRAL HEALING ORACLE

TRANSFORM GENERATIONAL TRAUMA

Ancestral Healing Oracle ISBN: 9781923208049

**ROCKPOOL**  
rockpoolpublishing.com

The advertisement features a large, ethereal illustration of an elderly woman with long white hair, wearing a pink robe, with her hands raised in a gesture of healing. She is surrounded by a soft, glowing light. In the background, other faces are visible, suggesting a connection to ancestors. The overall color palette is warm, with pinks, oranges, and yellows. The text is in a serif font, with the title in large, bold letters. The Rockpool logo is in the bottom right corner.





THE talking mongoose attracted the attention of leading psychic researchers. (Image: John West)

# Talking mongoose case causes controversy

By John West

IN September 1931, the remote farmhouse of Doarlish Cashen nestled in the windswept hills of the Isle of Man – a place known for its Celtic folklore and superstitions – became the setting for one of Britain's strangest ghost stories.

The house was home to James Irving, his wife Margaret and their thirteen-year-old daughter Voirrey. James was a retired businessman, who bought the farm in 1916.

Margaret was a few years younger than her husband. Although intelligent, Voirrey was considered a quiet girl, who did not make friends easily.

It all began when the family saw a strange-looking, yellow-coloured animal in the farmyard. It resembled a weasel, with a long bushy tail and flat nose. Oddly, the chickens

did not appear concerned by its sudden appearance.

Soon after, the family began to be disturbed by the sounds of an animal scurrying beneath the floorboards or behind the walls. Barking, spitting and growling noises were also heard.

Curious, James decided to make some animal sounds to see if the creature would respond. To his surprise, it did, first by mimicking his noises, then by imitating the calls of local birds.

By December, the uncanny escalation took

a surreal turn: the creature began to sing and speak, repeating songs, hymns and nursery rhymes in a voice described as high-pitched and squeaky. At first, the family referred to the animal as Jack, but the creature said it preferred the name Gef (pronounced Geoff).

The story soon reached the press. In January 1932, a reporter from the *Manchester Daily Dispatch* visited the farm and was told by James Irving that he didn't consider the events at the farm to be supernatural in origin.

Irving believed they were dealing with an animal. The reporter wrote about the affair in the newspaper and confirmed that he also heard the voice. However, he was sceptical and believed that Voirrey was "a natural ventriloquist."

A friend of James contacted Harry Price, the noted paranormal investigator, to see if he would visit the farm. Price declined due to prior commitments, but agreed to send a colleague, Captain Harold Dennis, to investigate.

Dennis arrived at the farm on February 26, 1932, and interviewed the family. Gef remained silent until Dennis was about to leave, at which point he heard a voice call out: "Go away! Who is that man?" This was followed by muttering sounds.

The next day, Dennis returned to the farm. Nothing happened until they were having tea. Suddenly, a packing-case needle flew into the room and hit a teapot. Dennis was told that Gef was always throwing things about.

Later, a stream of water ran from a hole in the wall. James explained that was Gef "performing his natural functions."

That evening, Gef began to speak to Margaret and Voirrey while they were upstairs. Dennis, who was downstairs, called out to Gef, who replied, "No, I don't mean to stay long, as I don't like you."

Dennis tried to sneak upstairs to catch a glimpse of the elusive voice's source, but slipped on the worn wooden steps. Gef cried, "He is coming!" After that, he remained silent.

On another visit, Dennis heard loud bangs, knocks and shrill screams coming from all parts of the house in quick succession. He also heard Gef calling out from behind some panelling.

Another visitor to the farmhouse was Charles Morrison, a friend of the family. He heard Gef's high-pitched voice calling out "Charles, Charles, Chuck, Chuck" from

behind the matchboarding.

James then said that Arthur, Charles' son, was coming to visit. This displeased Gef, who shouted: "Tell Arthur not to come. He doesn't believe."

"I won't speak if he does come. I'll blow his brains out with a thrupenny cartridge," a strangely specific threat which suggested a curiously old-fashioned sense of humour or menace.

When Arthur visited the farm, Gef announced himself as an earthbound spirit and said he had changed his mind about blowing Arthur's brains out, as he liked

which she called "Gef's sanctum." He would bounce a ball in time to music, move chairs, strike matches and rummage through drawers. He even began killing rabbits and leaving them outside as gifts for the family.

The creature requested food, his favourites being bacon, sausages, bananas, biscuits and chocolate. The food was placed in a saucer hanging from the ceiling. As soon as the family turned away, the food would vanish.

Gef claimed to act as a sort of guardian for the Irvings. He said that if they were kind to him, he would bring them good luck. If they were not kind, he threatened to kill all their poultry.

He would let them know if someone was approaching the house or if an unfamiliar dog was nearby. He also threatened to attack anyone who got too close to Voirrey.

If someone forgot to put out the fire at night, Gef said he would go down and shut off the stove himself.

He would wake the family if they overslept and even took it upon himself to deal with mice, saying he acted like a cat, although he admitted he preferred to scare them off rather than kill them.

Gef often accompanied the Irvings on their trips to the market, though never walked beside them. Instead, he kept to the other side of the hedges, chattering non-stop. He would also sing in Spanish, recite lines from a Welsh poem and even speak in Yiddish.

The creature began to make bizarre claims about his origins. Once, he said he was the ghost of a weasel who would haunt the family with weird noises and clanking chains.

Another time, Gef claimed to be an "extra, extra clever mongoose" born in Delhi in the 19th century. On another occasion, he declared himself to be "the eighth wonder of the world."

At one point, he boasted that the family would never discover his true identity and even claimed he could split the atom. He once said: "I am a freak. I have hands and I have feet, and if you saw me you'd faint: you'd be petrified, mummified, turned to stone or a pillar of salt!"

Gef was rarely seen, but the Irvings claimed to have caught glimpses of him running about the farmhouse. Several photos were taken of the animal sitting on a fence, but they were too indistinct to be of much value.

Around the same time, two local boys – Will Cubbon and Harry Hall – said they spotted Gef in the yard. According to them, the creature was yellow in colour



*Doarlish Cashen, the farmstead, and Voirrey Irving.*

## CLUE TO MYSTERY OF "TALKING" WEASEL.

### Schoolgirl May Have Powers of Ventriloquism.

FROM OUR OWN REPORTER.

PEEL (Isle of Man), Monday.  
DOES the solution of the mystery of the "man-weasel" of Doarlish Cashen lie in the dual personality of the 13-year-old girl, Voirrey Irving?  
That is the question that leaps to my mind after hearing the piercing and uncanny voice attributed to the elusive little yellow beast with a weasel's body.

FLASHBACK to 1932 when the *"Manchester Daily Dispatch"* featured the mongoose.

him. However, he also threatened to keep him awake at night because he was "a doubter."

That night, Arthur reported that while he was sleeping in one of the bedrooms, he heard something moving underneath his bed. Looking below, he saw a pair of eyes staring back at him smaller than a cat.

A voice then said: "Now do you believe? Don't you dare upset Jimo (James Irving) with any sceptical remarks." As Gef said this, Arthur heard a spitting sound. True to his word, Gef kept Arthur awake all night by making animal sounds as he tried to sleep.

Gef had apparently taken up residence in a wooden box in Voirrey's bedroom,



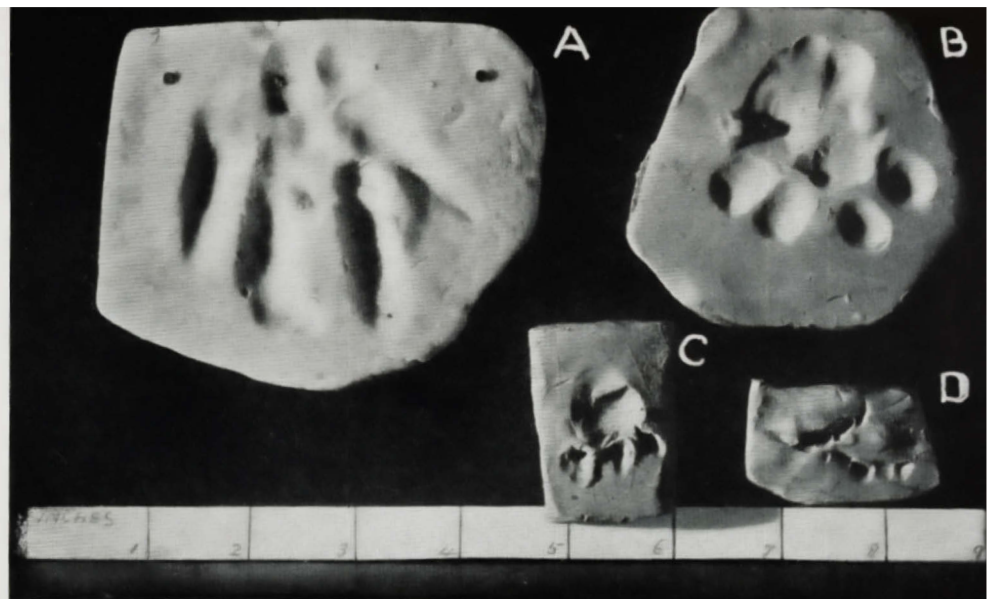
A—right fore paw with ‘fingers’ extended

B—right fore paw with ‘fingers’ in normal position

C—hind paw

D—teeth marks (upper jaw, two sets)

A represents an impression in dough; the remainder are imprints in plasticine



ALLEGED FOOT TRACKS AND TEETH MARKS OF GEF

**EXPERTS** at London Zoo were sent casts of the creature's teeth and footprints.

and had a distinctive black spot on its tail.

Gef allowed Margaret to touch him through a slit in Voirrey's room. She felt a small paw with three fingers and a thumb. On another occasion, she felt sharp teeth in his mouth. Accidentally drawing blood, Gef told her to put ointment on it.

Sometimes Gef would hitch a ride on a bus into Peel and eavesdrop on passengers' conversations. He would then repeat these to the Irvings.

One driver was shocked when James described the contents of his home, including rooms not visible from any window. Apparently, Gef had sneaked into his house for a peek.

In March 1935, Gef left some of his hair for the family. James posted it to Harry Price, who sent it to the naturalist F. Martin

Duncan.

Price was told that the hair came from a dog. The hair, slightly curly and fawn in colour, appeared to match the Irvings' family dog, Mona. In July, Price decided to visit the farm.

With him was Richard Lambert, the editor of *The Listener* magazine. Gef declined to appear. Casts of Gef's teeth and footprints were sent to the London Zoo.

Experts there could not match them to any known animal, but said the prints showed none of the textures and folds you would expect to find on a real animal's skin. Price had also secretly taken samples of Mona's hair: they were a match with the hair attributed to Gef.

Price noted that the farmhouse had double walls of wooden panelling covering the interior rooms of the old stone structure. This, he believed, made "the whole house one great speaking-tube, with walls like soundboards."

The researcher was unimpressed by the whole affair. Nevertheless, he and Richard Lambert published an account of the haunting in 1936, *The Haunting of Cashen's Gap*. They treated the story with seriousness, though stopped short of claiming the events were genuine.

When Price later mentioned the case in *Poltergeist Over England*, he briefly dismissed it as "the talking mongoose case that I investigated with negative results."

Nandor Fodor, a member of the International Institute for Psychical Research, visited the farm and was convinced that Gef was "a split-off part" of James Irving's personality.

Fodor believed poltergeist activity could stem from repressed emotions or psychological trauma – a view echoed by modern parapsychologists.

In his view, Gef might have been a projection of Irving's frustrations or subconscious desires, possibly triggered by the isolation and routine of rural life.

