

£4.50 | MAY 2025

Psychic News

EST. 1932

Developing your mind, body and spirit

CHILDREN RECALL PAST LIVES IN THE PRESENT

PSYCHIC SPY 'SAW' TOP SECRET SOVIET SUBMARINE

ACTOR'S PSYCHIC ABILITY INSPIRES ROCK BAND

BE A BUSY BEE AND HONOUR THE EARTH

ANGELIC INTERVENTION SAVES DRIVER'S LIFE

POLICE WERE CALLED TO POLTERGEIST PROPERTY

WIFE ALLEGEDLY PLOTTED MURDER OF PARANORMAL TV STAR

HELEN DUNCAN'S GRANDDAUGHTER SHARES HER VIEWS ON BBC TV SERIES

PSYCHIC GIFT IS HEAVEN SCENT

LAWYER PRESENTS CASE FOR SURVIVAL AFTER DEATH

'STRICTLY' STARS TREAD THE BOARDS IN PARANORMAL PLAY

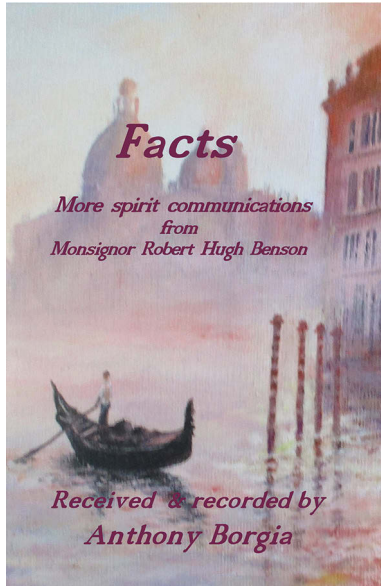
SPIRIT HEALING IS 'HIGHEST FORM OF MEDIUMSHIP'

TRIBUTES POUR IN AFTER MINISTER IS PROMOTED

'GAME OF THRONES' STAR OPENS HOME AS MEDITATION RETREAT



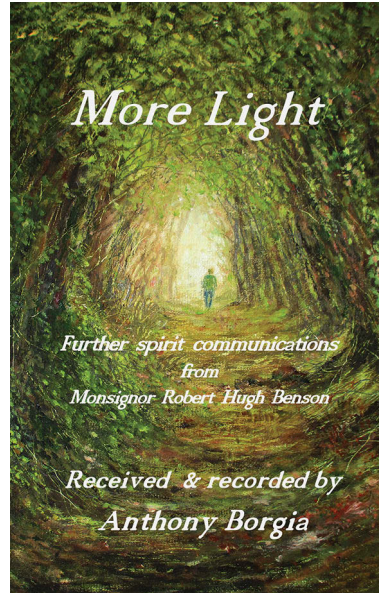
ISSUE 4248



FACTS: More spirit communications from Monsignor Robert Hugh Benson

This book, the first of three following the very popular descriptions of *Life in the World Unseen*, contains spirit scripts received clairaudiently by Anthony Borgia from Monsignor Robert Hugh Benson, a friend from his schooldays.

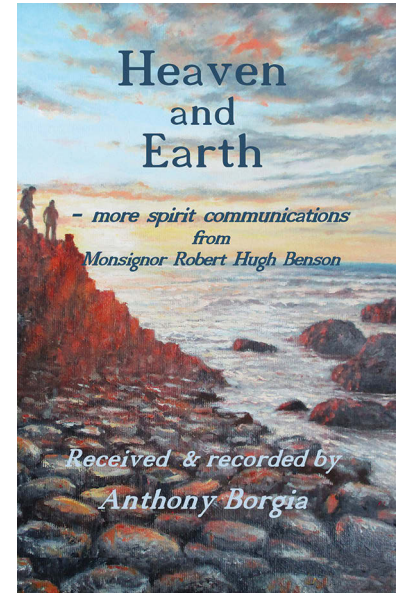
Print: UK £9.50 US \$12.00
Digital: UK £4.99 US \$6.99



MORE LIGHT

This is the second of three books from Monsignor Robert Hugh Benson, following his very popular descriptions in *Life in the World Unseen*. These amazing spirit scripts were received clairaudiently by his friend, Anthony Borgia.

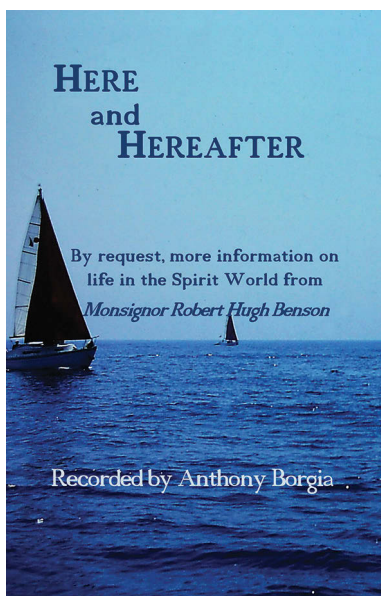
Print: UK £9.50 US \$12.00
Digital: UK £4.99 US \$6.99



HEAVEN AND EARTH: More spirit communications from Monsignor Robert Hugh Benson

This reprint of a classic Spiritualist book is the third in the series of further spirit communications from Monsignor Robert Hugh Benson.

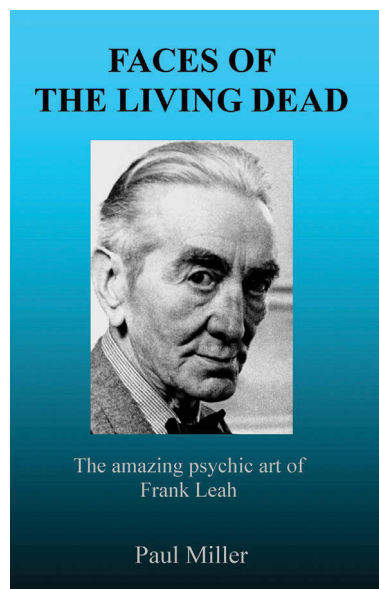
Print: UK £9.50 US \$12.00
Digital: UK £4.99 US \$6.99



HERE AND HEREAFTER

Following the success of his first books, Anthony Borgia received a deluge of letters requesting more information on various aspects of Spirit and the afterlife. In response, Monsignor Robert Hugh Benson was able to furnish information which answered many of the questions.

Print: UK £9.50 US \$12.00
Digital: UK £4.99 US \$6.99



FACES OF THE LIVING DEAD
By Paul Miller

A talented journalist, artist and draughtsman by profession, Frank Leah possessed a far more extraordinary gift: he was the greatest psychic artist this world has seen.

Print: UK £8.50 US \$12.00
Digital: UK £4.99 US \$6.99

**AVAILABLE
FROM**

Amazon.co.uk

Amazon.com

or

direct from:

www.snppbooks.com

*Where many more
Spiritualist books
covering a range of
subjects can also
be purchased*

Contents

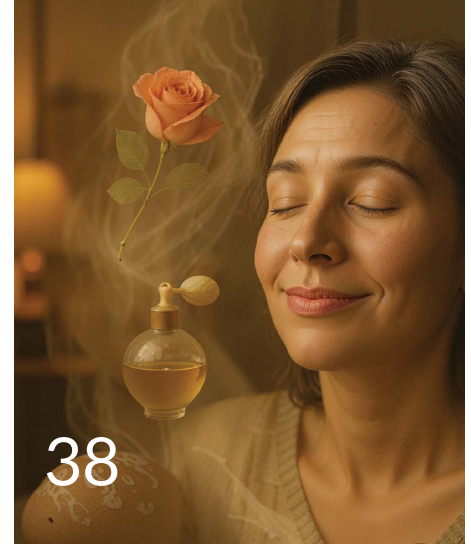
- 04 Two worlds are one**
Subjects include a heroic rat, unusual requests for funerals and yoga mats influencing the cost of living
- 08 TV features medium imprisoned under ancient Witchcraft Act**
A new BBC series re-examines the case of Scottish materialisation medium Helen Duncan, who was jailed after police raided one of her séances
- 10 Premier was 'furious' about court case**
Former Prime Minister Winston Churchill expressed his anger about Helen Duncan being sent for trial at the Old Bailey
- 11 Psychic spy 'saw' top secret Soviet submarine**
Two stories make the news about America's Central Intelligence Agency and historic cases of remote viewing
- 12 Tributes pour in after minister is promoted**
Lynette Coulston passes to the Larger Life at the age of 90
- 13 'Strictly' stars tread the boards in play**
A couple who danced their way to success on TV are set to tread the boards in a play with a psychic theme
- 14 Wife allegedly plotted murder of paranormal TV star**
A paranormal reality TV star hears chilling evidence of his partner's alleged plot to have him murdered
- 16 Mythical beings get Royal Mail's stamp of approval**
Royal Mail issues a set of stamps featuring mythical creatures and fabled figures from folklore



- 17 Supermarket has stock of ghostly stories**
A TikTok video reveals the chilling history behind a Tesco store, sparking a trolley load of tales about unexplained events
- 18 Tour guide celebrates fifteen years of illuminating ghost hunts**
One of Blackpool's illuminating tours celebrates providing intrigue and investigation into paranormal stories around the holiday haunt
- 20 Biopic of famous researcher is planned**
The daughter of a famed parapsychologist plans to preserve his work and legacy in a new biopic



- 21 Medium 'sent back' from Beyond opens shop**
A near-death survivor is fulfilling a mission after being "sent back" to help others on their spiritual path
- 22 Actor opens his home as meditation retreat**
Top actor Jerome Flynn has turned his Welsh country home into a peace and wellness retreat
- 24 Rock band was inspired by psychic ability**
A Hollywood actor speaks out about his psychic ability, which inspired the name of a famous rock band
- 25 Be a busy bee and honour Earth**
Regular columnist Ceryn Rowntree provides handy hints on how we can all help to save our precious planet
- 28 Lawyer presents case for survival after death**
A lawyer and fourth-generation medium, Mark Anthony offers evidence to prove the afterlife's reality
- 31 Children recall past lives in the present**
A new book by author and award-winning journalist Amy Molloy investigates the fascinating subject of reincarnation
- 34 Angelic intervention saves driver's life**
Medium Alison Wynne-Ryder tells how angels intervene to help during our earthly lives
- 38 Psychic gift is heaven scent**
An in-depth look at the little-known ability of clairolfaction in which scents play an essential part
- 37 Sudoku competition**
Five lucky readers will receive a copy of Rob Wildwood's beautifully photographed new book *Magical France*
- 42 'Dead' stranger gives famed actor lift in car**
Graham Jennings outlines how Telly Savalas, who played Kojak in the TV series, was helped by a "dead" motorist
- 45 Police were called to poltergeist property**
John West re-examines the famous case of the Enfield poltergeist
- 50 Spirit healing is 'highest form of mediumship'**
Lionel Owen, a former President of the International Spiritualist Federation, turns his attention to spiritual healing
- 52 A good read**
Details of six new books on mind, body, spirit subjects and two oracle decks
- 54 Classified advertising**
- 57 What's on at Spiritualist churches and centres**



EDITOR
Tony Ortzen

CHIEF REPORTER
Ann Green

ASSISTANT EDITOR,
ADVERTISING,
CIRCULATION & MARKETING
Paul Brett
pnadverts@gmail.com

CIRCULATION MANAGER
& EDITORIAL SECRETARY
pneditorials@gmail.com

TECHNICAL ASSISTANT
Magnus Smith

DESIGN AND LAYOUT
Louise Lynch

ACCOUNTS
Bryan Golland

NEW ADDRESS
PSYCHIC PRESS LTD
124 CITY ROAD,
LONDON,
EC1V 2NX

Telephone:
01376 563091

EDITORIAL EMAIL
pneditorials@gmail.com

WEBSITE &
ONLINE SUBSCRIPTIONS
www.psychicnews.org.uk

ISSN 0033-2801

*The Psychic News logos are UK and Community
registered trade marks of Psychic Press Limited*

FRONT COVER

Photo: Louise Lynch/Leonardo.ai

Psychic News. Published by Psychic Press Limited. Pre-press and printing by Warners (Midland), Lincolnshire. We regret that we are unable to recommend particular mediums and healers. Whilst we endeavour to ensure those given editorial coverage on our pages and those who advertise their services are bona fide exponents, the abilities of exponents are often subjective. Advertisements appearing in *Psychic News* do not necessarily reflect editorial policy and no responsibility can be accepted for dissatisfaction with any service or product. Readers are asked to exercise due care when responding to advertisements. Whilst we welcome them, PN cannot take responsibility for unsolicited manuscripts, articles, photographs etc. © Psychic Press Ltd



MIX
Paper | Supporting
responsible forestry
FSC® C017177



TWO WORLDS ARE ONE

NEWS AND VIEWS FROM
THE EDITOR'S DESK

BY TONY ORTZEN

Rodent Ronin attains hero status

IT'S a terrible thought that on an annual basis thousands of individuals are killed or severely maimed by landmines.

Two years ago, for instance, 5,757 people passed on due to landmines. A further 4,709 were recorded as casualties. Children accounted for over one-third of civilian injuries.

Landmine and explosive remnants are found in dozens of countries. Amongst those most affected are Myanmar, Syria, Afghanistan, Yemen and Iraq. However, a tiny glimmer of hope is on the horizon in the shape of a rat.

Reporting for BBC News, Tiffany Wertheimer began her account: "A landmine-detecting rat in Cambodia has set a new world record to become the first rodent to uncover more than 100 mines and other deadly war remnants.

"Ronin, an African giant pouched rat, has uncovered 109 landmines and fifteen items of unexploded ordnance since 2021." He and others are trained by a charity named Apopo.

Then came: "Cambodia remains littered with millions of unexploded munitions following about twenty years of civil war that ended in 1998.

"The *Guinness Book of World Records* said that Ronin's 'crucial work' is making a real difference to people who have had to live

with the 'fear that one misstep while going about their day-to-day lives could be their last'."

Based in Tanzania, Apopo currently has 104 rodent recruits, or HeroRATS, as the non-profit organisation likes to call them.

Tiffany added: "The rats are trained to sniff out chemicals that are found in landmines and other weapons abandoned on battlefields. Because of their small size, the rats are not heavy enough to detonate the mines.

"The rats can check an area the size of a tennis court in about 30 minutes, the charity says, whereas a human with a metal detector might take four days to clear the same land.

"They can also detect tuberculosis far quicker than it would be found in a lab using conventional microscopy."

Ronin's record in Cambodia's northern Preah Vihear province surpasses that of the previous record-holder Magawa, who sniffed out 71 mines and was presented with a gold medal for his heroism five years ago.

Tiffany ended her report: "Since Apopo's work began 25 years ago, the organisation has cleared 169,713 landmines and other explosives worldwide – more than 52,000 have been in Cambodia.

"The charity also works in other countries affected by war, including Ukraine, South Sudan and Azerbaijan.

"There are still an estimated four to six million landmines and other unexploded munitions buried in Cambodia, according to

Psychic News (incorporating Two Worlds)

Psychic News was founded in 1932 and *Two Worlds* in 1887. Both were established by famous mediums and joined forces in July 2018 to form a single publication promoting Spiritualism from an independent viewpoint and mind-body-spirit issues.

© We are always thrilled when readers and subscribers tell their social media friends about *Psychic News* and the stories or features that they particularly enjoy. By publicising our existence in this way you are giving us valuable support.

But please remember that like all other publications, our contents are copyright, which means you must not publish screen captures or copies of our pages on Facebook, Instagram, websites or other online media platforms without our permission.

Instead, when you write a comment or a few paragraphs about something you have read in our columns, please add psychicnews.org.uk as a link so that your followers can visit us and buy their own copy of the magazine or take out a subscription and read the story in full.



AN African giant pouched rat named Ronin has uncovered 109 landmines and fifteen items of unexploded ordnance in the last four years. Here he appears with his handler Phanny. (Photo: ©APOPO)

the Landmine Monitor.”

Over the years, there have been countless cases of animals using their psychic senses to save humans.

To our utter shame, as a species we must surely be one of the most violent creatures of all and can often learn fine qualities such as love, loyalty and devotion from our four-footed friends.

When it's time to pass on

AS surely as the sun rises and then automatically sets, one day we are all going to pass on.

Spiritualists appreciate that this heralds entry to a glorious land of love and light. Freed from often terribly tiresome constraints, no longer will we suffer earthly encumbrances such as a worn out physical frame.

In the Larger Life all are made whole in every way. Additionally, what a joy it is to know that our entry to the Beyond heralds a blessed reunion with family and friends who preceded us.

Though there may be tears of sorrow on Earth, those in the spirit world will undoubtedly shed those of joy.

Following our earthly exit, the usual practice is to hold a funeral – and it seems that some folk make bizarre requests to be undertaken after we leave the undertakers.

SunLife, a financial services company which provides fuss-free products and services for people aged 50 and over, quizzed 100 funeral directors and 1,500 Britons who planned a funeral in the last year to discover unusual requests from clients and loved ones.

“One of the strangest was an antique dealer whose final wish was to be laid

to rest in his favourite wardrobe,” said a national paper.

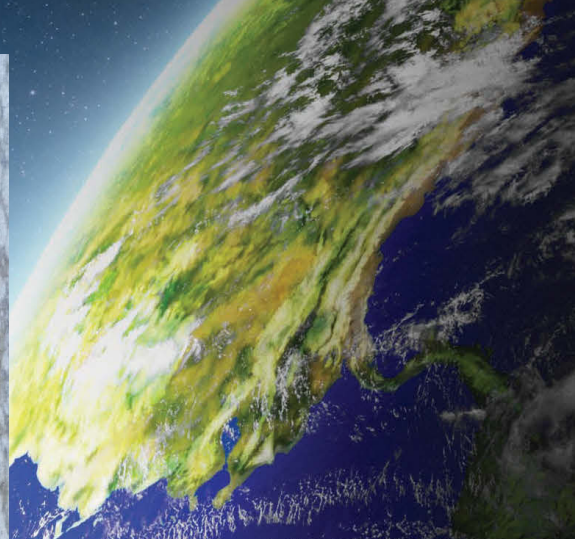
“Another funeral director revealed how the wishes of the departed were that pork pies be placed in bouquets of flowers and handed out to mourners.

“A former bus driver asked for his body to be carried to the crematorium inside the luggage compartment of a coach. Another asked to be taken to his final resting place on the roof rack of a Mini.”

A spokesman for the company said that its latest *Cost of Dying* investigation revealed that fifteen per cent of all funerals included strange instructions.

Mark Screeton, SunLife's chief executive officer, commented: “Our report found that 54 per cent of us would like our own funeral to have a ‘personal’ element, including bright clothing instead of black or a theme reflecting our likes and interests.

“But when it comes to it, most people don't tell their loved ones of these wishes.



“Eighteen per cent of those who organised the funeral of a loved one have absolutely no idea about their final wishes – not even whether they wanted a burial or a cremation.

“As a result, 64 per cent of funerals are ‘traditional’ while just fifteen per cent of funerals contain a more, shall we say, unusual element.”

So if you would like to include a specific request, best let family and friends know well in advance to avoid a doom-filled teary, dreary send-off.

Out of the mouths of babes...

ON page 31 you'll find a fascinating feature on rebirth by award-winning journalist Amy Molloy regarding children and reincarnation.

Quite by chance a colleague found an equally intriguing look into the subject by Joseph Brown on freejupiter.com which is the perfect entrée to Amy's article.

A science writer, Joseph has “a passion for the peculiar and extraordinary.” On the website, he “delves into the strange side of science and news, unearthing stories that ignite curiosity.”

Joseph told of a three-year-old boy



AN expert says that as research into reincarnation continues, “more cases may surface offering new insights.”



A BILL to approve assisted dying was considered at length by the Isle of Man's House of Keys, the publicly elected house, and the Legislative Council, which is the parliament's revising chamber. (Photo: Virtual-Pano)

from the Golan Heights who made "an astonishing claim."

The lad "insisted he had been murdered in a previous life. He gave details of the crime, pointed to his burial site and even identified where the murder weapon was hidden.

"When the villagers dug, they found both a skeleton and an axe, exactly as he had described."

Dr Eli Lasch, a respected doctor known for his work in Gaza, witnessed the event.

His account was later documented in the book *Children Who Have Lived Before: Reincarnation Today* by Trutz Hardo, an expert on reincarnation and regression therapy in Germany.

"The case gained attention due to the precise details the boy provided," Joseph wrote. "One chilling detail was the birthmark on the child's head – a long, red mark.

"The Druze people, along with other cultures, believe birthmarks relate to past-life injuries. The boy claimed the mark aligned with the fatal axe wound he suffered in his previous life."

As he grew older, the child "revealed more. He named the person who killed him, leading to a confrontation with the accused.

"At first, the man denied any involvement. But after the body and weapon were discovered, he reportedly confessed in private."

Joseph also cited cases investigated by famous rebirth researcher Dr Ian Stevenson, who "found compelling

evidence that birthmarks and deformities could be linked to past-life injuries.

"In one case, a Thai boy was born with two birthmarks on his head. When he could speak, he claimed he had been a teacher who was shot in the head. Historical records confirmed that a teacher had been killed in that manner.

"Another case involved a Burmese child who remembered being a soldier and described how he had been killed by a bullet wound to the chest.

"He was born with a distinct birthmark in the same area where he claimed to have been fatally wounded."

Joseph said the idea that "consciousness exists independently of the brain is gaining traction in fields like near-death studies and quantum physics.

"Psychologists studying reincarnation cases argue that they cannot be easily dismissed as coincidences.

"Many children have recalled details they could not have learned naturally. Some have spoken in unfamiliar languages, described obscure historical facts and even recognised past relatives they had never met."

Joseph ended: "As research into reincarnation continues, more cases may surface offering new insights. Advances in neuroscience, psychology and metaphysics may provide fresh explanations.

"Until then, these accounts remain a fascinating topic, intriguing both believers and sceptics. They challenge what we think we know about life, death and the possibility of rebirth."

Isle approves assisted dying

THE Isle of Man has become the first place in the UK to approve assisted dying.

First, in a major move, the Royal College of General Practitioners (RCGP) has agreed a new stance on the issue.

For some years, the RCGP was against assisted dying, a position it adopted twenty years ago.

However, after consulting members, the college's council has voted to move to a position of neither supporting nor opposing the practice being made legal.

Prof Kamila Hawthorne, the chair of the RCGP, said: "This is a highly sensitive personal, societal and legislative issue.

"We need to be in a position to represent the views of all our members and patients...

"Neither opposing nor supporting assisted dying does not mean we will be stepping back from the debate.

"Our focus will be on advocating for our members, regardless of their views on assisted dying, as to how potential changes in the law will impact on their daily practice and the care they deliver for patients."

Meanwhile, the Isle of Man recently became the first place in Great Britain to sanction assisted dying.

Since its first reading two years ago, a bill to do so was considered at length by the House of Keys, the publicly elected house, and the Legislative Council, which is the parliament's revising chamber.

Once it achieves Royal Assent, under the provisions in the Assisted Dying Bill 2023, adults with a prognosis of twelve months or less to live will be given the right to choose to die.

Those eligible will have to be over the age of eighteen and resided on the island for five years.

Additionally, the person concerned must also have the legal capacity to make the decision, and have it verified by two independent doctors.

It remains to be seen whether the UK's House of Commons will approve assisted dying in England and Wales.

A bill to legalise it was submitted by MP Kim Leadbeater last October and is making its way through Parliament. If backed by MPs, it is unlikely to become law before 2029, the year by which a general election must occur.

Its backers fear that ministers would be reluctant to push through such a controversial change before voters head to the polls.

SAVE PSYCHIC NEWS URGENT APPEAL

To figure out complementary healing

CAUTION! I'm about to feature quite a few figures, but here's the easy bit: for the first time, yoga mats and virtual reality headsets are being used by statisticians to chart the rising cost of living.

Both have made their way into the basket of goods and services used by the UK's Office for National Statistics (ONS) to calculate inflation. The basket contains 752 items.

This time around, 23 have been added and fifteen removed. Stephen Burgess from the ONS said:

"The addition of virtual reality headsets for the first time shows our appetite for emerging technology. Yoga mats also limber up as a new addition due to their increased popularity since the pandemic."

Now to the USA where Google search trends for 35 of the most prominent complementary healing methods have revealed a staggering 837 per cent global increase in interest from 7.09 million monthly searches in 2016 to 66.41 million in 2024.

On healthnews.com journalist Edvardas Garbenis wrote it was important to consider that between those years "there was around a 70 per cent increase in global internet users (from 3.26 billion to 5.52 billion).

"However, the search volume growth for alternative healing modalities far outpaced this increase, suggesting a significant rise in global and US interest in alternative ways to improve health beyond what could be attributed to a growing user base alone...

"Several factors may be at play, including a desire for greater control over personal health, increasing dissatisfaction with conventional medicine and healthcare systems, and shifting toward more proactive and integrative approaches to well-being."

Compared to 2016, in 2024 the average monthly global search volume for yoga was 30,000,000, an increase of 838 per cent.

Other facts and figures are: meditation 4,909,000 (monthly increase 823 per cent); reiki 1,300,000 (1,200 per cent increase); energy healing 83,000 (833 per cent increase) and sound healing 89,000 (709 per cent increase).

Among other treatments which scored well were acupuncture, homeopathy, aromatherapy, naturopathy, breathwork, hypnotherapy and Ayurveda, a holistic system of medicine that began in India over 3,000 years ago.

Having examined statistics for all of the therapies featured, I feel a touch stressed and could well do with a lie down on a yoga mat...



FOR the first time ever, statisticians included yoga mats and virtual reality headsets to chart the cost of living. (Photo: RDNE Stock project on Pexels)

Please help us save *Psychic News* so we can continue to spread Spiritualism to the world.
All donations will be gratefully received.
Here is how you can donate.

By Cheque

You can send a donation by cheque to our office.

Please make cheques payable to:

Psychic Press Ltd

and send them to our new postal address:

Psychic Press Ltd,

124 CITY ROAD, LONDON, EC1V 2NX

By Phone

You can make a donation over the phone using a credit or debit card. Please call: **01376 563091**

We will be able to take your calls between
11am and 7pm — Monday to Friday.

We only have one phone line, so if it goes to voicemail please leave your number and we will call you back.

GoFundMe Page

You can make donations by card or Paypal.

Go to: **www.gofundme.com**

and search 'Save Psychic News'

or use the direct link below:

www.gofundme.com/f/save-psychic-news

Via Paypal

You can send donations from your
Paypal account straight into ours.

Send your donation to: **pnadverts@gmail.com**

Please mark payments as a 'Donation'

Bank Transfer

You can send donations directly
into our bank account.

Sort Code: **20 36 98**

Account No: **63272923**

Account Name: **Psychic Press Limited**

Please mark payments as a 'Donation'

Standing Order

You can send monthly donations directly into our bank account by setting up a Standing Order with your bank. Our account details are in the Bank Transfer section above.

Please mark payments as a 'Donation'

TV features medium imprisoned under ancient Witchcraft Act

A NEW BBC series has re-examined the case of Scottish materialisation medium Helen Duncan, who in 1944 became the last person convicted and imprisoned under the Witchcraft Act of 1735.

Helen was accused of using “human conjuration” so that “spirits of deceased persons should appear to be present.” The guilty verdict came with a nine-month prison sentence.

For the four-part *Paranormal* series titled *Britain's Last Witch*, presenter Sian Eleri trawled through crates of Duncan family papers.

These included evidence from the Old Bailey trial at which 44 witnesses testified that they experienced genuine interactions with “dead” loved ones at Helen’s sésances.

Helen Duncan, née MacFarlane, was born in Callander, Scotland, in November 1897. According to her personal journal, she saw spirit beings from an early age, causing fear and suspicion in her community. Some nicknamed her “Hellish Nell.”

“There came a time when my classmates absolutely refused to have anything to do with me,” she wrote.

“They were scared of me. What is this gift of second sight? It is the power of being able to peer back into the past and forward into the future... I believe I was born with it.”

A prominent feature of Helen’s sittings

was the emission of ectoplasm from her body whilst entranced. The diaphanous substance formed into spirit forms, which were recognisable to sitters.

In December 1941, Helen visited Portsmouth, Hants, the home of the Royal Navy. There, a sailor appeared at a séance, announcing that he went down on a vessel called *Barham*. At the time, it had not been publicly announced that *HMS Barham* had indeed sunk.

Such access to secret information had already caught the attention of MI5, the UK’s security service. It was the earlier loss of another battleship that probably led ultimately to Helen’s arrest.

On May 25, 1941, Brigadier Roy Firebrace, head of military intelligence in Scotland, attended a Helen Duncan séance in Edinburgh. Her spirit guide Albert appeared and announced that a “great British battleship” had just been sunk.

“After the séance, I returned to my headquarters,” Firebrace wrote. “As soon as I got back I heard on the private line from the Admiralty in Scotland the news that *HMS Hood* had been sunk.

“But at the time of the séance, the Admiralty had no knowledge whatever of the sinking of the ship. So you understand



HELEN DUNCAN said she saw spirit beings from an early age. (File photo)

from the point of view of the authorities, Mrs Duncan was a somewhat dangerous person.”

Many believe that the need for secrecy concerning the upcoming D-Day landings in Normandy was one of the causes of Helen’s arrest in January 1944.

Chief Constable Arthur West, who was in charge of the police prosecution, told the BBC decades later, “Oh, they wanted her out of the way because she was a danger.”

After Helen was arrested during a materialisation séance in Plymouth, the best way to ensure a prison sentence was the archaic law of witchcraft.

Helen was released from prison on September 22, 1944, and tried to keep from scrutiny until November 1956 when she was persuaded to hold a séance in Nottingham.

It was raided by police, but no charges were brought. Within weeks, Helen succumbed to the effects of long-term illnesses and allegedly the rough treatment she received. She passed on December 6 that year.

After the BBC programmes aired, *Psychic News* chief reporter Ann Green spoke to Helen’s granddaughter Margaret Hahn about the case, the series and her ongoing plans to bring justice for the medium.



AT a séance, a sailor announced he had gone down with “HMS Barham” before its sinking was publicly revealed. (Photo: Arthur Conry/Wiki-Ed)

The first question put to her was, *"Tell me briefly why you have spent decades researching your grandmother's story and campaigning on her behalf."*

I've searched for the truth on my grandma for many years. Initially, I was willing to let the cards fall where they may as to whether she was genuine or a fraud.

However, the more I researched my grandmother's mediumship, the more apparent it became to me that she was genuine. She truly had gifts from God.