As time went on, Gef became less active. James Irving died in 1945. The Irvings' elder daughter, Elsie, a sceptic, returned home to care for her father during his final illness.

At the moment of his death, Elsie saw a branch used to sweep the fireplace begin to move on its own. It suddenly stopped when James died.

Margaret and Voirrey put the farm up for sale. In 1947, the new owner claimed to have shot and killed a weasel-like creature. Voirrey was shown a photograph of the dead animal, but said it did not look like Gef. The farmhouse was later demolished.

So what was Gef? Some, like the newspaper reporter, suspected it was a hoax orchestrated by Voirrey. However, Gef was also heard when Voirrey was not present.

On his second visit to the farm on May 19, Captain Dennis heard Gef commenting on his clothes. The voice appeared to come from behind the wainscoting in the front room. Mr and Mrs Irving were present, and Voirrey was in the farmyard feeding chickens.

Was it a hoax carried out by a lonely schoolgirl? Possibly, but I'm struck by certain aspects of the case that resemble a classic poltergeist haunting.

First, we have a girl entering puberty



VOIRREY IRVING: "It was not a hoax." (File photo)

who was highly intelligent but a loner. She was living in a remote farmhouse with little to do.

Second, the haunting began with animal-like sounds – grunts and barks – but soon evolved into a human-sounding voice capable of holding conversations.

This is classic poltergeist behaviour which is eerily similar to cases like the Enfield poltergeist in North London or the Bell Witch case in America.

Poltergeists are also known to be tricksters who often take on forms the witnesses expect. From the start, the Irvings were convinced Gef was an animal. He also indulged in another poltergeist trademark – throwing stones and hurling household items around.

Poltergeists typically attach themselves to one person and appear in households with underlying tensions. James Irving was known to be a dominant personality.

How much Voirrey resented this is unknown, but her boredom and emotional changes during puberty could have made the house fertile ground for a haunting.

Alternatively, was James Irving the focus, as Fodor believed? Poltergeists can also attach themselves to older individuals. Early in the haunting, Gef pleaded: “Oh let me go, Jim. Let me go.” Was he somehow preventing Gef from leaving?

Harry Price noted that Irving was extremely possessive of Voirrey. Once, when Price asked to take Voirrey for a drive to discuss Gef, her father became angry and said he should look for another girl elsewhere. One is immediately reminded of Gef’s own threats against anyone who dared get too close to Voirrey.

Fodor also mentioned Irving’s “jealous possessive instincts.” Was Gef the manifestation of Irving’s desire to control Voirrey... and was that jealousy a symptom

of something more sinister?

However, it should be noted that the farm had a reputation for being haunted before the Irvings moved in. Once, Gef claimed to have been at the farm long before he made himself known and said, “I tried to talk, but couldn’t until you taught me.”

When James Irving bought the property, he was surprised when workmen refused to stay overnight, claiming to hear strange noises and to sense something uncanny.

There was also a story about men unearthing a funerary urn containing black ash. They reburied it in a hedge-bank.

Years later, a man hunting rabbits saw one bolt into the hedge. He began pulling away stones and soil, but was twice pushed back by an invisible force and fled in terror.

Voirrey died in 2005. She always maintained that she had not created Gef. In a 1970 interview, she spoke about Gef without fondness, saying that as a shy girl she had been forced to meet people she didn’t want to.

She also described the stress she suffered, having been dubbed the “spook” by other children. Voirrey also blamed Gef for her failure to marry, saying, “How could I tell a man’s family about what happened?”

When asked if it had all been a hoax, she replied: “It was not a hoax and I wish it had never happened. If my mother and I had our way, we never would have told anybody about it.

“Father was sort of wrapped up in it. It was such a wonderful phenomenon that he just had to tell people about it.”

The case remains one of the most baffling in paranormal history not because of its sensationalism, but because it defies simple categorisation. Was Gef a hoax, a poltergeist or something else

entirely? Even today, the question lingers unanswered.

In 2023, a film was released based on the story called *Nandor Fodor and the Talking Mongoose*. It starred Simon Pegg, Minnie Driver and Christopher Lloyd, with Neil Gaiman as the voice of Gef.

The film met with mixed reviews, but is generally regarded as an entertaining, if not entirely accurate, account of the haunting.



John West is a writer, film producer, broadcaster and actor. In 2018, he teamed up with director Jason Figgis to make films and documentaries.

The pair have so far collaborated on several projects ranging from a film called “*The Ghost of Winifred Meeks*” to a series on writer Colin Wilson.

John has written three books on the supernatural – “*Britain’s Haunted Heritage*,” “*Britain’s Ghostly Heritage*” and “*Britain’s Haunted Land*.” All are published by JMD Media.

They are available from sites such as Amazon or can be ordered from any bookshop.



A STILL from the film “*Nandor Fodor and the Talking Mongoose*,” which was released two years ago. (Photo: Saban Films/Paramount Pictures)





# A Good Read

All titles available from [Amazon.co.uk](https://www.amazon.co.uk) or [Amazon.com](https://www.amazon.com) unless otherwise stated

## DON'T WAIT TILL YOU'RE DEAD

Spirits' advice from the afterlife

By Matt Fraser

RRP UK £20.00 US \$28.99

Hardcover

256 pages

The publisher writes: "New York Times bestselling author Matt Fraser knows a lot about life... from the dead."

"We've all heard there is a mystical moment that occurs just before you die — or right after you get to Heaven — in which your life flashes before your eyes in vivid detail."

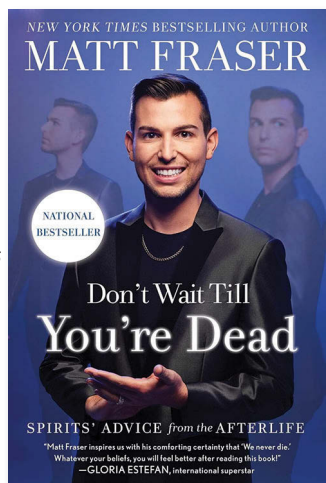
"The chronicle of your achievements, your failures, your loves, your losses, your daily rituals and your lifelong friendships invites a new perspective through which to view your life."

"But what if you did not need to wait until your death bed or the pearly gates to experience this phenomenon? What if you could examine your life right now while there is time to make changes, heal relationships, and manifest your goals and the life you truly want to live?"

"In *Don't Wait Till You're Dead* Matt distils the lessons, stories and heavenly truths he's learned from his gift of connecting with souls on the Other Side."

"Readers will be able to learn lifetimes of secrets to happiness, fulfilment and gratitude from loved ones that are no longer with us."

"Practical, inspirational and downright heavenly, *Don't Wait Till You're Dead* will wake you up to the joys of life and assure you that those we love never truly leave us."



## THE METAPHYSICAL PATH

Psychic and mediumship development

By Julie Hines

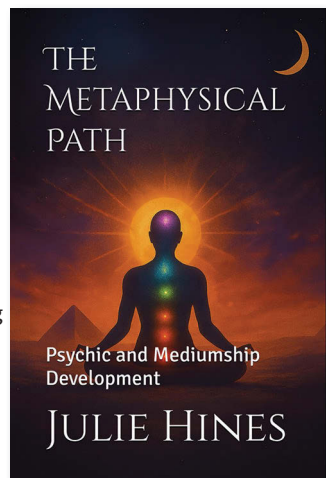
RRP UK £11.99 US \$15.95

124 pages

The publisher writes: "The *Metaphysical Path* is a transformational guide for awakening your psychic gifts, opening your third eye, building a strong connection with Spirit and stepping into your sacred role as a healer, intuitive, and lightworker."

"Whether you're just beginning your spiritual journey or have been practising for years, this book will support you in deepening your connection with your higher self and the unseen world."

"Written by Julie Hines, a seasoned psychic medium, reiki master and spiritual teacher, this book blends grounded metaphysical teachings with practical tools for intuitive



development and spirit communication.

"With over 25 years of experience, Julie gently guides you through each step of the psychic unfolding process, helping you build trust in your natural gifts while keeping your energy protected and balanced."

## THE PRISM

Seven steps to heal your past and transform your future

By Laura Day

RRP UK £25.00 US \$32.00

Hardcover — 320 pages

The publisher writes: "A consultant to billion-dollar companies and the brightest lights of Hollywood, Laura Day — in her bestselling, breakthrough book *Practical Intuition* — explained how anyone can train themselves to gain full access to the powers of their intuitive mind."

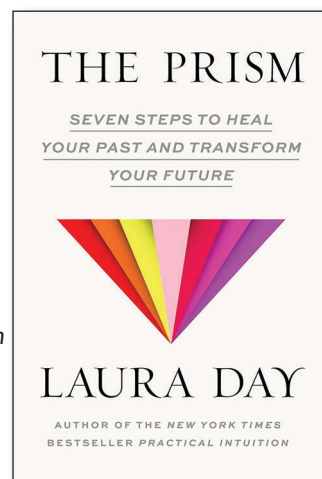
"Only Laura's closest friends, however, knew that behind the book's phenomenal success was a dark family history — one that provided her with profound insights into human nature and an understanding of what it takes to achieve your dreams, no matter how challenging your past or present."

"Now, Laura has combined those insights with her intuitive programme to create a life-changing method of self-discovery and renewal."

"Developed over a decade with thousands of students and based on a unique approach that combines scientific principles, wisdom from ancient traditions and her own remarkable intuitive gifts, *The Prism* reveals seven points in our development that can either hinder us or be harnessed to create healthy lives."

"Laura teaches us how to resolve our vulnerabilities and replace them with potent new structures that will help us find joy, attract success and materialise our goals."

"Every human is born to thrive, according to Laura. *The Prism* is your guide to creating that future."



## MANIFEST YOUR TRUE ESSENCE

Clear your blocks, find your joy, live your truth

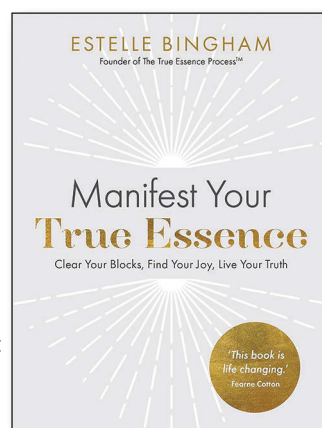
By Estelle Bingham

RRP UK £14.99 US \$17.99

288 pages

The publisher writes: "This transformational book is a distillation of the twenty-plus years Estelle has spent working to support and reconnect people with their own power to heal, manifest and experience joy in their life."

"You'll discover her potent practices to tackle all the blocks to your desires and dreams and



be guided through keys and rituals to help you come into true and perfect alignment with your 'Original Heart Energy.'

"By working with Estelle's tried-and-tested True Essence Process™ and accessing your inner Master Healer, you'll become a direct conduit for flow, beauty and prosperity, and unlock codes to help you:

- Transcend your deepest trauma
- Rewire your subconscious
- Nurture a deeper and more sacred connection to yourself and your source energy
- Discover and stay connected to your purpose
- Co-create your unique version of success and happiness

"Manifest Your True Essence is the much-needed catalyst you need to dynamically heal, express your truth and embody your true joy and potential."

## SHAMANS

The visual culture of animism, healing and journeys to other planes

By Max Carocci

RRP UK £25 US \$35

Hardcover — 256 pages

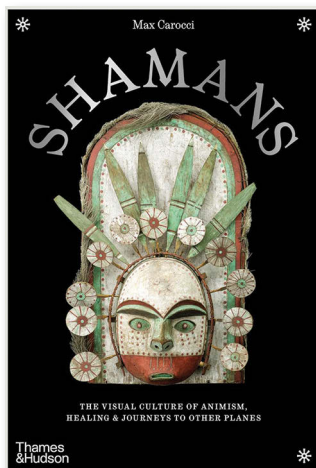
The publisher writes: "A visually compelling and panoramic analysis of the eclectic culture of shamanism.

"Entering trance states, healing body and soul, invoking animals as spirit guides and journeying to incorporeal realms, these skills have been central to shamanism over thousands of years and across much of the world, from the Evenki shamans of northern and central Asia to contemporary Neo-Shamans of the West.

"Join cultural and social anthropologist Max Carocci as he explores an eclectic array of shamanic artefacts and images, decoding the symbolism and explaining their extraordinary shamanic ritual practices.

"Marvel at the adornments of a Siberian shaman's coat, examine the prehistoric rock art that depicts mystical transformations of shamans into animals and discover the psychotropic plants that open our minds to interdimensional journeys of healing and wisdom.

"Max makes the manifold meanings encoded in the forms, colours and purposes of shamanic images and objects clear, painting a vibrant and in-depth picture of shamanic cultures past and present."



## CALM IN THE STORM

Zen ways to cultivate stability in an anxious world

By Brother Phap Huu & Jo Confino

RRP UK £14.99 US \$15.95

128 pages

The publisher writes: "A new book in the Zen Ways series from the hosts of the popular *The Way Out Is In* podcast.

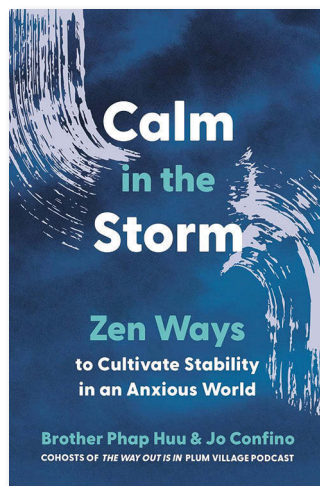
"Being human inevitably means falling short of expectations — our own and those of the world around us.

"But what if, instead of resisting our imperfections, we learned to embrace them? What if we embodied the knowledge that there's nothing wrong with not being perfect?

"This transformative guide invites readers to shift their perspective, using mindfulness and compassion to live a happier, more authentic life.

"Drawing on Zen teachings and real-life stories, Zen teacher Brother Phap Huu and sustainability expert Jo Confino offer practical tools for:

- Finding balance, self-acceptance and inner peace
- Cultivating an inherent sense of belonging



- Tending to old wounds that hold us back today
- Working with habits of perfectionism and intense self-criticism

"Grounded in wisdom yet deeply relatable, this book is not just a guide, it's an invitation to step fully into your own humanity. If you're ready to break free from self-judgement and live with greater ease, this is your roadmap."

# Oracle Decks

## SISTERHOOD OF THE SEERS ORACLE

A 44-card deck & 128-page guidebook

By Athena Laz

RRP UK £17.99 US \$22.99

The publisher writes: "Spirit is always guiding us towards love, and this deck is a reflection of that love mirrored back by the Sisterhood of Seers: a collective of energy that offers a map to wholeness and wellbeing.

"Here, author and expert on intuition, dreams and consciousness Athena Laz

shows you all the gateways that you can enter, giving you the opportunity to choose mindfully between paths.

"It will show you what you potentially did not know or 'see' in the past, so that you can step out of repetitive patterns in the here-and-now.

"It will also show you what will come to pass if you remain on your current course of action.

"This is the true art of seership: working with what was, is and shall be.

"The beautifully-illustrated deck includes lyrical invocations to help you connect with the Seers. The deck is divided into four sets of cards:

- Seer cards, which are the Seer archetypes
- Insight cards, designed to help the reader reflect on current situations
- Heart cards, helping the reader to awaken their emotions
- Action cards, which contain proactive guidance."



## TRUST YOUR VIBES ORACLE CARDS

A 50-card deck with guidebook

By Sonia Choquette

RRP UK £18.99

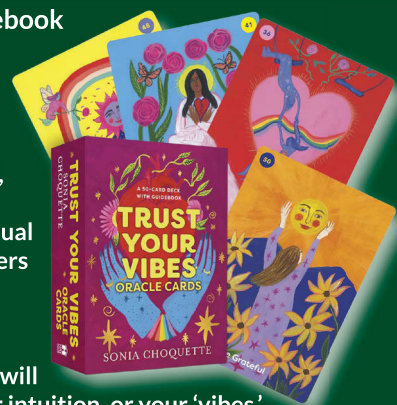
US \$24.99

The publisher writes: "In this repackaged oracle card deck, featuring all-new artwork, best-selling author and spiritual teacher Sonia Choquette offers ways help you tap into your intuition.

"This classic card deck, originally published in 2004, will activate and strengthen your intuition, or your 'vibes.'

"Each of the 50 cards in this deck offers specific intuitive tools and ways to improve your connection to your inner power.

"Use the card deck and accompanying guidebook daily and you'll learn to trust your vibes and experience the ease and flow of six-sensory living."





# CLASSIFIED ADVERTISING

## READINGS

**PSYCHIC POSTAL READING**  
£15

**KELLY CUMMING**  
24 Baglan Heights,  
Port Talbot  
Wales  
SA12 8UF

**JAMES - Medium**  
Telephone Readings £15  
by appointment  
Telephone:  
0788 065 4071

**SANDRA YVONNE**  
A caring Medium  
with over 35 years'  
experience  
Offers Tarot, Runes,  
Crystal Ball,  
Mediumship/Clairvoyance  
and More  
Face to Face, Telephone  
and Postal Readings  
Call me for direction and guidance  
on: 020 8765 9049  
Email:  
diamond27@talktalk.net

**PAUL CISSELL**  
Psychic Medium  
offers  
30 years' expertise from  
the world of mediumship  
www.paulcissell.com

**NICK DEANE**  
Spiritual Medium  
Over 30 years' experience,  
SAGB trained.  
Gloucester, London, Online.  
Email:  
nickdeanetoday@gmail.com  
Website:  
www.spiritualsitting.co.uk

**CLASSIFIED  
ADVERTISING RATES**  
60p per word inc VAT  
Website address = 4 words  
Email: pntemp12@gmail.com  
or call: 01376 563091

## HOWARD JAMESON

**Psychic & Medium**  
Over 30 Years' Experience  
Founder of the British Psychic and  
Medium Association



Accurate Readings  
providing guidance  
and direction

One-to-One &  
Phone Readings  
Central London

**Call: 07921 168169**

[www.howardjamesonpsychic.com](http://www.howardjamesonpsychic.com)

London & South East England  
Prestige Awards Winner:  
**PSYCHIC PROFESSIONAL  
OF THE YEAR 2024/25**

**THE SPIRITUAL PATHWAY**  
Past, present and future guidance  
from the Divine Source of Life.  
Please include an up-to-date photo if  
possible (returnable) and £30

Send to:  
Mr D. Spencer,  
22 Skylark Rise,  
Tavistock,  
Devon PL19 9FT  
Email: spiritalker46@yahoo.co.uk

## VIOLET MOON PSYCHIC MEDIUM



**ONLINE READINGS**  
**ONLINE CRYSTAL SALES**

Pre-booked Readings via  
Zoom, WhatsApp, Messenger  
(Virtual Readings) or by Phone  
To book appointments  
Mobile: 07930 809172  
Email:  
lorraine@violetmoonpsychic.com  
or  
violetmoonpsychic@outlook.com  
Website:  
[www.violetmoonpsychic.com](http://www.violetmoonpsychic.com)

## ASSOCIATIONS

**THE BRITISH  
PSYCHIC AND MEDIUM  
ASSOCIATION**

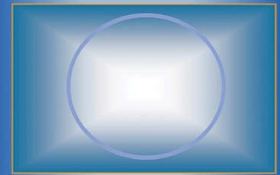
[www.britishpma.co.uk](http://www.britishpma.co.uk)

Listing Directory of Psychics,  
Mediums and Church Services

**New members welcome**

## BOOKS

### MORE ABOUT LIFE IN THE WORLD UNSEEN



*Further detailed descriptions of  
the Afterlife given to medium*

**ANTHONY BORGIA**  
*from*  
**MONSIGNOR  
ROBERT HUGH BENSON**

Available through Amazon  
and booksellers

For more details or to buy  
direct, visit:

[www.snppbooks.com](http://www.snppbooks.com)

## HEALING

**MICHAEL CHAPMAN**  
Healer practitioner  
By appointment only

Telephone:  
(0044) 01970 832696

Email:  
[chapmanhealing@gmail.com](mailto:chapmanhealing@gmail.com)  
Website:  
[www.michael-chapman.co.uk](http://www.michael-chapman.co.uk)

## SOUL MATES

### THE FREE SPIRITS CLUB

For friends, romance or pen pals  
Well-established - UK-wide  
Postal friendship club  
No internet needed  
For free information pack  
Call Rebecca:  
01633 526523

## SPIRIT ARTISTS

### BRENDA CUMMING

Psychic Portraits £10  
24 Baglan Heights,  
Baglan,  
Port Talbot  
SA12 8UF

## TRAINING & DEVELOPMENT



Online  
Development Circles  
Psychic & Mediumship  
Advancement  
Platform Development  
Please visit our website below  
[www.darrenhartmedium.co.uk](http://www.darrenhartmedium.co.uk)



For details of Spiritualist  
Churches and Centres in  
the USA, please visit our new  
website address at:  
[www.psychicnews.uk](http://www.psychicnews.uk)

## HARRY EDWARDS HEALING COLLEGE

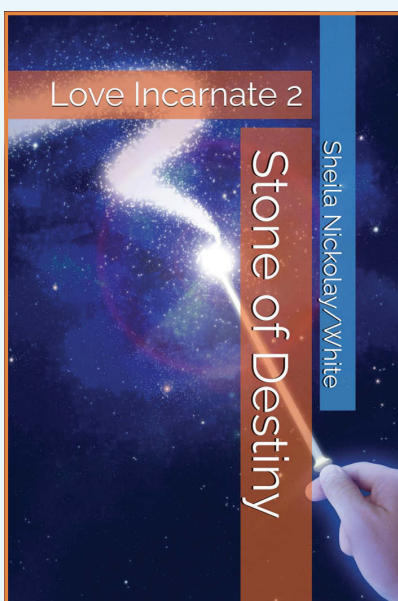
Contact Shelley for more information:  
[college.administrator@burrowslea.org.uk](mailto:college.administrator@burrowslea.org.uk)

Telephone: 0770 602 7141  
or 01483 202054



Harry Edwards Healing Sanctuary,  
Burrows Lea, Hook Lane,  
Shere, Guildford, Surrey GU5 9QQ

[www.harryedwardshealingcollege.com](http://www.harryedwardshealingcollege.com)



### *Stone of Destiny – Love Incarnate 2*

A novel by Sheila Nickolay/White  
*Stone of Destiny* continues the love story  
of *The Druid's Stone* with Toni and  
Robert – the Druid and the Black Knight  
– as they are again guided by the stone to  
try and avert death and corruption.

From the Cotswolds to 18th century  
East London and luxurious villas in  
Greece and Paxos, Toni's affiliation to  
the stone puts them and their faithful  
Druid group in danger.

AVAILABLE FROM AMAZON

## LEE CLAIRVOYANT

I am an independent psychic with  
over 35 years experience

I get straight to the point in my phone  
readings with honesty and details

My customers return time and time again  
Specialist in love and relationship readings

Call my landline phone:

**01273 671796**

Credit & debit cards accepted. Entertainment.