Do you feel the BBC TV series was fair and balanced? Did it miss anything you wish had been included?

I believe the documentary handled her case with care. The BBC presented a balanced view of what it called "Britain's last witch."

However, I would have appreciated it if it had included more information about Helen's guide, Albert Stewart, who gave details of his life on Earth. We have verified it all and even have his death certificate.

The BBC might have showcased some of Helen's other photographs of materialisations, such as those featured at the Britten Museum and Library at the Arthur Findlay College, Essex.

Including these would have enriched the narrative along with Albert's explanation of the early materialisation photos, which were not as successful as the later forms.

What is your aim now? I believe you are seeking an overturning of the verdict, not a pardon which might imply guilt.

Our case will introduce compelling new evidence critical to Helen's defence. I have worked alongside Graham Hewitt, a former criminal lawyer determined to ensure that this evidence is presented effectively in court.

For myself and my family, our mission is clear: we aim to reinforce Helen Duncan's innocence of the witchcraft charge by unveiling new information that could sway the outcome in her favour significantly.

How would you like Helen to be remembered?

I fervently hope my grandmother is remembered for her unwavering commitment to demonstrating that life transcends our earthly experience.

Her sacrifices in enduring harsh challenges, her compassion for those mourning loved ones and her selfless service to humanity deserve to be honoured despite the toll it took upon her health.

Apart from Helen's mediumship is there anything about her life which would surprise people?

Helen Duncan is often seen through a lens of affluence, but the reality is that my grandma faced considerable financial hardships.

She made profound personal sacrifices, even selling her coat to ensure her family had enough to eat. Yet despite these struggles, wealth was never her driving force.

My grandma was a captivating materialisation medium who chose to sit beneath a warm red light.

Unlike many mediums today who favour complete darkness, she found solace in the glow of the light. Most people don't know that my grandma was scared of the dark.

What do you believe caused Helen's passing at the age of 59?

Despite her long-standing health challenges, my grandmother devoted herself to Spiritualism, often putting her discomfort aside for what she felt was her duty.

The trauma she endured during the police intervention at the private séance



MARGARET HAHN says her grandmother's compassion and selfless service "deserve to be honoured."

on November 28, 1956 inflicted such severe mental anguish that she would never recover from it. Tragically, she lost her will to live.

Do you think the government still has files you haven't seen?

I previously reached out to the Ministry of Defence (MoD) regarding my grandmother and would like to share a key excerpt from its response.

In reply to my request for "all files the British government, particularly the Admiralty, has on my grandmother," the MoD has clarified its position.

It said, "It's important to note that files within the MoD are generally organised by subject rather than by individual names."

Unfortunately, the ministry has been unable to locate any recorded information

about my request, leaving us uncertain whether any files existed then.

However, we know that Helen captured the attention of multiple government agencies and departments.

Do you still have documents you have yet to publish, such as diaries?

I was fortunate to inherit a family heirloom, which provides a detailed account of my grandmother's life and the significant events surrounding her demonstrations. I will share her story and ensure it is understood in all its complexity and truth.

Whereabouts do you live now?

In Springfield, Tennessee, USA, about 27 miles north of Nashville, the home of country music.

Do you have psychic abilities?

Yes. From the beginning, my journey has been shaped by the incredible influence of my grandma.

I am deeply grateful for her presence in my life and how she has guided me at every turn.

Her wisdom and love have been my greatest motivators. I truly cherish every moment we've shared on this journey together.

Do you own anything which belonged to Helen that you treasure?

My grandmother's photographs, stories and family heirlooms are crucial for keeping her legacy alive and ensuring that her inspiring story is shared for future generations.

I established a foundational website several years ago to safeguard my research for future generations. Readers will find a wealth of knowledge dedicated to ensuring that her legacy lives on at helenduncan.org

Ann also spoke to retired lawyer Graham Hewitt, who outlined the case which is being compiled with the aid of a King's Counsel.

He commented there had been an "unbelievable" number of errors in the presentation and evidential conduct of the original defence of Helen at the Old Bailey.

A former Assistant General Secretary of the Spiritualists' National Union, Mr Hewitt added:

"The Criminal Cases Review Commission wouldn't reopen the case in the past as it said it wasn't in the public interest.

"It also said that there was no new evidence, but now we do have a lot of new evidence."

Preliminary work has been completed with a view to attesting that the verdict given at Helen's trial was "unsafe and unsatisfactory."

Premier was 'furious' about court case

IN a lengthy preview of the TV programme, the *Daily Mail's* history editor Harry Howard told how Helen Duncan foresaw a GP's passing.

Mr Howard wrote that Helen "was born into a poor working class family... Her father, Archibald MacFarlane, was a roof slater. Both he and his wife Isabella were devout Christians.

"The medium's alleged abilities manifested themselves very early. When she was nine, she predicted the death of a local doctor.

"She claimed in her journal that she told the medic, who she was 'extremely fond' of, not to drive to the nearby Loch Lubnaig.

"He refused to heed her warnings and set off. The medic then lost control of his car and was killed in the crash."

Afterwards, Helen wrote, "Had the doctor accepted my warnings, he would have lived."

Mr Howard also homed in on how Helen's trial angered Prime Minister Winston Churchill, who sent a "furious memo" to Home Secretary Herbert Morrison.

Dated April 3, 1944, it read: "Let me have a report on why the Witchcraft Act, 1735, was used in a modern Court of Justice.

"What was the cost of this trial to the State, observing that witnesses were brought from Portsmouth and maintained

here in this crowded London for a fortnight, and the Recorder kept busy with all this obsolete tomfoolery to the detriment of necessary work in the Courts."

Mr Howard termed the BBC investigation into Helen "far from straightforward. Presenter Sian Eleri is left horrified when she listens to a chilling recording of one of Duncan's séances, where the medium voices a male 'spirit'.

"She also discovers how Duncan... was heard speaking in both Spanish and German in séances, even though she allegedly could not speak either language."

The paper added that at her most popular, Helen "was said to be earning around £4,000 a week in today's money."

Of the *HMS Barham* séance, Mr Howard wrote: "Duncan's supporters claim that she knew of the sinking because she really had communed with the spirit world.

"But sceptics believe that she more likely heard about the sinking from bereaved relatives."

Of Helen's trial, Mr Howard said some witnesses "professed to talking to and even seeing dead relatives via Duncan.

"Among her backers were a nurse, a wing commander in the RAF and a magistrate. Duncan's lawyer even voiced her offer to produce Albert – her spirit guide – at her trial, but the jury declined."

In her opening statement, Helen said: "I am charged as a fraud and an impostor, and a cheat.

"But brave people against public opinion will give evidence of continuity of life, that people supposed to be dead were not dead at all."

Mr Howard said that working against her were test condition séances under "the watchful eye" of psychic researcher Harry Price, who believed that ectoplasm at Helen's sessions was cheesecloth.

In 2008 the Scottish Parliament rejected a bid to pardon Helen. In the BBC series, Graham Hewitt told viewers:

"If you look at this evidence, through the witnesses, I think you will see she did not pretend. She had abilities which the ordinary man in the street may not understand."

SIR WINSTON CHURCHILL
termed court case about
medium "obsolete tomfoolery."
(Photo: Library of Congress)





Psychic spy 'saw' top secret Soviet submarine

TWO stories have made the news about America's Central Intelligence Agency (CIA) and historic cases of remote viewing.

The foreign intelligence service of the federal government of the United States, the CIA is tasked with advancing national security through collecting and analysing intelligence from around the world.

One review of declassified documents suggests that a psychic used his ability to track a Russian submarine in 1979. The other involves the agency trying to locate the sacred Ark of the Covenant ten years later.

The priceless ark is said to be a gold-covered wooden storage chest, which held stone tablets bearing the Ten Commandments.

It is now well known that during the Cold War, the CIA experimented with the potential for observing people, items and activities from a distance using intuitive ability. The practice was termed remote viewing.

One of the most successful psychic spies was Joe McMoneagle, a US Army Chief Warrant Officer.

It is claimed that through remote viewing, Mr McMoneagle "saw" inside a Soviet Union construction hangar and discovered a top-secret submarine being built.

Using remote viewing, he was able to "see" a large warehouse 100 yards from the White Sea in 1979 and described a never-before-seen type of submarine with slanted missile tubes and a unique double-hull structure.

Unfortunately, nobody believed him until satellite imagery confirmed the Russians were indeed building a new class of submarine, called *Typhoon*, which they launched in September 1980.

The story was told by renowned computer scientist Jacques Vallée during a recent interview on the *Joe Rogan Experience* podcast.

A top authority on remote viewing, Mr Vallée is also an author, UFO expert and astronomer currently residing in San Francisco.

He took part in the Stargate Project involving psychic spying, which was officially terminated a decade ago after the CIA concluded it could not produce reliable intelligence.

Talking about Mr McMoneagle's visions of the submarine, Mr Vallée said the psychic had "described the length. He actually measured it psychically."

This turned out to be correct, as did Mr McMoneagle's assertion that it was being built a short distance from the sea.

The Russians "brought some bulldozers," said Mr Vallée. "They dug... a channel to the sea and off it went."

The *Typhoon* was the largest nuclear submarine built up to that time, measuring 574 feet in length and weighing 48,000 tons while fully submerged.

Mr Vallée said that psychics assisting the CIA received impressions such as images, shapes or feelings from a target location. They sketched whatever came into their minds without trying to interpret the impressions.

In one experiment, Mr Vallée was given map co-ordinates to focus on and felt "very cold right away, and I get dizzy." The spot he had been "sent" to was on top of a mountain in the Andes.

These mountains extend from south to north through seven South American countries – Argentina, Chile, Bolivia, Peru, Ecuador, Colombia and Venezuela.

Since the Stargate files were declassified, Mr McMoneagle has appeared on TV programmes, written a book about his work titled *Remote Viewing Secrets* and still co-owns a company called Intuitive Intelligence Applications Inc.

He is an advisor for a number of centres studying anomalous phenomena.

In a second account, social media lit up about a declassified CIA document disclosing that a remote viewing session took place in December 1988 with the target being the sacred religious storage chest known as the Ark of the Covenant.

The file says that a remote viewer described only as number 32 "attained excellent site contact" and was able to keep any personal interpretation or suggestion to a minimum.

"Target is a container," the summary of the experiment reads. "This container has another container inside of it. The target is fashioned of wood, gold and silver."

"The target is located somewhere in the Middle East... The target is hidden – underground, dark and wet."

The psychic said the ark is protected by "entities" and can only be opened by those who are authorised to do so.

"This container cannot be opened until the time is deemed correct," the summary states.

"The purpose of the target is to bring all people together. It has something to do with ceremony, memory, homage and the resurrection."

"There is an aspect of spirituality, information, lessons and historical knowledge far beyond what we now know."

"Once it is time to open the container, the mechanics of the lock system will be found to be fairly simple."

"Individuals opening the container by prying or striking are destroyed by the container's protectors through the use of a power unknown to us."

Biblical scholars seem to agree that the Ark of the Covenant really does exist. It is mentioned in the Old Testament, making several appearances in the first five books of the Bible.

Tributes pour in after minister is promoted

TRIBUTES have flooded in following the passing of one of Spiritualism's most inspiring ministers.

A national almoner for the Spiritualists' National Union (SNU), Lynette Coulston was promoted in the early hours of April 2 aged 90.

In an announcement, the SNU said Lynette "embodied so many of the virtues of our movement, living and breathing the lessons, light and example of the Seven Principles."

It continued that it was in SNU churches and centres "and on a number of committees where Lynette most tirelessly and inspiringly served.

"Never grand, always kind, her gentle, determined resolve and endless wisdom saw her support, teach, inspire and encourage so many with whom she crossed paths."

Born in Guyana, South America, Lynette made her home in the West Midlands in 1955. She worked as a secondary school teacher for 35 years before retiring.

In 2002 she married Charles Coulston, who was the SNU's General Secretary and served across four decades until April 2015.

Lynette was a powerhouse of community activity on behalf of Spiritualism. Serving as President of Eagle Street SNU Church in Coventry, she was also a director of Coventry Multi-Faith Forum and chair of Spiritualist Aid, a fundraising wing of the SNU Trust.

Twenty years ago British Spiritualists purchased three purpose-built houses for victims of the Asian tsunami.

On Boxing Day 2004, a magnitude 9.2 to 9.3 earthquake struck off the west coast of northern Sumatra in Indonesia.

It triggered a tsunami, which caused waves reaching almost 100 feet in height. The tsunami claimed the earthly lives of over 220,000 people in fourteen countries.

In a few terrifying moments, thousands more were left homeless and orphaned. After an appeal was launched, Spiritualist Aid purchased three houses in Sri Lanka via the Aurora Tsunami Orphanage Appeal.

This Maidstone, Kent-based charity was founded by medium and healer Jan Lynch and her husband Ian. The couple were on holiday in the Maldives with their daughter Tamsin and son-in-law Geoff when the tsunami struck.

Purchasing the three houses cost £9,000. Spiritualist Aid also distributed or pledged £19,880 for a hospital, £4,465 for rehabilitating a clinic and a further £26,950 for providing two ambulances. These three projects appertained to Banda Aceh in Indonesia.

The properties had two bedrooms,



MINISTER Lynette Coulston was "a beautiful soul in every way possible." (File photo)

with the potential and planning permission for a third, a modern toilet and a shower, and a fitted kitchen along with a good-sized lounge.

All had running water, electricity and a small garden where occupants could grow their own vegetables.

Spiritualist Aid named the houses it purchased Hydesville Cottage, Summerland Cottage and Helen Duncan House. All told, British Spiritualists raised over £61,000 for the appeal.

After Spiritualist Aid sent off a final cheque of over £20,000 to cover relief projects in an area devastated by the tsunami, Lynette commented:

"Pride may well be one of the seven so-called deadly sins, but I think we can all be proud of the way that the Spiritualist movement rallied around so quickly and selflessly to help

those caught up in the tsunami.

"Let's remind ourselves that it was not just homes, shops, hotels and businesses that were wrecked.

"Countless lives were also devastated as many thousands of people passed on when the terrifying waves took their toll.

"Then there are others who sadly suffered all kind of injuries. These were not just of a physical nature. I have no doubt that many people will be emotionally scarred for years to come."

July 2005 saw the launch of another appeal in which Lynette played a role to help the victims and families of those involved after four suicide bombers launched attacks on London's transport network.

After the Tube and bus bomb blasts, hundreds of people were rushed to hospital. Fifty-two people passed of their injuries. Over 700 suffered horrific wounds.

A collection amongst members and delegates at that year's SNU AGM raised just over £700. This figure was matched pound for pound by Spiritualist Aid. The SNU Trust then matched the new amount.

After the Arthur Findlay College weighed in with a £2,000 donation, the final figure raised was almost £5,000.

As the SNU's almoner, for many years Lynette kept a note of older union members and those who had fallen ill, ensuring they were contacted regularly for welfare checks, chats and occasional visits.

Minister Sandy Hagger, chair of the SNU's Minister Development Committee, said Lynette was "a friend to many; her warmth and buoyant character did much to cheer those who were going through difficult times."

Sandy added that until recently Lynette "was telephoning people whom she felt would benefit from a call."

Four years ago, Coventry became the UK's City of Culture, which saw Lynette taking a starring role in a community project at the cathedral.

Titled *Symphony of Us*, the publicity stated that the show was "an epic and personal spectacle" made by six people of Coventry along with a local creative team and orchestra.

As one of the six notable residents chosen, Lynette shared her experience of living in her adopted city. At the

time, she had nine children, seventeen grandchildren and twelve great-grandchildren.

The promoters said, "These proud Coventrians, either born in the city or who have made it their home, are teachers, are parents, are quietly changing the world."

After her passing, in his tribute Minister Alan Rawnsley commented that Lynette "was a beautiful soul in every way possible."

"She was truly a modern-day pioneer who worked tirelessly in so many ways for Spiritualism and Spiritualists. Her welcome and onward journey in the spirit home is guaranteed to be exceptional."

Of Lynette, SNU President Minister Jackie Wright said, "The spirit world will be rejoicing at her homecoming."

Former President Minister David Bruton commented that Lynette "embodied her religion in so many ways."

"Her going from this place leaves the world a poorer place, but the welcome she has no doubt received on returning home I am sure is worthy of her great dedication to serve God and the spirit, and the countless people her life has touched."

Lynette once told *Psychic News* that Easter was her favourite part of the year. It is a time of light, she explained, and also "a time of nature and natural law as in rebirth and the resurrection of plant life."

She felt that the event "speaks of revival, new growth, rebirth and spiritual enlightenment."

Lynette said she would place "masses of yellow flowers around our home to welcome springtime with its brightness and upliftment after the gloom of winter."

"For me, Easter is a time of thanksgiving for – and reflection on – the wonders of nature."

The SNU announcement of Lynette's passing said she would be remembered as "a teacher, a mentor, a healer and an inspiring and impassioned speaker."

It added: "Our thoughts and deepest condolences are with her loved ones and friends, but we take comfort in knowing that this physical loss of ours is undoubtedly the spirit world's great and timeless gain."

One comment described Lynette as "a lady who never stopped giving." Another said she was "Kind, caring and gentle. A lady who showed such compassion to all."

A spokesperson on behalf of the Dorothy Hudson Spiritualist Centre in Oldbury said: "We were honoured to have Lynette speak at our Black History event last year. Her presence, wisdom and spirit left a lasting impression on all who attended."

"She will be greatly missed, but her legacy will live on in the hearts of those she touched."

'Strictly' stars tread the boards in paranormal play

A COUPLE who danced their way to success on TV are now set to tread the boards in an award-winning play about paranormal belief.

Presenter Stacey Dooley met professional dancer Kevin Clifton on the sixteenth series of the BBC's *Strictly Come Dancing* in 2018, ultimately winning the competition. They have since set up home together and have a baby daughter called Minnie.

Now it has been announced that the pair will star in the critically acclaimed smash hit supernatural thriller *2:22 A Ghost Story* on an extensive UK-wide tour.

For Stacey it's a return to the starring role of Jenny following a limited run at London's Gielgud Theatre last year. Kevin will play Jenny's husband Sam.

"I'm such a huge fan of *2:22* as a play," said Kevin. "I've seen it a number of times and wanted to play Sam for ages."

"It's superbly written, clever, funny and thought-provoking whilst always maintaining a danger that kept me on the edge of my seat."

"When Stacey did the West End run, I thought she was brilliant and just wanted to be up there with her."

Noting that fiction mirrored reality – although the couple have vowed never to marry in real life – Kevin added, "Me and Stacey playing a couple with a new baby in a new house could not be more perfect."

The comedy drama *2:22 A Ghost Story* features two couples whose fractious dinner party turns into a vigil for a ghost, which seems to appear at the same time each morning at 2.22 am.

The publicity promises an "adrenaline-filled night where secrets emerge and ghosts may or may not appear..."

It challenges the audience to consider "What do you believe? And do you dare discover the truth?"

A quote from the play has Jenny saying: "There's something in our house. I hear it every night at the same time."

The young mother is convinced their new home is haunted, but her husband Sam isn't having any of it. They argue with their dinner guests, old friend Lauren and new partner Ben.

"Belief and scepticism clash, but something feels strange and frightening,

and that something is getting closer, so they're going to stay up until 2:22 and then they'll know," say the promoters.

The drama premiered in the West End in 2021 and received a Laurence Olivier Award nomination for Best New Play the following year.

Stacey added that she is "Thrilled to be slipping back into Jenny's slippers... I had such a magic few months with *2:22* last year."

"I couldn't be more excited to bring this incredibly clever show on the road – and with my Kev! Total dream. Come see us."

The script was created by award-winning writer Danny Robins, the brains behind the hit BBC podcast and TV series *Uncanny*. The play is directed by Matthew Dunster. Further casting is yet to be announced.

The tour opens at Manchester Opera House on August 4, continuing through to November 2025 visiting locations around the country.

The website for details and tickets is <https://222aghoststory.com/uk-tour-tickets/> There will be a second leg of the tour running from January 8-June 20, 2026.

Kevin competed in seven series and a record five finals of the BBC 1 series *Strictly Come Dancing*. He won the show in 2018 and was crowned Strictly Champion, receiving the glitter ball trophy alongside Stacey before he left the programme in 2020.

Stacey has produced an array of social issue-themed programmes concerning sex trafficking, domestic abuse and prisons from some of the world's most hostile territories. She earned an MBE for services to broadcasting in 2018.

Her hard-hitting series *Stacey Dooley Investigates* took her to Russia, Iraq, Hungary, Thailand and Kenya to explore challenging issues such as child exploitation, war, domestic violence and pollution caused by the fashion industry.

Stacey came face-to-face with an ISIS soldier for which she won a One World Media Award.

Wife allegedly plotted murder of reality TV star

A PARANORMAL reality TV star has been hearing chilling evidence of his partner's alleged plot to have him murdered.

Victoria Goodwin, wife of *Ghost Adventures* host Aaron Goodwin, is accused of conspiring to arrange his death with the help of Grant Amato, who is currently serving a life sentence in Florida.

According to a police report, investigators determined that Mrs Goodwin "wilfully, unlawfully and feloniously" plotted to "commit the murder of" her husband via a prison inmate in Florida.

She had set aside \$11,000 (around £8,528) for when the deed had been done, having offered a down payment of \$2,500 (£1,934).

Mrs Goodwin was arrested in Nevada, where she and her husband were living. She is now being held on \$100,000 (£76,467) bail after an initial court hearing.

Police discovered text messages between Mrs Goodwin and Amato, which allegedly indicated she was arranging her husband's murder through a third party.

The prisoner appeared to be engaging a contact on the outside who was willing to commit the crime.

Mrs Goodwin provided details of Aaron's movements, telling Amato she "chose to end his existence" because she believed he would not agree to a divorce.

Prosecutors claim the plan was to have Aaron killed while he was filming *Ghost Adventures* in California. Amato was given details of an hotel where the TV star would be staying along with a picture of his car.

According to the police report, Mrs Goodwin fell in love with Amato. She admitted that she initially began writing to the inmate after seeing him in a true crime documentary.

Amato is currently serving a life sentence for the 2019 murders of his parents and brother.

According to police, Mrs Goodwin "denied wanting her husband to be killed," and described herself as "daydreaming of being in a different situation," but added that she "no longer felt that way."

She also explained that she and her husband had been "going through problems in their marriage" and was feeling lonely when she first exchanged



AARON GOODWIN took to Instagram to thank his fans for their outpouring of support. (Photo: Eugene Powers/Shutterstock)

messages with Amato.

Mrs Goodwin has since claimed not to remember sending the incriminating texts to him.

Aaron filed for divorce after his wife was arrested. He cited the couple's relationship as being "incompatible to the extent that it has become impossible for them to live together as husband and wife."

His divorce petition requested that the couple's assets be divided equally. The pair married in 2022. They have no children, but lived with a cat called Dodger, a dog named Moose and two pet rats known as Pascal and Rapunzel.

Aaron, 49, is an actor and TV host best known for starring alongside Zak Bagans in *Ghost Adventures* on Discovery+.

He has been a paranormal investigator on the programme since its inception in 2008, leading him to some of the most haunted places in the world.

Recently, Aaron took to Instagram to thank his fans for their outpouring of support.

"Thank you everyone for all the love and support through this emotionally trying time," he wrote. "It has really helped a lot and I appreciate you all."

Comments flooded in with fans expressing their disbelief that a plot to kill him could have been masterminded by someone he once trusted.

A legal magazine commented, "What started as a marital breakdown has now turned into a chilling criminal investigation, leaving fans and onlookers stunned."

It revealed that Amato murdered his family after they intervened in his obsession with a Bulgarian model "that he had never met in person on whom he spent hundreds of thousands of dollars."

The magazine added that Mrs Goodwin faces "significant legal consequences if convicted, with potential prison sentences ranging from two to fifteen years depending on the charge." It is possible that her lawyers will try to make a plea bargain.

IN-PERSON WORKSHOP

INTUITIVE MANIFESTATION:

Unlock Your Inner Power & Abundance

In-person at
THE COLLEGE OF PSYCHIC STUDIES
with
GARY QUINN

WEDNESDAY 14TH MAY
10:00 AM - 4:00 PM UK TIME

Book your place at
COLLEGEOPSYCHICSTUDIES.CO.UK



INTERNATIONAL
SPIRITUALIST
FEDERATION

Supporting Spiritualists Worldwide
for 100 years

- ◆ **Annual Teaching weeks**
Bringing together Spiritualists worldwide to learn and share
- ◆ **Online Events and Training**
Services, workshops and online gatherings
- ◆ **Science Forum—**
Keeping you up to date with scientific developments
- ◆ **Worldwide Members Representatives**
Support network for Spiritualists



I.S.F. Inaugural Meeting Liège, Belgium
1923

For more details, membership
& to book events, visit our website
www.theisf.com





HERE are four of the eight first-class stamps released by Royal Mail featuring mythical beings. (By courtesy of Royal Mail)

Mythical beings get Royal Mail's stamp of approval

ROYAL MAIL has released a new set of postage stamps featuring mythical creatures and fabled figures from UK folklore.

Designed by London-based artist Adam Simpson, the illustrations include the Loch Ness Monster, Cornish piskies, East Anglian devil-dog Black Shuck and legendary hero Beowulf in battle with the monster Grendel.

Mr Simpson said that each of eight first-class stamps and the stories they represent from different regions across the UK "demonstrate our rich mythological heritage."

In a press release, Royal Mail commented: "The landscape of the United Kingdom resounds with folktales, myths and legends.

"Each region has its own unique stories, creating a tapestry of tales passed down over centuries that offers fascinating insights into the shared cultural imagination."

The *Myths and Legends* collection includes Welsh goddess Blodeuwedd. She is said to have been created from the flowers of oak, broom and meadowsweet by the magicians Math and Gwydion to be a wife for the god Lleu Llaw Gyffes. Blodeuwedd cheated on him and was turned into an owl.

Blodeuwedd is often seen as a figure of duality, representing both the beauty of spring and the darkness of winter, or the owl, symbolising darkness and death.

Another stamp depicts Northern Irish heroic figure Fionn mac Cumhaill, who is credited with having built the Giant's Causeway, an expanse of interlocking basalt columns in County Antrim.

The giant threw rocks into the sea as a bridge to reach his enemy, a Scottish giant named Benandonner.

According to the most popular accounts, Fionn is not dead, but sleeping in a cave with his warriors. One day he will awake and defend Ireland in the hour of its greatest need.

Also featured is the Grindylow, a long-armed sprite that lurks in rivers and ponds ready to snatch curious children in folklore from Lancashire and Yorkshire.

Another stamp depicts a selkie. These are shape-shifting creatures from Celtic and Norse mythology. Fable says they can shed their seal skins to take human form.

Cornish piskies are also included in the set. They are said to steal household items and can lead travellers astray with their winking lights.

Often associated with the moors and historical sites in Cornwall, the fairy-like creatures are believed to bring good luck to those who respect them.

One of the stamps features Black Shuck, a hound that was said to have stalked around Suffolk and Norfolk in the 16th century. The Suffolk town of Bungay now commemorates a fatal visitation at the local church with a festival of music and theatre.

James Mayhew, a committee member of the Black Shuck Festival, said he was "over the moon" that the beast had been included.

"It's great that it is being elevated to the same status as the Loch Ness Monster,"

James added.

"It is really exciting to think that more and more people are going to get to know about Black Shuck and the different variations."

James explained that the legend began in Bungay on August 4, 1577 when the enormous, black shaggy-coated creature, sometimes known as the Black Dog of Bungay, burst into St Mary's Church and killed members of the congregation.

It then invaded another church at Blythburgh some fifteen miles away and caused havoc there.

"It was recorded soon after it happened, written down by Abraham Fleming, a vicar," James continued.

"It's still seen throughout the region, particularly in Bungay. You'll see little images in the town of black dogs everywhere."

Black Shuck was said to have terrorised other parts of the region, including Norfolk and Lincolnshire.

"I think Sir Arthur Conan Doyle stayed somewhere in north Norfolk, heard the legend and was probably inspired by it for his book *The Hound of the Baskervilles*," said James.

The enthusiast joked that he would be "buying lots of the stamps. I might cover my walls with them."

The Royal Mail's Special Stamp programme commemorates anniversaries and aspects of UK history and culture. The first commemorative stamp was issued in 1924 to mark the opening of the British Empire Exhibition at Wembley Park, London.

Supermarket has stock of ghostly stories

A VIDEO posted on TikTok has revealed the chilling history behind a Dublin Tesco store, sparking a trolley load of tales about unexplained events there.

Psychic News has discovered it isn't the only supermarket to stock a shelf full of stories of ghostly goings-on.

Local resident Leanne Woodfull filmed herself at the Tesco store in Jervis Street Shopping Centre, Dublin, telling her followers about its "eerie energy."

She captioned the video, "Tesco in Jervis also known as the old Jervis St Hospital morgue: one of Dublin's spookiest spots in my opinion... heavy energy."

Leanne explained that the site used to house a morgue until it was redeveloped in the 1990s to create the shopping centre.

The original hospital was founded by six surgeons, at their own expense, as the Charitable Infirmary in Cook Street, Dublin, in 1718.

The organisation moved to larger premises on King's Inns Quay in 1728, but when the land was needed for development the hospital moved to Jervis Street in 1796. It closed in 1987.

The site including the mortuary was redeveloped to create the Jervis Shopping Centre with only the façade of the original hospital remaining.

Several viewers of the TikTok video commented that they were sure there is paranormal activity in the area of the Tesco supermarket.

KimWalsh133 wrote: "I used to work there and often had to go in the staff corridors to exit or to security. I saw several ghosts, mostly friendly."

A commentator using the name Great Gatsby added: "There was a story about a

security guard seeing someone there one night. Then they disappeared into thin air and no record of them on the CCTV"

Another insisted "I have known this for years and I'm still obsessed!" while others said this confirmed their suspicions after feeling uneasy in the store. One vowed they would "never go in there again."

Psychic News has heard of another Tesco branch where staff and customers have experienced "weird goings-on."

The superstore in Beccles, Suffolk replaced a former printing works, which was demolished in 2003 to make way for the store. However, the site was previously

home to a prison, a police station and a courtroom.

The local museum website explains: "There had been a prison on the site since 1679. Over the centuries, the building was extended and improved as prison reforms demanded more facilities and better conditions for the inmates.

"The building ceased to be a prison in 1863 and was used as a police station and court room until 1931." It was then purchased and developed as a printing works.