DISPLAY ADVERTISING RATES CAN BE FOUND ON PAGE 61  
DISCOUNTED CHURCH & CENTRE CLASSIFIED RATES ARE ON PAGE 60

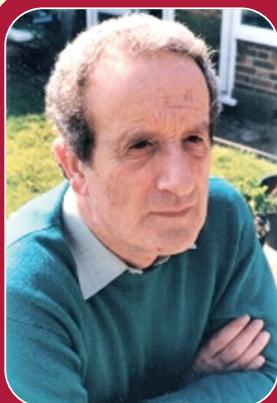




# WEBSITE LISTINGS

**Advertise your website here  
for just £25 a year  
Call: 01376 563091  
or email: [pntemp12@gmail.com](mailto:pntemp12@gmail.com)**

<a href="http://www.colourpsychologytoday.com">www.colourpsychologytoday.com</a>	<a href="http://www.chrisratterpsychicsurgeon.com">www.chrisratterpsychicsurgeon.com</a>
<a href="http://www.larrymedium.com">www.larrymedium.com</a>	<a href="https://positone.co.uk">https://positone.co.uk</a>
<a href="http://www.aurasunrise.co.uk">www.aurasunrise.co.uk</a>	<a href="http://www.bsnuc.co.uk">www.bsnuc.co.uk</a>
<a href="http://www.michael-chapman.co.uk">www.michael-chapman.co.uk</a>	<a href="http://www.academyofselfdiscovery.com">www.academyofselfdiscovery.com</a>
<a href="http://www.bearpawholistics.com">www.bearpawholistics.com</a>	<a href="http://www.crystalclearmeditation.com">www.crystalclearmeditation.com</a>
<a href="http://www.arthurfindlaycollege.org">www.arthurfindlaycollege.org</a>	<a href="http://www.petrene.com">www.petrene.com</a>
<a href="http://www.eternallifechurch.co.uk">www.eternallifechurch.co.uk</a>	<a href="http://www.andrewandmickey.co.uk">www.andrewandmickey.co.uk</a>
<a href="http://www.greaterworld.net">www.greaterworld.net</a>	<a href="http://www.sagb.org.uk">www.sagb.org.uk</a>
<a href="http://www.findmeamedium.com">www.findmeamedium.com</a>	<a href="http://www.collegeofpsychicstudies.co.uk">www.collegeofpsychicstudies.co.uk</a>
<a href="http://www.snu.org.uk">www.snu.org.uk</a>	<a href="http://www.snui.org.uk">www.snui.org.uk</a>
<a href="http://www.findmeamedium-directory.com">www.findmeamedium-directory.com</a>	<a href="http://www.valeriehardware.com">www.valeriehardware.com</a>
<a href="http://www.divinelight.org.gr">www.divinelight.org.gr</a>	<a href="http://www.wendydove.co.uk">www.wendydove.co.uk</a>
<a href="http://www.westonsupermarespiritualistchurch.co.uk">www.westonsupermarespiritualistchurch.co.uk</a>	<a href="http://www.tomjohnstonspiritualistmedium.com">www.tomjohnstonspiritualistmedium.com</a>
<a href="http://www.joanfrew.co.uk">www.joanfrew.co.uk</a>	<a href="http://www.psychicnews.uk">www.psychicnews.uk</a>
<a href="http://www.emmalmather.com">www.emmalmather.com</a>	<a href="http://www.gypsyrosedivination.com">www.gypsyrosedivination.com</a>



## RONALD HEARN

**Born on June 9, 1927, Ronald Hearn (pictured left) became one of this world's greatest tried-and-tested mediums. Apart from public demonstrations, he reached countless thousands of people through highly accurate taped sittings and many TV and radio programmes**

**The author of three books, London-based Ronald worked in the USA, Canada, Sweden, Australia, Germany and New Zealand as well as the UK**

**Ronald passed to the spirit world on June 5, 2016**

**To read about his unique gifts, please visit the official Ronald Hearn website at: [www.ronaldhearn.com](http://www.ronaldhearn.com)**

# What's On at Spiritualist Churches & Centres

## ENGLAND

### BERKSHIRE

#### MAIDENHEAD SPIRITUALIST CHURCH

River View Lodge,  
Ray Mead Road,  
Maidenhead SL6 8NJ  
President: Jenny Lloyd  
Telephone: 07857 558927  
Sundays 6.30pm  
Divine Service  
Wednesdays 1pm - 3pm  
Healing Clinic  
Thursdays 7.30pm  
Mediumship Demonstration  
Monthly Open Platform  
and other Special Events  
*A warm welcome is  
extended to all*  
Car Park and facilities  
for disabled visitors  
MARRIAGE and  
NAMING CEREMONIES

#### READING NATIONAL SPIRITUALIST CENTRE

York Lodge, 81 Baker Street,  
Reading, Berkshire RG1 7XY  
Telephone: 07535 929897  
Email:  
reading.events@outlook.com  
Web: readingsnucentre.com  
Sundays  
Doors at 6pm for 6.30pm  
Divine Service  
Free Will Offering  
Mondays 7.30pm - 9.30pm  
Open Circle  
£6 (£5 for members)  
Wednesdays  
6.30pm - 8.30pm Healing  
Thursdays Doors at 7pm  
Demonstration Evening  
£4 per person  
*Plenty of parking and  
disabled facilities available*  
All Welcome

**FOR MORE  
COMPETITIONS  
AND OFFERS  
FOLLOW  
PSYCHIC NEWS  
ON FACEBOOK**

## COUNTY DURHAM

#### HORDEN SNU SPIRITUALIST CHURCH

Yoden Way, Horden, Peterlee,  
County Durham SR8 4RD  
The church is behind the  
Prestige car wash and next  
to the new Aldi Peterlee  
store on Yoden Way  
Sunday 6pm Divine Service  
Thursday 6pm - 7pm  
Healing  
Followed by 7.15pm  
Open Circle  
For mediums serving the  
church and details of our  
Specials on Tuesdays, please  
see our Facebook page:  
Horden SNU Spiritualist  
Church  
All Welcome

## CORNWALL

#### PENZANCE CHRISTIAN SPIRITUALIST CHURCH

Bread Street,  
Penzance, Cornwall  
Telephone:  
07800 812973  
07800 813533  
Mondays:  
7pm sharp  
Open Healing Circle  
Sundays: Service 7pm  
See Facebook  
For Further Details  
All Welcome

## DEVON

#### BRUNSWICK SPIRITUALIST CHURCH

1 Keppel Place,  
Stoke, Plymouth,  
Devon PL2 1AX  
Telephone:  
01752 561167  
Website:  
brunswickspiritualistchurch  
plymouth.org.uk  
Email: brunswickspiritualist  
church21@gmail.com  
Sundays 6.30pm  
Divine Service  
Thursdays 7.30pm - 9pm  
Mediumship Demonstration

#### Healing

Mondays 1.30pm - 3.30pm  
(except Bank Holidays)  
Donations appreciated  
*Development Groups*  
In church and online  
Contact the church for  
information  
See our website or Facebook  
page for a list of Mediums  
serving the church and  
Special Events:  
Official Brunswick  
Spiritualist Church  
All Welcome

## DORSET

#### BOURNEMOUTH SPIRITUALIST CHURCH

16 Bath Road,  
Bournemouth,  
Dorset BH1 2PE  
Telephone: 01202 551751  
Website: www.bsnuc.co.uk  
Every Sunday at 10.45am  
Service with Mediumship  
First Sunday of month  
at 6.30pm  
Service with Mediumship  
Thursdays at 3pm  
Demonstration of Mediumship  
Open Circle Tuesdays at 7pm  
Visit our website for  
details of our other events  
and names of mediums  
serving the church  
All Welcome

#### RINGWOOD SPIRITUAL CONNECTIONS

The Annex,  
St Leonards & St Ives  
Village Hall,  
Braeside Road, St Leonards,  
Dorset BH24 2PH  
See our Facebook page:  
Ringwood Spiritual  
Connections  
Telephone: 01202 951405  
Mobile: 07958 509971  
Spiritual Connections  
Demonstrations of  
Mediumship & Open Circles  
Sundays  
Divine Service at 6pm  
Please see our Facebook  
page for details of mediums  
serving in August, dates for our  
Open Circle and Special Events  
coming up

#### CHRISTCHURCH SPIRITUALIST CENTRE

196B Barrack Road,  
Christchurch,  
Dorset  
BH23 2BQ  
President:  
Karen Martin  
Enquiries:  
07849 606437  
Website:  
www.christchurchsc.org.uk  
SEPTEMBER 2025  
Sunday Service  
at 10.45am  
7<sup>th</sup> JAN THOMPSON-CASE  
14<sup>th</sup> MARK STONE  
21<sup>st</sup> MAGGIE BAKER  
28<sup>th</sup> SUE SMALL &  
MAGGIE BAKER  
Thursday Service  
at 7.30pm  
4<sup>th</sup> TRACY CRAIG  
11<sup>th</sup> BEVERLEY ALLEN  
18<sup>th</sup> JO GORDON  
24<sup>th</sup> FLEDGLINGS EVENING  
Healing In person  
Tuesdays 10.00am - 11.30am  
Special Events  
Saturday 9<sup>th</sup> August  
10am - 12 noon  
1-1 Private Readings  
See website or phone  
centre for details  
of other Special Events  
Church accessible for  
wheelchairs and has a  
loop system for  
hearing aid wearers  
All Welcome

#### KINSON SPIRITUALIST GROUP

Howe Croft  
Community Centre,  
1 Turnbull Lane,  
(off Holloway Avenue)  
Bournemouth,  
Dorset  
BH11 9BG  
Telephone:  
01202 735346  
Facebook page:  
www.facebook.com/  
KinsonSpiritualistGroup  
Fortnightly Sunday  
Divine Service at 6.30pm  
with a Medium  
See Facebook for specials  
and other events  
All Welcome



## EAST RIDING OF YORKSHIRE

**THE ETERNAL LIFE CHRISTIAN SPIRITUALIST CHURCH**  
 Driffield Community Centre,  
 Mill Street,  
 Driffield,  
 East Riding of Yorkshire  
 YO25 6TR  
 Telephone:  
 07809 291928  
 Website:  
[www.eternallifechurch.co.uk](http://www.eternallifechurch.co.uk)  
 Every Sunday at 7pm  
 Demonstration of Mediumship  
 Spiritual Healing available  
 All Welcome

## ESSEX

**NEW HAVEN SPIRITUAL CENTRE**  
 Belmont Hall,  
 Parker Road,  
 Grays,  
 Essex  
 RM17 5YN  
 Every Sunday Admission £5  
 Doors open at 6pm  
 for 1-1 Readings and  
 Free Healing  
 (Readings only £6 for 15 min)  
 Then at 7.30pm  
 Mediumship Demonstration  
 For mediums serving the  
 centre and special events  
 please see our Facebook  
 page: **New Haven  
 Spiritual Centre**  
 All Welcome

**PYRAMID OF FRIENDS SPIRITUALIST CENTRE**  
**NEW VENUE ADDRESS**  
 The Paddocks  
 Community Centre,  
 Pound Lane,  
 Laindon,  
 Basildon,  
 Essex SS15 5SP  
 (4th turn on the left!)  
 Tel: 07983 428872  
 2nd Wednesday in month  
 6.30pm - 9pm  
 £8, includes refreshments  
 Readings available  
 Healing and Stalls  
 8pm - 9pm Guest Medium  
 See Facebook for mediums  
 serving the centre and  
 special events:  
**Pyramid of Friends  
 Spiritualist Centre**  
 All Welcome