The prison site is "now under the car park at Tesco in the town centre. The location of the former prison is remembered only through the name of the adjacent street Gaol Lane."

Night shift staff claim to have seen figures in their peripheral vision, which vanished when they turned to look. Unexplained noises and lights that spontaneously switch on or off are among the phenomena experienced in the dead of night.

One customer who wished to remain anonymous commented: "I'm quite intuitive. Once in the freezer section I felt quite queasy with a sense of real dread. I quickly left. The news that it was a prison site might explain it."

Another reflected they had heard that employees at the print works which previously occupied the site experienced unsettling activity.

The bindery department in the basement was said to be haunted by a former employee, who had a wooden leg according to one local.



THIS short video prompted a discussion on hauntings on TikTok.
(Photo: TikTok @leannewoodfull)

Tour guide celebrates fifteen years of illuminating ghost hunts

ONE of Blackpool's most illuminating tours is celebrating fifteen years of providing intrigue and investigation into paranormal stories around the holiday haunt.

Known as the Victorian Ghost Hunter, Stephen Mercer takes groups around the town, checking in at some of Blackpool's most iconic buildings and outside spaces to hear tales of mystery and murder.

Blackpool Ghost Walks run by Stephen's company Supernatural Events has consistently been rated "Number One Tour in Blackpool" by Tripadvisor for the past eleven years, receiving the "Travellers' Choice" award every year for its rave reviews.

Interviewed by *Psychic News*, Stephen explained how he came to share his fascination of paranormal phenomena with the wider public.

"I grew up in Northern Ireland," he said. "As a child I often saw or heard things which others didn't, but I did not know what it was, as nobody talked about it."

"When I lived in a little town called Cumber, we kids spent our days playing in fields and rivers."

"There was a dilapidated farmhouse, which we all called 'The haunted house.' When aged ten, I was dared to go in on my own in the dark. I was scared, but did it."

Tiptoeing through the debris of broken glass and bits of fallen timber, Stephen spotted a door with a big round wooden doorknob.

As he "reached out for it, the handle turned on its own, the door opened and I was thrown backwards. I got up and ran out screaming."

Returning the next day with two of his brothers, Stephen saw that the door led to a small, innocuous room with nothing to explain the event.

Stephen paid no attention to his psychic side during his teen years and young adulthood.

Regular family holidays in Blackpool created a love for the town and he later moved there. From 2006 he worked as the Grand Theatre's press officer.

"I was always interested in Blackpool's history and heritage," Stephen explained. "People used to talk about ghost sightings

at the theatre and I investigated them. Some were explainable, but the main one is a man nicknamed Charlie."

This apparition "has been seen walking, standing, watching and even sitting in a seat before disappearing."

"It's apparently a case of unrequited love from the 1930s. He is said to have thrown himself from the theatre's balcony when the actress he loved spurned him."

"I've seen him quite a number of times. My office at the theatre was in the upper circle, so I had to walk through the building, sometimes at night after the show had



STEPHEN MERCER: "I believe in being respectful to everyone whether somebody is alive or not." (Photo: Facebook)

finished. I tried to catch up with Charlie, but he always vanished."

Stephen began to run tours of the theatre, regaling guests with stories he had heard. The events were so popular that he started to take in other locations.

He began the Blackpool ghost walk fifteen years ago "not knowing if it would succeed, but I was sure it would be fun."

Stephen, who dresses in a Victorian outfit to add to the atmosphere, never fabricates a story or makes fun of victims.

"I believe in being respectful to everyone whether somebody is alive or not," he added. "I also believe that if a spirit being wants to show themselves to me it's for a reason."

Asked for his favourite Blackpool haunted history story, Stephen replied: "Just off the coast between the Central Pier and Fleetwood is a ship graveyard. There are 157 recorded wrecks. We have some really serious storms and sometimes very thick fog."

"In bad weather old wooden boats would break up and sink or wash up on the seashore. Some hit the piers. There were countless lives lost."

Members of a fishing club at the end of North Pier have heard disturbing sounds at night.

Stephen added: "They hear men's cries, whispering and the booming sound of a bell right next to them."

"They see shadows of ships, even though no boats can even come close to the pier. There's no reason to hear a bell next to the pier."

When Stephen ran the marketing of North Pier and its theatre for three years, he "spent a lot of time around the end of the pier, which is three-quarters of a mile long into the Irish Sea."

"When I locked up at night and walked along the pier with just a torch, I would hear the men's cries."

In addition to walking tours, Stephen takes visitors on ghost trips by vintage tram. At the end of the holiday season, he conducts paranormal investigations at the famous Winter Gardens and other locations across Blackpool and the Fylde coast.

Stephen has written a 96-page book titled *Haunted Blackpool*, which is available from Amazon and bookshops. His website can be accessed at supernaturalevents.co.uk/

SPIRITUALIST ASSOCIATION OF GREAT BRITAIN

Est 10th June 1872 ~ Celebrating 152 Years

341, Queenstown Road, Battersea, London SW8 4LH

Telephone: 020 7931 6488 Email: info@sagb.org.uk

**PHONE LINES
NOW OPERATE
EVERY DAY
FROM 11.45am
TO 5.30pm**



**NOW
Open to
the public
7 DAYS A WEEK
11.45am to
5.30pm**

DEMONSTRATIONS: Thursdays, Fridays and Saturdays from 3.30pm to 4.30pm & Sundays 5pm to 6pm

SUNDAY SERVICE at the SAGB at 3.30pm to 4.30pm

You can also join the service online with ZOOM (Meeting ID: 830 6071 9053 ~ Passcode: sagb2024)

HEALING CLINICS:

Monday to Friday and Sundays from 3pm to 5pm plus

Saturdays 1st Clinic from 1pm to 3pm, 2nd Clinic 3.30pm to 5.30pm

ZOOM CLINICS: Mondays 7pm to 8pm • Wednesdays 4pm to 5pm • Fridays 4pm to 5pm

For all other activities at the SAGB and online including PRIVATE APPOINTMENTS,
OPEN CIRCLES, OPEN PLATFORM, CLASSES, LECTURES, HEALING COURSES and EVENTS

please visit our website: **www.sagb.org.uk**
and Facebook at: **www.facebook.com/SAGBORGUK**

IN HONOURING THE LAND, WE RECLAIM OUR POWER.
WHEN WE RECLAIM THAT POWER, THINGS BEGIN TO SHIFT,
FOR US AND OUR WORLD

PROJECT
EARTHWORK

Join our free monthly meditation and energy activation
projectearthwork.org

Biopic of famous researcher is planned

THE daughter of a famous Austrian parapsychologist has revealed her plan to preserve his work and legacy in a new biopic.

Born in Vienna in 1920, Hans Holzer was the author of over 120 books on ghosts and life after death.

Several of them centred around his investigation into paranormal events that took place in a large colonial house in the New York borough of Amityville.

A believer in reincarnation, Hans claimed to recall being present at the 1692 massacre at Glencoe, Scotland, and dedicated one of his books to the victims of battles at Culloden, Glencoe and Flodden.

The researcher received three grants from medium Eileen Garrett's Parapsychology Foundation to conduct investigations around Britain.

Hans moved to New York in 1938 and was married to Countess Catherine Genevieve Buxhoeveden, a descendant of Russian Empress Catherine the Great.

The couple had two daughters – Nadine, who prefers to stay out of the public eye, and Alexandra, a paranormal investigator, journalist and author.

Alexandra was a driving force behind the TV series *The Holzer Files*, which ran for two seasons in 2019 and 2021. The team re-examined some of Hans' cases from decades ago.

Recently she talked to Michelle Swope of website bloody-disgusting.com about her aim to keep alive the legacy of her parent, who passed in New York in 2009 aged 89.

First, Alexandra recalled that her

father's investigation methods were frowned upon in the early days because he included clairvoyants in his team.

"It was unheard of," said Alexandra. "He went against all these people with their PhDs trying to make it very scientific, but there is a lot of scientific data on metaphysics, so he combined the two."

Alexandra hopes to highlight why Hans should stand out among the present-day offerings of reality TV shows.

"When you look at what a paranormal investigator is, none of them have the combined qualities or abilities that my father had because he was multi-faceted," she said.

"There is not much respect for that... because the field has been so muddled over time due to reality shows. I don't think it's really a good thing all the time."

Alexandra is disappointed that today's presenters claim to be trailblazing experts in their field.

She said this "downgrades people like my father and those that came before him" such as fellow psychic researcher Hereward Carrington, writer Catherine Crowe and paranormal psychologist Nandor Fodor.

An unnamed director has now taken an interest in Alexandra's father's legacy and "sees the investment is worthy of telling the story of who Hans Holzer was and who he still is."

"It's basically telling his life story, where he came from and who he became."

Alexandra hopes the film will be able to "really bring everyone back up to speed that this guy was no joke. He was brought here for a reason."

In a biographical note on thewitchesalmanac.com the author said that Hans dedicated his life to the

pursuit of knowledge.

He "applied a very scientific, fact-based approach to the work he did... and used to say that he didn't believe in the supernatural, only in natural laws that humanity hadn't figured out yet."

Unlike modern-day investigators, Hans was not interested in using technology "such as Geiger counters and instruments to measure cold spots when investigating hauntings." Hans believed there was a human entity behind every apparent case

of paranormal activity. These were "best dealt with by talking to them through a good trance medium."

The investigator was convinced there were no monsters or other supernatural beings. "There is nothing out there," he said, "that isn't one way or the other human."

Although claustrophobic, Hans said he was never afraid in his pursuit of the paranormal in dark corners of haunted properties.

"Fear is created by not understanding something," he commented. "You bring on the fear."

There is no object to fear."

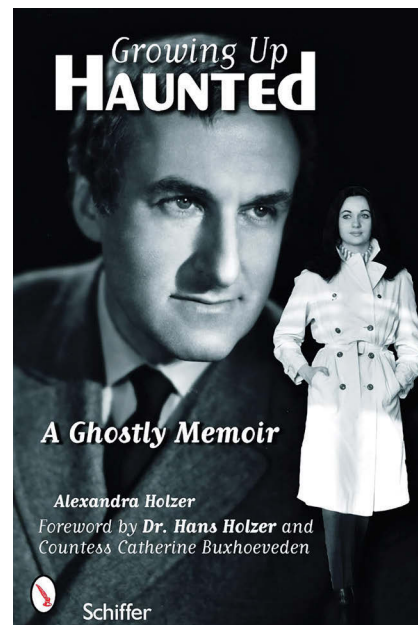
In a 2003 interview he explained: "I don't believe in anything. Belief is the uncritical acceptance of something you can't prove. I work on evidence; I either know or don't know."

Hans maintained that apparitions were "dead" people who are "confused as to their real status because they can see everybody and nobody seems to be able to see them."

Panic-stricken, they move objects and make noises "not to frighten people," he insisted, "but to get attention."

The Holzer Files are available to stream on Amazon Prime and other platforms.

Amongst many books by Hans were *Ghost Hunter*, *Murder in Amityville*, *The Amityville Curse* and *Ghosts: True Encounters with the World Beyond*.



INVESTIGATOR Hans Holzer wrote over 120 books.



ALEXANDRA HOLZER says her father "was brought here for a reason." (Photo: Facebook)

Medium 'sent back' from Beyond opens shop

A SUFFOLK medium and near-death survivor is fulfilling a mission after being "sent back" to help others on their spiritual path.

For years Heather Taylor dreamed of providing a welcoming shop and treatment space for those seeking guidance, development and everything from crystals to tarot cards.

Her vision was validated when she recently opened the doors to the Magickal Emporium in the Market Place, Halesworth to find customers and well-wishers queueing round the block to come in.

"It was mammoth," Heather told *PN*. "People were wondering if someone famous was here, but it was us."

Heather added: "I've always felt like an outsider. I never felt accepted for who I was. When I was a little girl I used to talk to Spirit, but people around me didn't understand and I soon learned to keep quiet."

Heather suppressed her ability during her young adult years, which eventually led to a mental health breakdown. "Actually, I now feel like that was my awakening," she reflected.

Talking about her near-death experience, Heather said that she, her then partner and children were on holiday in Turkey.

Wearing no seat belts, they took a Jeep safari up a mountain, which included hair-raising bends. When the driver lost control and their vehicle hit a cliff-face, Heather was catapulted out, hitting one wall then another head first.

"Before we'd even crashed, I knew I was about to die," she said. "This feeling of utter peace came over me. It was as if my angels were comforting me. I closed my eyes."

As her life was slipping away on the road, a lifeguard in another Jeep leapt to Heather's aid. All she knew was that she was seeing her grandmother, who passed some years earlier.

Heather added: "She asked me, 'What are you doing here?' It was indescribable. There was nothing there, but it was like

everything was there. It was beautiful like Utopia."

Heather's grandmother insisted that her granddaughter could not stay. Against Heather's wishes – her life on Earth had been full of turmoil – she was told she had to leave this state of bliss and had work to do.

Instantly back in her physical body, racked with pain, Heather began a slow recovery.

After a crystal shop opened nearby in her home town of Hemel Hempstead, Herts, Heather took every opportunity to take courses, which reignited her



HEATHER TAYLOR encountered her "dead" grandmother after a serious road accident. (Photo: Facebook)

abandoned psychic ability.

Among a raft of certificates and diplomas, Heather studied life coaching and psychology along with tarot interpretation and mediumship.

Now she offers soul guidance sittings, incorporating all her skills in compassionate holistic sessions.

This allows Heather to delve deeper into what is concerning clients and what might lie behind their apparent unease or uncertainty.

"It's more about giving them a voice, not about telling them what to do or where

they should go," she added.

"My coaching studies helped me set boundaries, to understand grief and trauma, and to honour the vulnerability of the person in front of me."

Heather and her husband Paul went to the market town of Halesworth on a holiday tour of Suffolk. As soon as she walked along the quaint pedestrianised thoroughfare, Heather felt she had come home.

The shop is housed in a 17th century listed building. Paul fully supported Heather in refurbishing the property and creating spaces for sittings, counselling and therapies as well as an open area with tables and chairs for workshops and demonstrations.

In the spacious shop, crystals, herbal teas and tarot cards share space with spiritual artworks, clothing and books.

As well as sittings and counselling sessions, Heather has been running moon gatherings with a growing attendance and attracted a wide community of people who are keen to explore spirituality as part of their life journey.

"We are encouraging local people to offer their crafts here," said Heather. "Practitioners can rent space for their own workshops and complementary therapies."

"We already have a trance medium working here. Hopefully, we'll soon be having talks on UFOs and local folklore including the legendary hound Black Shuck."

"We're creating a library of spiritual books for people to come in and read, have a tea or coffee, and meet like-minded people. They can talk about anything and everything to do with spirituality."

Heather's grandmother is still one of her guides. The medium will be forever grateful that she was "sent back" from the Beyond to fulfil a purpose by bringing people together and assisting them on their spiritual path.

The Magickal Emporium website is at www.thewitchofsuffolk.co.uk There are also pages on Facebook and Instagram.

Actor opens his home as meditation retreat

TOP actor Jerome Flynn has turned his Welsh country home into a peace and wellness retreat.

In 2008 the *Western Telegraph* first broke the news that the star had taken over his family home in Llanrhian, Pembrokeshire with a dream of creating “a place where people can come and be held in a sacred energy of love.”

He wanted guests to “come and heal, and find their own creativity and their own love inside themselves.”

Back then the dream was a long way from reality. At that time, Jerome was best known for his role as Corporal Paddy Garvey in the ITV series *Soldier Soldier*, where he starred alongside Robson Green.

Pairing up as a singing duo, they had three UK number one hits in the 1990s. Jerome then went on to star in five series of the historical crime drama *Ripper Street*, and as a mercenary henchman in the hit fantasy series *Game of Thrones*.

Away from the spotlight, Jerome has been meditating for nearly 40 years. Commissioned to read soothing stories for the wellness app *calm.com* he was asked how he became interested in the practice.

“I was seeking answers to my own condition and trying to better understand who I really was,” he replied.

“I started reading books on meditation and enlightenment. I then found a meditation teacher and went on an intense retreat with him to India.

“The whole experience really turned my life on its head, opening the door to a completely fresh and much more authentic understanding of myself and of what you might call the nature of being.”

At first Jerome practised regularly to help “burn through all the old mental and emotional habits of a lifetime.”

His life had become challenging with the fame and scrutiny which came with it, bringing “the potential for a whole load of shallowness and self-importance.”

Meditation also helped the actor to cope with moments of anxiety and severe panic attacks. He now integrates the teachings in his general daily life.

Moved by stories of children harming

themselves, Jerome has been an advocate for teaching mindfulness in schools.

A vegan, he also campaigns for animals at risk and people caught up in natural and man-made disasters such as in Ukraine, and those suffering life-limiting conditions including cancer.

Brought up in Kent, Jerome is the son of



JEROME FLYNN went on “an intense” retreat to India. (Photo: Markus Wissmann/Shutterstock)

actor Eric Flynn, who was a major figure in West End musicals and the lead star in the 1970 BBC series *Ivanhoe*.

His mother, Fern, loved animals and looked after sick and injured creatures before releasing them back into the wild.

The family – Jerome has a brother and sister, and a half-brother and sister from his father’s second marriage – were not wealthy.

They managed to buy a plot of land with a large Georgian house in need of repair and had to pull together and make it habitable.

They grew their own vegetables and split logs for wood-burning stoves, as there was no central heating.

It was a far cry from the star’s later life. *Unchained Melody*, his 1995 single with Robson Green, remains one of the top-ten

selling British records of all time. It is said to have earned music entrepreneur Simon Cowell his first £1 million.

The following year Jerome moved with his then girlfriend into a London commune set up by spiritual guru Andrew Cohen.

Jerome was devoted to the leader’s message for eight years, but later reflected that the controversial teacher, who passed in March, had not always acted in the best interests of his students.

The Independent once quoted him as saying: “I think a part of me was looking for a Christ-like figure and Andrew fitted the bill at the time. And I think he wanted to fit that bill.

“But I had eight pretty extraordinary years there and don’t regret the time at all, especially immersing myself in meditation.”

Jerome’s recent screen successes have enabled him to fulfil his dream of turning Trefacwn, his Grade II listed home with four acres of land by the sea, into a place of welcome and peace.

An event hosted by the Emergence Foundation last year offered accommodation in the house, nearby cottages and campsites.

The publicity stated there would be “no formal agenda beyond a long weekend of reconnection, celebration and reunion in a beautiful wild location.” Jerome was there in person; tickets were sold out.

The *Daily Mail* reported that Jerome’s 18th century home, a former farm complex, “is described as a ‘magical’ four-acre estate on edge of the Pembrokeshire Coastal National Park overlooking the Celtic Sea.

“The land is said to have an ancient healing energy with panoramic views over the countryside and sea from Strumble Head to St David’s Head.”

Future events will include courses in biodynamic gardening, animal communication, sacred sound and singing sessions.

Also available are residential and day courses in conscious evolution, the martial art of Qigong and bioenergetic training. The property has a spa cabin and natural swimming pool to help guests relax.

The Greater World Christian Spiritualist Association

Founded in 1931 as a result of the two-world partnership between medium Winifred Moyes and her guide Zodiac, The Greater World Association is still flourishing

DISTANCE HEALING

Please send your loved ones' details by email so we can add their names to our long distance healing list

Friendship fee £12.50 p.a.

A free Newsletter is issued to all members quarterly

CONTACT US: Tel: 020 3011 0893

www.greaterworld.net

Have a look at our bookshop

email: greaterworld@btconnect.com

3-5 Conway Street, London W1T 6BJ

THE GREATER WORLD OWNED CHURCHES

LEEDS GREATER WORLD SANCTUARY

14 Clarendon Road,
Leeds,
West Yorkshire
LS2 9NN

President:
Margaret Bellamy
*See Facebook page for
service days and times*

TEMPLE OF LIGHT

221 New Road
(Luton Arches),
Chatham,
Kent

ME4 4QA
President:
Rita Davidson
Visit:
www.greaterworld.net
for details

SPIRITUAL BOOKS

to guide you on your journey



Alison's special talent is sharing her wealth of personal knowledge of the angelic worlds with others, helping us all to embrace the love of the angels in our personal lives. In this beautiful book, she describes the true nature of the angelic hierarchy and the role of our guardian angels.

But more than this, the book is brimming with eye-opening and utterly inspiring true accounts, by people of all beliefs and backgrounds, of how the angels have given them healing, comfort and guidance.



Exciting paperbacks & eBooks
<https://local-legend.co.uk>



**Reliable
Informative
No-nonsense**

**Psychic phone &
written readings**

PSYCHIC • MEDIUM • TAROT



**Elizabeth
Francis**

Call +44 117 969 9945

Phone readings from £27.99 for 20 minutes
A variety of written readings available

www.elizabethfrancis.co.uk



Rock band was inspired by psychic ability

A HOLLYWOOD actor has spoken out about his psychic ability which caused him some awkward moments, inspired the name of a famous rock band and upset his wife.

Stephen Tobolowsky is considered to be one of the leading character actors of our time. He has appeared in over 200 films and television shows, notably the 1993 comedy *Groundhog Day* and the high school musical TV series *Glee*.

For many years Stephen kept quiet about his extrasensory perception, but recently revealed his uncanny talent.

The actor recalled that in his youth a group exercise at college exposed his clairvoyance when the teacher asked students to say the first thing which came into their heads.

Most gave one-word, simple answers, but Stephen blurted out: "I get that you're not really who you say you are. Your name is MK or ML."

He said that afterwards, "the teacher cornered me and asked why I said that because it was right. His real initials were MK."

Intrigued, the teacher suggested an experiment the next day at his own house. They sat opposite each other, held hands and Stephen said what he saw – a five-year-old child and a 40-year-old woman, who was talking on the phone.

"The teacher became pale and started walking around the room," said Stephen. He related how he had been babysitting his little nephew, but the child got out and was hit by a car."

His teacher added: "My sister at the age of 40 killed herself on her birthday while

talking to me on the phone."

Stephen's girlfriend saw a money-making opportunity and lined up fellow students for sittings. They were accurate, but the unfiltered revelations made some people cry, so Stephen called a halt to the enterprise.

Many years later, he was working with musician and filmmaker David Byrne, a founding member of new wave band Talking Heads. The pair were collaborating on a satirical musical comedy film to be called *True Stories*.

Stephen told David about the psychic events in his life, providing inspiration for a character in the movie. David went further, writing a song about Stephen, calling it *Radio Head*.

The opening lyrics are: "Baby, your mind is a radio; Got a receiver inside my head; Baby, I'm tuned to your wavelength; Let me tell you what it says."

It amused Stephen to find that the title of the song was later picked up and adopted by a rising band named On a Friday. Its frontman Thom Yorke was told by their record label to find a catchier name. Radiohead was the one chosen.

Thom liked the futuristic sound and style of the song. "It sums up all these things about receiving stuff," he said. "It's about the way you take information in, and the way you respond to the environment you're put in."

Little did he know it was actually



STEPHEN TOBOLOWSKY: "I've had these psychic things all my life." (Photo: 2012 Larry D. Moore. Licensed under CC BY 4.0)

describing the psychic gifts of a famous actor. "So Radiohead got their name from the song David Byrne wrote based on my psychic experiences when I was in college," Stephen mused.

He added that having otherworldly knowledge got him into trouble with his wife Ann Hearn.

For his birthday, one year Ann organised a special surprise for Stephen and asked him to wear a smart outfit for the secret event.

Stephen realised that he knew what it was. He decided to write down his premonition and put it in a sealed envelope.

The wonderful surprise was exactly as he envisaged – to play the grand piano in the iconic Walt Disney Concert Hall in Los Angeles, California for an hour.

Although Stephen was delighted and thoroughly enjoyed the treat, his wife went home and opened the envelope, seeing that he had known her secret.

"She was furious," said Stephen, who concluded: "I've had these psychic things all my life."

"It doesn't make me believe in magic, but it makes me believe we are bigger than the sum of our parts. You can't define yourself."

"If I were to extrapolate any meaning from this, I'd say we are just a collection of vibrating molecules, so perhaps we emanate some type of frequency..."

"I always say that hocus-pocus is just some kind of science that they haven't nailed down yet."



FLASHBACK to 2017 and Radiohead is seen on stage at the Glastonbury Festival. (Photo: Raph_PH on Flickr)



Be a busy bee and honour Earth

By Ceryn Rowntree

OVER recent years we've all watched with horror as increasingly frequent climate disasters unfold across the Earth.

A vital question is this: how can we tend to the natural world in a way which is supportive of its inhabitants, reverential to our planet and the whole of nature?

From the immediate destruction of wildfires, floods and earthquakes to the slow, gradual destruction of wildlife and the ongoing threat of climate change, it is easy to feel overwhelmed by the devastation happening to our planet.

As citizens of the Earth that's to be expected; we fear for our own safety amidst these unprecedented times.

As spiritual beings who recognise the connection between humans and the whole of the natural world a climate grief often weighs even heavier.

As someone who holds the natural world sacred above almost everything else, such grief is something I feel deeply.

However, that's not to say that all of our interactions with nature should be rooted in grief or the fear which so often accompanies it.

Even in the most challenging of times, it is easy to find love for our beautiful planet and all it has to offer and teach us.

Honouring nature

In many ways, the natural world is the greatest teacher we have not only of all things spiritual, but also of how to live our lives.

Its interwoven ecosystems are the perfect example of our interconnected universe. Additionally, its continuing movement through the cycles of each day and year gives the perfect example of how we can also benefit by embracing the ebbs

and flows.

If you need a reminder of just how beneficial these things can be, nature is only too willing to show us. Its continued resilience amidst the most challenging of circumstances is an indication of its innate power.

Nature's inspiring beauty provides a breathtaking reminder to stop forcing and expecting, and simply allow ourselves to be in awe of our own natural brilliance.

That's something our ancestors recognised, especially at this time of year. The pagan festival of Beltane on May 1 is based on an old fertility festival, which celebrated the bountiful beauty of this early summertime and the Earth's powerful creative potential.

Amidst the fires of Beltane, our forebears focused on those same qualities within themselves.

Across the land, young women were chosen to play the role of the May Queen,



BEES and butterflies "enjoy plants like lavender, buddleia or even simple wildflowers."

which, amongst other aspects, was a representation of the beauty of nature. Children conceived at this time of year were considered to be especially blessed.

Though Beltane festivals are now celebrated on a smaller scale, there are more modern reminders of the power of nature.

Taking place on May 20, World Bee Day invites us to honour, celebrate and support the humble bee.

This tiny creature has such an important role when it comes to supporting the natural world and plays a vital part in the beauty of nature.

Like the bee, our actions need not be huge to support the Earth. For all the intricate environmental programmes undertaken and grand offerings made to our planet, I've always got the impression that the Earth secretly prefers more personal gestures.

Perhaps it recognises – as I do – that even the smallest and most simple displays of love to our planet can easily become potent sacred rituals.

Practices to honour Earth

Just as with people we love, often the most loving displays we can give the Earth are small practices we include into our homes and daily routines. There are many ways to do so. Here are some of my favourites:

- **Plant for pollinators**

Though every creature is important, those which transfer pollen between plants have a vital role in both the beauty we see at this time of year and the survival of our world.

Whether you have your garden or a simple pot on a balcony or doorstep, it's easy to give pollinators a helping hand by planting what they love.

Bees and butterflies are such a welcome sight. Both enjoy plants like lavender, buddleia or even simple

wildflowers.

These can also be a treat for you with their bright colours and glorious scents offering a summery lift.

If you would like to add some extra love to your planting, take a moment to set an intention as you plant flowers, seeds or bulbs and thank the Earth for its beauty every time you water them.

- **Let some space grow wild**

If you have an outdoor space, but like me aren't the world's best gardener, a better option is to give at least part of your garden back to the wild.

Whether you let plants grow freely to welcome birds, create a tiny pond for frogs and insects or place a pile of logs to create a bug hotel, there are many ways to embrace some wildness within your garden.

This is a beautiful way to give back to nature and allow creatures who are so often displaced in our increasingly built-up world a safe space to make their



COMPOSTING is "a powerful act of reciprocity."

home.

If you would like to make the natural world feel even more at home, why not invite each of the elements into this wild corner?

By placing outdoor ornaments, small images or colourful flags in the space to represent air, fire, water and earth, you encourage balance in your space while also letting the natural world know that you hold every aspect of it in the highest reverence.

- **Getting conscious with waste**

One of our planet's greatest superpowers is its ability to transform the old into fuel for the new.

Whether you have a compost bin of your own or wish to join one of the many community composting schemes running throughout the country is something we can all help with.

A Google search will point you to those in your area or give tips on starting your own.

Not only does composting help us to become more mindful of our own waste, but can also be a powerful act of reciprocity.

By giving back what we have gratefully used from the Earth, we take our own place in the daily life cycle of our planet and encourage the new to grow again.

In my experience, the tangible act of regular composting is also a reminder of the power of letting go and beginning anew more broadly too, and often helps to bring our own lives into a much deeper place of reciprocity and flow.

- **Nourishing our neighbours**

One of my practices is to leave seeds, nuts and any fruits that are just past their best together with a small dish of water on top of my garden shed for birds.

Come nighttime, these items can be topped up and transferred to the ground, where they provide perfect treats for hedgehogs and other small creatures who may be passing.

Over the years I've been fortunate to have many visitors pop in for a bite. Perhaps my favourite was when a mother hedgehog chose my garden to birth and feed her babies for the season.

I'll never forget how my old dog Kali came face to face with four baby hedgehogs, their mother and I watching on with a blend of terror and amazement as they befriended one another over the course of a week.

If you wish, you can make the practice of feeding nature even more of a ritual by standing barefoot on the earth as you put out, top up and bring in your offerings and taking a few deep

breaths as you say “Good morning” and “Goodnight” to nature.

Be sure to clear up any leftovers or rotting fruits to avoid encouraging any unwanted visitors.

• Listening to the Earth

If you’ve read my articles before, you’ll know that I love to get mindful in my connections with nature, not least because it’s so easy to do.

Take yourself somewhere that feels safe and inviting and go for a silent walk. Pay attention to the sounds, scents and sights around you, and do all you can to immerse yourself in the language of the natural world.

Take a journal with you. When it feels appropriate, sit down to write about anything and everything that makes itself known to you.

Who knows what the land will have to share with you or what solutions the creatures you encounter may offer for any challenges in your mind?

• Make offerings to the Earth

Whether as part of your everyday practice or as a standalone planet-focused ritual, making an offering to the Earth can be an incredibly powerful practice.