## GLOUCESTERSHIRE

**CHELTENHAM NATIONAL SPIRITUALIST CHURCH**  
 Bennington Street,  
 Cheltenham,  
 Gloucestershire GL50 4ED  
 Telephone: 01242 703 288  
 Registered for Funerals,  
 Weddings, Blessings,  
 Naming Ceremonies,  
 Commitment of Union  
[www.snu.org.uk/cheltenham-spiritualist-church](http://www.snu.org.uk/cheltenham-spiritualist-church)  
 Facebook: Cheltenham  
 Spiritualist Church  
 Sundays at 11am  
**DIVINE SERVICE**  
 Thursday 7.30pm  
 Open Awareness and  
 Development Group  
 Friday 1.30pm - 2.30pm  
 Healing  
 Saturday 7pm  
 Evening of Mediumship  
 Specials and Workshops  
 Every six weeks  
 All Are Welcome

## HAMPSHIRE

**BITTERNE SPIRITUALIST CHURCH**  
 (Top of Lances Hill),  
 390 Bitterne Road,  
 Bitterne,  
 Southampton,  
 Hampshire  
 SO13 1DR  
 Telephone:  
 07731 938587  
 Email: [bitternespiritualistschurch@mail.com](mailto:bitternespiritualistschurch@mail.com)  
 Website:  
[www.bitternespiritualistchurch.co.uk](http://www.bitternespiritualistchurch.co.uk)  
 Follow us on Facebook:  
**Bitterne Spiritualist Church**  
 Official Services Offered:  
 Spiritual Naming,  
 Weddings (including  
 Same-Sex Marriages),  
 Renewal of Vows, Funerals,  
 Memorial Services  
**SEPTEMBER 2025**  
 Sunday 7<sup>th</sup> 6.30pm  
 Divine Service with  
 JAN ROSS  
 Sunday 14<sup>th</sup> 6.30pm  
 Divine Service with  
 JEFF WOODHOUSE  
 Sunday 21<sup>st</sup> 6.30pm  
 Divine Service with  
 AL & GEOFF POTTS  
 Sunday 28<sup>th</sup> 6.30pm  
 Divine Service with  
 TRACEY CRAIG

**Crossroads Development Group**  
 Every Tuesday 7.30pm - 9pm  
 with ALISON POWELL  
*Healing Service Offered*  
 Every Tuesday  
 2pm - 4pm & 5pm - 7pm  
 Last booking at 6.30pm  
*Special Events*  
 Friday 26<sup>th</sup> September  
 7.30pm - 9pm  
 Philosophy Evening with  
 SPENCER ROSE  
 Saturday 27<sup>th</sup> September  
 10am - 1pm  
 Coffee Morning  
 Private Readings with  
 LESLEY KNIGHT  
 & Spiritual Healing  
 All Welcome

## HERTFORDSHIRE

**CARPENDERS PARK CHRISTIAN SPIRITUALISTS**  
 Great Gaddesden  
 Parish Hall,  
 Dagnall Road,  
 Great Gaddesden,  
 Hemel Hempstead,  
 Hertfordshire HP13 3BW  
 (Opposite Hemel  
 Hempstead Garden Centre)  
 Free parking available onsite  
 Contact Elaine Federico:  
 07746 730082  
 Sundays 10.30am  
 Divine Service  
 (except first Sunday in month)  
 Healing Available  
 An activity table  
 is provided for children  
 All Are Welcome

## ISLE OF WIGHT

**COWES SPIRITUALIST CHURCH**  
 Newport Road, Cowes,  
 Isle of Wight PO31 7PA  
 Facebook:  
**Cowes Spiritualist Church**  
 Telephone: 0758 5227 348  
 Sundays at 6.30pm  
 Divine Service followed  
 by Healing  
 Thursdays at 7pm  
 Open Circle  
 (alternate weeks)  
 £4 (£3 members)  
 For Special Events please  
 see our Facebook page  
 All Welcome

**FOLLOW PSYCHIC NEWS on Blue Sky Social**  
[@psychicnews.bsky.social](https://www.facebook.com/psychicnews.bsky.social)

## KENT

**BEXLEYHEATH CHRISTIAN SPIRITUALIST CHURCH**  
 85 Lion Road, Bexleyheath,  
 Kent DA6 8NT  
 Enquiries: 07950 672200  
 Website:  
<https://bexleyheathcschurch.wixsite.com/website>  
 Email: [Bexleyheath.church@gmail.com](mailto:Bexleyheath.church@gmail.com)  
 Or see us on Facebook  
**SEPTEMBER 2025**  
 Sunday  
 Divine Service at 6.30pm  
 7<sup>th</sup> SHELIA SMITH  
 14<sup>th</sup> JILL BALL  
 21<sup>st</sup> TINA MUDDLE  
 28<sup>th</sup> BARBARA THOMPSON  
 Tuesday Service at 2pm  
 9<sup>th</sup> JAN MAWSON  
 16<sup>th</sup> LIZA PEGG  
 23<sup>rd</sup> GEMMA THOMPSON  
 30<sup>th</sup> TINA STEWART  
*Spiritual Healing*  
 Tuesdays 7.30pm - 8.30pm  
 Free (Donations accepted)  
*Open Circles*  
 Mondays 7.30pm - 9.30pm £5  
 NOW Every Wednesday  
 12noon - 2pm £5  
*Open Platform*  
 Wednesday 17<sup>th</sup> September  
 7.30pm - 9pm £5  
 with SHERRIE HARDAKER  
*Special Events*  
 Saturday 13<sup>th</sup> September  
 10am - 3pm £25  
 Your Energy Workshop With  
 KAREN HAMBLETON OWEN  
 Wednesday 24<sup>th</sup> September  
 7.30pm - 9pm £5  
 (Please arrive by 7.15pm)  
 Evening of Mediumship  
 with EMMA BOAKES  
 Saturday 27<sup>th</sup> September  
 10am - 12.35pm £20  
 Private Readings (35 mins)  
 See website for details  
 All Welcome

**INDEPENDENT SPIRITUAL GROUP**  
 Orpington, Kent  
 Enquiries: 07879 820125  
 or 07734 793640  
 Website: [www.independantspiritualgroup.uk](http://www.independantspiritualgroup.uk)  
 Sunday Service 6.30pm  
 At Liberal Hall, 7 Station  
 Road, Orpington BR6 0RZ  
 Wednesdays 7.30pm  
 Open Circle at  
 Conservative Hall,  
 6 Sevenoaks Road,  
 Orpington BR6 9JJ  
 See Facebook for Events  
 and Workshops

**THE SANCTUARY  
OF HEALING  
CHRISTIAN  
SPIRITUALIST  
CHURCH**

Mills Terrace,  
Chatham,  
Kent ME4 5NZ

Telephone:  
01634 880039

Email: george.mcqueen  
@yahoo.co.uk

Website: www.sanctuaryof  
healing.co.uk

**SEPTEMBER 2025**

Sundays 6.30pm - 8pm  
Divine Service (Donations)

7<sup>th</sup> Communion &  
PHILIP HOLDEN

14<sup>th</sup> CARRIE BLACKERY

21<sup>st</sup> MARY WARD

28<sup>th</sup> CLAIRE EDWARDS

Friday Evenings of  
Clairvoyance 7.30pm - 9pm

£4 (Members £3)

5<sup>th</sup> CRAIG O'MALLEY

12<sup>th</sup> CLOSED

19<sup>th</sup> VICKY DIPROSE

26<sup>th</sup> KIM CATTERMOLLE

**Healing**

Wednesdays 10.30am

**Special Event**

Saturday 13<sup>th</sup> September

Psychic Fayre

12.30pm - 5.30pm

Private Readings and stalls  
selling crystals, jewellery,  
clothes, gifts, bric-a-brac,  
books, CDs and refreshments

*We are registered to conduct  
and register marriages, also same  
sex marriages. Provided you are  
legally entitled to get married we  
would be happy to arrange the  
ceremony for you.*

*Please see a Minister, President  
or any member of the committee  
for further details.*

Christenings,

Wedding Blessings, Renewal  
of Wedding Vows and Funeral  
Services.

*A fee of £25 is charged for these  
services, but donations are  
always gratefully received.*

All Welcome

**WEST WICKHAM  
SPIRITUALIST  
CHURCH**

Surrey Road,  
West Wickham,  
Kent

BR4 0LU

President:

Alan Mitchell-Sleight

Telephone:

01959 573049

Email:

mitchellsleight@

btinternet.com

Mediums' Secretary:

Sharon Harris

Telephone:

07731 815220

**SEPTEMBER 2025**

Sunday Services at 6.30pm

(doors open 5.50pm)

7<sup>th</sup> DANNY WRIGHT

14<sup>th</sup> ANNETTE CARTY &

MICHELA SCULLI

21<sup>st</sup> INGRID KELLY

28<sup>th</sup> LEE ROBERTS

**Evenings of Mediumship**

Wednesdays 8pm

£5 (£2.50 members)

3<sup>rd</sup> LAURA WOOD

17<sup>th</sup> ELAIN STANTON

**Private Readings**

Thursdays by phone or online

For details call

Alan Mitchell-Sleight on:

07949 633259

**Spiritual Healing**

Wednesdays 1pm - 2.30pm

And before the service on

Sunday from 5pm - 6pm

(providing healers available)

**Open Platform**

4<sup>th</sup> Tuesday of each month

23<sup>rd</sup> September 2025

7pm - 8.30pm £5

Call Callum: 0790 210 9639

**Special Event**

Saturday 13<sup>th</sup> September 7.30pm

Church Open Day

Come and see what we do at

the church plus Stalls, Raffle,

Private Readings and healing

Website:

www.westwickham

spiritualistchurch.co.uk

All Welcome

**LANCASHIRE**

**CLEVELEYS  
SPIRITUALIST  
CHURCH**

93 Beach Road,

Thornton Cleveleys,

Lancashire FY5 1EW

Call us on: 07756 967803

See us on Facebook

Monday 7.30pm

Clairvoyance & Open Circle

Wednesday

12.15pm - 1.15pm Healing

Wednesday 2.30pm

Clairvoyance Service

Tuesday 7pm - 8pm

Awareness Class

Thursday 7.30pm - 9.30pm

Development Circle

(Must be a church member)

Friday 7pm - 8pm Healing

Sunday 2.30pm

Divine Service

Healing Sunday 2.30pm

Every Third Sunday

of the Month

Meditation Sunday 2.30pm

1st Sunday Alternate

Months from February

Private Readings on request

Readings Day Spring and

Autumn - See notices or

phone church number for

information

**We are Registered for  
Namings/Weddings/  
Same-Sex Marriages/  
Funerals/Wedding Blessings  
All Welcome**

**LEICESTERSHIRE**

**LEICESTER  
PROGRESSIVE  
SPIRITUALIST  
TEACHING AND  
DEVELOPMENT  
CENTRE**

Lee Circle, Leicester LE1 3RE

President:

Marian Sawczuk

Services with Mediumship

Sundays 6pm

Divine Service

Mondays 7.30pm

Clairvoyant Hour

Healing

Saturdays 10am - 12.30pm

Sundays 5pm - 5.45pm

Wednesdays 12noon - 2.30pm

**Special Events**

Every Saturday morning

10am - 1pm

CAKE AND A CUPPA

with Readings and Healing

Teaching Groups and Special

Events throughout the week

Private Parties and Sitzings

Available

Website: www.leicester  
progressive.com

E: spiritchurch@outlook.com

Telephone: 0116 2536098

We Welcome Everyone

**LONDON**

**BARNES  
HEALING CHURCH**

Between

77-79 White Hart Lane,

London

SW13 0PW

Five-minute walk from Barnes

Bridge Railway Station

Enquiries:

07581 534028

Facebook:

www.facebook.com/

barnshealingchurch

Website: www.barnes

healingchurch.co.uk

Email: barnshealing

church@hotmail.co.uk

**SEPTEMBER 2025**

Sunday Service of Mediumship  
at 6.30pm

7<sup>th</sup> KHADIJA FRANKLIN

14<sup>th</sup> SARAH MOORES

21<sup>st</sup> ANA MATYJIW

28<sup>th</sup> DAVID COLE

**Healing**

Tuesdays 7pm - 8pm

Thursdays 12noon - 2pm

Please see our website

or Facebook page for

details about Healing,

Private Readings,

Open Platforms and more,

and for any changes to

the advertised times and

mediums above

**REGISTERED FOR  
MARRIAGES, CEREMONIES  
& SACRED SERVICES  
All Welcome**

**CHINGFORD  
SPIRITUALIST CHURCH**

151-153 Larkshall Road,

Chingford,

London E4 6PE

For Enquiries call:

07956 328678

or send a message via the

Facebook page

Every Wednesday at 7.30pm

Evening of Mediumship

Doors open at 7pm

Entry: £4

Cash only please

**SEPTEMBER 2025**

3<sup>rd</sup> RAY PRENDERGAST

10<sup>th</sup> SALLY JOHNSON

17<sup>th</sup> PAUL CHARNICK

24<sup>th</sup> DANNY WRIGHT

See our Facebook page

for special events and

mediums serving the church:

Chingford Spiritualist Church

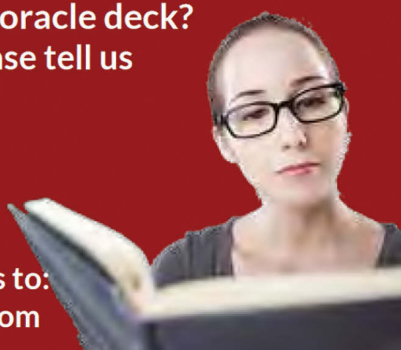
All Welcome

**Have you recently published a non-fiction  
spiritual book or oracle deck?**

**If you have, please tell us  
about it.**

**We may be able  
to feature it in  
Psychic News.**

**Please email details to:  
pnadverts@gmail.com**





## FULHAM NATIONAL SPIRITUALIST CHURCH

Kelvedon Road,  
Fulham,  
London  
SW6 5BP

(Nearest Underground  
station Parsons Green)  
Buses No. 11 and 14

Email: [fulhamspiritualistchurch@yahoo.co.uk](mailto:fulhamspiritualistchurch@yahoo.co.uk)

SEPTEMBER 2025

*Sunday Divine Services in  
Church at 6.30pm*

7<sup>th</sup> Closed: See Special Events  
section below

14<sup>th</sup> To be confirmed

21<sup>st</sup> LEE ROBERTS

28<sup>th</sup> JULIETTE GALLO

*Thursday Online Zoom  
at 7.30pm*

4<sup>th</sup> MELISSA HART

11<sup>th</sup> ELAIN STANTON

18<sup>th</sup> JENNIFER ROSE

25<sup>th</sup> MAGGIE HYDE

**ONLINE ZOOM SERVICES**

ID: 689 400 7125

Passcode:

**FULHAM (capitals)**

*Special Event*

Sunday 7<sup>th</sup> September

Annual Summer Open Day

30 minute Private Sitzings £20

Refreshments available all day

Doors open 10.30am

First sittings at 11am

Last sittings at 2.50pm

To book a sitting please

contact us via email:

[fulhamspiritualistchurch@](mailto:fulhamspiritualistchurch@yahoo.co.uk)

[yahoo.co.uk](mailto:yahoo.co.uk)

*For more information*

*regarding our events,*

*services and making freewill*

*donations please contact*

*us via email*

Free Parking

All Welcome

## MERSEYSIDE

### BIRKENHEAD SPIRITUALIST CHURCH

2 Mount Grove, Oxton,  
Birkenhead,  
Wirral,  
Merseyside  
CH41 2UJ

Facebook: Birkenhead SNU  
Spiritualist Church

Email: [hello@bscwirral.uk](mailto:hello@bscwirral.uk)

Sundays 6.30pm - 7.45pm

Divine Service

Thursdays 7.30pm - 9pm

Open Circle

Saturdays Occasional

Specials when advertised

All Welcome

## MIDDLESEX

### THE LIGHT ON THE HILL HARROW SPIRITUALIST CHURCH

1 Vaughan Road,  
West Harrow, Middlesex,  
London HA1 4DP

Website: [www.lightonthehillharrow.co.uk](http://www.lightonthehillharrow.co.uk)

Email:

[lightonthehill@live.co.uk](mailto:lightonthehill@live.co.uk)

Telephone: 07528 348432

SEPTEMBER 2025

In-Church Services

Wednesdays at 7.30pm

3<sup>rd</sup> NIGEL TOWNSEND

10<sup>th</sup> To be confirmed

17<sup>th</sup> DENISE PLUMMER

24<sup>th</sup> IRIS BRIDGEWATER

ISM/RAM

*Mondays on ZOOM at 7pm*

Healing and Divine Service

(Except Bank Holidays)

Please see Facebook or our  
website for details

Zoom ID: 916 859 8296

Password: harrow

*Special Events*

Thursday 4<sup>th</sup> September at

7.30pm Healing service

Last patient at 8.45pm

Friday 5<sup>th</sup> - Sunday 7<sup>th</sup> Sept

Divine Love Sanctuary

Weekend

Please see website for details

Saturday 13<sup>th</sup> September

1-1 Private Readings £20

10.30am - 1pm & 2pm - 4.30pm

Saturday 27<sup>th</sup> September

10am - 4/4.30pm

£14 (Members £12)

Shamanic Workshop with

WANDA BOLTON

"Power with the Spirit Animals"

Facebook Group:

'Harrow Spiritualist Church'

for up-to-date news, events

and serving Mediums

All Welcome

## NORFOLK

### HARBOUR LIGHTS SPIRITUAL GROUP

Council Hall,  
1 Yarmouth Road,  
Caister on Sea,  
Norfolk

NR30 5DL

Telephone:

07746 516181

Every Sunday at 7pm

Mediumship Demonstration

For further details see our

Facebook page:

[www.facebook.com/](http://www.facebook.com/caistercouncilhall)

[caistercouncilhall](http://caistercouncilhall)

All Welcome

## NOTTINGHAMSHIRE

### EASTWOOD SPIRITUALIST CENTRE

Edward Road,  
Eastwood,  
Nottinghamshire  
NG16 3EU

Sunday 6pm - 7pm

Divine Service

Monday 7pm - 8pm

Divine Healing Service

Tuesday 1pm - 2pm

Awareness Group

Wednesday 7pm - 8pm

Mediumship Demonstration

Friday 6.30pm

Educational Circle

For mediums serving the

centre and special events, see

our Facebook page:

**Eastwood Spiritualist Centre**

All Welcome

## SOMERSET

### ALCOMBE & MINEHEAD CHRISTIAN SPIRITUALIST CHURCH

Grove Place,  
Manor Road,

Alcombe, Minehead

TA24 6EH

Telephone: 0783 110 4896

Spring & Summer

(March to end of October)

Sunday Service at 6.30pm

Healing Groups,

Monthly Healing Day,

Healing Evenings,

Open Circles,

Evenings of Clairvoyance

all available on various days

during each month.

See our website for the full

day-by-day itinerary of what

our church can offer you,

including Groups,

Meditation & Healing

**Winter**

(November to end of February)

Sunday Service at 3pm

Website:

[www.mineheadspiritualist](http://www.mineheadspiritualistchurch.co.uk)

[church.co.uk](http://church.co.uk)

All Welcome

**DISCOUNTED  
CLASSIFIED  
ADVERTISING RATES  
for CHURCHES  
and CENTRES:  
40p per word  
Email for a quote:  
[pntemp12@gmail.com](mailto:pntemp12@gmail.com)**

## WESTON-SUPER-MARE NATIONAL SPIRITUALIST CHURCH

2 Stafford Road,  
Weston-Super-Mare,  
North Somerset BS23 3BW

Facebook:

[www.facebook.com/](http://www.facebook.com/wsmspiritualistchurch)

[wsmspiritualistchurch](http://wsmspiritualistchurch)

Website:

[www.westonsupermare](http://www.westonsupermare)

[spiritualistchurch.co.uk](http://spiritualistchurch.co.uk)

Telephone: 07872 581902

First Sunday in month

11am Divine Service

Sundays (except 1st in month)

6.30pm Divine Service

Mondays 7.30pm Open Circle

Thursdays 3pm

Guild with Demonstration

of Mediumship

4.30pm - 5.30pm

Spiritual Healing

7.45pm Awareness Group

For details of mediums

serving the church,

Special Events, Workshops

and Demonstrations

see our Facebook page

All Welcome

## STAFFORDSHIRE

### GOLDEN LIGHT SPIRITUALIST CENTRE

38-40 Bevan Lee Road,  
Cannock,

Staffordshire WS11 4PZ

Sundays at 6.30pm £3

Healing after the Service

Psychic Surgery also available

All Welcome

### TAMWORTH NATIONAL SPIRITUALIST CHURCH

18 Marmion Street, Tamworth,  
Staffordshire B79 7JG

Tel: 07725 731245

Spiritualist Church offering

Divine Services, Mediumship

Events, Classes and Groups

for those interested in

Spiritualism

Sunday 6.30pm - 8pm

Divine Service

Freewill Offering

Wednesday 7.30pm - 9pm

Service £4

Healing: before Sunday Service

5.30pm - 6.05pm

A freewill offering is

appreciated

For details of special events

and mediums serving the

church, please visit our

Facebook page:

**Tamworth National**

**Spiritualist Church**

All Welcome

## SUFFOLK

### BURY ST EDMUNDS SPIRITUALIST CHURCH

Quaker Meeting House,  
St John's Street,  
Bury St Edmunds,  
Suffolk  
IP33 1SJ  
Tel: 0772 373 4604  
Sunday Service on the  
2nd and 4th Sunday of each  
month at 6.30pm  
For details of mediums  
serving the church and  
Special Events, please see our  
Facebook page:  
**Bury St Edmunds  
Spiritualist Church**  
All Welcome

### THE MAGICKAL EMPORIUM

No 1, Market Place,  
Halesworth,  
Suffolk IP19 8BA  
Website:  
[www.thewitchofsuffolk.co.uk](http://www.thewitchofsuffolk.co.uk)  
Email:  
[hello@thewitchofsuffolk.co.uk](mailto:hello@thewitchofsuffolk.co.uk)

Beyond being a physical shop,  
The Magickal Emporium is a  
welcoming space where you  
can freely express your true  
self and engage in all things  
magickal.

We offer workshops on  
Spiritual Development,  
Astrology, Candle or  
Incense Holder-making,  
Pendulum Magic.

We also hold gatherings and  
events such as Gong Baths,  
Sound Healing, Wheel of the  
Year gatherings and much,  
much more.