This can be anything that feels good to you, as it does not disturb the local ecosystem.

I like to collect feathers, fallen leaves and other natural tokens which seem to have been gifted to me in the area or to offer up spring water, local seeds, flowers and other biodegradable tokens as a way of honouring the spirits

aligned with the place in which I am working.

As with any spiritual work you do outdoors, be sure to begin by asking permission from the ancestors of the place you are in, and honour both elemental energies and local spirits with a prayer or an offering.

I like to take a few moments to breathe deeply and attune myself to the natural world before speaking out



CERYN ROWNTREE: “The time has come for us all to step up as guardians and protectors of the Earth.”

loud in reverence to nature. You can use whichever words you like such as:

I give thanks to the air, to the birds and the bees

To the breath of life and the gentle breeze.

I give thanks to the fire, warm and bright

To the Sun and all that bask within its light.

Thanks to the water that ebbs and flows

To all you refresh and all who grow.

And thanks to the Earth, sturdy and true,

To the trees standing tall and to all that blooms.

*I offer these gifts as the summer draws nigh
In honour of nature, of Earth and of sky.*

Take some time after your offering to sit in quiet contemplation with the land and pay attention to any signs or wisdom that makes itself known to you.

Hope can always be seeded

There is no denying that these are difficult times for our planet. Although it is true that big changes are required from many of us – and our species as a whole – it’s important to remember that every change begins somewhere.

We cannot underestimate the power of small, loving actions and practices to support the Earth both energetically and ecologically.

If this is something you are interested in, please visit projectearthwork.org a project myself and a group of friends run with others from across the world.

We believe that the time has come for us all to step up as guardians and protectors of the Earth not only during times of crisis, but in every day of our lives. The benefits of this are undeniable for our planet and all who call it home.

If you would like to dive deeper with the Earth and your own energetic connection to it, join Ceryn and the other members of Project Earthwork for a live weekend workshop in Glastonbury in July.

For more information, visit www.projectearthwork.org



BIRDS welcome being left seeds, nuts, fruit and a dish of water to help keep them happy and healthy.



Lawyer presents case for survival after death

By Mark Anthony

A fourth-generation medium, Mark Anthony is also an Oxford-educated trial lawyer who has been involved in hundreds of cases. He is licensed to practise law in Florida, in the District of Columbia and before the United States Supreme Court.

As a psychic explorer, Mark travels the world examining paranormal phenomena at spiritual and mystical destinations.

He is an expert in spirit communication, survival of consciousness, near-death experiences and ancient mysteries.

Additionally, he has an extensive background in quantum physics, history, archaeology, philosophy and theology.

Mark is regularly featured on American TV and major talk radio shows, and is a speaker at conventions and organisations such as LANDS (International Association for Near-Death Studies), the Association for Research and Enlightenment, and the Afterlife Research and Education Institute.

Already the author of two spiritual bestsellers, Mark is also the author of "The Afterlife Frequency: The Scientific Proof of Spiritual Contact and How that Awareness Will Change Your Life," which is an exploration of the afterlife through the lens of science, Spirit and healing.

In these slightly abridged extracts, Mark details how a mother proved her survival, then takes a look at other topics like the human soul and grief.

IN my capacity as a medium, families have asked me to be present with them while a loved one is dying.

It appears that during the process of separating from the brain, the energy of the electromagnetic soul increases.

This frequency beacon alerts spirits connected to the dying person that he or she is about to leave the material world and enter the Other Side dimension. This creates a frequency alignment between electromagnetic souls and the dying

person: ergo, a deathbed vision (DBV).

Deathbed visions and shared death experiences have many similarities, particularly when bystanders such as family members, close friends and healthcare workers perceive the spirits connected to the person dying.

Sometimes during a DBV, the spirits are perceptible to the dying person, though not necessarily to bystanders. However, a growing field of study has shown how bystanders often see spirits during a dying person's deathbed vision.

As the person dies, the deathbed vision then becomes a shared death experience as bystanders witness the spirit of the dying person transition to the Other Side.

Don't expect spirits to use only one means of communication. There are many forms of interdimensional communication. Spirits may use a combination of these forms in order to make contact with loved ones in the material world.

Spirits will make contact through a medium, during the sleep state or when the recipient is awake and least expects it. Signs from spirits can be subtle or very direct.

RAFT – which stands for recognising the signs from spirits, accepting the contact as real, feeling the meaning of the message and trusting its guidance – increases receptivity to after-death communication.

Applying RAFT also reveals how many different means of communication spirits will use, as a sitter named Thea and her family discovered.

I was conducting a Light Circle, which is a spirit communication event limited to no more than ten people. At the conclusion of the session, I was drawn to Thea.

"The spirit of a woman who was elderly and very ill at her time of passing is transmitting a name like Paula or Pauline," I conveyed.

"My mother's name was Pauline! Just like her to wait for the finale," Thea replied, smiling.

"She was having trouble breathing," I added. "I see a ventilator mask. She's pulling it off and said: 'I'm fine! And I don't have to wear these awful shoes anymore either.' Does that make sense, Thea?"

"You have no idea!" Tears flowed down Thea's face. She added: "Before she died, I asked Mum to find a way to let me know that she was having trouble breathing and was on a ventilator."

"What about the shoes?" I asked.

"Mum always dressed to the nines," Thea replied. "She loved shoes, but during the last year of her life, her bones were so weak she had to wear special sneakers."

"She said they were ugly and hated them. I'm so happy to hear she doesn't have to wear them anymore."

"She wants you to know another female is with her – Ellen – could be Helen," I said.

"Helen!" Thea exclaimed. "This is what I needed to hear. Can I tell you the whole story? It is really incredible, and that's why I came tonight. I wanted to tell you this."

"It's my firm policy not to let clients explain or provide me information during a reading," I explained. "I want to make sure everything I convey is coming from a spirit, not from what is already in my brain."

"But we're at the end of the session," the lady seated next to Thea said. "Yeah, Mark – we want to know," another woman added as the other attendees nodded in agreement.

"Okay," I replied. "Since the Light Circle session has concluded, I'll let you explain, Thea."

"My family is Italian and very tight-knit," she began. "My mother, Pauline, my sister Lori and I were very close."

"Our cousins are more like brothers and sisters. My mother and her cousin, our Aunt Helen, were like sisters. They were inseparable."

"Aunt Helen was a drop-dead gorgeous woman. When she was young, men went crazy over her."

"The family nicknamed her 'Helen of Troy' because her father was afraid her good looks might start a war, like the queen in Greek mythology."

"Aunt Helen was always so beautiful and healthy, but in her early eighties, she was diagnosed with pancreatic cancer."

"About the same time Helen got sick, my mother developed severe osteoarthritis and spinal stenosis (narrowing of one or more spaces within the spinal canal)."

"Neither one of them was strong enough to leave their homes, so Helen and Pauline were on the phone with each other every day commiserating."

"When Aunt Helen passed, Mum took a turn for the worse. Her bones became



MARK ANTHONY: "Humans have always wondered if who and what we are continues on beyond the material world." (Photo: ©Roshi Jones)

so fragile she couldn't be moved. Since my mother lived with me, I was her primary caretaker."

"When the doctors said Mum was nearing the end, my sister Lori stayed with us round the clock. Hospice crisis care was called in to make Mum as comfortable as possible. We knew it was only a matter of days."

"My mother was feisty till the end. Even though she had to wear the ventilator mask to breathe, she could still talk and mentally was as sharp as a tack."

Thea continued: "One morning after I'd been up all night with Mum, Lori came in all excited and said: 'Thea, you won't believe this. Cousin Ann called me this morning and said she had a dream about her mother, Helen...'"

"Lori stopped. She was staring at the foot of Mum's bed. So I look where Lori's looking, and there's this woman standing there."

"Before Lori or I could say anything, Mum says 'Helen!' For a few seconds Lori and I saw Aunt Helen too – right there in

Mum's room."

"Mum is wide awake, pulls off the ventilator and says: 'Oh my God! It's Helen. Look at her, just look at her; she's so young. She's beautiful Helen again!'"

"Lori says, 'Mum, we saw her too.' As if this wasn't weird enough, then Mum said: 'Oh, and girls, I can't believe how many people were at my service. I can't believe Celia came too.'"

"Mark, we haven't heard from Celia in years. We didn't even know if she was still alive."

"Let me see if I understand," I interjected. "Are you saying your mother, Pauline, was talking about her funeral in the past tense?"

"Yes, she was, like she'd already been there, but that's not all."

"Go for it, Thea," I said.

"Then Lori says, 'Thea, you're not going to believe this, but Cousin Ann called me this morning and said last night her mother, Helen, came to her in a dream.'"

"At first Ann said Aunt Helen looked old and sick, like she did before she died. Then Helen says to Ann, 'Wait till you see this,' and Helen turned into her younger and beautiful self."

"This is crazy because Mum just said the same thing – 'Helen is young and beautiful again.'"

"So Lori is telling me this, and then our mother started talking again... Mum said: 'Not yet, Helen – not quite yet. I'll be there – but not quite yet.' Four days later, my mother passed."

Thea continued: "That's not the end of the story. Lori and I made the funeral arrangements, and the service was a few days after Mum died."

"With just the obituary notice in the paper, we figured no one really knew, and there'd be maybe twenty people there."

"Get this – over a hundred people showed up – just like Mum said how she couldn't believe how many people were at her service."

"Lori and I were overwhelmed by the outpouring of love and respect for Mum..."

"The service hadn't started yet, and I was so exhausted. I kneeled and started praying."

"Someone came up to me and said: 'Your mum was just the greatest lady I've ever known. I just had to come when I heard she passed. I loved her so much.' It was Celia. Just like Mum said."

Death is the great unknown. Since the dawn of recorded history, humans have always wondered if who and what we are continues on beyond the material world.

In approaching this mystery, it is essential to avoid confusing the limited capacity of the finite human brain with the infinite electromagnetic soul.

The brain doesn't create the electromagnetic soul. The brain houses the electromagnetic soul the way a computer hard drive houses information.

When the body, which includes the brain, physically ceases to function, the information contained on that hard drive – the electromagnetic soul – is uploaded to a different dimension.

Faith embraces mysteries, whereas science explains them. But faith and science may converge when it comes to survival of the soul and the afterlife.

People of faith accept the existence of the soul and eternal life as true, while simultaneously accepting it as a mystery.

People of science accept the existence of the brain's electrical field and that energy is neither created nor destroyed, but is only transferred from one form to another.

The existence of the soul and the afterlife is a mystery, challenging scientists to develop the technology to solve this mystery.

Do you ever have days when you just don't feel like you're "all here"? The truth is, you're never "all here" because the electromagnetic soul is constantly touching the higher frequency of another dimension.

This idea is not as far-fetched as it may seem. Everything is composed of molecules, which are made of atoms, which in turn are made of subatomic particles known as electrons, protons, and neutrons.

Electrons disappear and reappear constantly without passing through the matter in between.

U. Satya Sainadh, PhD, of the Indian Institute of Science and the Israel Institute of Technology, has explained, "For quantum particles, such as electrons, when you say they can tunnel through barriers, we don't refer to physical obstacles, but barriers of energy."

This process is known as quantum tunnelling and has been recreated in clinical conditions at the Max Planck Institute for Nuclear Physics in Heidelberg, Germany.

So where do these particles go? The Schwarzschild quantum lattice theory may provide the answer.

In the early twentieth century, German physicist Karl Schwarzschild theorised that subatomic particles travel constantly between our dimension and another dimension through tiny "black holes" which puncture space.

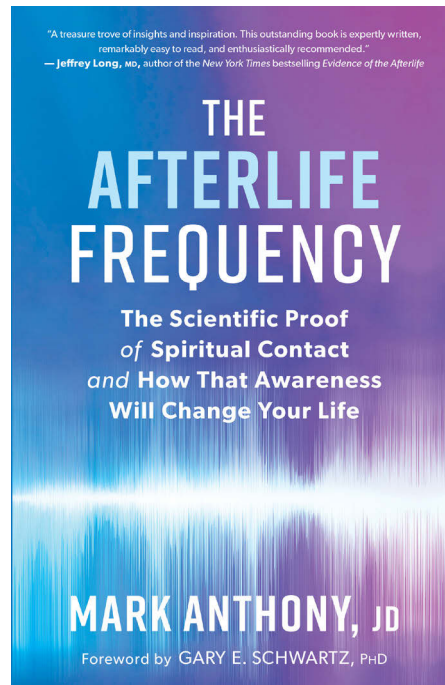
This is known as the quantum lattice theory because the crisscrossing of subatomic particles has been likened to a lattice pattern created by the stitching of a sewing machine.

In the early twenty-first century, physicist and parapsychologist Evan Harris Walker applied the Schwarzschild quantum lattice theory to his explanation that consciousness was not created by the brain.

Walker's theory proposes that consciousness (aka the electromagnetic soul) is not physical because these subatomic particles slip back and forth between our material world dimension and another dimension.

The brain doesn't create the electromagnetic soul: it merely hosts it while we are living in the material world...

When a person's body dies, the energy of the electromagnetic soul is no longer tethered to the organ of the brain.



This energy cannot be destroyed, only transferred to the dimension we refer to as the Other Side, where it becomes interconnected with the collective consciousness.

Until one's electromagnetic soul transitions to the Other Side, everyone living in the material world will experience days and times when one just doesn't feel "all here."

This sensation is never more apparent than after the death of a loved one. Is this just a symptom of grief or is it something more?

Grief is devastating emotionally, physically, mentally and spiritually. Losing a loved one pulls the rug of stability right out from under your feet.

The journey through grief is a path no one wants to take, but it is one that we're all forced down at some point in our lives.

It must be treated; it cannot be avoided or self-medicated away.

Grief enhances feelings of isolation and loneliness, and no one should go through this alone. This is the time to reach out for support from family and friends, your faith community, grief share groups and counselling.

While there are several stages of grief, my observations indicate that there are two phases of grief: shock and trauma.

Shock occurs immediately after the death and may last a few weeks and sometimes longer. This is the nightmarish haze of being unable to accept what happened and feeling you are outside of your body as you watch events drift by.

Eventually shock fades into the trauma phase. Trauma is the excruciating pain of the loss, which we must learn to live with. This isn't easy and can take a lifetime to achieve.

It is during the initial shock phase that people are the most prone to feeling not "all here." Shock may be a symptom of grief, but it can also remove the "No, No, No" syndrome blocking interdimensional communication.

This may explain that while not everyone is a medium, everyone is capable of having an interdimensional communication experience.

People worldwide report how in the initial aftermath of the death of a loved one they sense that person's spirit.

In many instances, they see and hear messages from the spirit, often including intricate details and verifiable information. This phenomenon may occur for a few weeks and sometimes longer.

People are usually not aware that the subatomic particles of their electromagnetic souls constantly quantum-tunnel between the material world and the Other Side.

However, the hypersensitive emotional state triggered by grief enhances spiritual situational awareness. In other words, you lower the deflector shields.

Spirits, recognising that your shields are down, reach out to you by aligning their frequency with your brainwave frequency. The result is interdimensional communication.

"The Afterlife Frequency: The Scientific Proof of Spiritual Contact and How that Awareness Will Change Your Life" is published by New World Library at £14.99.

It is available from the internet or can be ordered from bookshops. A Kindle version costs £7.10.

You can visit Mark Anthony online at AfterlifeFrequency.com



Children recall past lives in the present

By Amy Molloy

Originally from London, Amy Molloy lives on the South Coast of Sydney, Australia, with her nature-loving husband and “three wild and wonderful children.”

An award-winning journalist and magazine and book editor, Amy’s podcast, “The Space” has attracted more than seven million downloads.

The founder of “LightWriter Media,” Amy’s work is dedicated to “words that move the world forward.” She is the author, editor and ghostwriter behind over 50 books.

Her latest book “Wise Child” is subtitled “A Practical Guide to Raising Kids with Sensitive Hearts and Smart Souls in a World They Were Reborn to Save.”

Amy terms herself a “Past life parent.” In the following abridged extracts, she looks at children who told their parents about their previous lives.



AMY MOLLOY: “The West is coming late to the whole past lives outlook.”
(Photo: Jody Pachniuk)



A YOUNG boy "described being an American pilot who was killed when his plane was shot down by the Japanese."

WHEN I started researching this book and began talking about it openly, even my sceptical friends seemed to sit up and take notice.

One mum, a lawyer, told me, "My son tells me that he can remember his 'other life.' He even talks about his 'second parents'."

Another mum, an accountant, revealed that her daughter talks about her grandmother, who died three years earlier, and how she is "now a little girl again."

The West is coming late to the whole past lives outlook. It's a concept that over a billion people on the planet (in India, Bali, Nepal and beyond) already know about and integrate into their way of living.

What is new and exciting is how parents in the West are now catching up and learning to use this powerful knowledge to parent in a new way.

I can't possibly write about past life parenting without mentioning the work of the Division of Perceptual Studies (DOPS) at the University of Virginia.

A research group dedicated to the "rigorous evaluation of empirical evidence for extraordinary human experiences," the primary focus of DOPS is investigating the possibility of consciousness surviving physical death.

For the past 60 years, "children who remember past lives" has been a major area of their investigations.

Currently, Dr Jim Tucker is the director of DOPS. A child psychiatrist and professor of psychiatry and neurobehavioral sciences, he is, by his own admission, a natural sceptic.

It was his wife who encouraged him to apply for a job at DOPS, under the previous director Dr Ian Stevenson.

Since then, Dr Tucker has led a team that travels the world speaking to children

who appear to remember past life memories. Currently, they have a database of over 2,500 case studies.

On the website for DOPS, they list examples of statements that a child may make:

- "You're not my mummy/daddy"
- "I have another mummy/daddy"
- "When I was big, I... (used to have blue eyes/had a car, etc)"
- "That happened before I was in mummy's tummy"
- "I have a wife/husband/children"
- "I used to... (drive a truck/live in another town, etc)"
- "I died... (in a car accident/after I fell, etc)"
- "Remember when I... (lived in that other house/was your daddy, etc)"

The challenge, of course, is proving the truth in these statements. Is it fantasy or a memory? Can the child's statement be verified? Does their story match someone who has lived and died in the past?

"Nothing is indisputable," says Dr Tucker in a video posted on YouTube. "But there is certainly very solid evidence children from all over the world have memories of a past life, which can be verified to match somebody who did live and die in the past."

Some of the cases are too "weak" to prove and then there are jaw-dropping examples, which the DOPS have gone to great lengths to investigate. These include, but are not limited to:

The World War II pilot. At the age of two, American child James Leininger began having intense nightmares of a plane crash.

He then described being an American pilot who was killed when his plane was

shot down by the Japanese.

He gave details that included the name of an American aircraft carrier, the first and last name of a friend who was on the ship with him, and a location and other specifics about the fatal crash.

His parents discovered a close correspondence between James' statements and the death of a World War pilot named James Huston.

The Hollywood actor. When Ryan Hammons was four years old, he began directing imaginary movies. He told his parents that he recalled a life as an actor called Marty Martyn working in Hollywood.

After his curious mother took some books about Hollywood out of the library, Ryan pointed to one of the photos and said, "That's me."

Working with a Hollywood archivist, Dr Tucker and his team were able to verify that 55 of Ryan's statements matched Marty Martyn's life, including the fact he died of a heart attack.

Ryan would wake up screaming in the night, telling his parents he remembered his "heart exploding in Hollywood."

A lot of the past life memories that kids come up with can be filed in the cute category, but some are more sinister.

When he was three years old, Angela's son began talking about such strange events that she began to take notes on her phone.

When I put a call-out on my Instagram asking for anecdotes of kids with past life memories, Angela sent her notes to me. His recollections proved to be pretty surprising, even shocking.

At first, he talked about his parents who lived in Africa. In this life, he was born and raised in Australia.

He said that he lived in a house with a chimney that "you can't get in." He called it a "safe house" and remembered their family living there during the winter.

He didn't have any siblings, he said, but would talk about two adults, Shaun and Johnny.

At the age of four, he explained to his mum: "One day, Johnny smashed his phone. That was a bad day. That was the day I came into your tummy."

Like many children who remember past lives, he was very matter of fact and came out with these memories when his mum least expected it.

One day, when she was putting bubble bath in the tub, he said: "I never saw this from my other parents. They never put these many bubbles in." Now, at the age of six, he no longer talks about those memories.

This is the side of past life recollection that we don't like to consider as a parent

and yet it's not uncommon.

According to Jim Tucker and his team at The University of Virginia, many kids seem to remember troubling memories about past lives, including how they died and even who killed them.

"We have done psychological testing with some of the children," said Dr Tucker in an interview for the Mind, Body, Green podcast.

"They don't show any psychiatric disturbance. The only thing that comes out is, they tend to be very bright and very verbal."

Research suggests a very clear link between past life memories and present-day fears and phobias.

A study from the University of Virginia led by Dr Tucker's predecessor, Dr Ian Stevenson, found that in children who remembered dying of "unnatural" means, 35 per cent of those children showed an unnatural fear towards the way they died. Here are two examples from Dr Stevenson's study:

One child remembered a life as a man who had gorged himself on yogurt that had been contaminated and then died of severe gastroenteritis. In this life, he showed a marked aversion for yogurt.

Another example occurred in a child who remembered the life of a young woman who died after a prolonged illness due to congenital heart disease; the child had a severe phobia of drugs, injections, and blood.

In my research, I spoke to a number of parents who had linked a chronic fear, which their child experienced, to a potential past life memory.

One little boy would only sit in the passenger side of any car. He would scream blue murder if they tried to put him in the car seat behind the driver's seat.

When playing with his Lego cars one

day, he told his mum: "(The Lego man) can't go in that seat. That's where I was sitting when our car crashed."

He had never been in a car crash in this life. And, yes, he would only seat his Lego man on the passenger side of his toy vehicle. He was adamant.

Eli Bliliuos is a certified hypnotist based in New York City who specialises in past life regressions. He has worked with adults and children on phobias and fears relating to past life memories.

One of his most memorable clients was a reporter who had a very conservative background. She came to him for clinical hypnotherapy relating to a phobia.

During the session she had a "spontaneous past life regression" where she remembered a past life without being coerced.

"As she was leaving, she said: 'Well, I don't believe in anything I just experienced. I think it's all in my imagination,'" recalls Eli.

"She called me back four weeks later and said, 'I still don't believe what happened was a past life, but my phobia has gone.'"

To Eli that is the most important thing: that it works. "I told her to look at it like a metaphor," he adds. "'You don't have to believe it, but I'm glad it helped you.'"

He had another client who had a crippling fear of lightning. During a past life regression, they remembered dying in a battle.

"As they were dying, there was lightning in the background," adds Eli. "That leads to a fear of thunder and lightning.

"After our session that fear no longer existed. It's about re-experiencing it, reframing it and then moving forward."

The same could be true of a child who hates loud noises. In a former life, were they a soldier on a battlefield? If your child has a fear of abandonment or separation, did they lose a parent, sibling or their own child in a past life?

Then there's the (huge) topic of female suppression and the way that girls and women who were seen as witches were treated.

If your child has an illogical phobia, Eli does suggest exploring past life regression. This is different to the advice of The University of Virginia who recommend against putting a child through past life regression hypnosis.

It's worth reiterating that Dr Tucker and his team rely on "spontaneous

statements" made by children about their past lives to provide clues and insights.

The University of Virginia recommends that parents chat to their kids about past life memories, but also focus on the present. Their website advises:

"It might be helpful to explain that while they may have had another family in a previous life, their current family is the one they have for this life..."

"Parents should acknowledge and value what their children have told them while making clear that the past life is truly in the past."

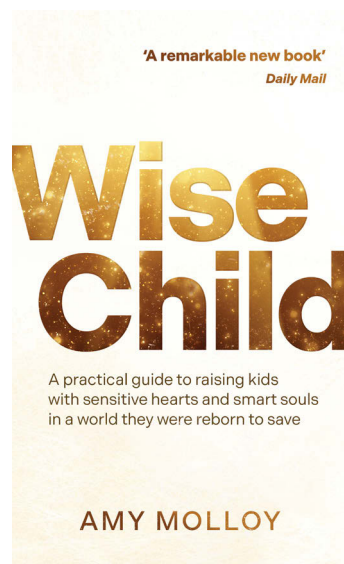
I'm a fan of spontaneous past life recollection when you appear to recall a past life during a guided meditation or another type of spiritual healing such as reiki, or even during a dream.

Despite writing a book on past life parenting, I haven't sent any of my children to a past life regressionist and I don't plan to. They can always explore that when they're older.

But since discovering past life parenting, I do look at their fears and phobias through a new lens.

Produced by Hay House, "Wise Child" costs £12.99. It can be ordered at various sites on the internet or at bookshops.

To read more about Amy, please visit amymolloy.com.au



THE University of Virginia "recommends that parents chat to their kids about past life memories, but also focus on the present."



Angelic intervention saves driver's life

By Alison Wynne-Ryder

Alison Wynne-Ryder is the author of the bestselling "The Quirky Medium," describing her experiences as co-host of the TV show "Rescue Mediums" and telling how she discovered the gifts that made her an internationally known medium.

Her new book "Discover the Angels" contains many accounts of angelic guidance. Here Alison describes some examples of angels intervening in our lives.

WHAT do angels actually look like? They have usually been described as masculine in traditional religions, particularly archangels, but in my experience angels are androgynous.

Archangel Gabriel, for example, is often thought of as masculine yet has feminine qualities due to having special care for women and children, and being associated with the moon.

Although artists throughout the ages have painted angels with human forms and faces perhaps to make them seem more familiar to us, in reality they are beings of light.

Angels can appear to us in many

different ways, usually according to how we think of them, so there may be a strong white light or an undeniable sense of their presence with a feeling of upliftment.

We might hear beautiful music or see a rainbow of colours. For some they simply appear in their more traditional form with a halo and wings. There is also the saying: "Be kind to strangers. They could be an angel in disguise!"

In whatever form we think of angels, we can be sure they are waiting close by and ready to step forward in our hour of need.

If we are willing to acknowledge

their presence, this helps to open up the bridge between our world and theirs, confirming to them that we believe in their innate power and their vital role as messengers of the Divine.

Angels are nearby to help us in all kinds of ways to make the most out of our lives, whether that's through problem-solving, finding and working towards our life's purpose, goal-setting, seeking loving relationships or financial abundance, and, of course, if we need healing.

However, they can also support us in more mundane aspects of daily life, such as helping us to find lost objects or guiding us to use our time wisely when we are working or studying.

I know I'm not the only one to call on "The parking angels" to help me find a space – it works every time.

During my work as a medium and carrying out spirit rescue work, I have

received countless confirmations that angels are helping our loved ones in the afterlife, too, guiding them towards the light when it's their time to transition from the Earth to the spirit world.

Equally, it is angels who help those of us who are grieving by sending signs that our loved ones live on in a different, peaceful and loving world. Some people describe this transition as "going home."

While those who have gone before us are not angels as such, they are often described as being angelic because they always look out for us just as our guardian angels do.

The love they always had for us continues, as love transcends all boundaries, and we are always connected by that love.

Grief can be all-encompassing and seemingly without end, even though people like to say that "time will heal." It can be the hardest thing we ever have to endure in our life and cause a relentless feeling of helplessness.

Once we ask for divine guidance angels will step in, whether that's to send the right people to comfort us through the waves of emotion or to help our friends and relatives in the spirit world to send us clear messages that they are alive and well.

Overseeing this work is Archangel Azrael, who is known as "The Angel of Death" because he helps the souls of those passing from this life to move on safely to the afterlife.

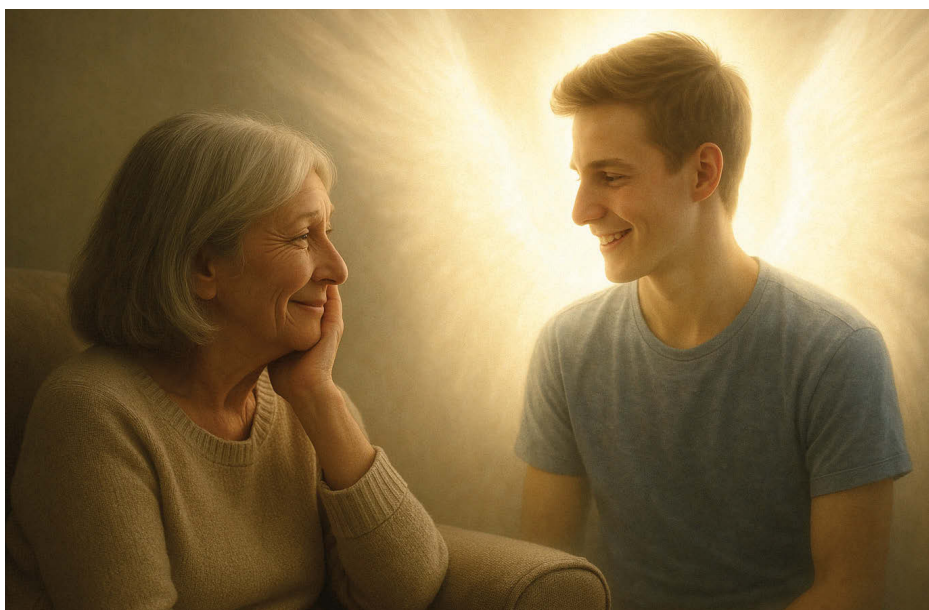
However, this beautiful and caring angel doesn't stop there because he knows how bereft those left behind on Earth will be. Justly, he is also often called "The Angel of Grief." We only have to call out to him, asking him to help us through the trauma.

In my work, I've had the privilege of hearing many wonderful accounts of angelic intervention that clients have shared with me.

Penny (name changed to protect her privacy) told me tearfully about the hardest thing any mother could ever bear: the loss of her beloved son Mark.

As she grieved for him, Penny went through extreme emotions, an immense sense of loss and disbelief.

One night a few days after Mark had passed away, Penny was sitting with her head in her hands feeling absolutely



A MOTHER filled with despair "felt a tremendous change of energy" and then saw her "dead" son emerge from a radiant light edged with shimmering gold.

distraught and couldn't help herself shouting out to her son.

All of a sudden she felt a tremendous change of energy in the room. Looking up, Penny saw the brightest white, radiant light edged with shimmering gold.

It grew bigger and seemed to take on the glowing form of a spiritual being. There, stepping out from the centre of the angelic light, was her son.

Mark came over to Penny and put his hand on her shoulder, feeling warm and comforting.

"Mum, please don't worry about me," he said. "I am okay. It's not so bad here, you know!"

Penny rubbed her eyes, but Mark was still there, so this wasn't a dream. An angel had brought her son forward to prove he was still living on in Spirit and was now at peace.

As Penny told the story she was smiling and described what was happening as breathtaking.

After a short while, Mark and the light slowly faded and he was gone, but his visit brought Penny great solace to know that he was at peace. She was overjoyed by the experience and said he looked as handsome as ever.

I still find it hard to believe that my beloved husband and soulmate, John, has passed over.

John had been ill for a long time. We knew his time was coming because

he was in a lot of pain and completely incapacitated. None of the medical specialists we saw seemed able to help us.

"I know this is the end," he said to me one evening. "I can feel it. But I'm not scared of dying because I know the angels will guide me. Try not to worry; I will always be around you. I will find a way."

During the last week of John's life I saw him deteriorating before my eyes, so asked angels to step in for the highest good of all.

On the Monday, I saw a beautiful white light around John's head that also seemed to light up his face. Two days later, on the Wednesday morning, my beautiful man had passed to Spirit.

Family and friends took it in turns to come and stay with me. First was my friend Barbara.

When she arrived, Barbara told me about a dream she had on the Monday, the day I saw the light around John's head. She said she hadn't understood the dream at the time.

"It was so vivid," said Barbara. "I've never had a dream like that before. I saw John in a hospital gown running along the corridors of a hospital in bare feet.

"He looked so happy and free, with a big smile on his face and the wires of a drip floating behind him."

I knew straight away John had started to transition that day and angels were guiding him, helping him to escape earthly constraints, which had tied him down for so long.

John was on his way! And yes, within days he was sending me unmistakable signs of his survival.

Bonni lives in Canada and tells a story of when she retired from driving a school bus and started a new job of taking adults with learning difficulties to a day centre where there were social activities for



ALISON WYNNE-RYDER: "Once we ask for divine guidance angels will step in."



A MINIBUS driver believes that Archangel Michael, who is known as the Warrior Angel of Protection, saved her life.

them. This also allowed their caregivers some respite.

"I loved my work," she said, "and invoked angels every day to see us through snowstorms and keep my clients calm and safe."

Her minibus had more than a few quirks that at times caused her to shimmy along the road with clunking and creaking noises.

Bonni asked her boss to get the bus checked over, but he always dismissed her concerns.

It was just an old bus, he said: the wheelchair lift just needed some oil; everything was fine. Bonni still had her doubts, but assumed her boss knew what he was talking about.

One day, all her clients had been safely delivered to the day centre and Bonni was on her way to a nearby town.

"Something" made her decide to stay off the highway and choose a quiet country road instead.

Suddenly, as she turned a corner, Bonni heard the rear of the bus making ungodly noises.

Next, "all hell broke loose" as the vehicle veered and jerked, and Bonni fought to keep it on the road.

It came to a stop on the shoulder of the road. Bonni laid her forehead on the steering wheel, saying a prayer of thanks to the angels, but it wasn't over yet.

Looking to one side through the large windows, Bonni was astonished to see the two rear wheels rolling past.

The axle had ground itself into the soft shoulder of the road. Both wheels, clearly loose, had flown off. So that's what all the clunking noises had been.

Bonni watched helplessly as they gained momentum and bounced a little higher each time they hit the road, shooting ahead straight towards a van turning out of a driveway and facing the bus.

Bonni could see the driver's eyes widen as he realised what was about to happen. Instinctively, she prayed: "Oh no! Angels, please help."

One of the wheels slowed, wobbled and then flopped harmlessly onto its side in the ditch. However, the second wheel kept going right towards the van and the driver wrapped his arms around his head and ducked down below the dashboard.

The wheel made one more bounce, launching it towards the windshield. Then, just a few feet away, it made a sudden sharp turn to the side, disappearing into the ditch as if a giant hand had come down and given it a push.

Even that wasn't the most amazing thing about the whole experience. The van driver jumped out and ran towards Bonni in her wrecked bus, saying he didn't understand how she had managed to keep it from flipping over.

While Bonni called her boss to arrange for a tow truck, she noticed that the man was climbing around inside the bus.

"Where's that other guy?" he kept

asking.

"What other guy?" Bonni asked. "I'm alone."

"No," he laughed. "While you were bringing this bus to a halt, I saw a big man bent over behind your seat with his arms around yours."

"He was helping you to control the bus. He was huge, wearing something like a big purple ski jacket."

"Thank you, Archangel Michael!" Bonni breathed. She knew immediately that Michael, the Warrior Angel of Protection, had saved her life.

One thing I'm asked frequently is, "What's the difference between our guardian angels and spirit guides?"

Each of us has one guardian angel and one main spirit guide as our protectors. They differ in that the angels are pure beings of light who have never lived an earthly life or inhabited a human body.

They are purely created by the Divine to serve as messengers between the angelic hierarchy and humanity.

Within the hierarchy of angels, our guardian angels are those we are closest to, as they have been assigned to us personally. They hear our every thought and every prayer.

There are also archangels whom we can invoke. These powerful beings each possess their own magical

correspondences so we know which one to communicate with for whatever particular help we need.

Just like our guardian angels, everyone has a spirit guide who has been assigned to us individually.

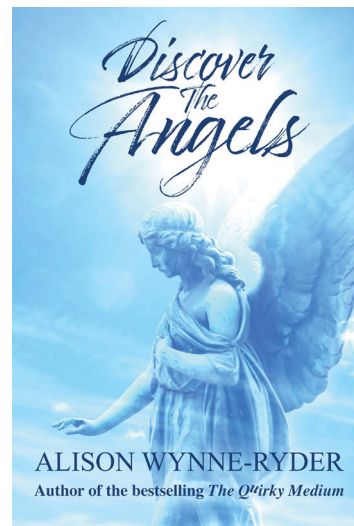
Our spirit guides have lived in human bodies. They are ascended beings from the human line of evolution and therefore have had earthly experiences themselves, similar to those we encounter in our own

lifetimes.

Spirit guides are there to help and guide us along our spiritual path in life – and who better to guide us than someone who understands what it is like to have lived on Earth?

Our main spirit guide will stay with us throughout our entire life and help us fulfil our earthly mission.

"Discover the Angels" is published worldwide by Local Legend for £10.00. See <https://local-legend.co.uk>



SUDOKU COMPETITION

This month we have five copies of Rob Wildwood's beautifully photographed new book *Magical France* as prizes for five lucky winners.

The publisher writes: "Journey into France's hidden landscape and discover its magical past and sacred sites, from pilgrim paths and holy shrines to healing wells and fairy grottos.

"This unique atlas of magical France reveals a mythical past charted through its sacred landscape.

"Explore its unique spiritual connection to Mary Magdalene, black madonnas, pilgrimage routes, ancient goddesses and Celtic saints at over 500 sacred sites.

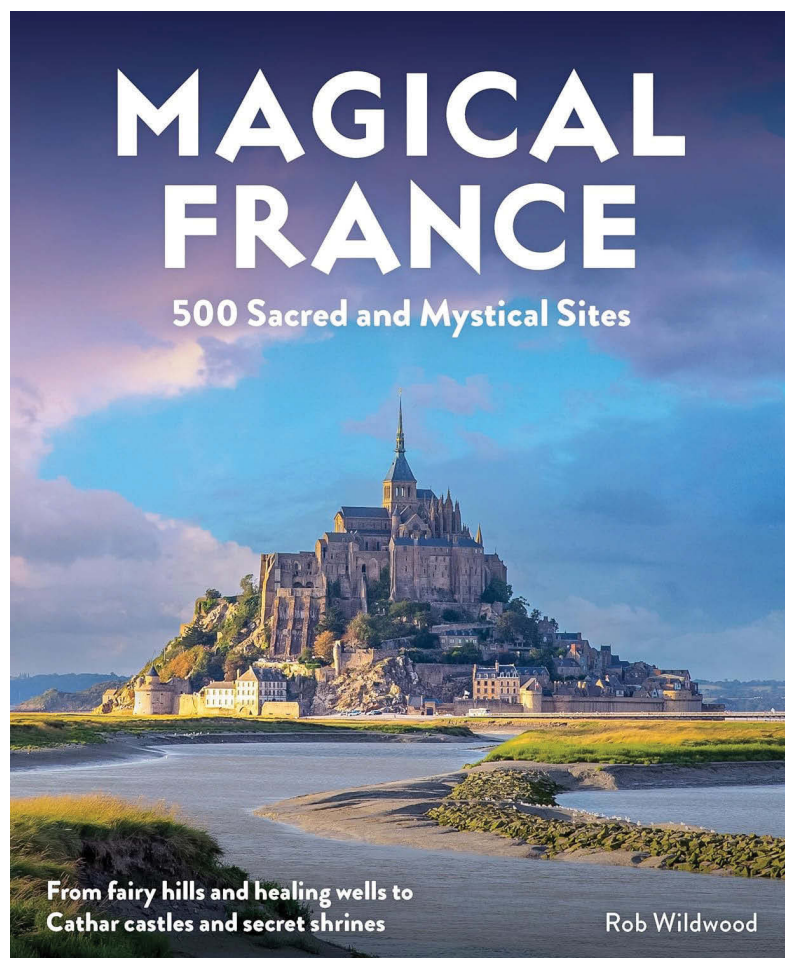
"Dive into its mysterious otherworld of water spirits, fairies, giants and dragons.

"This book features original and evocative photography, maps and detailed descriptions of locations, stories and folklore."

For your chance to win one of the books, complete the sudoku puzzle and send the numbers which appear in the shaded centre row, from left to right, along with your name and address to our new postal address:

Psychic Press Ltd, (Competition),
124 City Road,
London, EC1V 2NX

Or enter by email: pntemp12@gmail.com
The closing date for entries is 8th July 2025



1			4			8	2	
5	6		2		1		9	
		3	5	9				6
		7		1	8		6	2
8	2		3	5		9		
6				7	9	2		
	9		6		5		7	1
	5	2			3			9

How to solve sudoku: Place a number from 1-9 in each empty cell so that each row, each column and each 3x3 block contains all the numbers from 1-9.

WINNERS

The winners of the
FEBRUARY 2025
sudoku competition are:

Mrs Geraldine Goodwin, Cornwall

Mrs Enid McDonald, Wales

Mr Frederick Groves, Kent

Susan Storer, Derbyshire

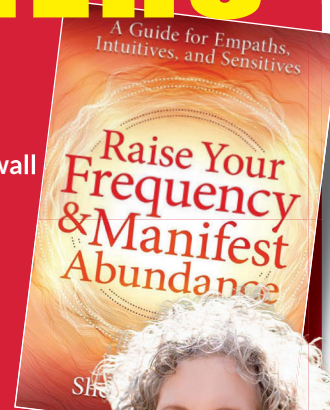
Carole Pepperell, Norfolk

The winning numbers are:

873 256 194

Each winner receives a copy of *Raise Your Frequency & Manifest Abundance* by Sherrie Dillard (pictured right).

For further details of Sherrie Dillard's work, visit:
www.happyinsights.net



A woman with brown hair and her eyes closed is shown in profile, smelling a rose. The rose is orange and has green leaves. A small, round, glass perfume bottle with a wooden stopper is visible in the lower right. The background is a warm, golden-brown color with a soft, hazy light effect.

Psychic gift is heaven scent

IN the world of psychic phenomena, we are perhaps most familiar with clairvoyance – the ability to see beyond the physical realm – or clairaudience, which is the gift of hearing spirit messages.

However, among lesser-known but equally fascinating and evidential abilities is clairolfaction.

This unusual sensory experience allows someone to perceive scents not present in the physical world, but those originating from the Higher Life.

Whether it's the comforting aroma of a "dead" grandmother's perfume or the unmistakable scent of tobacco once smoked by a deceased father, Clairolfaction offers a form of spiritual communication which is deeply personal, often emotional and profoundly validating.

Understanding clairolfaction

Also known as clairalience, clairolfaction is a form of extrasensory perception in which an individual becomes aware of smells with no physical source.

Unlike ordinary olfactory perception, which involves airborne particles triggering sensory receptors in the nose, clairolfaction bypasses the normal process.

It is as though the mind and soul of a medium tune into an etheric frequency, receiving aromatic impressions directly from the Beyond.

For those who experience clairolfaction, the

sensations can be sudden and vivid. The smell may linger briefly or fill an entire room despite there being no tangible cause.

These psychic scents are typically linked to a particular spirit being or spiritual message and often correspond to a person, place or memory.

Claïrolfaction through time

While not always labelled as “clairolfaction,” the phenomenon has been noted throughout history in spiritual and religious texts, mystical experiences and accounts of mediumship.

Saints and mystics have long reported the mysterious scent of flowers or incense during visions or divine encounters.

For example, in Roman Catholic writings, many saints were said to exhibit the odour of sanctity at or after death with a supernormal fragrance, often of roses or lilies, emanating from the body.

The 20th-century Italian mystic Padre Pio was reportedly surrounded by the strong scent of violets or roses, which would manifest during his experiences of bilocation or spiritual interactions.

Today, mediums sometimes describe the presence of odours associated with spirit communicators. These include the smell of lavender, tobacco or even medical antiseptics, each offering clues about the

being communicating from the Beyond.

Despite being less publicised than other psychic gifts, clairolfaction has long held a place in the mystical and metaphysical traditions of many cultures.

How clairolfaction manifests

Claïrolfaction occurs when individuals choose to manifest their presence through scent.

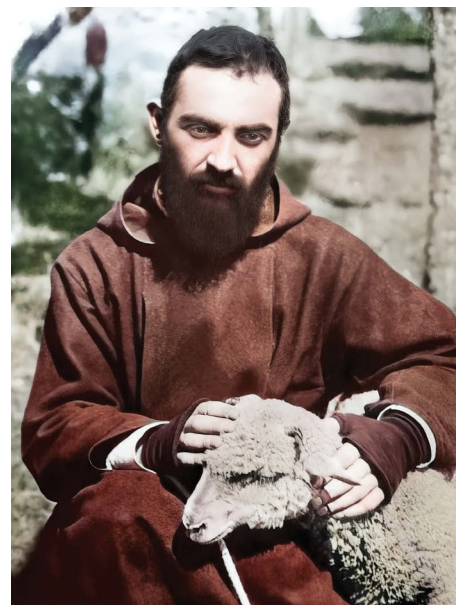
Not having physical bodies, spirit beings do not “emit” smell in the traditional sense. Instead, they project an impression or energetic frequency that a medium psychically interprets as a recognisable odour.

Claïrolfaction often activates during moments of heightened psychic connection, such as during mediumship sessions, dreams, meditation or spontaneous encounters.

Some mediums describe the experience as a blending of clairvoyance and memory. A communicator projects a symbolic scent that corresponds to their identity and habits, which a medium’s higher senses interpret.

In this way, spirit entities sometimes use smell as a means of triggering memory in the living.

Since our olfactory system is closely linked to the limbic system, which is responsible for emotion and memory, a



PADRE PIO was reportedly surrounded by the strong scent of violets or roses during his experiences of bilocation or spiritual interactions. (File photo)

particular scent can instantly transport someone to a moment, feeling or loved one.

In this way, psychic smelling becomes one of the most emotionally resonant forms of spirit communication.

Scent as evidence of life after death

One of the most fascinating aspects of clairolfaction is its potential role in providing evidence of survival after death.

There are many documented cases, especially among mediums and spiritually sensitive individuals, where the appearance of a signature scent has been witnessed in conjunction with a meaningful message or event. Here are a few recurring examples:

- **Perfume or cologne:** A medium may suddenly become aware of a specific fragrance which a spirit communicator wore in life – one that no one in the room is wearing.
This scent may trigger recognition of a loved one, thereby confirming his or her identity.
- **Cigarette or pipe smoke:** Non-smokers often report smelling tobacco smoke in a room where no one has smoked, particularly when it’s associated with a deceased relative known for their smoking habit.
- **Flowers:** The scent of roses, lilacs or lilies is commonly reported, especially when a spirit being’s name, memory or grave is associated with a particular flower.



THE sudden smell of flowers sometimes manifests to clinch a spirit communicator’s identity.



THE “smell of fresh bread, pies or family recipes can appear in connection to ancestors, particularly grandmothers or matriarchal figures known for their cooking.”

- **Hospitals and medical scents:** Some mediums perceive the sterile smell of hospitals, antiseptics or specific medications. This suggests someone who passed on in a medical setting or worked in the health service.
- **Cooking or baking:** The smell of fresh bread, pies or family recipes can appear in connection to ancestors, particularly grandmothers or matriarchal figures known for their cooking.

These aromatic manifestations are deeply personal and often provide good evidence, especially when a medium could not have known the scent or its significance.

In this way, clairolfaction acts as a form of evidential mediumship, which bridges the seen and unseen with a sensory experience that evokes memory, emotion and often healing.

Psychic smells in mediumship

Psychic smells can vary greatly depending on a spirit being’s life experience, message or the context of the communication. Some other reported smells include:

- **Alcohol:** May suggest a communicator who struggled with addiction or socialised heavily.

- **Incense:** Often linked to spirit guides or ancestors from Eastern traditions.
- **Burnt smells:** Sometimes linked to trauma or sudden death.
- **Earthy or musty scents:** Might indicate age, burial or long-passed ancestors.
- **Sweet or fruity aromas:** Associated with youth, joy or spiritual playfulness.

It’s important for mediums to use discernment when interpreting these smells, and consider the emotional and

psychic impression accompanying the scent.

Methods for producing scents

Because those on the Other Side do not possess physical bodies, they cannot produce scent in the traditional biochemical way.

Instead, most mediums believe that spirit beings manipulate energy to convey a sensory signature. The scent may be an energetic echo of who they were in life.

This is projected into the psychic field of the medium or a symbolic message encoded into the experience. There are several theories about how this works:

1. **Energy imprinting:** A spirit communicator’s energy imprints a memory or identity-based scent onto the environment or the medium’s perception.
2. **Telepathic projection:** The medium receives a telepathic “impression” that their brain decodes as smell. Similar to a vivid dream, this “smell” can be every bit as convincing as a real one.
3. **Environmental manipulation:** In some cases, the scent may be detectable by more than one person in the room, suggesting some form of environmental manipulation.
4. **Medium’s sensory pathways:** Some suggest that a medium’s own spiritual senses generate a scent by accessing collective memory or past life recall.

Regardless of the mechanism, the scent is typically meaningful to someone involved in the encounter, suggesting intentionality and intelligence behind the phenomenon.

Developing clairolfaction

Like all intuitive faculties, the psychic sense



NON-SMOKERS “often report smelling tobacco smoke in a room where no one has smoked, particularly when it’s associated with a deceased relative known for their smoking habit.” (Photo: realworkhard)

of smell is thought to be innate in most people, but varies in strength.

Some may naturally experience clairolfaction during childhood or after a spiritual awakening whilst others may never experience it unless they intentionally develop their psychic senses.

Developing clairolfaction is a process of sensitisation – tuning into the subtle, invisible energies around us. Here are some steps anyone can take to begin opening this gift:

1. **Meditation and grounding**

Regular meditation helps quiet mental chatter and enhances your ability to perceive subtle impressions. Grounding also ensures that you are in a stable energetic state, which is essential for accurate psychic reception.

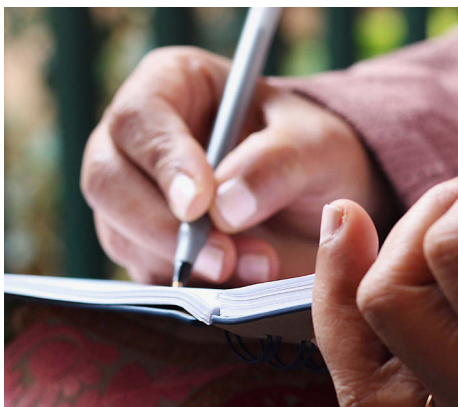
2. **Scent journaling**

Begin by paying close attention to scents around you. Keep a journal of notable aromas, especially those that appear out of nowhere or trigger emotional memories. Write down when, where and how you experienced them.

3. **Development circles**

Join or start a development circle where you can practise mediumship with others. Clairolfaction is often activated in group energy or during trance work.

4. **Work with memory and emotion**



KEEP “a journal of notable aromas.”

Because scent is so closely tied to memory, engaging with emotional memory exercises – recalling loved ones and reviewing old letters or photos – can heighten your sensitivity to spirit-created aromas.

5. **Ask for communication via scent**

You can explicitly ask guides or a loved one in Spirit to communicate with you through scent. Stay open, as spirit communication sometimes comes in ways we don't expect.

6. **Avoid overstimulation**

Limit strong synthetic scents in your environment when practising, as these can mask or override subtle spiritual scents.

7. **Use crystals or herbs**

Certain crystals like amethyst, celestite or labradorite are said to enhance spiritual sensitivity. When used mindfully, herbs such as frankincense or mugwort may also stimulate psychic awareness.

8. **Have trust and patience**

Like all intuitive development, opening the sense of clairolfaction takes time. Trust your impressions. Allowing the ability to unfold organically is key.

Summary

Clairolfaction is a remarkable and often underappreciated psychic sense. It offers a unique way for spirit loved ones to make contact through the deeply human and emotionally charged experience of scent.

Whether it's the whiff of cigar smoke during a family gathering or a sudden smell of roses in an empty room, clairolfaction connects us to those we love Beyond in meaningful ways.

While not everyone might experience psychic smells with regularity, the potential for developing this sense potentially exists in all of us.

With patience, mindfulness and a willingness to engage with the Other Side, we may each open the door to communication which transcends words and speaks directly to the soul.



REGULAR “meditation helps quiet mental chatter and enhances your ability to perceive subtle impressions.”



Your paranormal and spiritual questions answered

BY GRAHAM JENNINGS

'Dead' stranger gives famed actor lift in car

Telly Savalas, who played Kojak in the TV series, told of two ghostly encounters. What were they? – Peter Adams.

Aristotelis "Telly" Savalas (1922-1994) was a Greek-American actor. He is perhaps best known for playing the lollipop-licking Lieutenant Theo Kojak in TV's *Kojak* (1973-1978), and arch-villain Blofeld in *On Her Majesty's Secret Service* (1969).

Though married, Savalas dated a woman and took her to dinner. He drove her home and started for his residence in Long Island, New York, but ran out of petrol.

Savalas inquired about the whereabouts of the nearest petrol station and was told to walk through a wooded area. As he entered it, he heard a man say in an eerily spooky, high-pitched voice, "I'll give you a ride."

The actor turned to see a man in a white suit at the wheel of a Cadillac, which he had not heard drive up. He accepted and climbed in, and the man drove to the garage.

Savalas said nothing about not having any money, so was surprised and grateful when the man said, "I'll lend you a dollar." Savalas promised to post him the money and the stranger wrote his address on a piece of paper.

They reached the petrol station. Savalas filled up a can and the two drove back to the actor's car. Then out of the blue the man said, "I know Harry Agganis."

"Who?" queried Savalas.

"Agganis," said the stranger. "He's a utility infielder for the Boston Red Sox" (a baseball team).

They reached Savalas' vehicle. Savalas filled up, but the car would not start. Then the man pushed it and it started. Savalas thanked him and drove off.

The next day, the actor saw the headline in the *New York Journal-American* for June 28, 1955. It read, "Harry Agganis, dead."

Savalas was dumbfounded. Why had the man exclaimed that he knew the famous



THIS representation shows actor Telly Savalas being offered a lift by a deceased driver, whose identity was later verified.

quarterback when neither had mentioned baseball?

Savalas looked at the piece of paper, which was signed James Cullen with an address and telephone number. He rang it. Someone answered "Jimmy's Bar."

"Can I speak with Mr Cullen, please?" asked Savalas. A woman demanded to know who was calling.

"Well," said Savalas, "I was with Mr Cullen last night. He gave me this telephone number and said I could reach him here."

The woman responded angrily, saying: "Look, you son of a bitch, I don't know what you're talking about."

"You're talking about my husband and he's been dead for over two years." She hung up.

Later Savalas plucked up the courage to ring again. Eventually, Mrs Cullen agreed to meet him.

She told him her husband had shot himself through the throat – Savalas recalled the spooky, high-pitched voice – and the white suit Cullen wore was the one he was buried in.

Cullen's signature on the piece of paper matched another signature that his wife had brought with her.

Savalas had not seen the last of James

Cullen. On November 22, 1963, he was playing golf with two friends – game show host Dennis James and TV producer Merrill Heatter – at the El Caballero Country Club in California.

The actor was getting ready to tee up at the sixth hole when he heard James Cullen's high-pitched voice calling him from a distant hill.

"Telly!" Cullen began. "Did you hear what happened in Dallas?"

"What?" replied Savalas, and turned to Dennis, asking, "Did you hear that?"

"Yes," said Dennis. "What did he say?"

"I don't know," Savalas replied.

"Something about Dallas."

They finished playing before adjourning to the clubhouse to eat. A television broadcast was interrupted and they saw CBS news anchor Walter Cronkite battling his emotions as he announced that President Kennedy had "died at 1.00 pm Central Standard Time."

Kennedy was assassinated at 12.30 pm local time in Dallas, Texas, just before Savalas and Dennis heard Cullen calling from the hill. The actor had other encounters with Cullen, but refused to reveal anything more.

Researcher locates lost man's whereabouts in wilderness

Did Harold Sherman, the American author and lecturer, once help a man to locate his father, who was lost in the Canadian Northwoods, by thought alone? – Julian Blythe.

Harold Morrow Sherman (1898-1987) was a psychical researcher who specialised in developing the powers of the mind, especially in the field of extrasensory perception (ESP).

In 1937, Sherman participated in telepathic communications with Arctic explorer Sir Hubert Wilkins, who was also an ornithologist, pilot, soldier, geographer and photographer.

Stationed near the North Pole, Wilkins sent his thoughts telepathically to Sherman at prearranged times.

Sherman kept transcripts – and when they were compared with Wilkins' diary, they proved to be 70 per cent accurate. In 1942 they co-wrote *Thoughts Through Space* chronicling the experiment.

A prolific author and experimental psychologist, Sherman also wrote self-help books, beginning with *Your Key to Happiness* in 1935. For a while he had his own philosophy radio show and later a self-help TV programme.

In March 1939, Thomas Garrett, an acquaintance, rang him at work on behalf of a Mr Yellen. He said Yellen was about to leave New York by train to join a search party to look for his father who had gone missing in the remote Canadian Northwoods.

Garrett explained: "When he (Yellen) learned that I knew you, he asked me to get in touch to see if you might get some impressions as to what has happened to his father." Would Sherman speak with him?

"The suggestion," wrote Sherman, "was instantly repellent to me." He considered it more in the nature of clairvoyance than telepathy and was definitely no fortune teller. Moreover, in his psychic work he preferred to remain conscious and in control.

Nevertheless, Garrett persisted and Sherman reluctantly agreed to speak with Yellen. He listened sympathetically and then began to empathise. Supposing his own father were lost? How would he feel?

"The moment I let my mental guard down," wrote Sherman, "it happened! In a



HAROLD SHERMAN participated in telepathic communications with an Arctic explorer. (File photo)

way it is impossible to describe, the inner contours of my mind became activated.

"I began to see vivid mental pictures and to get strong, unmistakable feelings just as I had when I communicated with Wilkins.

"As these impressions came, I began talking. 'Just a minute,' I broke in over the phone. 'I am with your father now. I see him stagger out of the underbrush on to what looks like an abandoned trail.

"He is in a nearly exhausted physical condition. He has not fallen into a lake or stream and been drowned, as some of the searching party think, but is lost. I am following him, mentally, as he walks unsteadily along the trail."

Sherman continued: "He goes about a mile and comes to a fork where the trail splits and goes off at right angles. I see him hesitate, undecided which fork to take.

"Then he starts off to the right. I get a good feeling in my solar plexus because I can see that if he continues for about half a mile, he will come to a clearing where there is an old lumber camp.

"There are two men there in charge of it, who can give him his bearings and help him get out of the forest.

"But now, I can see him stop, about halfway there, and turn back. I go with him as he retraces his steps to the fork.

"Now I get a terrible feeling in my solar plexus because I seem to sense that this fork is leading him farther and farther into the woods, and that he has no hope of rescue there."

Sherman added: "I go along with your

father for perhaps half a mile when he comes up against a great tree trunk which has fallen across the trail.

"It is so big and your father is so exhausted that he doesn't have the strength to climb over it, and the underbrush appears to be too thick to go around it.

"I see your father try again and again – and finally, I see him drop dead beside this tree trunk..."

A tearful Yellen cried: "No, Mr Sherman. Don't tell me my father is dead!"

Sherman snapped out of his reverie and realised he should not have given that information. He begged Yellen to ignore it and declared there was no way of proving it.

Yellen replied: "While you were talking, I made notes on the back of an envelope. If your impressions should be true, I'll let you know about them."

True to his word Yellen sought Sherman out in New York the following autumn. "What really happened?" Sherman asked him.

"That's what I've come to tell you," answered Yellen. "I took the train for Canada that afternoon after I talked with you and joined the search party.

"We roamed the woods for ten days and could not find a trace of my father, so I returned to the States and my job in New Jersey. There had been new snows and it was impossible to get through in some places.

"This summer, I got a wire that my father's body had been found. I returned to Canada and went to the spot. I walked along the abandoned trail you told me about. I stood at the fork in the trail."

Yellen "went up to the clearing and saw the old lumber camp where the two men had been just as you described.

"Then I retraced my steps and went up to the other fork, and stood beside the great fallen tree trunk at the place where my father's body had been discovered.

"I came back to the States, intent on getting in touch with you and telling you that your impressions had been correct."

Beloved passed-on parrot is seen in dream

What is the story of statesman Ignacy Paderewski and his "old friend" Cocky Roberts, a parrot? – Emma Blake.

Ignacy Jan Paderewski (1860-1941) was a Polish pianist and composer. A staunch patriot, he supported the cause of Polish independence and became Prime Minister of Poland in 1919.

He later resigned, but continued to promote Polish interests while touring the world as a leading concert pianist.

On his first tour of Australia, New Zealand and Tasmania in 1904, Paderewski injured a finger and was disappointed at not to being able to give his first concert. His tour manager bought a parrot to cheer him up.

Paderewski wrote in his *Memoirs* (1939) that the parrot, which was named Cocky Roberts, "filled me with affection, amusement, interest and considerable agony as long as he lived. He used to talk in not exactly the most refined language.

"It was really very indecent and blasphemous. Cocky Roberts was more than a parrot – he was a real artist in his way.