Follow us on Facebook  
at: [www.facebook.com/  
witchofsuffolk/](https://www.facebook.com/witchofsuffolk/)  
All Welcome

### SUDBURY CHRISTIAN SPIRITUALIST CHURCH

The Stevenson Centre,  
Stevenson Approach,  
Great Cornard, Sudbury,  
Suffolk CO10 0WD

Meetings:  
Every Sunday at 2.45pm  
for 3pm to 4.30pm  
There is NO ENTRY FEE

We only respectfully  
suggest that donations are  
made during the service

For more information,  
call Maureen on:  
07931 366 610

All beliefs and denominations  
are welcome

## SURREY

### CAMBERLEY SPIRITUALIST CENTRE

112 Gordon Road,  
Camberley,  
Surrey  
GU15 2JQ  
**NEW Website:**  
[www.camberley  
spiritualistcentre.co.uk](http://www.camberley<br/>spiritualistcentre.co.uk)  
Email: [contact@camberley  
spiritualistcentre.co.uk](mailto:contact@camberley<br/>spiritualistcentre.co.uk)  
Telephone:  
01276 409004

#### SEPTEMBER 2025

Sunday Divine Service 6.30pm  
7<sup>th</sup> KARIM

21<sup>st</sup> JEFF WOODHOUSE  
(free will donation)

#### Evenings of Mediumship

Tuesdays at 7.30pm  
£5 (£4 members)

2<sup>nd</sup> SARAH McLAUGHLIN

9<sup>th</sup> ASHLEY MILLS

16<sup>th</sup> IRENE HALL & EM  
DOWSING

23<sup>rd</sup> PETER GODDARD  
30<sup>th</sup> EVE COWELL

#### Open Circle

Every Monday

7.15pm for 7.30pm start £5

Alternating tutors

GILLY PALMER

& KAREN NOGG

#### Platform Mediumship Class

Thursday 25<sup>th</sup> September  
7.30pm £5

with SARAH NORRIS

#### Open Platform

Wednesday 3<sup>rd</sup> September

7.30pm - 9.30pm

£5 to be on the platform

£3 for audience members

with GILL THOMAS

#### Healing

Every Monday 1pm - 2.30pm

(free will donation)

(Monday Events -

except Bank Holidays)

Please visit our Facebook  
page or website for further  
updates and other events

All Welcome

### DISPLAY (BOXED) ADVERTISING RATES

Just £5.59p per single column cm

+ VAT at current rate

(4 columns to one page)

#### Block booking Discounts:

2-3 adverts = 5%

4-6 adverts = 10%

7-12 adverts = 20%

Over 12 = 30%

Churches and Centres receive

discounted rates

For further details email:

[pntemp12@gmail.com](mailto:pntemp12@gmail.com)

or call: 01376 563091

### CROYDON SPIRITUALIST CHURCH

Chatsworth Road,  
Croydon,  
Surrey CRO 1HE  
Telephone: 020 8688 1827  
Email:

[croydonspiritualist  
church@gmail.com](mailto:croydonspiritualist<br/>church@gmail.com)  
Website: [www.croydon  
spiritualistchurch.org.uk](http://www.croydon<br/>spiritualistchurch.org.uk)

SEPTEMBER 2025  
Sunday 11am Service  
7<sup>th</sup> DIANA REID  
14<sup>th</sup> MICHAEL LENNON  
21<sup>st</sup> BRENDA HODGSON  
28<sup>th</sup> ANN THEATO, CSNUT

Wednesday Evenings  
of Mediumship at 7.45pm  
Members: £2.50

Non-Members £5

3<sup>rd</sup> JUDITH FREEMAN

10<sup>th</sup> LYNN PROBERT

17<sup>th</sup> STEPHEN BRAME

24<sup>th</sup> SHERRIE HARDAKER

#### Community Coffee Morning

Tuesday 2<sup>nd</sup> September

11am-1pm

Open to everyone

Come along to our church for  
tea or coffee and a biscuit.

Find out more about what we  
do or just drop in for a chat.

If you have any questions  
there will be at least one  
committee member on hand.  
1st Tuesday of each month.

Please visit our website for  
details of Open Circles, Open

Platforms, Special Events,

Workshops and Healing

Please enquire with the

Church regarding Thursday

Healing Sessions

All Welcome

### FARNHAM INDEPENDENT CHRISTIAN SPIRITUALIST CHURCH

Hale Village Hall,  
1 Wings Road,  
Upper Hale,  
Farnham  
GU90HN

President: Jean Harris

Telephone:

07936 708882

Follow us on Facebook

#### SEPTEMBER 2025

Sundays at 6.30pm

7<sup>th</sup> HELEN ATKINS

14<sup>th</sup> To be confirmed

21<sup>st</sup> SUE & MALCOLM NASH

A free will offering will

be collected

Tea/coffee and home-made

cake after the service

Healing available

#### Open Platform

Friday 19<sup>th</sup> September 7.30pm

Practise your mediumship

All levels welcome

£4 to work

£2 Sensitive audience

All Welcome

### KINGSTON NATIONAL SPIRITUALIST CHURCH

Villiers Road,  
Kingston upon Thames,  
Surrey KT1 3AR

Website:  
[www.kingstonsc.net](http://www.kingstonsc.net)  
Email: [kingston.spiritualist  
@yahoo.com](mailto:kingston.spiritualist<br/>@yahoo.com)

Follow us on Facebook

Enquiries:

07503 405007

Bookings:

07780 474440

#### SEPTEMBER 2025

Sunday Service at 11am

Plate Collection

7<sup>th</sup> IRENE LIPTON Medium &  
Spirit Artist

14<sup>th</sup> VANDA GALAZKA

21<sup>st</sup> JOYCE PHILLIPS

28<sup>th</sup> STEPHEN TICKLE

Mondays at 7.30pm

Evening of Mediumship

£4 (members £3.50)

followed by Healing

1<sup>st</sup> RIKI DAVIES

8<sup>th</sup> SARAH WAWMAN aka  
Pink Sarah

15<sup>th</sup> ASHLEY MILLS

22<sup>nd</sup> MARTIN TWYCCROSS

29<sup>th</sup> IRIS BRIDGEWATER

#### Spiritual Healing

By donation

Mondays 8.45pm - 9.15pm

Wednesdays - Pets allowed

2pm - 4pm

#### Open Platform

Medium training for 18+ on  
first Saturday of month with

LESLEY HAMILTON

Saturday 6<sup>th</sup> September

2pm - 4pm £6 (members £5)

Audience £3

#### Open Awareness Circle

For beginners 18+ on 1<sup>st</sup> & 3<sup>rd</sup>

Friday of month

Friday 5<sup>th</sup> & 19<sup>th</sup> September

with LESLEY HAMILTON

7.30pm - 9pm £6 (memb £5)

Doors shut promptly at 7.30pm

#### Light-hearted Spiritual Talk & Associated Guided Meditation

On 3<sup>rd</sup> Wednesday of month

with CHERRY SRINAGANAND

Wednesday 17<sup>th</sup> September

7.30pm - 9pm

£6 (members £5)

Please check our website

for updates and any

programme changes.

Open to members and public

All Are Welcome



## SUTTON SPIRITUALIST CHURCH

St. Barnabas Road,  
Sutton,  
Surrey  
SM1 4NP  
Telephone:  
07958 034820  
Website: [www.suttonspiritualistchurch.co.uk](http://www.suttonspiritualistchurch.co.uk)  
Sunday 6.45pm  
Divine Service  
Thursday 7.45pm  
Service with Demonstration  
of Mediumship  
For Special Events and  
mediums serving the church,  
see our Facebook page:  
**Sutton Spiritualist Church**  
All Welcome

## EAST SUSSEX

**SEAFORDSPIRIT**  
Seaford Independent  
Spiritualist Church,  
3 Warwick Road,  
Seaford,  
East Sussex BN251RS  
Telephone:  
01323 737407  
Email:  
[enquiries@seafordspirit.co.uk](mailto:enquiries@seafordspirit.co.uk)  
Weekly Divine Service  
Thursday at 7.30pm  
Alternate weeks  
In-Person and Online  
Demonstrations of  
Mediumship and Workshops  
For full details see  
our website:  
[www.seafordspirit.co.uk](http://www.seafordspirit.co.uk)  
Subscribe for updates and to  
register for online events and  
to receive log-in codes for  
Divine Services  
All Welcome

## WEST SUSSEX

**LADY AMETHYST SPIRITUAL CENTRE**  
Heene Community Centre,  
Heene Road,  
Worthing,  
West Sussex  
BN114PL  
Telephone:  
07746 906523  
2nd Saturday in the month  
at 7.30pm  
Clairvoyant Evening  
for cancer charity  
£9 entry, refreshments  
and a small buffet  
For mediums serving the  
centre please see our  
Facebook page:  
**Lady Amethyst Spiritual  
Centre Worthing**  
All Welcome

## WEST MIDLANDS

### PARKSIDE SPIRITUALIST CHURCH

The Joe Capstack  
Memorial Hall,  
4 MacDonald Road,  
Wyken, Coventry,  
West Midlands  
CV2 5FF  
Sunday 3pm  
Divine Service  
Monday 7.30pm  
Open/Awareness Circle  
Wednesday  
1pm Healing  
Website:  
[www.parksidespiritualistchurch.com](http://www.parksidespiritualistchurch.com)  
For specials see our Facebook  
page:  
**Parkside Spiritualist Church**  
All Welcome

### STOURBRIDGE NATIONAL SPIRITUALIST CHURCH

49 Union Street,  
Stourbridge,  
West Midlands DY81PJ  
Telephone:  
01384 825060  
Website:  
[www.stourbridgespiritualistchurch.com](http://www.stourbridgespiritualistchurch.com)  
Sundays 6.30pm - 8pm  
Divine Service  
Mondays 1.45pm - 3pm  
Divine Service  
Wednesdays  
12.30pm & 7.30pm  
Awareness Groups  
Mondays 7pm Meditation  
Some Saturdays  
7.30pm - 9pm  
Mediumship Demonstration  
See our website or Facebook  
page for dates  
**Healing Sessions**  
Mondays 12 noon - 1.15pm  
(Before Service)  
Thursdays 7.30pm - 8.45pm  
For details of Special Events  
and mediums serving the  
church, please visit our  
Facebook page:  
**Stourbridge Spiritualist  
Church**  
All Welcome

## SUTTON COLDFIELD SPIRITUALIST CHURCH

Kenelm Road,  
Off Manor Hill,  
Sutton Coldfield,  
West Midlands  
B73 6HD  
Website:  
[www.scsonline.co.uk](http://www.scsonline.co.uk)  
Telephone:  
0121 354 3266  
Sunday 6.30pm  
Divine Service  
Monday 1.30pm  
Service  
Tuesday 7.30pm  
Mediumship Classes  
Thursday 1.00pm  
Healing  
Friday 7.30pm £3  
Development Circle  
For details of Monthly  
Specials & Workshops  
please see our  
Website/Facebook  
Follow us on Facebook at:  
**Spiritualist Church,  
Sutton Coldfield**  
All Welcome

## WORCESTERSHIRE

### REDDITCH SPIRITUALIST CENTRE

139 Easemore Road,  
Redditch,  
Worcestershire  
B98 8HU  
Facebook:  
[www.facebook.com/RedditchSpiritualistCentre](http://www.facebook.com/RedditchSpiritualistCentre)  
Website:  
[www.redditchspiritualistcentre.co.uk](http://www.redditchspiritualistcentre.co.uk)  
Email:  
[redditchspiritualistcentre@gmail.com](mailto:redditchspiritualistcentre@gmail.com)  
Telephone:  
07907 378448  
Sunday 11am  
Divine Service  
Tuesday 7.30pm - 9pm  
Healing  
Wednesday 7.30pm - 9pm  
Mediumship Demonstration  
For details of Special Events  
and mediums serving the  
centre, please visit our  
Facebook page  
All Welcome