"He talked almost without interruption. His vocabulary was extremely rich and very large, but not of the best choice.

"Sometimes, he swore in a terrible way when you displeased him, using the worst possible expressions.

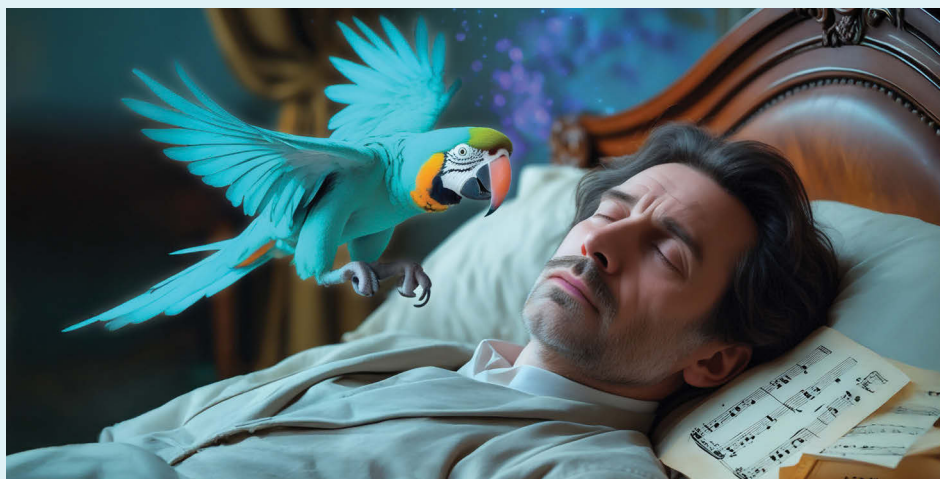
"Cocky Roberts stayed with us during the Australian and New Zealand tours... Afterwards, he lived with us for some six or seven years.

"He was here at Morges (in Switzerland where Paderewski had a villa), an important member of the family. He was a beautiful, lovable bird.

"I could do anything with him. He always came to have his neck scratched and was delighted when I touched him.

"He used to come regularly to my room when I was practising. I tried to avoid him and would close the doors."

Paderewski added: "When that happened, he would knock sharply with his



A FAMOUS pianist and composer, Ignacy Paderewski was also a Polish Prime Minister.

beak. At first, I would keep very quiet. Then he would knock again, a little harder, and I would call out through the door: 'Who is there? Who is it?'

"Then an angry voice would answer, 'Cocky Roberts.' 'Who?' I would say, pretending not to understand, and then that angry shrill little voice would come again: 'Cocky Roberts! Cocky Roberts!'

"Of course, I had to let him in after that. He would walk straight to the piano and perch there on my foot for hours while I practised.

"The pedalling (and my pedalling is very strenuous) did not seem to disturb him in the least."

Paderewski said the bird "would sit perfectly still on top of my foot. Then from time to time he would say in a very loving and scratchy voice: 'Oh, Lord, how beautiful! How beautiful!' Ah, it was touching."

Eventually, over time even Paderewski found Cocky's constant shrieking unbearable, as it "seemed to act directly on my spine.

"The nerves of my spine became trembly. I was so disturbed in my entire being for days and days after one shriek of his that I felt I could not have him near me anymore.

"I had to prepare for a very important concert tour, so we decided to put him for the summer in with the poultry in the garden, where he had a very nice house all to himself."

The parrot "was apparently perfectly satisfied. He talked to the poultry, swore at them too and sometimes talked to the gardener.

"He would cry for me. I saw him often, but my visits were brief ones. I returned to America very early that year in September.

"I was then in New York, and remember well that the whole of one night I dreamed of Cocky Roberts.

"I dreamed about him and saw him. I heard his funny, shrill, angry little voice calling me, and it did not seem so unpleasant in my dreams.

"Somehow, I knew then that Cocky Roberts was dead and there was a very empty little place in my heart. Ten days afterwards we received the news from Morges that poor Cocky Roberts was no more."

Paderewski learnt that "A very severe, unexpectedly cold night came. The gardener had forgotten and left him out in the poultry house, and he caught a cold that killed him. Poor Cocky Roberts!"

Writing as Graham Adrian, Graham Jennings is the author of the historical novel "Two Sisters," a spiritual romance set in this world and the next. Graham is also co-author of the non-fiction "Ghosts of War." Both are published by Local Legend and available worldwide. See <https://local-legend.co.uk>



PHOTOGRAPHER Graham Morris took this shot of Janet Hodgson apparently levitating in her bedroom.
(File photo)

Police were called to poltergeist property

By John West

IN the 1970s, the town of Enfield in North London garnered international attention due to a poltergeist's apparent attraction to a property at 284 Green Street.

The family living in the 1920's semi-detached council house consisted of Peggy Hodgson and her four children: Margaret, thirteen, Janet, eleven, Johnny, ten, and Billy, seven.

The haunting began on the evening of August 30, 1977. Johnny and Janet shared a bedroom. Just after they went to bed, their beds started to shake.

Calling to their mother, the shaking stopped. Assuming that they were playing games, Mrs Hodgson told them to get some sleep.

The next evening, the children heard a shuffling sound. Mrs Hodgson came in and told them to be quiet. As she switched off the light, she also heard shuffling. Four loud knocks followed.

Mrs Hodgson turned on the light and saw a heavy chest of drawers sliding across the floor towards the doorway. She pushed it back to its normal position.

The furniture moved again towards the door. Mrs Hodgson attempted to push it back, but was unable to do so. Scared, she took the



RESEARCHER Guy Lyon Playfair also became involved in the investigation. (File photo)

children downstairs.

She went next door and asked her neighbours for help. Vic Nottingham and his son searched the house, but found nothing.

Hearing a knocking sound, Vic rushed outside to see if someone was banging on the wall. No one was there.

Mrs Hodgson decided to call the police. WPC Heeps and PC Hyams arrived at around 1.00 am. WPC Carolyn Heeps later told investigators about their visit, stating:

"On Thursday, 1st September 1977 at approximately 1.00 am, I was on duty in my capacity as a policewoman when I received a radio message to 284, Wood [sic] St, Enfield.

"I went to this address where I found a number of people standing in the living room. I was told by the occupier of this house that strange things had been happening during the last few nights, and that they believed that the house was haunted.

"Myself and another PC entered the living room of the house and the occupier switched off the lights.

"Almost immediately I heard the sound of knocking on the wall that backs onto the next door neighbour's house. There were four distinct taps on the wall and then silence.

"About two minutes later I heard more tapping, but this time it was coming from a different wall: again it was a distinctive peal of four taps.

"The PC and the neighbours checked the walls, attic and pipes, but could find nothing to explain the knockings."

After the police left, the family decided to stay in the living room. They enjoyed a quiet day until the evening when they witnessed Lego bricks and marbles flying around the room. The marbles were hot

when they picked them up.

Mrs Hodgson agreed to let her neighbour call the *Daily Mirror*, which sent a reporter and photographer.

Nothing happened and the pair decided to leave. As they left, Lego bricks and marbles started to fly about the room again.

Mrs Hodgson called them back. As they did so, a Lego brick hit the photographer above his right eye. The newspaper decided to approach the Society for Psychical Research (SPR).

They contacted Maurice Grosse, who had recently joined the SPR and was keen to investigate a case. A few days after this, Guy Lyon Playfair, another member of the SPR, also became involved in the investigation.

At first, Playfair suspected Janet of being responsible, as she appeared quite lively. He instructed Mrs Hodgson to monitor Janet closely and informed her, "Even if Janet is deceiving, it might not be her fault."

Playfair had found that often the "focus" in a poltergeist case would throw things, but not be aware of it.

For instance, in one case, a person was caught throwing objects, but a lie detector test indicated that the individual believed they were telling the truth when they denied it.

Playfair and the *Mirror* photographer were waiting in Janet's bedroom when a marble landed on the floor. Playfair observed that the marble did not roll upon landing, but remained stationary.

He attempted to duplicate this, but was unable to do so. The photographer tried to take a picture, but all the flashguns on

his cameras failed. He checked them and discovered they had run out of power.

Playfair decided to tie the leg of Janet's chair to her bed using wire. Despite this, the chair fell over and the wire snapped. He watched an armchair topple over and the bed sail across the floor.

A book, *Fun and Games for Children*, flew off a shelf and landed upright on the floor. A small head-like indentation appeared on a pillow.

Mrs Hodgson suggested to Playfair that this was caused by the ghost of a four-year-old girl whose father had smothered in a nearby house.

Some of the furniture from the house ended up in the Hodgson's home, but Mrs Hodgson threw it away.

Knocks were heard, and Playfair thought the poltergeist was attempting to communicate.

Medium Annie Shaw visited the house with her husband George. She went into a trance and became upset, screaming, "Go away!" and spitting at her husband.

She moaned: "Gozer, Gozer, help me. Elvie, come here." George asked the entity to leave the Hodgson family alone.

Annie came out of trance and said Janet was the centre of the haunting, claiming more than one entity was involved.

The medium said that Janet's and her mother's auric fields were leaking and the entities were using this energy to manifest themselves. She also said that there was a negative atmosphere in the house.

The Shaws then "cleaned" Janet's and her mother's auras by moving their hands over their bodies.

For a few weeks, the activity all but ceased. However, in October, the poltergeist returned with beds shaking, furniture moving and blankets flying off beds.

Pools of water appeared on the kitchen floor. One of these puddles resembled a human figure.

On the advice of a fellow psychical researcher Eric Dingwall, Playfair attempted to communicate with the poltergeist. Using raps, it rapped back. He asked it to rap once for "Yes" and twice for "No."

Playfair then asked if the entity realised it was dead. It appeared enraged by this, as loud crashes echoed from an upstairs bedroom. Rushing upstairs, he found objects scattered across the floor.

Maurice Grosse also tried to communicate with the poltergeist and asked if it had died in the house. It rapped, "Yes."

When Grosse asked if it would go away, a loud thud replied "No." The poltergeist claimed to have lived in the house for over



30 years.

When the raps became nonsensical, Grosse asked if it was having a game with him. In response, a cardboard box containing cushions flew across the room and hit him on the forehead.

The children then began seeing apparitions in the house. Billy claimed to have seen a disembodied face looking at him. He described it as having the face of an old man with big white teeth.

In December 1977, the poltergeist started to speak through Janet. At first, it whistled and barked, but began to form words, calling out Maurice's name.

The poltergeist said its name was Bill Wilkins. When Playfair asked Bill if he knew he was dead, the voice told him to shut up.

At first, Bill would not speak if investigators were in the same room. He then said he had a dog, "Gober the Ghost."

Bill said he shook Janet's bed because he was sleeping there and wanted her out. He used foul language and said he enjoyed annoying them.

When asked where he came from, Bill replied, "I come from out the grave." Bill even gave them the name of a nearby cemetery called Durants Park.

When pressed why he didn't go away, Bill replied he was "not a heaven man. I come from Durants Park, and I am 72 years old. I have come here to see my family, but they are not here now."

Bill later claimed that he had gone blind and died in a chair downstairs. Later, research confirmed the accuracy of this information.

When Playfair asked why he wasn't visible, Bill replied, "I'm invisible... because I'm a G.H.O.S.T."

To rule out any suggestion that Janet



A LOLLIPOP lady testified, "I was standing there looking at the house when all of a sudden a couple of books came flying across and hit the window." (Photo: Lewis Clarke)

was faking the voice, Grosse put tape across her mouth, but the voice continued. Grosse asked Janet to hold water in her mouth, but the voice remained audible.

Grosse then placed a microphone on the back of Janet's head to record the voice. A speech therapist was brought in to examine Janet. She was unsure where the voice was coming from, although it did resemble a false vocal cord tone.

This is an effect where muscle tension behind the throat can produce sounds independent of the vocal cords.

However, using this muscle tension to speak can lead to serious throat damage, which did not happen to Janet, who would speak for several hours at a time. Was Janet serving as an amplifier?

It was hardly surprising that several

sceptics later accused the eleven-year-old of ventriloquism. This prompted Maurice Grosse to offer a £1,000 reward for anybody who could replicate a similar voice. There were no takers.

Another researcher, David Robertson, became involved in the case. He asked the poltergeist to levitate Janet while drawing a line around a light on the ceiling.

Robertson left the room and heard Janet bouncing up and down on the bed. Suddenly, he heard a gasp and then there was silence.

The door was jammed shut. When it was opened, Janet was on the bed. Looking up, Robertson saw a red line around the light.

Janet claimed to have floated through the wall into the bedroom next door. She described the room as "all white."

Neighbour Peggy Nottingham asked Janet to do it again and rushed next door to see what would happen.

Janet failed to appear, but *Fun and Games for Children* was lying on the floor. The book had been in Janet's room only minutes before.

Robertson gave Janet a red cushion and asked her to do something with it. Through Janet the poltergeist replied: "All right, David, boy. I'll make it disappear."

Robertson left the room, but then heard a cry from Janet. Upon returning to the room, he found the cushion gone and the window closed. Just before this, a neighbour walking past the house had seen a red cushion appear on the roof.

Local lollipop lady Hazel Short once dramatically witnessed Janet floating around her room. She testified:

"I was standing there looking at the house when all of a sudden a couple of



SITUATED in Green Street, here is the Enfield poltergeist house, which was built in the 1920s. (Photo: Google)



IN a TV adaptation, actor Matthew Macfadyen (seen left) portrayed Guy Lyon Playfair. Timothy Spall played Maurice Grosse. (Photo: Sky Living)

books came flying across and hit the window. It was so sudden. I heard the noise because it was so quiet; there was no traffic, and it made me jump...

"Then after a little while, I saw Janet. I don't know if there's a bed underneath that window, but she was going up and down bodily as though someone was just tossing her up and down bodily, in a horizontal position, like as if someone had got hold of her legs and back, and was throwing her up and down.

"I definitely saw her come up about window height, but I thought if she was bouncing, she'd bounce from her feet; she wouldn't be able to get enough power to bounce off her back to come up that high. My friend could see her as well; we both could see her."

The second witness was John Rainbow, a baker delivering bread to the school opposite. He commented:

"Before that day, I would never have believed anything about it, although I had heard various rumours about what had been going on in the house.

"The child appeared to float around the room; at the same time, the curtains were blowing into the room as if there were a draught, although the windows were completely closed...

"The child appeared to be revolving around the room in a clockwise direction."

Playfair tried to replicate what they had seen by bouncing on the bed horizontally. However, he found it impossible to get into the air.

It was decided to hypnotise Janet.

Playfair and Grosse called in Dr Ian Fletcher, a hypnotist and member of the Magic Circle. He put Janet into a light state of hypnosis and asked her various questions:

Do you know who is doing all this? – Me and my sister.

Why do you think you are to blame? – I don't know who is.

What does it feel like? – Cold hands gripping me, gripping me around my body.

Who started the trouble? – None of us.

What is the cause of the trouble? – An increase in unhappiness.

Visiting medium Gerry Sherrick told the family they had been together in previous lives. He claimed that the girls had practised witchcraft.

Sherrick offered the family psychic healing to heal the "leaks" which caused the haunting.

Following Sherrick's visit, the house remained quiet for several weeks. When the poltergeist returned, the haunting was less severe.

Midway through 1978, London's Maudsley Hospital received Janet for testing and observation. During her absence, the haunting continued but on a much smaller scale.

A visit by Dutch medium Dono Gmelig-Meyling appears to have ended the haunting.

He informed Playfair about an "astral trip" where he encountered a 24-year-old girl connected to the case. He also sensed a strong connection between Maurice Grosse and the haunting.

Grosse mentioned that his daughter, also named Janet, had been killed in a motorcycle accident two years before; she would have been 24 if still alive.

To this, Dono replied: "Well, that's it. It's your daughter." However, her connection to the haunting did not make her responsible for it.

Playfair suggested that she had helped bring her father into the case. Grosse recollected several peculiar incidents associated with his daughter's demise.

She sent her brother a birthday card a day before her fatal accident. It showed someone with bandages around their head with an inscription written by Janet in which she joked about a head injury: the cause of Janet's death was a head injury.

It was Janet's death that led Grosse to become involved in psychological research. His first case was the Enfield haunting.

Speaking in 2007, Janet, then in her early 40s, remained convinced that the Enfield poltergeist was genuine.

"I know from my own experience that it was real... It lived off me, off my energy," she said.

"Call me mad or a prankster if you like. Those events did happen. The poltergeist was with me – and I feel in a sense that he always will be."



John West is a writer, film producer, broadcaster and actor. In 2018, he teamed up with director Jason Figgis to make films and documentaries.

The pair have so far collaborated on several projects ranging from a film called "The Ghost of Winifred Meeks" to a series on writer Colin Wilson.

John has written three books on the supernatural – "Britain's Haunted Heritage," "Britain's Ghostly Heritage" and "Britain's Haunted Land." All are published by JMD Media.

They are available from sites such as Amazon or can be ordered from any bookshop.

NEVER MISS AN ISSUE OF PSYCHIC NEWS MAGAZINE

Subscribe direct and enjoy the luxury of having the magazine delivered to your home every month

Subscribe by phone: 01376 563091

Or at our new website address: www.psychicnews.uk

Or by post: Please send your details or the form below with payment to our new address:

Psychic Press Ltd, 124 City Road, London EC1V 2NX

Please send me a Postal Subscription to *Psychic News* for (please tick box):

UNITED KINGDOM

6 months = £32 ☐

1 year = £59 ☐

EUROPE

6 months = £49 ☐

1 year = £89 ☐

OVERSEAS OUTSIDE EUROPE

6 months = £55 ☐

1 year = £99 ☐

YOUR DETAILS

Name

Address

.....

.....

..... Postcode

Telephone No

Email address.....

I enclose a cheque for £ payable to Psychic Press Ltd

Or please charge my card: £

Card No

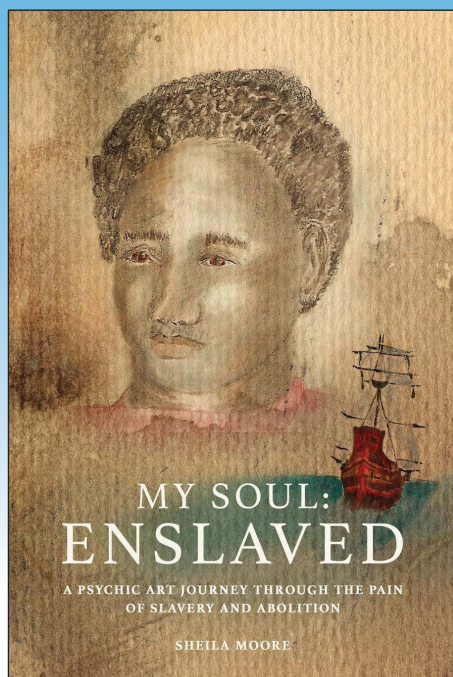
Expiry Date

Sec. No (last 3 numbers on reverse)

MY SOUL: ENSLAVED

Words and pictures from the abolitionists and enslaved peoples of the past through the medium of Psychic/Spiritual Art

By Sheila Moore



Available through Amazon and bookshops
or my website
www.psychicartspiritualvisions.com

SPIRIT, CAN YOU HEAR ME?

A true story of survival, Spirit and strength

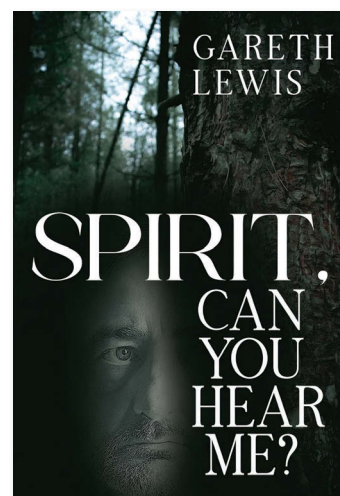
By Gareth Lewis ~ Psychic Medium, Author & Tutor

From childhood bullying to the shadows of mental health struggles, Gareth Lewis has walked a path many fear to tread. But through darkness, he discovered light – guided by Spirit and the unseen world around him.

In *Spirit, Can You Hear Me?*, Gareth shares his deeply personal journey from pain to purpose.

With raw honesty and heartfelt wisdom, he reveals how spiritual awakening, mediumship and faith helped him rise above adversity – and how you, too, can find hope through your own challenges.

This isn't just a memoir, it's a message to anyone who's ever felt alone –
you are never truly alone.



**Now available on Amazon and
from Olympia Publishers**

For signed copies visit

www.gareth-lewis.com



Spirit healing is ‘highest form of mediumship’

By Lionel Owen

TO many – and even some Spiritualists – mediumship and spiritual healing are two separate bases on which the religion of Spiritualism is built.

It is my view this belief is mistaken. Spiritual healing is mediumship. Indeed, Harry Edwards, one of our greatest healers, claimed it was the highest form of mediumship.

Therefore, to understand spiritual healing, it is likewise necessary to understand mediumship, how it works and how the gift can be polished once it is known someone possesses it.

Initially, many healers are unaware of their gift: they just know they are drawn to place their hands on someone close to them who is suffering.

It is not a conscious decision for they do it automatically, as a mother will soothe her sick child.

Many clairvoyants find the same. They see spirit people from an early age and often assume everybody else does

likewise. It is only as they mature that they realise seeing people from the spirit world is not commonplace.

But how can you know whether you are a spiritual healer or not? As with so many things, it is not you but other people who will know.

They will find that an improvement in their condition began after you laid your hands on them and tell you so.

Spiritualism is not the only religion to practise spiritual healing, but others usually refer to it as “the laying on of hands.”

Everybody possesses the gift of healing to a greater or lesser extent, but some have it much more strongly than others.

Whether you are such a person or not, it is vital to understand that the law lays down guidelines within which healers have

to operate. This was not always the case.

My uncle Robert Owen – a President of the Spiritualists’ National Union from 1925 to 1928 – is a case in point. He had a remarkable healing gift, which is now outlawed because it involved prescribing.

Whenever Uncle Robert treated a patient, in his mind’s eye he saw a medicine bottle with a label listing the ingredients.

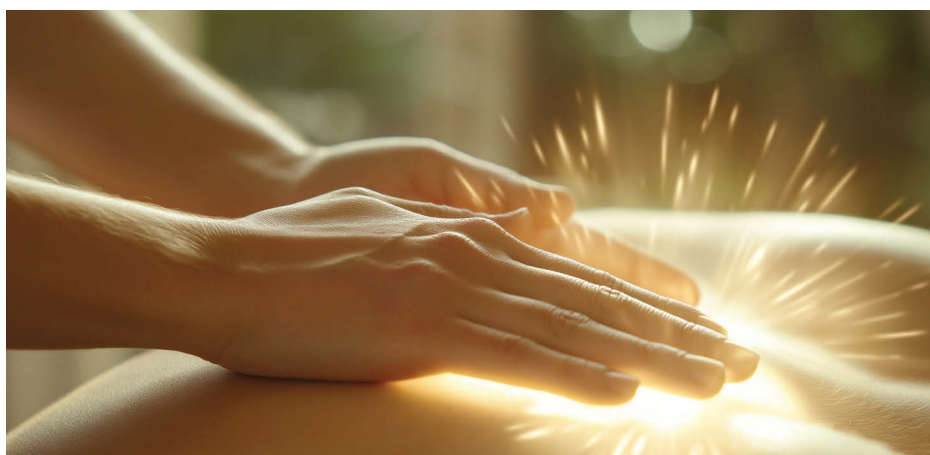
He discovered that if he advised a patient to obtain these ingredients and have them made up by a chemist, it would cure his or her ailment.

Very often they included items from tropical countries which could not be obtained at the local chemist.

My uncle lived in Liverpool where the university has a School of Tropical Medicine.

His patients were often directed there. Scientists at the school soon got to know who was prescribing the medication and would say, “Oh, Mr Owen sent you, did he?”

They always asked a patient to describe



A SPIRIT guide or helper "directs healing energy to the part of a patient's body which is the seat of illness or discomfort."

his or her symptoms and invariably found that what was being recommended was exactly right for treating them.

If you discover an ability to bring relief to those suffering by passing your hands over them, you need to hone the gift so it becomes stronger. Ideally, you also need to join a healing development circle.

This may be a mix of those already working as spiritual healers and individuals offering their energy to those in Spirit to help strengthen the healing gift in others.

Such a development circle will probably meet on a weekly basis. Its membership will change as new trainees join and those considered developed enough to work as healers leave.

An important role played by the circle will be to provide the opportunity to practise your growing healing gift on people in need.

After spending several months in a healing circle, a prospective spiritual healer should enquire about joining the healing group at their local Spiritualist church.

In many churches, instead of a healing development circle, a prospective healer joins the healing team. Here they will work alongside a qualified healer and after a while be encouraged to try their gift on one of the patients.

If you intend to become a healer, either within a church group or independently, you will be required to take examinations set by the Spiritualists' National Union, the Greater World Association or another legally recognised national group.

This will entail both written and practical testing, which is vital for a healer has a great responsibility towards both patients and their national organisation.

I believe spiritual healers are the unsung heroes of Spiritualism. Often at some inconvenience to themselves, they carry on their work, week in, week out, and rarely receive the same recognition as platform mediums.

But how does this wonderful gift operate? Like all mediumship, the key factor is the energy that surrounds us all, which is known to Spiritualists as the aura.

This connects our physical and psychic selves. It is infinitely expandable. When a medium is using their psychic gift, the first thing they must do is to extend their aura.

Development entails learning how to extend your aura and to invite your healing guides to join you. Once this has been achieved, guides from the spirit world can blend their aura with that of the medium or healer.

It is the guide or spirit helper who directs healing energy to the part of a patient's body which is the seat of illness or discomfort.

Often a patient is aware of this energy flowing into them, and without exception it uplifts their spirit.

I have a friend in Brazil who had a really serious problem with her spine. I'll call her Gabriela.

Her medical adviser recommended surgery, but indicated there could be no certainty of a cure.

Before making an appointment to visit a hospital for surgery, Gabriela decided to visit a spiritual healer. He asked her to lay face downwards and then moved his hands over her spine.

Gabriela told me she could feel a tingling sensation while the healer was touching her. She also felt her spine being manipulated, though not by the healer.

A week later, Gabriela visited her medical adviser, who examined her before arranging an appointment with a surgeon.

After his examination, he expressed amazement, as her spine, which had been curved, was now perfectly straight.

A miracle? No. It was merely the operation of a natural law about which science still remains largely ignorant.

What a healer in Spirit does is to provide whatever energy is needed to

trigger the body's ability to heal itself.

Perhaps a patient's physical energy is at a low ebb due to many different reasons be they physical, mental, emotional or spiritual.

The influx of healing energy from a spirit healer is calculated to restore the exhausted inner healing power.

Our bodies are truly remarkable vehicles for our temporary stay as physical beings on Earth.

Along with the mind, which is an important part of our eternal spirit, they perform incredible feats each day to keep our physical bodies at an optimum level to provide the best possible home for our spirit to learn earthly lessons essential to our future spiritual progress.

A definition of spiritual healing which I believe explains the process best is, "Energy under the direction of mind."

It is the wonderful mind of a healer from the spirit world which is the true key to spiritual healing.

Coupled with a physical healer's ability to blend their aura with that of the healer in Spirit to provide the essential link between the two worlds is what produces cures which frequently amaze medical professionals.

Wouldn't it be wonderful if they recognised the value of spiritual healing in the treatment of illness?

Some doctors do refer patients to spiritual healers. However, this is usually as a last resort and not part of a logical, holistic treatment of illness.

The incredible thing is that even as a last resort when all else has failed, spiritual healing still manages to cure the sick.

It would make a tremendous difference to people's health if only science would lift its eyes above the mundane and learn that life is much greater than its physical manifestation.



LIONEL OWEN: "Spiritual healers are the unsung heroes of Spiritualism."



A Good Read

All titles available from [Amazon.co.uk](https://www.amazon.co.uk) or [Amazon.com](https://www.amazon.com) unless otherwise stated

FROM MEDIC TO MYSTIC

The true story of an academic physician's journey into the paranormal

By Dr Anona Blackwell

RRP UK £15.95 US \$17.99

242 Pages

The publisher writes: "Chronicling her dual professional life as a highly respected, *Lancet*-published academic physician while also investigating powerful psychic and paranormal experiences in her work and personal life, Dr Blackwell presents compelling evidence for telepathy, clairvoyance, near-death experiences, life after death, the power of prayer, non-ordinary reality and more.

"From humble beginnings as the daughter of a bus driver and market gardener, growing up on a smallholding in rural Wales, Dr Blackwell, BSc, AKC, FRCP, rose to become a leading authority in genito-urinary medicine.

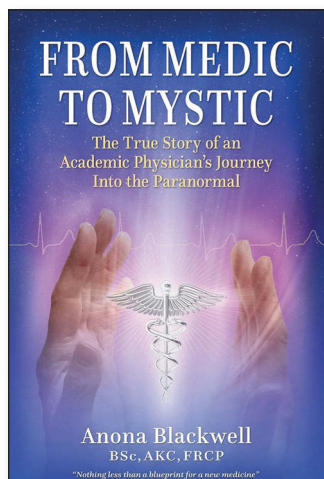
"She led a research team whose work transformed clinical practice in the UK, improving the health of millions of women by advancing the treatment of anaerobic/bacterial vaginosis.

"Immersed in orthodox medicine by day, she devoted her after-hours to the in-depth investigation of anomalous phenomena, energy healing and metaphysics.

"Her innate psychic abilities offered profound insights into her patients' lives, psyches and hidden traumas – insights that few modern doctors are privileged to experience.

"The book reveals how, after years of attempting to reconcile her extraordinary experiences, Dr Blackwell transformed from a scientifically trained medic into a mystic, acknowledging there is far more to life – and to us – than science alone can explain.

"Her irreverent sense of humour (her account of meeting Prince Charles is unmissable) and her ability to integrate both orthodox and complementary medical practices create a thought-provoking, multi-layered and often amusing read."



EMPATHS RULE

A beginner's guide for highly sensitive people

By Pauline Vincent

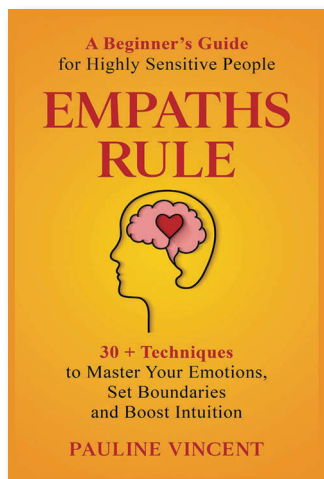
RRP UK £8.08 US \$9.99

138 pages

The publisher writes: "*Empaths Rule* offers a comprehensive guide to understanding and embracing your empathic nature, with 30-plus practical tools for managing emotions and setting boundaries.

"Discover the power of emotional intelligence and how to thrive as an empath in a challenging world.

"Identify your empathic spectrum and learn about the different types



of empaths.

- Learn to set boundaries and protect your energy
- Train your intuition and trust your gut feeling
- Master your emotions and find inner peace
- Cultivate self-care practices to centre and ground yourself
- Improve your communication skills with compassion and empathy."

SHINE YOUR LIGHT

A guided journal for deepening your emotional intelligence

By Lucinda Light

RRP UK £16.99 US \$30

Hardcover

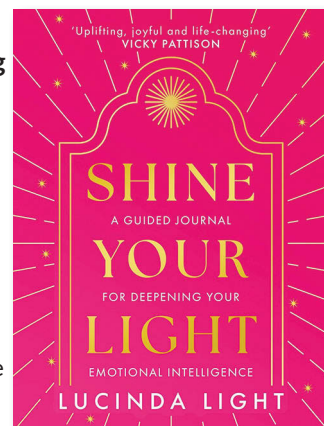
240 pages

The publisher writes: "Lucinda Light, star of *Married at First Sight Australia*, guides you towards deeper emotional intelligence and genuine self-love in this interactive journal.

"Does true connection ever feel just out of reach? Take Lucinda's hand as she illuminates the path to deeper, more meaningful relationships – starting with the one you have with yourself.

"Brimming with thought-provoking prompts and tools, unique hand-drawn illustrations and Lucinda's soulful wisdom – shaped by her wildly rich life – this guided emotional intelligence journal will leave you feeling truly gorgeous.

"Open up and see your light shine!"



POWER FOR GOOD

Saying "Yes!" to life's invitations

By David Serlin

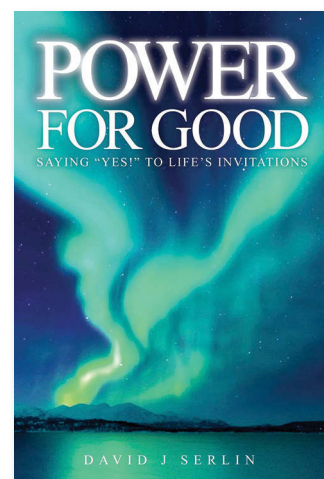
RRP UK £12 US \$14

252 pages

The publisher writes: "Life is full of opportunities and invitations for growth and discovery, if only we keep our minds open and heed the signs. Naturally, we can always refuse... but sometimes Spirit has a subtle way of urging us in the right direction.

"David and Linda Serlin said 'Yes!' to one unexpected invitation and this book is the story of how that choice set them on an exciting spiritual adventure and changed their lives completely.

"From a stately home in Essex, UK, to an esoteric retreat on the north Californian coast of the USA, their journey brought deep spiritual insights and principles that David shares with us in this fascinating and uplifting book. Whilst revealing their own unsuspected talents, their experiences also led them to the realisation that 'There is a power for good in the universe that is greater than we are and that we can use.'"



UNIVERSAL SPIRIT: AWAKENING

A spiritual guidebook to accompany your journey

By Veronica Jenkins

RRP UK £9.99 US \$30

115 pages

The publisher writes: "What does it mean to awaken spiritually? How do we navigate the journey of self-discovery, intuition and connection to the Universal Spirit?"

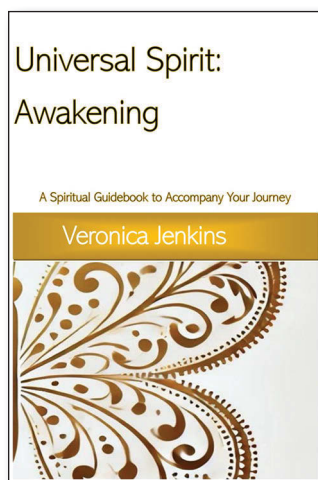
"*Universal Spirit: Awakening* is a profound exploration of the awakening process, blending spiritual philosophy, personal experience and practical exercises to guide readers on their path to deeper awareness.

"This book is an invitation to explore your true nature, offering insights into intuition, synchronicity, shadow work and the interconnectedness of all things.

"It provides a structured yet deeply personal journey, helping readers understand the signs of spiritual awakening, navigate the challenges of transformation, and embrace a life of higher consciousness and purpose.

"Rooted in Spiritualism, personal insight and universal wisdom, this book is for seekers ready to deepen their spiritual understanding and embrace the journey of awakening.

"Whether you are just beginning or have walked this path for years, this book is a companion to remind you that you are never alone – Spirit is always with you."



THE AWAKE DREAMER

A guide to lucid dreaming, astral travel and mastering the dreamscape

By Samantha Fey

RRP UK £13.99 US \$18.95

272 pages

The publisher writes: "Dreams are capable of causing immense insights, creative bursts, bringing messages from loved ones and have tremendous healing potential.

"With this book you will learn the power of your dreams and how to guide them.

"In the world of dreams, inventors have discovered techniques to solve problems, scientists have conjured new medicines to heal the sick, and artists have created poetry, plays and songs.

"Many people have reported being visited by loved ones in heaven to bring messages of healing or warnings to prevent an upcoming disaster.

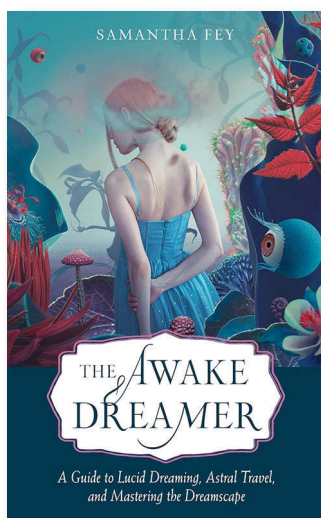
"Stories of precognitive dreams – some filled with wonder and hope while others foretell impending misfortunes – have been recorded for centuries.

"In *The Awake Dreamer*, readers will learn how to utilise the dream state to expand their consciousness, reach out to loved ones in heaven and use their sleep state to fully realise their soul's potential.

"The book is comprised of stories, research, exercises and techniques designed to show readers a whole new side to what it means to dream, including how to:

- Receive and give ancestral healing through our dreams
- Invite healing dreams into your lives and request assistance
- Practice lucid dreaming, astral travel and past life dream recall
- Remember your dreams better

"With these skills you can become a soul traveller who has dreams that are very different from the average dreamer."



Oracle Decks

ANIMAL SPIRIT ORACLE

By Lea Androic

RRP UK £19.99 US \$26.95

The publisher writes: "*Animal Spirit Oracle* will help you answer your deepest questions in order to grow, illuminating shadow work to be done, questions to be answered and truths to be faced.

"It was once believed that animals serve a higher purpose than simply coexisting with humans. Our ancestors felt connected to the wild creatures around them, seeing them as spiritual guides embodied.

"Individuals intuitively chose their own animal guardian, connecting with the qualities they needed most. By undertaking inner work and exploring the unique qualities of those highlighted in this beautiful deck you can determine your own spirit animal.

"If you need confidence and courage to face challenges then a lion just might teach you a thing or two. If you feel stuck, needing transformation and rebirth, look to how the snake sheds its skin when it no longer serves.

"To deepen your intuition and see beyond the surface, the raven has a message for you. Your chosen spirit animal is here to guide you, whether throughout your life or just for right now."



YOGA MUDRA ORACLE

44-card deck and 128-page book

By Emma Wertheim

Illustrator Stephen Denham

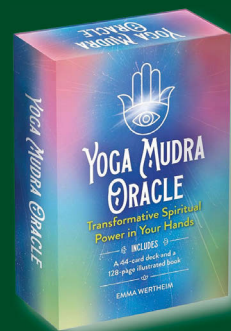
RRP UK £19.15 US \$24.99

The publisher writes: "Unlock the potential of mudra hand gestures to deepen your yoga practices with the *Yoga Mudra Oracle*, complete with 44 cards and a full-colour guidebook.

"Mudras are yoga postures for the hands which redirect, shape and 'seal' the flow of pranic energy within the body. They help us manifest change on a physical and soul level, and can be used safely by anyone, at any time.

"*Yoga Mudra Oracle* invites you to unlock your deepest truths, opening a portal to subtle worlds of healing vibration and energy. Each *Yoga Mudra* card offers one simple, sacred hand posture or 'mudra' from this time-honoured yogic tradition, along with guidance that taps deep into the essence of each mudra pose.

"Seek its counsel if you are attracted to yoga and meditation or are on a spiritual search or healing journey or seek a deeper connection with your divine soul self."

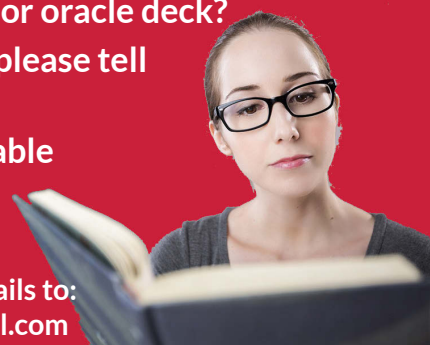


Have you recently published a non-fiction spiritual book or oracle deck?

If you have, please tell us about it.

We may be able to feature it in *Psychic News*.

Please email details to: pnadverts@gmail.com



CLASSIFIED ADVERTISING

READINGS

PSYCHIC POSTAL READING
£15

KELLY CUMMING
24 Baglan Heights,
Port Talbot
Wales
SA12 8UF

JAMES - Medium
Telephone Readings £15
by appointment
Telephone:
0788 065 4071

EILEEN RENDLE
Experienced Clairvoyant
Psychic/Card Readings
from £35
One-to-one or phone reading
Phone:
01288 356802
www.eileenrendle.com

SANDRA YVONNE
A caring Medium
with over 35 years'
experience
Offers Tarot, Runes,
Crystal Ball,
Mediumship/Clairvoyance
and More
Face to Face, Telephone
and Postal Readings
Call me for direction and guidance
on: 020 8765 9049
Email:
diamond27@talktalk.net

PAUL CISSELL
Psychic Medium
offers
30 years' expertise from
the world of mediumship
www.paulcissell.com

NICK DEANE
Spiritual Medium
Over 30 years' experience,
SAGB trained.
Gloucester, London, Online.
Email:
nickdeanetoday@gmail.com
Website:
www.spiritualsitting.co.uk

VIOLET MOON PSYCHIC MEDIUM



ONLINE READINGS ONLINE CRYSTAL SALES

Pre-booked Readings via
Zoom, WhatsApp, Messenger
(Virtual Readings) or by Phone
To book appointments
Mobile: 07930 809172
Email:
lorraine@violetmoonpsychic.com
or
violetmoonpsychic@outlook.com
Website:
www.violetmoonpsychic.com

HOWARD JAMESON

Psychic & Medium
Over 30 Years' Experience
*Founder of the British Psychic and
Medium Association*



Accurate Readings
providing guidance
and direction
One-to-One &
Phone Readings
Central London

Call: 07921 168169

www.howardjamesonpsychic.com

London & South East England
Prestige Awards Winner:
**PSYCHIC PROFESSIONAL
OF THE YEAR 2024/25**

JENNY REN
Psychic Medium
Tarot, Astrology and
Crossing Over Telephone Readings
via
WhatsApp - worldwide
Website:
www.jennyrenpsychic.com
To book a reading email:
jenrenpsychic@gmail.com

LOUISE

Mediumship and Flower Readings
On Zoom or by phone
Telephone:
01983 211964
or visit website:
www.gypsyrosedivination.com

ASSOCIATIONS

THE BRITISH PSYCHIC AND MEDIUM ASSOCIATION

www.britishpma.co.uk

Listing Directory of Psychics,
Mediums and Church Services

New members welcome

BOOKS

THE GENUINE JESUS

This Channelled Autobiography
is the authentic story of his
life and mission.

To order the book or
a free pdf visit:
www.thegenuinejesus.com

BOOKS BY

STEPHEN CHILDS

All under £10 from Amazon UK
VICKY AND THE WISDOM OF ANTON
How a long dead monk turned a
disadvantaged woman into a
happy Spiritualist medium
TESTAMENT TO ETERNITY
A journey from Catholicism to
Spiritualism and beyond
STONE CIRCLES EXPLAINED
Common sense interpretations

HEALING

MICHAEL CHAPMAN

Healer practitioner
By appointment only
Telephone:
(0044) 01970 832696
Email:
chapmanhealing@gmail.com
Website:
www.michael-chapman.co.uk

REIKI TRAINING

ANGELIC REIKI UK Official
Information, Practitioners,
Teachers, Courses.
www.angelicreikiuk.com
07925 127222

SITTERS WANTED

MEDIUM REQUIRES DEDICATED SITTERS

for weekly
Transfiguration/Physical Circle.
West Midlands Area.
Enquiries please contact:
hev.welch@yahoo.co.uk

SOUL MATES

THE FREE SPIRITS CLUB
For friends, romance or pen pals
Well-established - UK-wide
Postal friendship club
No internet needed
For free information pack
Call Rebecca:
01633 526523

SPIRIT ARTIST

NIGEL COOPER
SPIRIT ARTIST
Spirit Portrait and Reading
£30 including postage
Email:
nigel.spiritart@gmail.com

DISPLAY (BOXED) ADVERTISING RATES

Just £5.59p
per single column cm

+ VAT at current rate

(4 columns to one page)

QTR PAGE = £195 inc VAT

HALF PAGE = £350 inc VAT

Block booking Discounts:

2-3 adverts = 5% 4-6 adverts = 10%

7-12 adverts = 20% Over 12 = 30%

Churches and Centres

receive discounted rates

For further details email:

pntemp12@gmail.com

or call: 01376 563091

WENDY DOVE

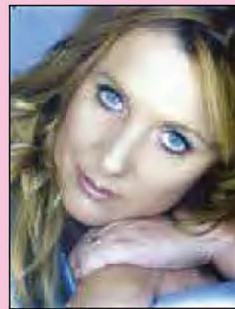
CLAIRVOYANT • PSYCHIC

Credit/Debit card calls: 0207 111 6126

Pay on Phone Bill:

0906 7393 020 (0906 £1.00 p/min.)

Text DOVE to 60016 (just £1.00 per text from UK)



When booking your Reading on 0207 111 6126 please quote 'News'
to reception and you will receive our special offer of a 20-minute
Reading for £20.00 ~ Wendy Dove's Pin number is: 6400

Website: www.wendydove.co.uk

Email: wendy@wendydove.co.uk

We can also take payments via PayPal at £1.00 per/min when you book a Reading with Wendy Dove.
Ts & Cs: SMS cost £1/msg, max £2/reply+your standard network charge 18+ STOP? Text Stop? to 60016 SP: DSMS
help? 02071116126. You must be aged 18+ and have the bill payer's permission. Service for entertainment only.

LEE CLAIRVOYANT

I am an independent psychic with
over 35 years experience

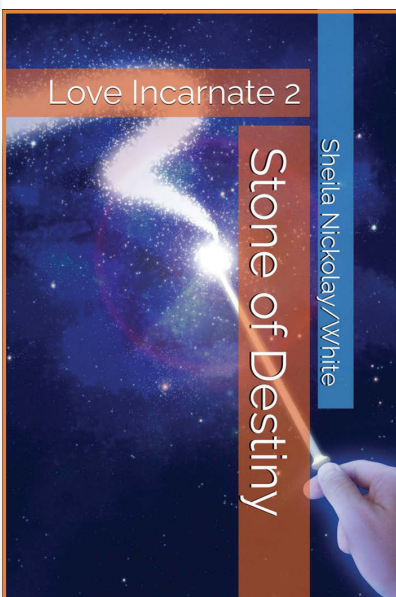
I get straight to the point in my phone
readings with honesty and details

My customers return time and time again
Specialist in love and relationship readings

Call my landline phone:

01273 671796

Credit & debit cards accepted. Entertainment.



Stone of Destiny – Love Incarnate 2

A novel by Sheila Nickolay/White
Stone of Destiny continues the love story
of *The Druid's Stone* with Toni and
Robert – the Druid and the Black Knight
– as they are again guided by the stone to
try and avert death and corruption.

From the Cotswolds to 18th century
East London and luxurious villas in
Greece and Paxos, Toni's affiliation to
the stone puts them and their faithful
Druid group in danger.

AVAILABLE FROM AMAZON

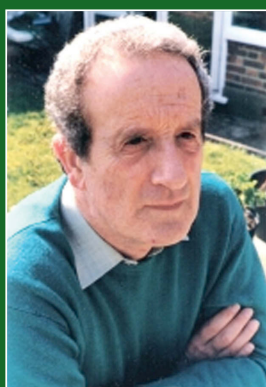
MAIN CLASSIFIED ADVERTISING RATES CAN BE FOUND ON PAGE 57
DISCOUNTED CHURCH & CENTRE CLASSIFIED RATES ARE ON PAGE 59



WEBSITE LISTINGS

**Advertise your website here
for just £25 a year
Call: 01376 563091
or email: pntemp12@gmail.com**

www.colourpsychologytoday.com	www.chrisratterpsychicsurgeon.com
www.larrymedium.com	https://positone.co.uk
www.aurasunrise.co.uk	www.bsnuc.co.uk
www.michael-chapman.co.uk	www.academyofselfdiscovery.com
www.bearpawholistics.com	www.crystalclearmeditation.com
www.siobhanh.com	www.petrene.com
www.eternallifechurch.co.uk	www.andrewandmickey.co.uk
www.greaterworld.net	www.sagb.org.uk
www.findmeamedium.com	www.collegeofpsychicstudies.co.uk
www.masterenergycolourhealing.org	www.daviddrew.co.uk
www.findmeamedium-directory.com	www.valeriehardware.com
www.divinelight.org.gr	www.wendydove.co.uk
www.angelicreikiuk.com	www.tomjohnston spiritualistmedium.com
www.joanfrew.co.uk	www.healingangels.co.uk
www.emmalmather.com	www.gypsyrosedivination.com



RONALD HEARN

Born on June 9, 1927, Ronald Hearn (pictured left) became one of this world's greatest tried-and-tested mediums. Apart from public demonstrations, he reached countless thousands of people through highly accurate taped sittings and many TV and radio programmes

The author of three books, London-based Ronald worked in the USA, Canada, Sweden, Australia, Germany and New Zealand as well as the UK

Ronald passed to the spirit world on June 5, 2016

To read about his unique gifts, please visit the official Ronald Hearn website at:

www.ronaldhearn.com

What's On at Spiritualist Churches & Centres

ENGLAND

BERKSHIRE

MAIDENHEAD SPIRITUALIST CHURCH

River View Lodge,
Ray Mead Road,
Maidenhead
SI6 8NJ

President: Jenny Lloyd
Telephone:

07857 558927

Sundays 6.30pm

Divine Service

Wednesdays 1pm - 3pm

Healing Clinic

Thursdays 7.30pm

Mediumship Demonstration

Monthly Open Platform

and other Special Events

*A warm welcome is
extended to all*

Car Park and facilities

for disabled visitors

MARRIAGE and

NAMING CEREMONIES

READING NATIONAL SPIRITUALIST CENTRE

York Lodge,
81 Baker Street,
Reading,
Berkshire RG1 7XY

Telephone:

07535 929897

Email:

reading.events@outlook.com

Website:

readingsnucentre.com

Sundays

Doors at 6pm for 6.30pm

Divine Service

Free Will Offering

Mondays 7.30pm - 9.30pm

Open Circle

£6 (£5 for members)

Wednesdays

6.30pm - 8.30pm Healing

Thursdays Doors at 7pm

Demonstration Evening

£4 per person

Plenty of parking and

disabled facilities available

All Welcome

COUNTY DURHAM

HORDEN SNU SPIRITUALIST CHURCH

Yoden Way,
Horden,
Peterlee,

County Durham
SR8 4RD

The church is behind the
Prestige car wash and next
to the new Aldi Peterlee

store on Yoden Way

Sunday 6pm

Divine Service

Thursday 6pm - 7pm

Healing

Followed by 7.15pm

Open Circle

For mediums serving the
church and details of our
Specials on Tuesdays, please

see our Facebook page:

**Horden SNU Spiritualist
Church**

All Welcome

CORNWALL

PENZANCE CHRISTIAN SPIRITUALIST CHURCH

Bread Street,
Penzance, Cornwall

Telephone:

07800 812973

07800 813533

07780 661670

Mondays:

7pm sharp

Open Healing Circle

Sundays:

Service 7pm

See Facebook

For Further Details

All Welcome

**MAIN CLASSIFIED
ADVERTISING RATES**
60p per word inc VAT
Website address = 4 words
Email:
pntemp12@gmail.com

DEVON

BRUNSWICK SPIRITUALIST CHURCH

1 Keppel Place,
Stoke, Plymouth,
Devon PL2 1AX

Telephone: 01752 561167

Website:

brunswickspiritualistchurch
plymouth.org.uk

Email: brunswickspiritualist
church21@gmail.com

Sundays 6.30pm

Divine Service

Thursdays 7.30pm - 9pm

Mediumship Demonstration

Healing

Mondays 1.30pm - 3.30pm

(except Bank Holidays)

Donations appreciated

Development Groups

In church and online

Contact the church for
information

See our website or Facebook
page for a list of Mediums

serving the church and

Special Events:

Official Brunswick

Spiritualist Church

All Welcome

DORSET

BOURNEMOUTH SPIRITUALIST CHURCH

16 Bath Road,
Bournemouth,
Dorset BH1 2PE

Telephone: 01202 551751

Website: www.bsnuc.co.uk

Every Sunday at 10.45am

Service with Mediumship

First Sunday of month

at 6.30pm

Service with Mediumship

Thursdays at 3pm

Demonstration of

Mediumship

Open Circle

Tuesdays at 7pm

**Visit our website for
details of our other events**

and names of mediums

serving the church

All Welcome

CHRISTCHURCH SPIRITUALIST CENTRE

196B Barrack Road,
Christchurch,

Dorset BH23 2BQ

President: Karen Martin

Enquiries:

07849 606437

Website:

www.christchurchsc.org.uk
MAY 2025

Sunday Service at 10.45am

4th DARREN OLOWSKI

11th JENNY DOCHERTY

18th BRENDA AKISTER

25th DAVID COLLINS &

LORRAINE WHITFIELD

Thursday Service

at 7.30pm

1st WARREN JONES

8th TRACY CRAIG

15th RACHEL BAILEY

22nd DAVID POWELL

29th FLEDGLINGS' EVENING

Healing In person

Tuesdays 10.00am - 11.30am

Special Event

Saturday 10th May

10am - 12 noon

1-1 Private Readings

See website or phone

centre for details

of other Special Events

Church accessible for

wheelchairs and has a

loop system for

hearing aid wearers

All Welcome

KINSON SPIRITUALIST GROUP

Howe Croft

Community Centre,

1 Turnbull Lane,

(off Holloway Avenue)

Bournemouth,

Dorset BH11 9BG

Telephone:

01202 735346

Facebook page:

www.facebook.com/

KinsonSpiritualistGroup

Fortnightly Sunday

Divine Service at 6.30pm

with a Medium

See Facebook for specials

and other events

All Welcome

RINGWOOD SPIRITUAL CONNECTIONS

The Annex,
St Leonards & St Ives
Village Hall,
Braeside Road,
St Leonards,
Dorset
BH24 2PH

See our Facebook page:
Ringwood Spiritual
Connections

Telephone:
01202 951405

Mobile:
07958 509971

Spiritual Connections
Demonstrations of
Mediumship
Open Circles
MAY 2025

Sundays

Divine Service at 6pm

Please see our Facebook
page for details of mediums
serving in May, dates for our
Open Circle and and Special
Events coming up
All Welcome

EAST RIDING OF YORKSHIRE

THE ETERNAL LIFE CHRISTIAN SPIRITUALIST CHURCH

Driffild Community Centre,
Mill Street,
Driffild,
East Riding of Yorkshire
YO25 6TR
Telephone:
07809 291928
Website:

www.eternallifechurch.co.uk

Every Sunday at 7pm

Demonstration of

Mediumship

Spiritual Healing available

All Welcome

DEADLINE
The advertising
deadline for the
JUNE 2025
issue is
8th May 2025
Please email your event
details to
Paul Brett at:
pntemp12@gmail.com

ESSEX

NEW HAVEN SPIRITUAL CENTRE

Belmont Hall,
Parker Road,
Grays, Essex RM17 5YN

Every Sunday

Admission £5

Doors open at 6pm

for 1-1 Readings and

Free Healing

(Readings only £6 for 15 min)

Then at 7.30pm

Mediumship Demonstration

For mediums serving the

centre and special events

please see our Facebook

page: **New Haven**

Spiritual Centre

All Welcome

PYRAMID OF FRIENDS SPIRITUALIST CENTRE NEW VENUE ADDRESS

The Paddocks

Community Centre,

Pound Lane,

Laindon, Basildon,

Essex SS15 5SP

(4th turn on the left!)

Tel: 07983 428872

2nd Wednesday in month

6.30pm - 9pm

£8, includes refreshments

Readings available

Healing and Stalls

8pm - 9pm Guest Medium

See Facebook for mediums

serving the centre and

special events:

Pyramid of Friends

Spiritualist Centre

All Welcome

GLOUCESTERSHIRE

CHELTENHAM NATIONAL SPIRITUALIST CHURCH

Bennington Street,
Cheltenham,

Gloucestershire GL50 4ED

Telephone: 01242 703 288

Registered for Funerals,

Weddings, Blessings,

Naming Ceremonies,

Commitment of Union

www.snu.org.uk/cheltenham

-spiritualist-church

Facebook: Cheltenham

Spiritualist Church

Sundays at 11am

DIVINE SERVICE

Thursday 7.30pm
Open Awareness and
Development Group
Friday 1.30pm - 2.30pm
Healing
Saturday 7pm
Evening of Mediumship
Specials and Workshops
Every six weeks
All Are Welcome

HAMPSHIRE

BITTERNE SPIRITUALIST CHURCH

(Top of Lances Hill),

390 Bitterne Road,

Bitterne,

Southampton,

Hampshire

SO13 1DR

Telephone:

07731 938587

Email: info@bitterne

spiritualistchurch.co.uk

Website:

www.bitternespiritualist

church.co.uk

Follow us on Facebook:

Bitterne Spiritualist Church

Official Services Offered:

Spiritual Naming,

Weddings (including

Same-Sex Marriages),

Renewal of Vows,

Civil Partnerships, Funerals,

Memorial Services

MAY 2025

Sunday 4th 6.30pm

Divine Service with

SPENCER ROSE

Sunday 11th 6.30pm

Divine Service with

JULIE HUDLESTON

Sunday 18th 6.30pm

Divine Service with

JON GAULT

Sunday 25th 6.30pm

Divine Service with

ANNE RANDALL

Crossroads Development

Group

Every Tuesday 7.30pm - 9pm

with ALISON POWELL

Healing Service Offered:

Every Tuesday

2pm - 4pm & 5pm - 7pm

Last booking at 6.30pm

Special Events

Saturday 17th 10am - 4pm

Inspiring Mediumship

Workshop £25

with DAVID POWELL CSNU

Saturday 31st 10am - 1pm

Coffee Morning

1-2-1 Readings & Healing

All Welcome

HERTFORDSHIRE

CARPENDERS PARK CHRISTIAN SPIRITUALISTS

Great Gaddesden

Parish Hall,

Dagnall Road,

Great Gaddesden,

Hemel Hempstead,

Hertfordshire HP1 3BW

(Opposite Hemel

Hempstead Garden Centre)

Free parking available onsite

Contact Elaine Federico:

07746 730082

Sundays 10.30am

Divine Service

(except first Sunday in month)

Healing Available

An activity table

is provided for children

All Are Welcome

ISLE OF WIGHT

COWES SPIRITUALIST CHURCH

Newport Road,

Cowes,

Isle of Wight PO31 7PA

Facebook:

Cowes Spiritualist Church

Telephone: 0758 5227 348

Sundays at 6.30pm

Divine Service followed

by Healing

Thursdays at 7pm

Open Circle

(alternate weeks)

£4 (£3 members)

For Special Events please

see our Facebook page

All Welcome

KENT

INDEPENDENT SPIRITUAL GROUP

Orpington, Kent

Enquiries: 07879 820125

or 07734 793640

Website: www.independant

spiritualgroup.uk

Sunday Service 6.30pm

At Liberal Hall,

7 Station Road,

Orpington BR6 0RZ

Wednesdays 7.30pm

Open Circle at

Conservative Hall,

6 Sevenoaks Road,

Orpington BR6 9JJ

See Facebook for Events

and Workshops

All Welcome

**BEXLEYHEATH
CHRISTIAN
SPIRITUALIST
CHURCH**

85 Lion Road,
Bexleyheath,
Kent

DA6 8NT

Enquiries:

07950 672200

Website:

<https://bexleyheathcschurch.wixsite.com/website>

Email:

Bexleyheath.church

@gmail.com

Or see us on Facebook

MAY 2025

Sunday

Divine Service at 6.30pm

4th EMMA BOAKES

11th SHELIA SMITH

18th BRENDA HODGSON

25th CARRIE BLACKERY

Tuesday Service at 2pm

6th SHERRIE HARDACRE

13th SUE POOLE

20th SHARON FORDE

27th TERESA RICKETS

Spiritual Healing

Tuesdays 7.30pm - 8.30pm

Free (Donations accepted)

Open Circles

Mondays 7.30pm - 9.30pm

(Excluding Bank Holidays) £5

Wednesday 7th & 21st May

12noon - 2pm £5

Open Platform

Wednesday 21st May

7.30pm - 9pm £5

with

SHERRIE HARDAKER

Special Events

Saturday 31st May

10am - 12.35pm

Private Readings

35 mins for £20

See website for details

Wednesday 28th May

7.30pm - 9pm £5

(Please arrive by 7.15pm)

Evening of Mediumship

with

PAULA STEVENS

All Welcome

**THE SANCTUARY
OF HEALING
CHRISTIAN
SPIRITUALIST
CHURCH**

Mills Terrace, Chatham,
Kent ME4 5NZ

Telephone: 01634 880039

Email: george.mcqueen

@yahoo.co.uk

Website: www.sanctuaryofhealing.co.uk

MAY 2025

Sundays 6.30pm - 8pm

Divine Service (Donations)

4th PHIL & MARIA

11th JANET MILLS

18th KIM CATTERMOLLE

25th PHILIP HOLDEN

Friday Evenings of

Clairvoyance 7.30pm - 9pm

£4 (Members £3)

2nd LINDA WADDUPS

9th MARIA LOPEZ

16th RICHARD HARRINGTON

23rd STEVE BRAME

30th TINA MUDDLE

Healing

Wednesdays 10.30am

We are registered to conduct

and register marriages,

also same sex marriages.