## SCOTLAND

### ANNICK SPIRITUALIST CHURCH

Fullarton Community Hub,  
1 School Lane, Irvine,  
Ayrshire KA128DF  
Service  
Every Sunday 6.30pm  
Doors open at 6pm  
For details of Special Events  
and mediums serving the  
church, please visit our  
Facebook page:  
**Annick Spiritualist Church**  
All Welcome

### NEW LISTING KINCAIDSTON SPIRITUALIST CENTRE

Kincaidston Community  
Pavilion, Kincaidston Drive,  
Ayr KA7 3XB  
Each Sunday evening at  
6pm, a different Speaker and  
Demonstrator will lead the  
Service, which will be followed  
by tea and a Development  
Class.  
For details of events and  
mediums serving the centre,  
please visit our Facebook page:  
[kincaidstonspiritualistcentre](http://kincaidstonspiritualistcentre)  
All Welcome

### KIRKCALDY SPIRITUALIST CENTRE

13 Kirk Wynd, Kirkcaldy,  
Fife KY1 1EH  
Facebook page: [Kirkcaldy.sc](http://Kirkcaldy.sc)  
Email:  
[kirkcaldy.sc@gmail.com](mailto:kirkcaldy.sc@gmail.com)  
Telephone: 07948 971381  
Sundays 5pm Divine Service  
Mondays 7pm  
Demonstration  
of Mediumship  
Tuesdays (alternate)  
7pm - 9pm Shamanic Healing  
All Welcome

### PATHHEAD AND DYSART SPIRITUALIST CHURCH

145 Commercial Street,  
Kirkcaldy, Fife KY1 2NS  
Telephone: 01592 262955  
Email:  
[r.birrell46@gmail.com](mailto:r.birrell46@gmail.com)  
Sunday 6pm Divine Service  
Thursday 6.45pm  
Healing Circle  
Thursday 7.30pm  
Development Circle  
See our Facebook page for  
details of visiting mediums  
and special events:  
**Pathhead and Dysart  
Spiritualist Church**  
All Welcome

## DEADLINE

The advertising deadline for the  
**October 2025 issue is**  
**8th September 2025**  
Please email your event details to Paul Brett at:  
[pntemp12@gmail.com](mailto:pntemp12@gmail.com)

## WALES

### THE PSYCHIC SHOP

The Plassey, Eyton,  
Wrexham,  
North Wales  
LL13 0SP  
Telephone:  
07360 272727  
Stockists of  
Healing Crystals & Incense  
Oracle, Angel & Tarot Cards  
Private Readings  
Spiritual Gifts  
& much, much more  
**Website:**  
[www.warrenstarlingpsychicmedium.com](http://www.warrenstarlingpsychicmedium.com)  
All Welcome

### ABERAERON SPIRITUALIST CHURCH

Waterloo Street  
(behind The  
Harbourmaster Hotel),  
Aberaeron,  
Ceredigion SA46 0BW  
Telephone: 0780 559 3626  
**Website:**  
[www.aberaeronsc.weebly.com](http://www.aberaeronsc.weebly.com)  
Every Saturday  
2pm for 2.30pm start  
Service with Mediumship  
For details of mediums  
serving the church and  
special events, please see our  
Facebook page:  
Aberaeron Spiritualist Church  
All Welcome

## GUERNSEY

### THE GREETING PLACE FOUNDATION SPIRITUALIST CENTRE

Douzaine Room,  
St Peters,  
Guernsey,  
Channel Islands  
Enquiries to:  
Ann Jennings  
Telephone: 01481 247185  
Mobile: 0778 141 3218  
See our Facebook page for  
further details:  
The Greeting Place  
Foundation (link below)  
<https://www.facebook.com/TheGreetingPlaceFoundation/>  
Our regular services are:  
Sunday 11am  
Address and Communication  
Other services as announced  
Everyone Welcome

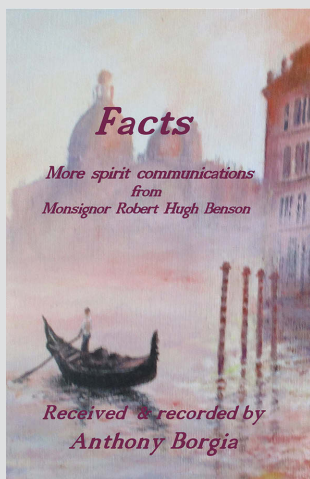
## GREECE



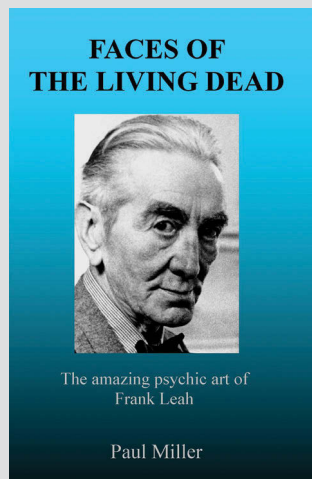
### SPIRITUALIST SOCIETY OF ATHENS

"The Divine Light"  
Channelled Teachings  
from the highest authority  
of the Heavenly Kingdom.  
Various spiritual leaders,  
from Socrates and  
St. John the Baptist  
to Goethe and Newton  
teach invaluable lessons  
to humanity.  
**Website:**  
[www.divinelight.org.gr](http://www.divinelight.org.gr)  
**Email:**  
[info@divinelight.org.gr](mailto:info@divinelight.org.gr)  
**Address:**  
12 Niovis Str.,  
Athens,  
Greece, 11252

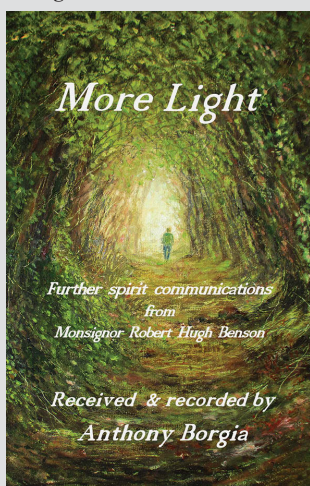
The books below are available from  
**Amazon.co.uk & Amazon.com**  
or direct from: **www.snppbooks.com**  
where many more Spiritualist books can  
also be purchased



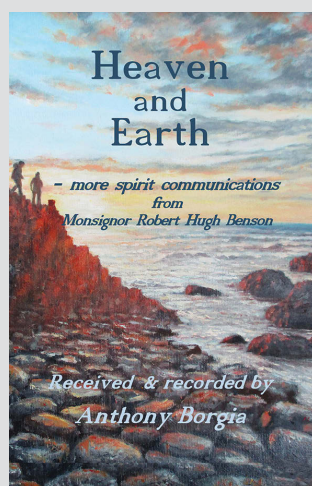
**FACTS:** More spirit  
communications from Monsignor  
Robert Hugh Benson  
Print: UK £9.50 US \$12.00  
Digital: UK £4.99 US \$6.99



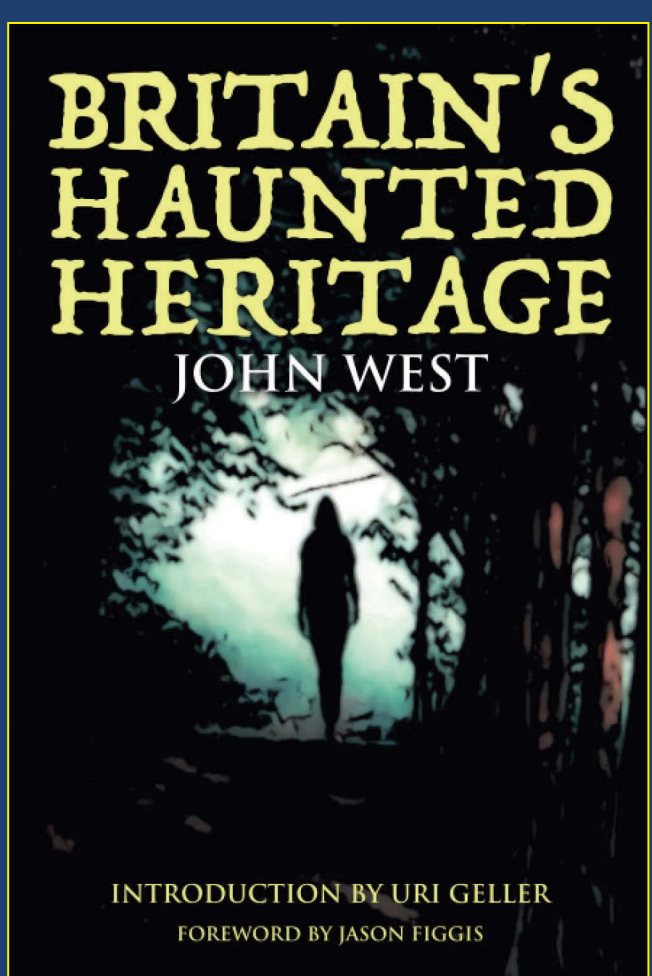
**FACES OF THE LIVING DEAD**  
By Paul Miller  
Print: UK £8.50 US \$12.00  
Digital: UK £4.99 US \$6.99



**MORE LIGHT**  
Print: UK £9.50 US \$12.00  
Digital: UK £4.99 US \$6.99



**HEAVEN AND EARTH**  
Print: UK £9.50 US \$12.00  
Digital: UK £4.99 US \$6.99



**Available from**  
**www.amazon.co.uk**  
**& www.amazon.com**



**MEDITATE.  
VISUALISE.  
LEARN.**

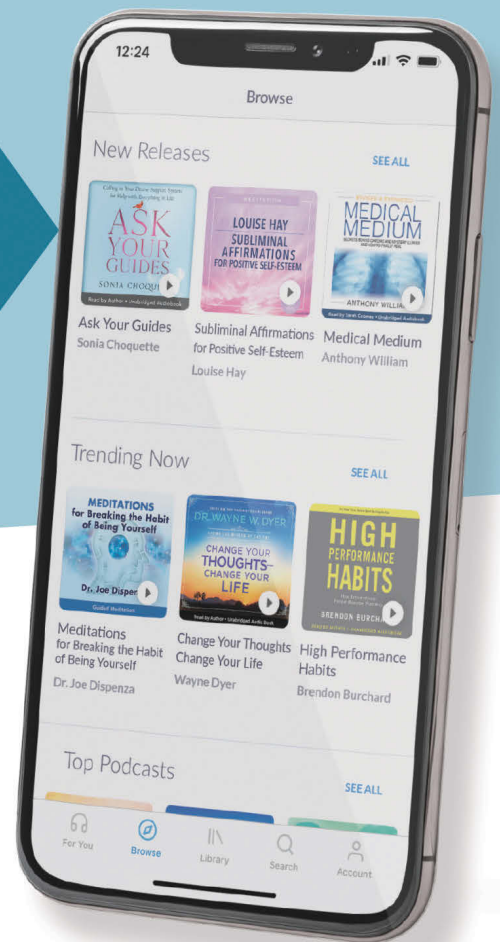
*Get the Empower You  
Unlimited Audio Mobile App*

Get unlimited access to  
the entire Hay House  
audio library!

**You'll get:**

- 500+ inspiring and life-changing **audiobooks**
- 700+ ad-free **guided meditations** for sleep, healing, relaxation, spiritual connection, and more
- Hundreds of audios **under 20 minutes** to easily fit into your day
- **Exclusive content** *only* for subscribers
- No credits, **no limits**

“★★★★★ **I ADORE this app.**  
I use it almost every day. Such  
a blessing. – Aya Lucy Rose”



**New audios  
added  
every week!**

Scan me with



your phone camera!



**TRY FOR FREE!**

Go to: [hayhouse.co.uk/listen-free](https://hayhouse.co.uk/listen-free)