Provided you are legally

entitled to get married we

would be happy to arrange

the ceremony for you.

Please see a Minister,

President or any member

of the committee for

further details. Christenings,

Wedding Blessings, Renewal

of Wedding Vows and

Funeral Services. A fee of £25

is charged for these services,

but donations are always

gratefully received.

All Welcome

**WEST WICKHAM
SPIRITUALIST
CHURCH**

Surrey Road, West Wickham,

Kent BR4 0LU

President:

Alan Mitchell-Sleight

Telephone: 01959 573049

E-mail: mitchellsleight@

btinternet.com

Mediums' Secretary:

Sharon Harris

Telephone:

07731 815220

MAY 2025

Sunday Services at 6.30pm

(doors open 5.50pm)

4th PAULA STEVENS

11th BILL HUGHES

18th MICHAEL LENNON

25th CALLUM CORDELL
Evenings of Mediumship

Wednesday 7th 8pm

£5 (£2.50 members)

with ANGELA FOSTER

Wednesday 21st 8pm

£5 (£2.50 members)

with SARAH WAWMAN

Special Events

Saturday 10th May

7.30pm £20 in advance

Psychic Supper

Saturday 17th May

10am - 4pm £20

Angel workshop with

TRACEY TUOMEY

Saturday 24th 7.30pm

£15 in advance

Evening of Mediumship with

LAURA WOOD &

LEE ROBERTS

Open Circles in person

Tuesdays 6th, 13th & 20th

7pm - 8.30pm £5

Thursdays 1st, 8th & 15th

7pm - 8.30pm £5

Private Readings

Thursdays by phone or online

For details call

Alan Mitchell-Sleight on:

07949 633259

Spiritual Healing

Wednesdays 1pm - 2.30pm

And before the service on

Sunday from 5pm - 6pm

(providing healers are

available)

Open Platform

4th Tuesday of each month

27th May 2025

7pm - 8.30pm £5

Call Callum: 0790 210 9639

Website:

[www.westwickham](http://www.westwickhamspiritualistchurch.co.uk)

spiritualistchurch.co.uk

All Welcome

LANCASHIRE

**CLEVELEYS
SPIRITUALIST
CHURCH**

93 Beach Road,

Thornton Cleveleys,

Lancashire FY5 1EW

Call us on: 07756 967803

See us on Facebook

Monday 7.30pm

Clairvoyance & Open Circle

Wednesday

12.15pm - 1.15pm Healing

Wednesday 2.30pm

Clairvoyance Service

Tuesday 7pm - 8pm

Awareness Class

Thursday 7.30pm - 9.30pm

Development Circle

(Must be a church member)

Friday 7pm - 8pm Healing

Sunday 2.30pm

Divine Service

Healing Sunday 2.30pm

Every Third Sunday

of the Month

Meditation Sunday 2.30pm

1st Sunday Alternate

Months from February

Private Readings on request

Readings Day Spring and

Autumn - See notices or

phone church number for

information

We are Registered for

Namings/Weddings/

Same-Sex Marriages/

Funerals/Wedding Blessings

All Welcome

LEICESTERSHIRE

**LEICESTER
PROGRESSIVE
SPIRITUALIST
TEACHING AND
DEVELOPMENT
CENTRE**

Lee Circle,

Leicester LE1 3RE

President: Marian Sawczuk

Services with Mediumship

Sundays 6pm

Divine Service

Mondays 7.30pm

Clairvoyant Hour

Healing

Saturdays 10am - 12.30pm

Sundays 5pm - 5.45pm

Wednesdays

12noon - 2.30pm

Special Events

Every Saturday morning

10am - 1pm

CAKE AND A CUPPA

with Readings and Healing

Teaching Groups and Special

Events throughout the week

Private Parties and Sitzings

Available

Website: [www.leicester](http://www.leicesterprogressive.com)

progressive.com

Email:

spiritchurch@outlook.com

Telephone:

0116 2536098

We Welcome Everyone

**DISCOUNTED
CLASSIFIED
ADVERTISING RATES
for CHURCHES
and CENTRES:
40p per word
Email for a quote:
pntemp12@gmail.com**

**FOLLOW
PSYCHIC
NEWS
MAGAZINE
ON**

facebook

LONDON

**BARNES
HEALING CHURCH**
Between
77-79 White Hart Lane,
London SW13 0PW
Five-minute walk from
Barnes Bridge
Railway Station
Enquiries: 07581 534028

Facebook:
[www.facebook.com/
barneshealingchurch](http://www.facebook.com/barneshealingchurch)
Website: www.barneshealingchurch.co.uk
Email: barneshealingchurch@hotmail.co.uk

MAY 2025

Sunday Service of
Mediumship
at 6.30pm
4th PATSY SORRENTI
11th OWEN WILLIAMS
18th ANNA MATYJIW
25th PAULINE WALSH

Healing

Tuesdays 7pm - 8pm
Thursdays 11am - 1pm
Please see our website
or Facebook page for
details about Healing,
Private Readings,
Open Platforms and more,
and for any changes to
the advertised times and
mediums above

**REGISTERED FOR
MARRIAGES, CEREMONIES
& SACRED SERVICES**

All Welcome

**THE LONDON
SPIRITUAL MISSION**
13 Pembridge Place,
London W2 4XB
Email: [secretary@
spiritualmission.co.uk](mailto:secretary@spiritualmission.co.uk)

Website:
www.spiritualmission.co.uk
Telephone: 020 7229 2024

Sunday Services
6.30pm - 8pm
Wednesdays 7pm - 8.15pm
for Demonstration
of Clairvoyance
Spiritual Healing
Mondays 1pm - 5pm
Thursdays 5pm - 7pm

Animal Healing

Domestic pets welcome at
the Monday and Thursday
Healing Sessions
For Special Events,
Courses & Workshops
please see our website
All Welcome

CHINGFORD SPIRITUALIST CHURCH

151-153 Larkshall Road,
Chingford,
London E4 6PE
For Enquiries call:
07956 328678
or send a message via the
Facebook page
Every Wednesday at 7.30pm
Evening of Mediumship
Doors open at 7pm
Entry: £4 Cash only please

MAY 2025

7th JULIETTE GALLO
14th PATRICK MURRAY
21st EMMA COLE
28th JOSIE SMITH

See our Facebook page
for special events and
mediums serving the church:

**Chingford Spiritualist
Church**

All Welcome

FULHAM NATIONAL SPIRITUALIST CHURCH

Kelvedon Road, Fulham,
London SW6 5BP
(Nearest Underground
station Parsons Green)
Buses No. 11 and 14

Email:

[fulhamspiritualist
church@yahoo.co.uk](mailto:fulhamspiritualistchurch@yahoo.co.uk)
MAY 2025

**Sunday Divine Services in
Church at 6.30pm**

4th PETER GODDARD
11th CELIA MITCHELL
18th SARAH MOORES
25th To be confirmed

**Thursday Online Zoom
at 7.30pm**

1st CELIA MITCHELL
8th ALICE TREVORROW
15th MELISSA HART
22nd PINK SARAH
29th MARTIN JONES

**ONLINE ZOOM SERVICES
ID: 689 400 7125**

Passcode:

FULHAM (capitals)

Special Event in Church

Saturday 24th May
7.30pm (Doors 7pm)
£8 cash on the door

Evening of Mediumship with
MATT & KIRSTY GROGAN
Refreshments available

**For more information
regarding our events, services
and making freewill donations
please contact us via email**

Free Parking
All Welcome

MERSEYSIDE

BIRKENHEAD SPIRITUALIST CHURCH

2 Mount Grove, Oxtan,
Birkenhead, Wirral,
Merseyside CH41 2UJ

Facebook:

Birkenhead SNU

Spiritualist Church

Email: hello@bscwirral.uk

Sundays 6.30pm - 7.45pm

Divine Service

Thursdays 7.30pm - 9pm

Open Circle

Saturdays Occasional

Specials when advertised

All Welcome

MIDDLESEX

THE LIGHT ON THE HILL HARROW SPIRITUALIST CHURCH

1 Vaughan Road,
West Harrow, Middlesex,
London HA1 4DP

Web: [www.lightonthehill
harrow.co.uk](http://www.lightonthehillharrow.co.uk)

Email:

lightonthehill@live.co.uk

Tel: 07528 348432

MAY 2025

In-Church Services

Wednesdays at 7.30pm

7th ADELE MALONE

14th BRED A FLYNN

21st ISABELLE DU BOIS &
MICHAEL DJAN

28th ALAN ALBISTON

Mondays on ZOOM at 7pm
Healing and Divine Service
(Except Bank Holidays)

Please see Facebook or our
website for details

Zoom ID: 916 859 8296

Password: harrow

Special Events

Thursday 1st May 7.30pm

Healing with KEITH

Saturday 3rd May 2025

10.30am - 1pm & 2pm - 4.30pm

Private Readings £15

Saturday 17th May 2025

7pm - 9.30pm

£10 (£8 members)

Medley of Mediums with
DAVID HALE, BRED A FLYNN
& KEVIN MALYON

Facebook Group:

'Harrow Spiritualist Church'
for up-to-date news, events
and serving Mediums
All Welcome

NORFOLK

HARBOUR LIGHTS SPIRITUAL GROUP

Council Hall,
1 Yarmouth Road,
Caister on Sea,
Norfolk

NR30 5DL

Telephone:

07746 516181

Every Sunday at 7pm

Mediumship Demonstration

For further details see our

Facebook page:

[www.facebook.com/
caistercouncilhall](http://www.facebook.com/caistercouncilhall)

All Welcome

NOTTINGHAMSHIRE

EASTWOOD SPIRITUALIST CENTRE

Edward Road,
Eastwood,
Nottinghamshire
NG16 3EU

Sunday 6pm - 7pm

Divine Service

Monday 7pm - 8pm

Divine Healing Service

Tuesday 1pm - 2pm

Awareness Group

Wednesday 7pm - 8pm

Mediumship Demonstration

Friday 6.30pm

Educational Circle

For mediums serving the
centre and special events, see
our Facebook page:

**Eastwood Spiritualist
Centre**

All Welcome

SOMERSET

ALCOMBE & MINEHEAD CHRISTIAN SPIRITUALIST CHURCH

Grove Place,
Manor Road,
Alcombe,
Minehead
TA24 6EH

Telephone:

0783 110 4896

Spring & Summer

(March to end of October)

Sunday Service at 6.30pm

Healing Groups,

Monthly Healing Day,

Healing Evenings,

Open Circles,

Evenings of Clairvoyance
all available on various days
during each month.

See our website for the full
day-by-day itinerary of what
our church can offer you,
including Groups,
Meditation & Healing

Winter

(November to end of February)

Sunday Service at 3pm

Website:

www.mineheadspiritualistchurch.co.uk

All Welcome

WESTON-SUPER-MARE NATIONAL SPIRITUALIST CHURCH

2 Stafford Road,
Weston-Super-Mare,
North Somerset

BS23 3BW

Facebook:

www.facebook.com/wsmspiritualistchurch

Website:

www.westonsupermarespiritualistchurch.co.uk

Telephone:

07872 581902

First Sunday in month

11am Divine Service

Sundays (except 1st in
month)

6.30pm Divine Service

Mondays 7.30pm

Open Circle

Thursdays 3pm

Guild with Demonstration
of Mediumship

4.30pm - 5.30pm

Spiritual Healing

7.45pm Awareness Group

For details of mediums
serving the church,
Special Events, Workshops
and Demonstrations
see our Facebook page
All Welcome

STAFFORDSHIRE

GOLDEN LIGHT SPIRITUALIST CENTRE

38-40 Bevan Lee Road,
Cannock,
Staffordshire

WS11 4PZ

Sundays at 6.30pm £3

Healing

After the Service

Psychic Surgery also
available

All Welcome

TAMWORTH NATIONAL SPIRITUALIST CHURCH

18 Marmion Street,

Tamworth,

Staffordshire B79 7JG

Tel: 07725 731245

Spiritualist Church offering
Divine Services, Mediumship
Events, Classes and Groups
for those interested in
Spiritualism

Sunday 6.30pm - 8pm

Divine Service

Freewill Offering

Wednesday 7.30pm - 9pm

Service £4

Healing

Before Sunday Service

5.30pm - 6.05pm

A freewill offering is
appreciated

For details of special events
and mediums serving the
church, please visit our

Facebook page:

**Tamworth National
Spiritualist Church**

All Welcome

SUFFOLK

SUDBURY CHRISTIAN SPIRITUALIST CHURCH

The Stevenson Centre,
Stevenson Approach,
Great Cornard,
Sudbury,

Suffolk CO10 0WD

Meetings:

Every Sunday at 2.45pm

for 3pm to 4.30pm

There is NO ENTRY FEE

We only respectfully
suggest that donations are
made during the service

For more information,

call Maureen on:

07931 366 610

All beliefs and denominations
are welcome

For details of Spiritualist
Churches and Centres in
the USA, please visit our
new website address at:
www.psychicnews.uk

**FOLLOW
PSYCHIC NEWS
on Blue Sky Social**
[@psychicnews.bsky.social](https://t.me/psychicnews.bsky.social)

SURREY

CAMBERLEY SPIRITUALIST CHURCH

112 Gordon Road,

Camberley,

Surrey GU15 2JQ

Website: www.camberleyspiritualistchurch.org

Telephone: 01276 409004

MAY 2025

Sunday Divine Service 6.30pm

4th MARTIN TWYCROSS

Evenings of Mediumship

Tuesdays at 7.30pm £5

6th IRENE HALL

13th SARAH WAWMAN

20th PAULA WALSH

27th SCOTT ALLEN BIDDLE

Special Event

Saturday 17th May

10.30am - 4.30pm

MAY FAYRE with stalls,
refreshments and readings -
which can be booked via email

Open Circle Every Monday

7.15pm for 7.30pm start

Platform Mediumship

Fourth Thursday in month

with SARAH NORRIS

Open Platform

First Wednesday in month

Wednesday 7th May

7.30pm - 9.30pm

Healing

Every Monday 1pm - 2.30pm

(Monday Events -

except Bank Holidays)

Please visit our Facebook
page or website for further
updates and other events

All Welcome

CROYDON SPIRITUALIST CHURCH

Chatsworth Road,

Croydon,

Surrey CRO 1HE

Telephone: 020 8688 1827

Email: croydonspiritualistchurch@gmail.com

Website:

www.croydonspiritualistchurch.org.uk

MAY 2025

Sunday 11am Service

4th PAUL BEAUCHAMP

11th BRENDA HODGSON

18th ALAN MITCHELL SLEIGHT

25th SHARON FORDE

Wednesday Evenings

of Mediumship at 7.45pm

Members: £2.50

Non-Members £5

7th MICHAEL LENNON

14th CALLUM CORDELL

21st PAULINE WALSH

28th DIANA REID

Special Event

Saturday 24th May 1pm - 4pm

£15 (Members £12.50)

Encaustic Beeswax Art Painting
Workshop

Suitable for beginners

Book before 15th May

Community Coffee Morning

Tuesday 1st May 11am-1pm

Open to everyone

Come along to our church for
tea or coffee and a biscuit.

Find out more about what we
do or just drop in for a chat.

If you have any questions
there will be at least one
committee member on hand.

1st Tuesday of each month
Please visit our website for
details of Open Circles, Open

Platforms, Special Events

Workshops and Healing

Please enquire with the

Church regarding Thursday

Healing Sessions

All Welcome

FARNHAM INDEPENDENT CHRISTIAN SPIRITUALIST CHURCH

Hale Village Hall,

1 Wings Road, Upper Hale,

Farnham GU90HN

President: Jean Harris

Telephone: 07936 708882

Follow us on Facebook

MAY 2025

Sundays at 6.30pm

4th LORRAINE FRANÇOIS

& ALAN SALMON

11th SUE & MALCOLM NASH

18th SARAH McLAUCHLAN

A free will offering will

be collected

Tea/coffee and home-made

cake after the service

Healing available

Please Note

No Open Platform in May

Special Event

Saturday 10th May

Private Readings Fayre

Doors open 10am

First reading at 10.30am

Last reading 12.35pm

All readings 20mins for £15

with JUDITH FORD, HELEN

ATKINS & JANEY JENKINS

Intuitive card readings with

ALEXIA WILLEN

Healing with RUTH

And numerous stalls

All Welcome

**KINGSTON
NATIONAL
SPIRITUALIST
CHURCH**

Villiers Road,
Kingston upon Thames,
Surrey
KT1 3AR
Website:

www.klngstonsc.net

Email:

kingston.spiritualist@yahoo.com

Follow us on Facebook

Enquiries:

07503 405007

Bookings:

07780 474440

MAY 2025

Sunday Service at 11am
Plate Collection

4th ESI CAKMAKCIOGLU
Spirit Art

11th SHEILA SMOOTHY

18th BARBARA POTTS

25th VANDA GALAZKA

Mondays at 7.30pm

Evening of Mediumship

£4 (members £3.50)

followed by Healing

5th Bank Holiday –

Church Closed

12th ASHLEY MILLS

19th RIKI DAVIES

26th Bank Holiday – Closed

Spiritual Healing

By donation

Every Wednesday 2pm - 4pm

Pets allowed

Open Platform

Medium Training 18+

with LESLEY HAMILTON

1st Saturday of month

Saturday 3rd May

2pm - 4pm £6 (£5 members)

£3 Audience

Open Awareness Circle

For beginners 18+

on 1st & 3rd Friday of month

2nd & 16th May

7.30pm - 9pm

(Doors shut promptly at 7.30pm)

£6 (members £5)

with LESLEY HAMILTON

Light-hearted Spiritual Talk

&

Associated Guided Meditation

On 3rd Wednesday of

month with

CHERRY SRINAGANAND

Wednesday 21st May

7.30pm - 9pm

£6 (£5 members)

Please check our website

for updates and any

programme changes.

Open to members and public.

All Are Welcome

**SUTTON
SPIRITUALIST
CHURCH**

St. Barnabas Road, Sutton,
Surrey SM14NP

Telephone: 07958 034820

Website: www.suttonspiritualistchurch.co.uk

Sunday 6.45pm

Divine Service

Thursday 7.45pm

Service with Demonstration

of Mediumship

For Special Events and

mediums serving the church,

see our Facebook page:

Sutton Spiritualist Church

All Welcome

EAST SUSSEX

SEAFORDSPIRIT

Seaford Independent

Spiritualist Church,

3 Warwick Road, Seaford,

East Sussex BN251RS

Telephone: 01323 737407

Email: enquiries@seafordspirit.co.uk

Weekly Divine Service

Thursday at 7.30pm

Alternate weeks

In-Person and Online

Demonstrations of

Mediumship and

Workshops

For full details see

our website:

www.seafordspirit.co.uk

Subscribe for updates

and to register for online

events and to receive

login codes for

Divine Services

All Welcome

WEST SUSSEX

**LADY AMETHYST
SPIRITUAL CENTRE**

Heene Community Centre,

Heene Road,

Worthing,

West Sussex

BN114PL

Telephone: 07746 906523

2nd Saturday in the month

at 7.30pm

Clairvoyant Evening

for cancer charity

£9 entry, refreshments

and a small buffet

For mediums serving the

centre please see our

Facebook page:

Lady Amethyst Spiritual

Centre Worthing

All Welcome

WEST MIDLANDS

**BROWNHILLS
EXCELSIOR
SPIRITUALIST
CHURCH**

107 High Street,

Brownhills,

Walsall,

West Midlands WS8 6EP

Website: www.brownhillsexcelsior.com/

Telephone:

0793 290 6907

Sunday 6.30pm

Divine Service

Thursday 7.30pm

Evening of Mediumship

£3 on the door

(£2.50 members)

For details of our

Special Events and

mediums serving the

centre, please visit our

Facebook page:

Brownhills Excelsior SC

All Welcome

**PARKSIDE
SPIRITUALIST
CHURCH**

The Joe Capstack

Memorial Hall,

4 MacDonald Road,

Wyken, Coventry,

West Midlands

CV2 5FF

Sunday 3pm

Divine Service

Monday 7.30pm

Open/Awareness Circle

Wednesday

1pm Healing

Website:

[www.parkside-spiritualist](http://www.parkside-spiritualist-church.com)

[church.com](http://www.parkside-spiritualist-church.com)

For specials see our

Facebook page:

Parkside Spiritualist Church

All Welcome

FINANCIAL HELP

**THE SPIRITUAL
TRUTH FOUNDATION**

is a charity that makes grants to Spiritualists in need, for kitchen equipment, furniture, household goods, removal costs, travel for family illness, any unexpected expenditure and also church building repairs and refurbishment. www.spiritualtruthfoundation.org

**STOURBRIDGE
NATIONAL
SPIRITUALIST
CHURCH**

49 Union Street,

Stourbridge,

West Midlands

DY81PJ

Telephone:

01384 825060

Website:

www.stourbridge-spiritualistchurch.com

Sundays 6.30pm - 8pm

Divine Service

Mondays 1.45pm - 3pm

Divine Service

Wednesdays

12.30pm & 7.30pm

Awareness Groups

Mondays 7pm Meditation

Some Saturdays

7.30pm - 9pm

Mediumship Demonstration

See our website or Facebook

page for dates

Healing Sessions

Mondays 12 noon - 1.15pm

(Before Service)

Thursdays 7.30pm - 8.45pm

For details of Special Events

and mediums serving the

church, please visit our

Facebook page:

Stourbridge Spiritualist

Church

All Welcome

**SUTTON COLDFIELD
SPIRITUALIST
CHURCH**

Kenelm Road,

Off Manor Hill,

Sutton Coldfield,

West Midlands B73 6HD

Website:

www.scsonline.co.uk

Telephone:

0121 354 3266

Sunday 6.30pm

Divine Service

Monday 1.30pm

Service

Tuesday 7.30pm

Mediumship Classes

Thursday 1.00pm

Healing

Friday 7.30pm £3

Development Circle

For details of Monthly

Specials & Workshops

please see our

Website/Facebook

Follow us on Facebook at:

Spiritualist Church,

Sutton Coldfield

All Welcome

WORCESTERSHIRE

REDDITCH SPIRITUALIST CENTRE
139 Easmore Road,
Redditch,
Worcestershire B98 8HU
Facebook:
www.facebook.com/RedditchSpiritualistCentre
Website:
www.redditchspiritualistcentre.co.uk
Email:
redditchspiritualistcentre@gmail.com
Telephone:
07907 378448
Sunday 11am
Divine Service
Tuesday 7.30pm - 9pm
Healing
Wednesday 7.30pm - 9pm
Mediumship Demonstration
For details of Special Events
and mediums serving the
centre, please visit our
Facebook page
All Welcome

SCOTLAND

ANNICK SPIRITUALIST CHURCH
Fullarton Community Hub,
1 School Lane, Irvine,
Ayrshire KA128DF
Service
Every Sunday 6.30pm
Doors open at 6pm
For details of Special Events
and mediums serving the
church, please visit our
Facebook page:
Annick Spiritualist Church
All Welcome

KIRKCALDY SPIRITUALIST CENTRE
13 Kirk Wynd, Kirkcaldy,
Fife KY1 1EH
Facebook page: [Kirkcaldy.sc](https://www.facebook.com/Kirkcaldy.sc)
Email:
kirkcaldy.sc@gmail.com
Telephone: **07948 971381**
Sundays 5pm
Divine Service
Mondays 7pm
Demonstration
of Mediumship
Tuesdays (alternate)
7pm - 9pm
Shamanic Healing
All Welcome

PATHHEAD AND DYSART SPIRITUALIST CHURCH
145 Commercial Street,
Kirkcaldy,
Fife KY1 2NS
Telephone:
01592 262955
Email:
r.birrell46@gmail.com
Sunday 6pm
Divine Service
Thursday 6.45pm
Healing Circle
Thursday 7.30pm
Development Circle
See our Facebook page for
details of visiting mediums
and special events:
Pathhead and Dysart
Spiritualist Church
All Welcome

WALES

ABERAERON SPIRITUALIST CHURCH
Waterloo Street
(behind The
Harbourmaster Hotel),
Aberaeron,
Ceredigion
SA46 0BW
Telephone:
0780 559 3626
Website:
www.aberaeronsc.weebly.com
Every Saturday
2pm for 2.30pm start
Service with Mediumship
For details of mediums
serving the church and
special events, please see our
Facebook page:
**Aberaeron
Spiritualist Church**
All Welcome

THE PSYCHIC SHOP
The Plassey, Eyton,
Wrexham,
North Wales
LL13 0SP
Telephone:
07360 272727
Stockists of
Healing Crystals & Incense
Oracle, Angel & Tarot Cards
Private Readings
Spiritual Gifts
& much, much more
Website:
www.warrenstarlingpsychicmedium.com

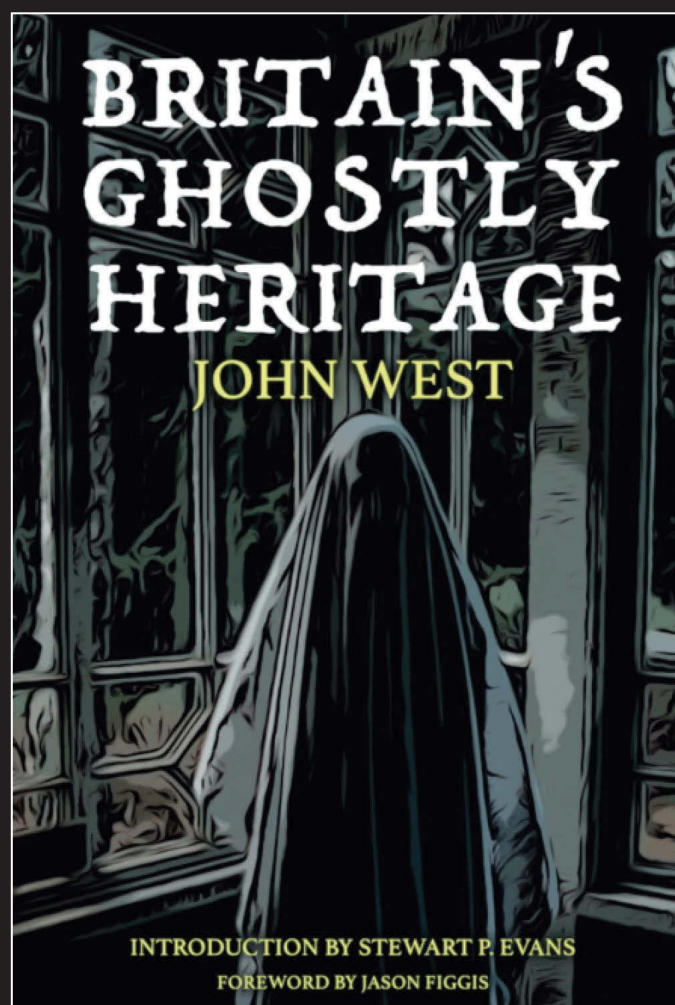
GUERNSEY

THE GREETING PLACE FOUNDATION SPIRITUALIST CENTRE
Douzaine Room,
St Peters, Guernsey,
Channel Islands
Enquiries to: Ann Jennings
Telephone:
01481 247185
Mobile:
0778 141 3218
See our Facebook page for
further details:
**The Greeting Place
Foundation (link below)**
<https://www.facebook.com/TheGreetingPlaceFoundation/>
Our regular services are:
Sunday 11am
Address and Communication
Other services as announced
Everyone Welcome

GREECE



SPIRITUALIST SOCIETY OF ATHENS
"The Divine Light"
Channelled Teachings
from the highest authority
of the Heavenly Kingdom.
Various spiritual leaders,
from Socrates and
St. John the Baptist
to Goethe and Newton
teach invaluable lessons
to humanity.
Website:
www.divinelight.org.gr
Email:
info@divinelight.org.gr
Address:
**12 Niovis Str.,
Athens,
Greece, 11252**



**Available from
www.amazon.co.uk
& www.amazon.com**

MEDITATE. VISUALISE. LEARN.

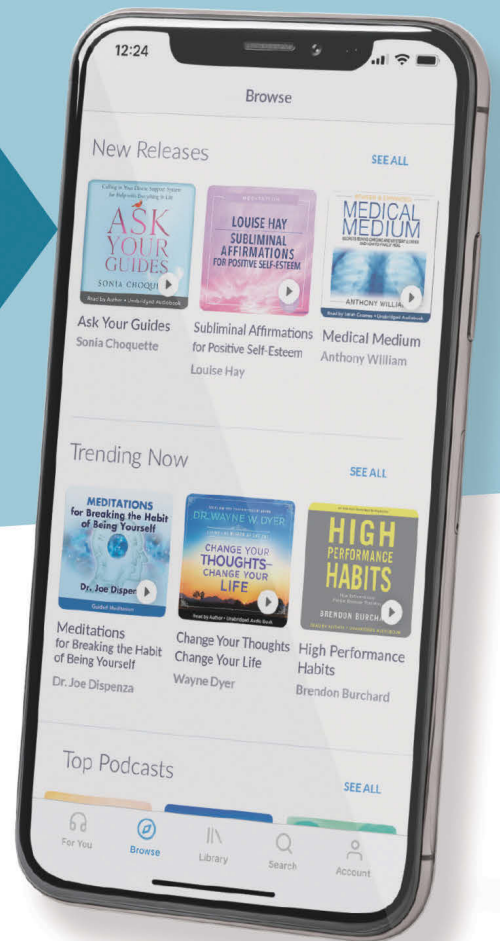
Get the **Empower You**
Unlimited Audio *Mobile App*

Get unlimited access to
the entire Hay House
audio library!

You'll get:

- 500+ inspiring and life-changing **audiobooks**
- 700+ ad-free **guided meditations** for sleep, healing, relaxation, spiritual connection, and more
- Hundreds of audios **under 20 minutes** to easily fit into your day
- **Exclusive content** *only* for subscribers
- No credits, **no limits**

“★★★★★ I **ADORE** this app.
I use it almost every day. Such
a blessing. – Aya Lucy Rose”



**New audios
added
every week!**

Scan me with



your phone camera!



TRY FOR FREE!

Go to: hayhouse.co.uk/listen-free